



Scenic

News

Tamborine Mountain, Canungra, Tamborine, Beechmont, Beaudesert, Cedar Creek, Boyland



MEDALS KEEP ROLLING IN FOR FIT MUM OF 8

FoodWorks' Mountain mum of eight, Brenda Ashley (pictured with newest arrival Christopher – left, and Madilyn – above) proudly and successfully competed at the recent PanPac Masters and Queensland Masters Athletics. Photos and story page 15



SPREADING CHRISTMAS SPIRIT

TASTING ROOM
7 DAYS 10AM-5PM

COCKTAIL BAR
FRI-SUN 10AM-5PM

TAMBORINE MOUNTAIN DISTILLERY
10 MacDonnell Rd, Tamborine Mountain
07 5545 3452





Dear Santa,

This Christmas, I am _____ years old.

This year, I have been... good all of the time
 good some of the time
 naughty (but nice!)

What I would like most this Christmas is...

_____ and _____

And I promise to leave out _____ for you!



Merry Christmas, Santa!

Love, _____

P.S. Please say "Hi" to _____ for me!

AGM OF TAMBORINE MOUNTAIN UNIVERSE INC IS AIMING FOR THE STARS

The Annual General Meeting of the Tamborine Mountain Universe Association was held at St. Bernards Hotel on Wednesday 30 November. The members elected a new management committee (board), and were congratulated and wished much success. The outgoing President Jaap Vogel gave an overview of the past 12 months.

Jaap explained that it has been a difficult year for both the TMU Property Trust and the Association due to an investor in the trust dragging on a court case for almost a year, and that the plaintiffs ended up withdrawing all claims against the trust. Jaap thanked the trust/investors for staying the course and believing in the project.

The time and energy that this lawsuit demanded from the leadership of both entities was very substantial. This is one of the reasons that four of the management committee members stepped down from the association board, remaining on the trust, as this will separate the leadership of both entities.

As a result, an almost entirely new Management Committee had to be elected.

- Deborah Sykes – President
- Cheryl Wistow – Secretary
- Paul Talbot – Treasurer
- Stephen Thrum will continue as Director Education, and Rosemarie Talbot, Lynn Judd and Julie were elected as members. Richard will be looking after membership and Jaap will stay on as Vice-President for three more months to help with the transition of information to the new committee.

The Tamborine Mountain Universe Association will continue organising events related to celestial occurrences such as lunar eclipses, and a partial solar eclipse on 20 April next year, and the NASA *Observe the Moon* night and the annual Christmas party. The successful series of presentations about the Universe under the title *Aiming for the Stars* will also continue.

A major new activity is foreseen to commence early next year. The TMU Trust is looking into establishing a Space Base on the land at 379 Long Road, to accommodate activities organised by the trust and association such as Sun viewing, stargazing, virtual reality presentations and educational, interactive Mars Rover activities. Members of Tamborine Mountain Universe Association will always be encouraged to participate and lend a hand when needed. The focus will be to involve locals, children and students to better understand the Earth and Universe, as shown by astronomy and space research.

The association will keep members up-to-date via regular newsletters, and articles in the press.

The meeting closed with a 'thank you' for the generous donation of \$1,000 raised by the TM College students, and a reminder of the artistic, inspirational and networking contributions made by Vanessa Stanley, a lifelong member of Tamborine Mountain Universe Inc who passed away in July 2022. Her legacy will always be present in this project.

Jaap Vogel
media@tmuniverse.com.au

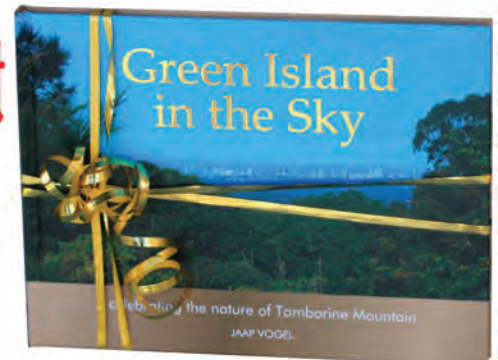


GET your Unique X-mas Present

... for your staff or customers

... for extra turn-over (RRP \$ 39)

Last chance to get this unique timeless, 192 pages Photobook of the Flora and Fauna of our Mountain.



\$ 8.00

Orders go per box of 26 (\$ 208)

Call Jaap 0473 818 908

Free delivery

Pay cash, into account (BSB 484799, Acc 561164686) or 'Buy Now' button www.greenislandinthesky.com.au

WE OFFER:

- Weekly community newspaper
- 7100 distributed - to home letterboxes, and to local businesses
- Get your ad in front of more than 20,000 readers each week
- Free online exposure, and online advertising opportunities
- Modern website - great visibility for you
- Social media coverage included with your advertising

#scenicnews +
[facebook.com/scenicnews](https://www.facebook.com/scenicnews)

- Tall A4 size - standout exposure
- High quality gloss print
- 63 years of unbroken publication!
- We cover Tamborine Mountain, Canungra, Tamborine, Cedar Creek & surrounds - bulk drops in Beaudesert

Looking to advertise - reach a bigger audience - have a story to tell?

Call today!

Advertising:

0417 238 238

advertising@scenicnews.com.au

www.scenicnews.com.au/rates

Editor/Production: Andrew Nagy

0432 827 537

info@scenicnews.com.au

editor@scenicnews.com.au

**Advertising?
0417 238 238**

Call or email

advertising@scenicnews.com.au

FRIENDS COME TOGETHER FOR COMMUNITY – AND BOOKS

Friends of Tamborine Mountain Library (FOTML – or “Friends” for short) incorporated as a not-for-profit, community organisation on the 18th December, 2001, and has, since that time, been supporting Council’s Tamborine Mountain Library at least at two locations, and in many, many ways.

In addition to funding the purchase of specific publications like “Country Life”, “History Today”, “Good Reading”, “Delicious” and “Writers Forum”, over the last two decades (yes, Happy 21st to us!) our little group has provided furniture like children’s chairs, cupboards, café settings and signage, and most recently an interactive computer for local content. We have organised and sponsored guest author visits, creative writing competitions, literature prizes and educational toys. We have also supported literacy programs for Indigenous youth, and schools in Papua New Guinea, and installed and managed a “Little Free Library” at Eagle Heights.

Together with other Mountain organisations, and with grant funding from RADF, we successfully held the Five Senses Festival here on the Mountain in 2021, promoting all things literary, musical and artistic, and hosted Australian author Jackie French with sessions at the Vonda Youngman Centre.

Our Executive Committees have been vibrant and active – often putting in countless hours to bring off local events and to ensure there all those little extras at the Library to make it the wonderful social hub that it is. With the support of our valued members, we do all of these things from the proceeds of our regular Book Sales along the covered patio of the Library precinct. True, the last few years have been difficult to be sure – but when the library had to be closed due to COVID restrictions, we still managed to provide trollies of reading material outside the library doors for our community.

We have been thrilled as a group to be included in consultations with the planning department regarding the relocation of our beloved library into the old IGA building at Yuulong Street, and we fully intend to contribute financially and physically as the refurbishment exercise proceeds. With the air conditioning complete and the electrical work continuing at a fine pace, it won’t be long till we can begin to assist with the layout and décor. We love doing this sort of thing for our community, but sadly our membership is not as robust as it used to be. Our executives average in their 70s, and our membership numbers are dwindling.

We will be holding our last **Book Sale** of the year outside the Library on **Saturday the 10th December**, to be followed by Christmas Festivities and a 21st Birthday Cake. Membership to the “Friends” is only \$10 for a single and \$15 for a family. It doesn’t involve much – just some active help with the set up and break-down of the quarterly book sales and some occasional sorting of donated books. The benefits – well, apart from the feel-good sensation of helping your community in promoting literacy – your membership entitles you to two “Member” events a year (could be a movie night, or an evening locked in the new library!)

Please consider this valuable community service organisation. We’re a great bunch, with the commonality of loving books and reading. Come join us!

Yours bookishly

Arne, Polly and Kathy

CHRISTMAS MASS TIMES 2022

REGIONAL CATHOLIC CHURCHES

Christmas Eve Vigil Mass (Sat 24 December):

- 4.30pm: Tamborine Village (St Patrick’s Church)
- 6.00pm: Beaudesert (St Mary’s Church).
- 8.00pm: Beaudesert (St Mary’s Church).

Christmas Day (Sun 25 December):

- 7.00am: O’Reilly’s (St Joseph’s Church, Green Mountains).
- 7.30am: Tamborine Mountain (St John the Baptist Church, Beacon Rd). (Carols from 7.15am)
- 9.00am Canungra (St Margaret Mary’s Church).
- 9.30am: Beaudesert (St Mary’s Church).

PUPPIES AS CHRISTMAS GIFTS? GOOD INTENTION, BAD IDEA

If you're thinking about giving your loved one a puppy as a gift this Christmas, Dogs Australia urges you to "think twice".

"Puppies can't be exchanged, returned or put in the cupboard if the Christmas present isn't the right fit," says Hugh Gent, OAM, President of Dogs Australia, which promotes responsible dog ownership. "And sadly, many impulsively bought gift puppies will end up in shelters.

"There's a huge misconception that pets make great Christmas gifts when, in fact, they don't. Sure, it's exciting to see someone's face when they first see their 'gift' but once the novelty wears off and the reality of owning a dog sinks in, it's often a different story. Owning a dog is a big responsibility.

"Remember, you're gifting an obligation – and you need to be confident the recipient will be able to provide for the dog beyond puppyhood and for many years to come. Dogs require commitment: they depend on us 24/7 for their care and they need a lot of exercise and attention."

It's also crucial to ensure a good fit between dogs and their people, which is why Hugh says it's best to have someone choose their own dog – if they want one – rather than selecting one you think will be a good fit.

"Dogs have personalities just like we do, so it's important to research the right breed that best suits your personality, your family and lifestyle. At Dogs Australia we promote responsible dog ownership – and Animal shelters are already packed with homeless animals – and sadly, since the pandemic more dogs have been surrendered because people can't cope with them, don't have time to look after them, can't afford them, or have just lost interest. Never surprise someone with a puppy – it could backfire spectacularly."



6 reasons why you shouldn't give a puppy as a Christmas present:

- Dogs are a long-term commitment** – Owning a dog is more of a responsibility than a gift. Not only do they need a lot of care and training, but they also come with a lot of expenses. It takes time and commitment to own a dog. On average, dogs can live up to 13 years or more.
- Dog ownership is time intensive** – A dog's not an ornament to be left in the backyard or a toy you can play with until you get bored. They need attention, love, training and exercise.
- Owning a dog can be expensive** – A dog requires food, toys, trips to the vet, medicine, pet insurance, training, holiday boarding, grooming and more. That can amount to thousands of dollars each year.
- Are you sure they want a dog?** – They might be allergic to dogs, not have the time or patience to care for a dog, can't afford to care for a dog, do a lot of traveling, and they might not even like dogs!
- You might accidentally end up buying from a puppy farm** – If you are excited by the idea of buying a puppy as a Christmas gift, you might accidentally end up buying from an illegal puppy farm rather than a legitimate, reputable breeder. "Puppy farms tend to have more readily available puppies due to the sheer number they breed – but this comes at a price," says Hugh. "Often these pups are poorly socialised and more at risk of health problems. Their parents are housed in poor conditions and the 'business' owners aren't focused on the welfare of their dogs. A puppy should be purchased from a registered breeder."
- Returning the dog could jeopardise its life** – If your loved one doesn't want a puppy, they might end up surrendering it to a pet shelter, and this could potentially put the animal's life in danger. If no new owner adopts the dog, it might then be euthanised.

Mount Tamborine flat-fare taxi changes

We've added new trips to Helensvale station.

At Helensvale you can connect with other Translink services to travel toward the Gold Coast or Brisbane. Anyone from **Mount Tamborine, North Tamborine** or **Eagle Heights** can use the service.

Monday to Friday (from Mount Tamborine)					
	am			pm	
Mount Tamborine	6:00	6:30	8:30	12:00	4:00
Beenleigh station	-	7:30	-	-	-
Helensvale station	7:00	-	9:30	1:00	5:00

Monday to Friday (to Mount Tamborine)					
	am	pm			
Helensvale station	10:00	12:00	2:30	-	6:30
Beenleigh station	-	-	-	6:20	-
Mount Tamborine	11:00	1:00	3:30	7:30	7:30

One-way fares		Helensvale	Beenleigh
	Adult	\$10	\$12
Concession	\$5	\$6	

Book your trip: call 13cabs on (07) 5545 1577.

Bookings must be made by 6pm the day before you travel.

Find out more: visit translink.com.au/mt-tamborine



one small place on earth

FLOODED GUM – *Eucalyptus Grandis*, with 'green man', roadside, Eagle Heights



The tree is ubiquitous up here – some of the mightiest specimens attaining great heights in our national parks. The species occurs on coastal areas and sub-coastal ranges from much of New South Wales to Far North Queensland. I noticed the apparition in the tree in my photograph, shortly after the conclusion of the Scarecrow Festival. I find it an inspired creation, Tamborine Mountain's version of the green man, incorporating strips of bark instead of green leaves.

My book, *One small place on earth*, makes a **unique and beautiful Christmas present from Tamborine Mountain** – with **over 300 images** of its **flora and fauna**, **\$39.95** hard cover. Stocked by Under the Greenwood Tree, The Piccabeen Bookshop, the TM Skywalk, The North Tamborine and Eagle Heights Post Offices and Canungra Books & Art.

Peter Kuttner

EMERGENCY SERVICES LOLLY RUN







SATURDAY 17TH OF DECEMBER 2022 IN THE TAMBORINE MOUNTAIN COMMUNITY!

GROUP A

-  Opposite 60-70 Jenyns Road at 3.30pm
-  Rosser Park (School Road) at 4.00pm
-  Hang Gliders Lookout at 4.30pm
-  Sports Grounds (Long Road) at 5.10pm

GROUP B

-  36-38 Freemont Drive at 3:30pm
-  Australia Post Car Park, Main Street at 4.00pm
-  Staffsmith Park (Stradbroke Avenue) at 4.30pm
-  End of Magnetic Drive (in the col-de-sac) at 5.10pm

PLEASE ENSURE ALL CHILDREN WAIT FOR ALL VEHICLES TO STOP BEFORE APPROACHING!



07 5545 2522



Here is something to smile about:
Mention this ad, and your check-up,
clean and x-rays procedure
is only \$200 (limited time only).

Tamborine Mountain Shopping Square
17-27 Main Western Road, North Tamborine
ehdcreception@eagleheightsdental.com.au
www.eagleheightsdental.com.au

TAMBORINE MOUNTAIN BRIDGE CLUB RESULTS

MONDAY (28-NOV-22)

- NS 1. 55.42% JOHN YOUNGMAN - CHERYL FINLAYSON
- NS 2. 50.00% PETER ZAREMBA - JOANNE EVANS
- NS 3. 48.75% SHEENA POLLOCK - SHEILA IRVINE-BROWN
- EW 1. 58.33% DAVID DONALDSON - HEIKE EDRICH
- EW 2. 54.58% GAYLE DONALDSON - PAM WARRELL
- EW 3. 52.92% CHRISTINE YOUNGMAN - JULIE GUTHRIE

WEDNESDAY (30-NOV-22)

- 1. 62.50% CHERYL FINLAYSON - JULIE GUTHRIE
- 2. 54.17% SHEILA IRVINE-BROWN - MARIAN GIBBONS
- 3. 50.00% JUDY PALMER - ANDREW PALMER

THURSDAY (1-DEC-22)

- NS 1. 66.67% HEIKE EDRICH - CAROLE COOKE
- NS 2. 53.27% ALEX HOOD - ANDREW DAVIDSON
- NS 3. 51.49% PETER ZAREMBA - ANN ZAREMBA
- EW 1. 60.42% ANDREW PALMER - JUDY PALMER
- EW 2. 58.33% SHEILA IRVINE-BROWN - CHERYL FINLAYSON
- EW 3. 54.17% ANTOINETTE IHLENFELDT - GAIL LAYER

We have Lessons for beginners every Thursday Morning 10am. Contact Sheila 0407 451 973.
Also sessions Mon, Wed, Thu and Fri Social at TM Bridge Club, Sports Ground, 400 Long Road.
tmbridgeclub.org.au



Property of the week

SALE 🛏️ 4 🛁 2 🚗 3 ✂️ 4,093m²

Elegant, spacious home \$1,199,000 price guide

92-94 Riemore Circuit, Tamborine

- Well appointed kitchen, butlers' pantry, open plan living
- Undercover patio about 18m, great for all-year-round entertaining
- Ducted air-con, ceiling fans, 9ft ceilings, in-built vacuum system
- Side access to large Titan shed with 3 phase power
- Fully fenced, only 6 yrs old - a great home

AGENTS:

Linda Hogan 0414 300 558
Diane Pihl 0424 653 316



Property of the week

SALE 🛏️ 4 🛁 2 🚗 ✂️ 2,040m²

Fun in the sun

\$1,199,000

5-7 Boise Court, Tamborine Mountain

- Entertain on the deck whilst the kids play in the pool
- Access from deck to good size living areas
- Kitchen with living areas either side, one with woodburner
- Security screens, fully fenced rear yard
- Private, tranquil gardens

AGENTS:

Linda Hogan 0414 300 558



PROPERTY MANAGEMENT

Short and long term rentals

Looking for the BEST management team to manage your investment?

You'll be in great hands all year round!

We would love to help you

Call us...

Mountain 5545 4000/ Tamborine 5543 6444

OPEN HOMES Sat 10th

10 - 10.30	92 Riemore Crt, Tamborine
10 - 10.30	5-7 Winema Drive
11 - 11.30	20 Paradise Drive
11.15 - 11.45	60 Benowa Street
12 - 12.30	164c Wongawallan Road
12 - 12.30	5-7 Boise Court
12.30 - 1	15 Tolima Drive
1 - 1.30	16 Capo Lane
1.45 - 2.15	20 Bateke Road

Happy Holidays!



247-249 Guanaba Rd, Tamborine Mtn

2-bedroom, 1 bathroom, modern split-level apartment. Views over the Gold Coast from your balcony
Fully furnished, amazing media room
Secure parking, power, water & internet included. \$620.00 pw

CONTACT OUR RENTAL TEAM

Karan 0429 004 840
Mountain 5545 4000
Tamborine 5543 6444



SALE 🛏️ 4 🛁 2 🚗 1 ✂️ 607m²

16 Capo Lane, Tamborine Mountain

- Situated in a leafy street in the heart of North Tamborine
- Home has great bones but needs work
- Garden shed, fenced back yard
- An easy walk to all amenities

\$ 749,000

AGENTS:

Diane Pihl 0424 653 316
Linda Hogan 0414 300 558



SALE 🛏️ 3 🛁 2 🚗 - ✂️ 1,339m²

164c Wongawallan Rd, Tamborine Mountain

- Character-filled, relocated double storey home offering dual living options
- Sun filled living areas, two levels, bedrooms on both levels along with an office space and separate entrance.

\$799,000

AGENTS:

Ton Wolf 0424 591 012
Heleen 0424 591 011



SALE 🛏️ 4 🛁 2 🚗 2 ✂️ 2,040m²

5-7 Winema Drive, Tamborine Mountain

- Steel framed and partially renovated
- The location of this property is superb
- Super-sized living space leads to kitchen and dining areas, flowing out to deck & yard.
- Fully fenced with side access

\$1,295,000

AGENTS:

Diane Pihl 0424 653 316





TAMBORINE MOUNTAIN MEDICAL PRACTICE

14 Main Western Road
North Tamborine
and
Shop 1/17 Southport Avenue
Eagle Heights

Phone: 07 5545 1222

www.tamborinemountainmedical.com.au
online booking service available on this website

50 years of continuous service to the
Tamborine Mountain community

Affiliated with three universities

COMPREHENSIVE HEALTH CARE SERVICE

Opening Hours:

Mon – Thurs 8.30 am – 6:15 pm
Fri 8.30 am – 5 pm
Sat 8.30 am – 12 noon
Sun 8.30 am – 10.30 am
(Sundays are Telehealth only)

Dr Ann Bennett
Dr Leeann Carr-Brown
Dr Jan Zomerdijk
Dr Sanne Kreijkamp-Kaspers
Dr Henri Coombs
Dr Cobie Powell
Dr Hok-Yee Siu
Dr Marije Dalebout
Dr Iqbal Meeran

Accredited by



travelling places

Est. 1993
With something for everyone...



TRAVELLING PLACES with Gina

This week I joined with others to enjoy the 30-year celebration of Regent Seven Seas. This wonderful cruise line has a fleet of five luxury cruise ships and will be launching the sixth, Seven Seas Grandeur, in 2023. Chatting to happy past passengers it reminded me of why we travel and the joy that it brings to us all.

Regent Seven Seas cruises are a delight, you are pampered from the moment you board these beautifully designed ships, you will discover understated elegance with an air of sophistication. Every cabin is spacious with a walk-in wardrobe, spacious bathroom, sitting area, veranda and a bed you wished you had at home! All the amenities are in your cabin – they stock your fridge with your favourite tippie and your bathroom with lovely toiletries, they even do your laundry!

These all-inclusive cruises really are just that. At the end of your cruise your bill is invariably \$0! You can dine at any of the restaurants on board, and they are all included – French cuisine is served in Chartreuse, or perhaps the New York Steak House Prime 7 is more your style? The main dining room is Compass Rose and you can enjoy Asian Fusion in Pacific Rim. Don't miss the al fresco casual dining on deck, and the coffee shop. Select from the restaurant menu for in-room dining, and breakfast on your veranda is a must!

All beverages are also included, so if you like a flat white or a glass of champagne there is no more to pay. Shout everyone in the bar a drink! There are several lounges and bars on board – and the live music sets the scene for an enjoyable evening. The theatre has performances every evening and there are often performances reflecting the area you are travelling through. Don't miss the spa – there are steam rooms and ice showers and massage therapists and beauticians.



My favourite aspect of sailing with Regent Seven Seas is that there are unlimited shore excursions included. Every time you are in port you can select one or more excursions to explore the region and these are good quality, in-depth excursions. I have enjoyed several memorable excursions – one to the medieval walled town of Lucca in Tuscany, another to Aix-en-Provence in France. The excursions take a maximum of 30 travellers, so you can pre-book your favourite experience.

Enjoy the Gift of Travel from Regent Seven Seas, with several cruises now offering a free pre or post cruise few days on land. Several of the Japan cruises offer a 3-night stopover in Tokyo. Similarly a Mediterranean cruise may include a 3 night package to amazing Cappadocia in eastern Turkey or a 3 night Tuscany excursion. Northern Europe offerings include a discovery of Copenhagen or a journey to the Cotswolds.

With a very loyal following, these cruises do sell out. They offer very flexible booking options so many clients book a few years in advance to secure the cabin and cruise that entices them. Regent is taking bookings on cruise through to 2025, so enquire now so you don't miss out!



Contact Travelling Places
PH: 07 5545 1600 E: travel@travellingplaces.com.au



GIVE THE GIFT OF TRAVEL
Christmas Gift Vouchers available at Travelling Places

CHRISTMAS CHEER DISTILLED & BOTTLED

NOW IN STOCK

LIMITED RELEASE
**CHRISTMAS
GIN**

GREAT GIFT IDEAS

**CHRISTMAS GIN
GIFT HAMPERS**

BOOK NOW FOR

**PARTIES &
EVENTS**

BOOKINGS: HELLO@CAULDRONDISTILLERY.COM.AU



FEATURING
TAMBORINE MOUNTAIN
GROWN ORANGES AND
GINGER, GLACE CHERRIES
AND TRADITIONAL CHRISTMAS
SPICES INCLUDING
CINNAMON, NUTMEG AND
CLOVES.

TEL 07 5545 0156

89-123 HARTLEY ROAD, TAMBORINE MOUNTAIN, QUEENSLAND

CAULDRONDISTILLERY.COM.AU

Enjoy



JON KRAUSE MP

State Member for Scenic Rim

BUY LOCAL THIS CHRISTMAS

Buy Local Christmas 2022 and go in the draw to win \$1000! It's easy, all you need to do is make a purchase at a local Scenic Rim business and write your name and phone number on the back of your receipt and drop it in a 'Buy Local Christmas Box' – located at participating businesses around the electorate and at my office. I started this initiative, together with Federal Member Scott Buchholz MP, to encourage the community to support local businesses following a tough few years of floods, bushfires, and COVID-19. My family will be doing our Christmas shopping locally this year and I urge everybody to do the same.

Buy Local Christmas drop points on Tamborine Mountain & Canungra:

- Tamborine Mountain Visitor Information Centre
- Mumma Duck's Sweets & Treats
- Granny Mac's Fudge
- My Country Escape
- KD's Antiques
- Canungra Books & Art

CHRISTMAS ROAD SAFETY & SCHOOL HOLIDAYS

With Christmas and school holidays approaching, motorists are reminded to slow down. The festive period means more cars, caravans and holiday makers are on the road and drivers should be more alert than ever. Many people are unaware that around half of all speed-related crashes, resulting in injuries or fatalities, happen at just 10 km/h or less over the speed limit. Every extra kilometre over could cause harm or damage to others on the road – speeding to shave a few minutes off your journey could lead to consequences that last a lifetime. Stay safe on the roads this festive season.

BREASTSCREEN QLD AT VONDA YOUNGMAN

The BreastScreen Queensland mobile unit is offering free breast screening at the Vonda Youngman Centre from 5 January – 2 February 2023. BreastScreen Queensland specifically targets women aged between 50 and 74 years and invites them for a free screening mammogram every two years. Bookings can be made online www.breastscreen.qld.gov.au or by phoning 13 20 50.

DV SAFE PHONE DROP BOX LOCATION

My office is now a Domestic Violence Phone Drop location.

DV Safe Phone is an Australia-wide network of organisations helping victims of domestic violence. The program works to connect donated mobile phones to those who need them most. This program also helps to reduce e-waste by recycling and repurposing unwanted phones. Any phones are accepted, including one's with broken screens or other impairments. If your phone is an iPhone be sure to remove iCloud before donating.

If you have a phone to donate, you can now drop it off at my office: 91 Brisbane Street, Beaudesert QLD 4285. For more information and to find the nearest drop box location to you visit: dvsafephone.org/donate-phones

SOMETHING I NEED TO KNOW ABOUT?

Please don't hesitate to let me know by email on scenicrim@parliament.qld.gov.au or phone on 5515 1100.

COVID-19 DISRUPTIONS LED TO LOWEST NUMBER OF PUBLIC ELECTIVE SURGERIES PERFORMED IN OVER A DECADE

The number of patients treated in the 2021–22 financial year from Australia's public hospital elective surgery waiting lists ('elective' meaning non-emergency) fell to the lowest level since 2010–11. This was associated with disruptions to hospital services as a result of COVID-19.

Information on public hospital elective surgery waiting times and emergency department care in 2021–22 with national, state and territory, local hospital network and hospital-specific data was released today on the Australian Institute of Health and Welfare's (AIHW) MyHospitals platform.

'In 2021–22, public hospitals performed 623,000 elective surgeries, 131,600 (17%) fewer compared to the previous year,' said AIHW spokesperson Dr. Adrian Webster (PhD).

'This followed periodic suspensions of lower-urgency elective surgery starting from March 2020, which have aimed to help ensure the health system maintains adequate capacity during the pandemic.

'An elective surgery is medically necessary, and may be urgent, but applies where the patient's clinical condition does not require immediate care through an emergency admission.'

In 2020–21, as the first round of elective surgery restrictions were eased in most states and territories, a concerted effort was made to clear the backlog. This led to strong growth in the number of elective surgeries performed in that year in most states and territories, with Victoria being a notable exception due to ongoing COVID-19 outbreaks.

During 2021–22, as outbreaks became widespread across the nation, suspensions took hold again, causing disruptions to the delivery of health care services.'

The number of elective surgeries performed in 2021–22 was the lowest since 2010–11, when 627,200 admissions from elective surgery waiting lists occurred.

Across Australia, all jurisdictions except Tasmania saw a reduction in elective surgery admissions. The largest decreases in 2021–22 were seen in New South Wales (27%) and Western Australia (23%), while Victoria experienced a much longer period of reduced activity.

Among those who were admitted from a public hospital waiting list, half (50%) of all patients were admitted for their procedures within 40 days (down from 48 days the previous year). The proportion of patients who waited longer than 365 days to be admitted was 6.3%, down from 7.6% in 2020–21.

While these data relate to admissions from the public hospital waiting lists, it should be noted that most elective surgeries are performed in Australia's private hospitals, where there is no waiting times data collated nationally.

Emergency department care 2021–22

ADVERTISEMENT



Jon KRAUSE MP
Member for **Scenic Rim**

Fighting for our fair share

07 5515 1100  JonKrauseMP

Authorised by J.Krause, 91 Brisbane Street, Beaudesert QLD 4285.

New information on emergency department care was also released today, showing there were 8.79 million presentations in 2021–22, a small decrease from 8.81 million in 2020–21.

'In the 5 years prior to the COVID-19 pandemic, presentations to public hospital emergency departments steadily increased by an average of 3.2% per year, however, the pandemic continued to impact the number of presentations throughout 2021–22,' said Dr. Adrian Webster.

In 2021–22, 67% of patients were seen on time for their urgency category, down from 71% in 2020–21. Almost all patients in the most urgent category, 'Resuscitation', were seen immediately.

As cases of COVID-19 rose in the community, there was an increase in the number of people presenting to emergency departments with a principal diagnosis of COVID-19.

In August 2021, average daily presentations with a COVID-19 diagnosis peaked at 739, then fell to a low of 261 in November 2021.

The highest peak of 1,682 was seen in January 2022, followed by a sharp fall to 545 in February 2022, which increased again to 801 in April 2022 and then decreased to 469 in June 2022.

Australian Institute Of Health And Welfare

LANDMARK REPORT ANALYSES THE IMPACT OF AI ON SCIENCE

A world-first report from Australia's national science agency, CSIRO, has analysed the impact of artificial intelligence (AI) on scientific discovery, finding scientists are adopting the technology at an unprecedented rate.

The 'Artificial intelligence for science' report draws insights from millions of scientific papers published over 60 years to form a picture of how AI is being used across scientific fields and identifies the key issues ahead for the innovation sector.

CSIRO Chief Scientist, Professor Bronwyn Fox, welcomed the launch of the report today as part of Science at the Shine Dome.

"AI is no longer just the domain of computer scientists or mathematicians; it is now a significant enabling force across all fields of science, which is something we live every day at CSIRO where digital technologies are accelerating the pace and scale of our research in fields ranging from agriculture to energy to manufacturing and beyond."

The report found that in 1960, a decade after Alan Turing's landmark paper posed the question 'can machines think?', only 14 per cent of the 333 research fields studied were publishing on AI. By 1972, ahead of the first 'AI winter', that number had reached more than half.

Today, there is evidence of AI adoption in 98 per cent of fields, with the steepest publishing increases recorded over the past five years. Mathematics, decision sciences, engineering, neuroscience and health professions are noted as among the most prolific adopters.

"Human curiosity will always be at the heart of science, but these technologies combined with deep domain understanding are increasingly helping to open-up new frontiers for knowledge discovery," Professor Fox said.

"AI is also helping to deliver higher-impact, real-world solutions to Australia's greatest challenges, like AI to help detect disease, predict bushfires and manage the enormous amount of data we are gathering about our universe."

The rapid increase in AI uptake by scientists has been accompanied by a global rise in public and private sector R&D investment, with more than 700 AI policy and strategy initiatives developed across 60 international jurisdictions since 2017.

"To make the most of this technology for Australia, there are key issues we will need to tackle. CSIRO has one of the largest teams of digital experts in the country, but these are not issues that can be solved by one organisation alone," Professor Fox said.

"The development of trusted, responsible and ethical AI solutions will be increasingly important globally, and because we have moved quickly to build deep expertise in the field, Australia has a unique opportunity to lead in this area."

"An uplift in AI capabilities will also be needed across all scientific disciplines over the coming decades and it will be vital that we lift workforce diversity at the same time."

Artificial intelligence for science lead report author Stefan Hajkowicz said when thinking about the future of AI it's not about just the technology itself.

"It's about what happens when AI is mixed with other fields of science and research," Dr Hajkowicz said. "That's where many of the breakthroughs will happen," he said.

CSIRO

YOU CAN VIEW THE FULL REPORT VIA THE QR CODE AT RIGHT:



VARRO CLARKE & Co LAWYERS

Est. Brisbane 1974
Est. North Tamborine 1985

6 - 8 Main Street
Tamborine Mountain
Queensland 4272
clarke@varroclarke.com.au

Partners

Varro Clarke
Margaret Steen

Consultant

Stephen Train
Special Counsel

OFFICE HOURS
Monday to Friday
8.30am to 5.00pm
Tel: 5545 1033

Wills - Family Trusts - Estates
Sales and Purchases of houses and
businesses - Testamentary Trusts
Complex Commercial Advice
Commercial leases - Shop Leases

BE SENIOR SAFE

When you live alone in your own home, feeling safe is essential to your wellbeing. It is important that you are able to enjoy your home, community and lifestyle in comfort and security. Research shows that people who appear confident and are aware of security precautions are less likely to be victims of crime.

Here are some general guidelines for you to be 'safer' ...

- List only your initials and surname in the phone book to limit the amount of personal information available.
- Avoid advertising that you live alone, if you use an answering machine or service. Record your message as "We will call you back..."
- Do not reveal your home address / phone number on social media e.g. Facebook, Instagram and other social media, or to someone you do not know.
- Be cautious about the information you offer strangers. Do not tell them where you live, when you will be away or about any of your personal, family, financial details.
- When shopping, do not carry large amounts of money. Avoid leaving your handbag, wallet, personal items unattended or in the shopping trolley.
- If travelling on public transport, get a seat where you can see and be seen by the driver and/or guard. Check timetables in advance to avoid long waits at train stations/ bus stops.
- If you have a touch phone, program in the phone numbers of a relative, neighbour, close friend, and the emergency number '000' (triple zero).
- If you receive mails, emails, phone calls, requesting money – even if for a charity– it is important to verify where the request has come from before donating. Contact your local police station if you are still unsure. Do not respond to any messages that do not bear a sender's name.
- If you live alone, consider installing an alarm system – it will help keeping you safe and protecting your home and personal belongings. Medical or personal alarm systems can be easy to set up and there are many options available to you, depending on your needs.
- Know your neighbours and look out for each other – this will create a safe neighbourhood for all and help you feel more secure.

If you have any concerns about your safety or would simply like to know more, feel welcome to call TMCCA – 5545 4968 or visit us at 42 Southport Avenue, Eagle Heights.

TMCCA

SALE OF SECOND-HAND GOODS SUPPORTED BY SCENIC RIM COMMUNITIES



Two massive weekends of sales of pre-loved goods across the region have wrapped up as part of the national Garage Sale Trail festival.

Powered locally by Council, this year's event saw 113 local registrations, with over 4,000 people attending sales across the Scenic Rim at residential houses, apartments, local businesses and community groups, at street sales and schools and even from car boots.

Scenic Rim Mayor Greg Christensen said the festival was not only a fun way for residents to connect, make some money and keep good stuff out of landfill, but that the great results confirmed how serious the region's communities are about reducing waste going to landfill.

Over 31,000 items were up for grabs across the region and with their associated sales placed Scenic Rim Regional Council #2 in Queensland, sitting just behind Ipswich City Council and tying with Moreton Bay Regional Council.

Scenic Rim Regional Council also placed #11 nationally per capita.

As part of the local campaign, 100% of participants pledged they would not illegally dump unsold goods and as a result of the keen interest from participating sellers, the sales generated across both weekends kept a massive 44,346 tonnes of reusable items out of landfill.

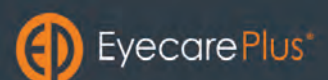
To find out more, visit www.garagesaletrail.com.au

RUN IN BEFORE YOUR HEALTH FUND BENEFITS RUN OUT



Scenic Rim Optometrists
Beaudesert Medical Centre
47 William St, Beaudesert QLD
Phone: 5541 9510
scenicrimoptometrists.com

Remember to
use your optical
health fund
benefits before
they're gone.





FOR SALE | Contact Agent
33 Corypha Court, Tamborine Mountain



FOR SALE | Contact Agent
17 Lombok Court, Tamborine Mountain



FOR SALE | Offers Over \$799,000
83 Bateke Road, Tamborine Mountain



FOR SALE | Contact Agent
2-4 Bali Court, Tamborine Mountain



FOR RENT | \$780 per week
12-20 Leona Court, Tamborine Mountain



SOLD | \$455,000
8/27-31 Southport Ave, Tamborine Mountain



SOLD | Contact Agent
496 Henri Robert Drive, Tamborine Mountain



SOLD | \$1,900,000
116 Long Road, Tamborine Mountain



Thinking real estate?

An award-winning team with a reputation for achieving outstanding results for their clients, Blake and Fleur have an unbridled passion for their local area which helps drive them to achieve the best possible results for their clients. Whether you're looking at buying, selling or renting or leasing, they've got you covered!



Call them today for a friendly chat or scan the QR Code for more info.

Blake Wallis
Sales Specialist
0419 996 183
blake@ljhg.com.au

Fleur Wallis
Property Specialist
0459 128 526
fleur@ljhg.com.au

Summer Horvath
Office Manager
07 5545 1500
summer@ljhg.com.au

SCENIC RIM'S GROWTH MANAGEMENT STRATEGY ENDORSED AT ORDINARY MEETING

The Scenic Rim's award-winning Scenic Rim Growth Management Strategy, which provides the framework for the region's sustainable growth to 2041, has been endorsed by Council.

Recently recognised for its vision and innovation in the Strategic Planning Project category of the Planning Institute of Australia's 2022 Awards for Planning Excellence Queensland, the Growth Management Strategy dovetails with the timeframes and benchmarks of the current South East Queensland Regional Plan, ShapingSEQ.

Scenic Rim Mayor Greg Christensen said the strategy was the product of quality community consultation and rigorous analysis that made it a powerful strategic planning document.

"While the development of the Scenic Rim Growth Management Strategy 2041 was a condition for Queensland Government approval of the Scenic Rim Planning Scheme, it now provides a strong basis for further planning, including considerations such as infrastructure needs and timing, as well as ensuring we maintain the diverse and unique character of our many communities across the Scenic Rim," he said.

"Within the context of the constantly evolving Queensland planning framework and changing demographic and development trends, there will be ongoing review of the Growth Management Strategy.

"As new information comes to hand, re-evaluation of the strategy by the Council's Strategic Planning team will ensure that growth in the Scenic Rim occurs in a way that reflects our region's current and future needs."

The Growth Management Strategy provides for greater diversity in housing in a range of locations, with additional land zoned for residential development to meet dwelling supply benchmarks as well as the changing needs and lifestyles of the Scenic Rim community.

It provides direction for the planning and prioritisation of growth to 2041, through tailored strategies for particular areas.

As the principal rural activity centre of the Scenic Rim, Beaudesert is a priority area for the majority of housing and employment growth due to its current and planned infrastructure.

This is supported by the major rural activity centre of Boonah and townships, each with their own unique character, including Kalbar, Aratula, Peak Crossing and Harrisville, Tamborine Mountain, Tamborine, Canungra and Kooralbyn.

"Each of these areas will make a unique contribution towards the future growth of the Scenic Rim," Mayor Christensen said.

"In the past decade we have seen steady population growth in our region and, between 2016 and 2021, we have seen an increase in the number of residents from 41,000 to around 44,000.

"With the Scenic Rim's population is expected to exceed 67,000 by 2041, Council is required to plan for 11,000 additional dwellings and a minimum of 7,609 new jobs to support that projected growth."

While the Bromelton State Development Area has the potential to be a significant generator of industrial employment for the region, its development depends on key infrastructure including upgrades to the Mount Lindesay Highway freight route and the delivery of the Kagaru to Acacia Ridge and Bromelton section of the Inland Rail project.

"I am pleased to see the endorsement of our Growth Management Strategy, which has been recognised for its excellence in strategic planning. Its completion will also satisfy the Minister's condition of approval for the Scenic Rim Planning Scheme 2020, which required the preparation of the strategy," Mayor Christensen said.

"It represents a fit-for-purpose and evidence-based approach to growth planning, having regard to the Scenic Rim's unique position in South East Queensland as a primarily rural region on the urban fringe."

ROAD UPGRADES FOR IDENTIFIED BLACK SPOTS SET TO COMMENCE

Safety enhancement works to protect motorists and pedestrians will commence later this month on five approved projects across the region under the Australian Government's Black Spot Program.

Scenic Rim Regional Council has appointed Naric Civil to deliver \$3 million of projects fully funded by the Australian Government under the 2021–2022 Black Spot Program designed to build safer, more efficient roads, and improve visibility at locations where serious crashes have occurred.

Works will vary between the five projects, but motorists can expect to see new audio line markings, guideposts with reflectors, more guardrails, the installation of alignment markers, construction of a single-lane roundabout, warning signs, and pedestrian refuges.

Works are expected to be completed by May 2023 (weather and conditions permitting) and will require some temporary lane closures with single-lane contraflow traffic in place.

Scenic Rim Mayor Greg Christensen thanked the Australian Government for their contribution for the upgrades to our local roads which will also support local jobs.

"This is a large package of works that will assist Council with improving the condition of some high traffic areas for the safety of our motorists and pedestrians to get you home sooner and safer," he said.

"We thank residents for their patience while these important works are completed."

The Australian Government is providing \$110 million each year to the Black Spot Program. For more information on the Program, including how to nominate a site for funding, visit <https://investment.infrastructure.gov.au/about/local-initiatives/black-spot-program/>

The following five projects are fully funded under the Black Spot Program:

- Beechmont Road, east of Rhoades Rd, Witheren
- Beechmont Road, 500m section north of Farm Grove Road, Beechmont
- Munbilla Road (*pictured below*) and Ellis and Jackson Road intersection, Milora
- Birnam Street and James Street intersection, Beaudesert
- Birnam Street and Alice Street intersection, Beaudesert



GOLDEN MUM BRENDA WINS A HANDFUL AT MASTERS GAMES

Eight months after having her eighth baby – little Christopher – Eagle Heights FoodWorks' flying mum, Brenda Ashley, continued her golden athletics form at the recent Pan Pacific Masters Games and the Queensland Masters Relays.

Winning PanPac Masters silver medals in the long and triple jumps, as well as fifth place in the 100 metres, Brenda decided to enter the Queensland Masters relays for a bit of fun with her friends, only to come back with three more gold medals in the 4x100m, 4x400m and 3x long-jump.

The medal in the highly taxing 400m came as a shock, as she hadn't been training for anything over 100m.

Brenda decided to enter these events as she enjoys anything sporty, from running to skating, bike riding and even walking. She is well-known by her handle of "FitMumof8" – previously "FitMumof7".

"I've brought my kids up to be active as well – we train together and exercise together.

"I love athletics, and hope to inspire more parents to compete as well. I had to lose over 20kg (baby weight), so I started off slowly, listened to my body and drank a lot of water!

"My coach (the much loved and respected Terry Larkins) has been there every step of the way; he has also coached seven of the children at Runaway Bay."

Brenda and Michael are the owners of FoodWorks at Eagle Heights – a proud family business, and will be open on Christmas Day from 6am to 12pm – a thank you to the community for their support throughout 2022.



Pethers Rainforest Restaurant

Intimate, romantic dining experience

Quiet, private and very intimate setting, ideal for couples. Open for dinner on Saturday nights, **BOOKINGS ESSENTIAL.**
28B Geissmann Street
(07) 5545 4577



1



Tamborine Mountain Distillery

Over 300 international awards

Australia's most internationally-awarded distillery and liquor brand in the New Millennium. Manufacturers of vodkas, liqueurs, schnapps, eaux-de-vie. 10am to 5pm – 7 days per week
10 Macdonnell Road (07) 5545 3452



2



Tamborine Mountain Pizza

Dine-in, Takeaway, Delivery

Established in 1994, enjoy our signature dough prepared daily on site topped with a variety of fresh ingredients, many locally sourced.

4/11 Main Street CLOSED MONDAY,
(07) 5545 3888 OPEN – TUE to SUN 5PM–9.30PM



3



Tamborine Mountain Pasta

TAKEAWAY, DINE-IN, LICENSED

LUNCH: THUR – SUN
DINNER: FRI + SAT + SUN

Shop 1A/15 Main Street
(07) 5545 3795



13



The Polish Place

Polish Restaurant. Cottages. Gallery. Coffee. Vodka. A true Polish Experience

With 180° views overlooking the Great Dividing Range, it's the ideal location to experience luxury accommodation, scrumptious Polish cuisine, beers and vodkas
www.polishplace.com.au
333 Main Western Rd, 5545 1603



4



Fox and Hounds Country Inn

Gold Coast's only Authentic English Pub

Share a hearty dining experience with friends and family, while soaking up the spectacular surrounds. Open for lunch and dinner 7 days.
7 Elevation Drive, Wongawallan
(07) 5665 7582



6



Rainforest Restaurant & Lounge Bar

Dining within a tranquil rainforest setting!

"Loved the atmosphere and the service was very warm and friendly. The food was beyond great and we would love to come back every night if we could. Fantastic."
Brad C. – The Fork
Thunderbird Park, cnr Cedar Creek Falls Rd 07 5545 7990



5



Inspire Me Naturally

Wellness & Lifestyle

Our stock is carefully sourced globally, so we can provide our customers with only the best products that are designed to help enhance the spirit, body and mind. Open 7 days 10-4
88 Eagle Heights Rd, Gallery Walk
Tamborine Mtn 07 5619 7090



7



Witches Falls Winery & Cellar Door

Tamborine Mountain's only working winery

Wines that shine with individuality and confidence. Enjoy wine tasting in our relaxed and picturesque setting. Locals receive members pricing. Open daily 10am to 4pm weekdays and 10am to 5pm weekends.
79 Main Western Road
(07) 5545 2609



8



Club Tamborine

Visitors welcome
Your local on the Mountain:
Full bar, Bistro, Gaming, Ubet, Keno, Fox Sports, regular live entertainment and bowls in a relaxed environment.
6–12 Beacon Road
(07) 5545 1308



9



St Bernards Hotel

Idyllic location with sweeping views, spectacular, fine dining for every occasion. Perfect for weddings, functions, conferences. Come and be greeted by our two St Bernards, and enjoy real country hospitality!
101 Alpine Terrace – 07 5545 1177



10



Cauldron Estate & Distillery

Distillery – Vineyard – Bar – Events

Beautiful established vineyards and lush green meadows perfect for picnics, lawn games or kicking back for an afternoon of R&R. Enjoy our locally made spirits or drinks from the Cauldron Bar, relish our mountain-inspired 'Bar tucker' and picnic hampers, and even make your own bottle of gin in our distillery to take home.
89-123 Hartley Road, Tamborine Mountain Qld 4272
CauldronDistillery.com.au



14



Tamborine Mountain Gelato Co.

Small batch, authentic artisan gelato, using local ingredients where possible. Everything is made in house, right down to the jams and sauces in the gelato.
Wed/Thurs 10am–6pm, Fri/Sat/Sun 10am–9pm
4/15-17 Main Street, Tamborine Mtn
hello@thegelatoco.com.au



12



El Burro Cantina

Come for the warmth, laughter and great MEXICAN FOOD!
• Fully licensed • Great for parties!
• Takeaway available

Flame Tree Plaza
16-20 Main Western Rd
North Tamborine 07 5545 4003



11



LOCAL DINING, SHOPPING AND SERVICES



Sip & Create

21

Tamborine Mountain
www.inspiremenaturally.com.au

Creative Workshops
Candles | Macrame | Painting | Crochet

CREATE WITH US
GALLERY WALK – 88 Eagle Heights Rd
Tamborine Mountain
(07) 5619 7090
inspiremenaturally.com.au

Escape to TAMBORINE MOUNTAIN
your Gold Coast Hinterland

EAGLE HEIGHTS BAKERY
25 Southport Ave, Eagle Heights

15

Open 7 days - 9.30-5pm
(including public holidays)
18 year-old sourdough,
30 different breads & flours

5545 4011
Serving the community for 40 years

TAMBORINE GLASSBLOWING

17

We teach you how to blow glass, Xmas Baubles, and various glass art forms like mosaics, slumping, kiln-fired Christmas decorations, and torch work. We also make special orders.

17 Nicolet Dr, Tamborine Mtn
QLD 4272 PH: 0437 115 779
tamborineglassblowing.com.au

18

A GIFT for your loved one

We have your gifts and Xmas decorations covered.

Traditional wooden toys, cuckoo clocks, grandfather/mantel/wall clocks, watches, European Xmas articles and much more...

GERMAN CUCKOO CLOCK NEST
www.clocks.com.au

The German Cuckoo Clock Nest
143 Long Road, Gallery Walk, Tamborine Mountain
(07) 5545 1334 / info@clocks.com.au



HOW YOUR BIOME PROCESSES LIFE

We have a yoga retreat coming up: Fri 31/3/23 – Sun 2/4/23 in Springbrook next year. It's an annual event, it's filling fast and it is an amazing way to take stock

of your life and move your self-growth to a whole new level. And next year's retreat is all about your microbiome – how you and your bacteria assimilate and love life.

The obvious physical causes of gut dysfunction will be explored in depth. Food and food intolerances, auto-immunes, and how the happiness of your gut plays a huge role in the happiness and stability of your mental and emotional disposition. But in the world of yoga we are never satisfied to stop at the physical, we believe that there is always an underlying mental, emotional and spiritual aspect to every dis-ease and dysfunction in our bodies, and as the gut is the engine of your body, it's a great place to start.

From a metaphysical viewpoint, digestive health is about what you digest in life. It is about receiving the gift of life, and being able to break it down into its component parts for better acceptance, or to eliminate it. It is about becoming aware of what you are asking your body, emotions and spirit to take in. And metaphysically, we regard digestive disorders as a response by your body to refuse to digest what is coming in. Is it just the food, or was there something emotionally, mentally or spiritually charged around that food that makes your microbiome regard it as a toxin and not digest it well?

Ideally, we should spend the majority of our life digesting food, ideas and emotions that are pleasing to us and allow us to enjoy radiant mental and physical health. If you are taking in a lot of worry, fear, and doubt, you are going to have a difficult time, because these are uncomfortable energies to take in and digest. Farfetched? Not really. Try and eat dinner in front of the TV with the news blaring. Those microbes, fungi and bacteria in your tummy are going to have a hard time digesting that meal, as your mental and emotional body responds to the deluge of bad news you cannot do anything about. Your digestion, your empathy, and your feelings about life are integrally linked.

In Ayurveda, the energy we use to digest life is called Samana Vayu. The energy of Samana Vayu is what enables us to digest and absorb the nutrition from the food we eat. It's also the force responsible for digesting our life experiences. So, the same force that enables you to extract nourishment from food, allows you to extract sustenance from life. When this force is dampened due to stress, it can have a direct effect on your capacity to digest food, as well as your feelings.

Margot Wagner
Yoga Under the Bodhi Tree

(Find and like articles similar to this on my Facebook Page: Yoga Under the Bodhi Tree)

Relationships



SOCIAL CAPITAL

At the turn of the century Robert Putman wrote a book called *"Bowling Alone"*. He observed how the activity of ten pin bowling had changed from communal leagues to families and individuals. Putman noted that communal activity in general was on the decline. Simultaneously, family structures were shrinking in size and the bonds that once kept extended family close, were weakening. In the proceeding two decades this trend has continued. According to recent census figures, Australian households are comprised of twenty three percent lone-person households and sixteen percent single-parent families; together representing almost forty percent. For some, the growth in living alone has been celebrated as reflecting the improved choice that people have in their living arrangements and lifestyle, while for others it has meant increased social fragmentation and a rise in loneliness.

Living alone does not necessitate an isolated lifestyle. Putman introduces the concept of social capital as a panacea for loneliness and isolation. Social capital is the active connections between people within a community. It is the glue that holds community together while offering benefits to individuals within that community. The loss of social capital is felt in critical ways, such as increased crime rates, poorer neighbourhood quality of life, and decline in mental wellbeing.

People generally form social ties because of an innate desire for social contact. In the context of community, social ties form around fun activities or pressing community issues. People are motivated by either a benefit to themselves or a belief that their personal involvement will have an impact. Active community involvement results in collaboration, allowing citizens to resolve collective problems more easily. There have been many local issues in our Mountain community that have brought people together, and in doing so, built our social capital.

As a community becomes more involved with one another, willingness to assist one another increases. Social networks provide the channels through which we recruit one another for good deeds and encourage attention to others' welfare. A generalised attitude of reciprocity becomes the norm as recipients of support begin to "pay it forward" to others. In other words, "I'll do this for you without expecting anything specific back, in the confident expectation that someone will do something for me when I am in need in the future".

On the twentieth anniversary of *"Bowling Alone"* a new edition was released that included the impact of social media and the internet. While technology has introduced opportunities for social connection, it has also resulted in unprecedented levels of alienation and isolation. Social capital within communities has suffered, as the virtual world has captured the attention of those who would previously seek company outside the walls of their home.

For some, the approach of Christmas can accentuate feelings of loss or loneliness. Perhaps you know someone who might be alone at this time of year. Invest in our community's social capital and consider inviting others to your Christmas celebration. Love, joy and peace be yours during this special season.

Linda Gray
linda@relationshipsanctuary.com.au
0401 517 243

Physio Talk



with Rebecca Bell

FIGHT THE GOOD FIGHT



It's been just over four years since my dad passed away at the age of 83 years. I think it would have been around 2006, twelve years prior, that he was diagnosed with Parkinson's Disease. But I am pretty sure he knew well before then. You see he didn't complain much, and just kind of got on with things. He was dealt some tough things in life but kept fighting the good fight.

When he was a teenager, he suffered from polio, as did many others during that time. Thankfully he made a good recovery. However, later in life, although never officially diagnosed, he also struggled with post-polio Syndrome. The polio virus attacks the nerves that innervate our muscles in various part of our body, eg arms, legs, breathing muscles. Sometimes these nerves do not fully recover, so other nerves take over the muscles that need to be used. Later in life, these poor nerves can start to struggle with fatigue, due to having to work extra hard. As you can imagine, the effects can be really debilitating for those who suffer with this condition. Fatigue, muscle pain and weakness are some of the difficulties that can affect them, causing havoc in an already ageing system.

Now, add Parkinson's disease to this... which is a whole other kettle of fish – a degenerative condition of the nervous system – meaning it slowly gets worse. Michael J Fox... for those of you that were obsessed with him in *Family Ties* or *Back to the Future* ... will know, was diagnosed quite young and continues to fight the disease, and is thankfully able to invest his time and money into ongoing research. It can affect people in so many ways, different for everyone, but hallmark symptoms are a stiffness in your limbs, disruption of balance and walking pattern, tremors, loss of voice volume and the ability to write.

Yes, these diseases slowly get worse, but you can still do so much. Dad did not let these diseases beat him, until the very end. Probably his stubbornness and

determination (gee, I wonder where I got it from...) extended his life even further. You couldn't tell him to stop driving the tractor, riding the mower, bushwalking etc until he was good and ready to make that decision himself.

I think he pushed himself harder after the diagnosis that ever before. Interestingly enough, some new research suggests that this is actually what is required for Parkinson's disease to ensure your ability to function at your best – push a little harder than what you would usually in order to challenge the brain and body. He also made use of all the services he could, even from the early stages – physio for fitness, balance and joint/muscle treatment; speech pathology for voice rehabilitation and many others. The earlier you seek advice and apply this into your life the better.

It is natural, I think, to grieve a little when diagnosed with something like Parkinson's disease or post-polio syndrome. However, you can still live and achieve so much enjoyment for as long as possible. Please don't give up. Fight the good fight. Keep going. Let us be a part of your help.



Physique Health
Call on 5545 1133

10 Years Of Making A Difference



IS ORGANIC REALLY THAT IMPORTANT?

Hello, *Scenic News* readers... if you've been reading my columns for a little while I often discuss the importance of organics in our lives. And every time I put pen to paper and bring this column to life, I ask myself – what topic will add value to you and your lives? What are the topics that might be divisive, but offer education and help clear up the confusion? So here we are: let's talk about organics and pesticides.

I'll kick it off with a personal story – it won't take long, I promise. I was at a family dinner. My husband's uncle was debating with me that pesticides were safe, effective and they had been used for generations. I can tell you that he is right on many accounts, right up until around 1945. Rather than turn this into a history lesson, I'll skip ahead to how the two very different farming types can end up either helping or hindering your skin's health.



A very common ingredient in pesticides – for their efficiency is arsenic, as is paraquat, amongst many others. These two are very dangerous and the side effects can be fatal to humans and animals. Now, imagine you have a body lotion at home: it contains corn starch which is derived from corn. That corn has been sprayed. And you start to develop a rash, or itchy patch on your skin, possibly even feel a burning sensation. It could very well be the ingredients from the pesticide at work aggravating your skin. It may not be – sure. But please, if this has happened

BEAUTY & WELLNESS

to you, don't ignore it, and seek advice.

Now, let's visit the organic side of things. The really exciting discovery I found with organics is the soil is not only enhanced, but it's rejuvenated, which is incredible for the nutrient value in the harvest. When you choose organic, all of that earth-grown goodness is retained. As another example, customers who have switched to organic shampoo & conditioner have reported less headaches, and customers who have used lotions and body washes reported using less of the product than the non-organic counterpart. Which certainly adds weight to the fact that organic retains the nutrient value, and your skin appreciates that, and often thrives from it.



with Rebecca Mander

And I fully appreciate the cost of organics is more expensive – I started my own organic hub on my property. And it's hard work. If I grow a tomato, I'm cheering. But I have learnt to keep the pests away more than before, and the strawberries are absolutely divine. And my aloe vera is growing faster than my 15-month-old.

So, if you'd like to give your own organic garden a try, here is a recipe to give you a kick start at keeping those pests away.

Mix together in a pump bottle (clearly labelled) :

- 1 Tablespoon of Castille Soap
- 4 Drops of Garlic Oil
- 4 Drops Of Peppermint Oil
- 4 Drops of Thyme Oil
- Fill With water

As always, enjoy and always spread kindness like jam on toast!

Rebecca




Relationship Sanctuary
ON TAMBORINE

**COUNSELLING FOR INDIVIDUALS,
COUPLES & FAMILIES**



0401 517 243
Appointments in person or via video call.
Reasonable Rates.

linda@relationshipsanctuary.com.au

 **SCENIC RIM
MUSIC SCHOOL**

*invites you to experience our
brilliant concept in music tuition:*

PIANO STRINGS VOICE
on Tamborine Mountain

to register your interest:
07 5545 4700 or 0422 788 399

*Ask us about our local 'do-re-we'
classes for Pre-schoolers.*
www.scenic-rim-youth-choir.org



GRILL MASTERS, FOOD LOVERS AND CAPTAINS OF FLAVOUR

**CHEF DYLAN'S
Gourmet Food Co.**





www.gourmetfoodco.com.au


NEWHAVEN
FUNERALS, CREMATORIUM & MEMORIAL GARDENS

**The only purely 100%
Australian Funeral Company
and Crematorium**

**Winner Qld Seniors
Excellence Award**

*Enquiries
Welcome* **5593 4777**


**Tamborine
mountain**
OPTOMETRISTS


Optometrist

Call us now for a consultation
5545 0277
17-27 Main Western Rd, North Tamborine



**Residential aged care where you
are part of our family**

Beautiful views with a rural outlook, tranquil gardens, home-cooked meals, personalised 24/7 care, plenty of social activities and outings, and a family-like atmosphere, is what makes Beaumont Care Mount Tamborine Roslyn Lodge so special.

 **BEAUMONT CARE**
Warm-Hearted Care, Your Way

**FIND OUT MORE TODAY - WE ARE HERE TO HELP
1300 217 336 | BEAUMONTCARE.COM.AU**

FOOD FOR THOUGHT

with Chef Dylan Gittoes

www.gourmetfoodco.com.au



SPICED RUM AND RAISIN CHOCO BITES

It isn't really Christmas without the classic treats, is it? These boozy little spiced rum and raisin choco bites are a festive delight. With zesty orange, a soft vanilla and chocolate crumb, and a sharp bite of spiced rum-soaked raisins, finished with a sprinkling of coconut.

Make these for anyone who likes rum and raisin chocolate or ice cream, and they will love you forever. Take them to the Christmas party, and they will be devoured by the handful. What's more, they are super simple, and they take no time to whip together, they require no baking, so the alcohol remains, and are incredibly delicious.

Did you know? Rum balls were originally invented by Danish bakers who were saddened at the end of each day when they discovered unsold cakes at the counter. Even though they did their best to make the right amount of Danish pastries and cakes for the day, despite their very best efforts, they always had a few things left over. So one day, one creative baker had the idea to blend them all together, add rum and chocolate, and roll them up, coating them in coconut. They were a massive hit, and to this day we see variants of this recipe during the Christmas period, all over the Western world.

Chef Dylan's tips: 1. Start with a good quality spiced rum. 2. When you roll them, do it quickly so that the heat from your hands makes them sticky. 3. Take your time and try to get all the bites the same size.

Memory Lane, Burford. Oxfordshire. England 2004

I hear the click as the door closes, and exhale into the cold pre-dawn air, and my breath instantly vaporises into steam before being quickly whisked away by the wind. Pulling up my hood, I head down the back stairs of my shared staff accommodation building, heralding the start of another day at the Lamb Hotel. It's a short walk to get there down the cobblestone laneways, around the back of the historic hotel, past the neatly trimmed hedges and rosebush gardens. Arriving, I flick on the lights, which reveals a sparkling clean kitchen. I head to the pass to glance over the prep list for the day. Picking it up, I smile happily

when I spy that rum balls is written second from the top of the list. Pleased, I start to turn on the ovens for breakfast.

After service, as I finish scrubbing down the bench, I hear a bellowing "A-right BOYYYYYS!" from behind, and turn to see the Head Chef smiling so broadly he could eat a banana sideways. "Hi chef, it's just me, only one boy" I reply. His clipboard in hand, I notice his chef's apron can barely contain his giant beer belly as it bounces and jiggles like jelly with each stride towards me. "I just came out of a meeting with the owners, and last month we received more 5 out of 5 star reviews from customers than ever before. It's a new record!" He proudly remarks.

"That's awesome, Chef" I say with my nostrils desperately eager to be free of the horrendous poison cloud of coffee and cigarette breath emanating from his bio-weapon-producing mouth. "Yes it is good," he says boldly, "I just received a hefty cash bonus in fact. Now I've got to get back to the office to my paperwork, endless paperwork. Also tell Phil when he gets in, it's just you two on lunch service today, will you? I'm just so busy, Dylan". "Yes Chef" I quip. Just like every shift. then... "Well done old chap" he finishes .

While turning to leave, he spins his small head on that tree trunk of a neck back – "Oh, and one more thing, send me up a lamb rack MR, with an extra side of mash and gravy in an hour will you?" "Shall I put it through the system Chef?" "Oh no, no, no need for that! Can't you remember one little order?" "Yes, but it's just that we're supposed to..." "Uh, uh, supposed to, shmoosed, to" he says, cutting me off. "Who is the boss around here? ME! Just you remember that! I'm the reason we are getting all these 5-star reviews", thumping his plump fingers on the clipboard – "It's my menu that you guys are cooking". "Yes Chef". "Now just do as I say, for heaven's sake and stop trying to make my job harder



than it already is!" "Yes, Chef. I'll let Phil know and be sure to bring you up your lamb dinner". "There's a good chap" he remarks, and just like that, he's gone – slowly lumbering his way up the stairs to the office.

"He is the laziest chef I've ever met", I mumble as I head into the pastry room. I turn up classic FM on the radio and begin prepping the rum balls.

Prep time 15 mins Makes 10 serves

Ingredients

- 250 gram plain arrowroot biscuits
- 395 gram can sweetened condensed milk
- 1 cup desiccated coconut
- 1/4 cup Dutch processed cocoa powder
- 1 teaspoon orange rind, finely grated
- 1/4 cup (60ml) dark spiced rum
- 1/2 cup mixed peel
- 1/2 cup (40g) desiccated coconut, extra

Method

1. A day before, add rum to mixed peel, then cover and leave to soak.
2. Process biscuits into fine crumbs
3. Transfer crumbs to a large bowl; add condensed milk, coconut, sifted cocoa, rind and mixed peel rum mix. Stir well to combine.
4. Spoon out a tablespoon, and roll mixture into walnut-sized balls. Toss balls in extra coconut. Place on a tray; cover and refrigerate until firm.

For gourmet gifts, come say 'hi' at the Tamborine Mountain Country Markets @ 7:30 am – 1:30 pm Sunday 11th December 2022, or shop locally at Angela's Pantry on Gallery Walk and Butler and Grace on Main Street.

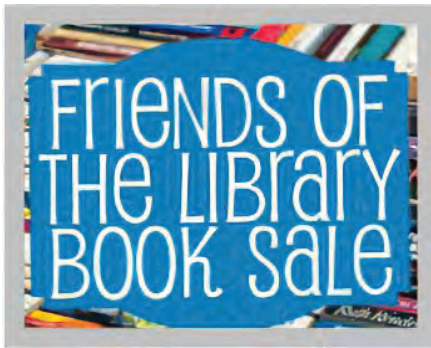
hooked on books

TAMBORINE MOUNTAIN LIBRARY NEWS by Friends of Tamborine Mountain Library

Follow us



SCENIC RIM LIBRARIES



Saturday 10 December
9am - 12pm

BABY RHYME TIME

A fun interactive session of songs, rhymes, books and movement to foster your child's love of language. Suitable for parents/caregivers with babies to children under three.

Fridays 9:15 - 10:00

To join this session please phone 5540 5473 or email the library - library.t@scenicrim.qld.com.au



BorrowBox

Borrow, download and enjoy the greatest Australian and international authors of the world's best eBooks and eAudiobooks. BorrowBox is your library in one app.



A Justice of the Peace is available **Monday, Wednesday and Friday** 10 am to 12 pm



STORYTIME & SINGSONG

Join us for stories & interactive songs and a craft pack to take home. Bookings essential 0 - 5 years. 9:15 - 10:00 Monday To join this session please phone 5540 5473 or email the library - library.t@scenicrim.qld.com.au



BUSY FINGERS - Knitting Group - Tuesdays 1-3 pm

Do you want to learn to knit? Or want to join a new group of knitters? Come and join our group to brush up your skills for winter woollies. Please note bookings are essential for health regulations. Please call 5540 5473 to book a spot.



BOOKCLUB

Your local library is the perfect place to join a book club. Read new titles, discuss viewpoints and potentially make new friends in the process. Ask when your local book club meets by contacting us here at the library - 5540 5473



LIBRARY E-RESOURCES

Link from our website or download the app, and log in with your library card

BEAMAFILM

Beamafilm is an independent movie streaming site created by filmmakers; distributors and video on demand specialists.

Beamafilm is unique for its collection of signature Australian docos and indie features from around the world, many which are only available through beamafilm.



View by selecting Scenicrim Library & entering your library card number

GALE INTERACTIVE: SCIENCE

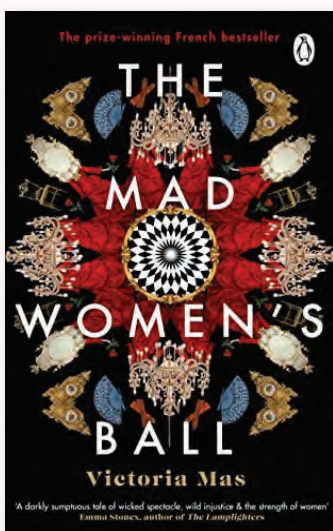
Science is a highly visual product that provides a comprehensive view of the most-studied science topics of biology, chemistry and earth and space science. Users can explore 3D models by zooming in, rotating, or pulling them apart. Clicking through each session displays relevant reference content related to each 3D model. Selected 3D models can also be printed out.



First choose Scenic Rim Libraries, then enter your library card number followed by this password: library



Our Book Choice: *The Mad Women's Ball* by Victoria Mas



The Salpetriere Asylum: Paris, 1885. Dr. Charcot holds all of Paris in thrall with his displays of hypnotism on women who have been deemed mad and cast out from society. But the truth is much more complicated—these women are often simply inconvenient: unwanted wives, those who have lost something precious, wayward daughters, or girls born from adulterous relationships.

For Parisian society, the highlight of the year is the Lenten ball—the Madwomen's Ball—when the great and good come to gawk at the patients of the Salpetriere, dressed up in their finery for one night only. For the women themselves, it is a rare moment of hope.

Genevieve is a senior nurse. After the childhood death of her sister Blandine, she shunned religion and placed her faith in both the celebrated psychiatrist Dr. Charcot, and science. But everything begins to change when she meets Eugenie—the 19-year-old daughter of a bourgeois family that has locked her away in the asylum. Because Eugenie has a secret: she sees spirits. Inspired by the scandalous, banned work that all of Paris is talking about, *The Book of Spirits*, Eugenie is determined to escape from the asylum—and the bonds of her gender—and seek out those who will believe in her. And for that, she will need Genevieve's help.

Genre: Historical Fiction - Feminism - France

LIBRARY OPENING TIMES MON-FRI 9AM-5.30PM • SAT 9AM-12PM

Tamborine Mountain Library is proudly operated by Scenic Rim Regional Council.

Bookshop & Art Gallery – Under the Greenwood Tree. Open 5 days 10 - 5. Closed Tuesday and Thursday Home deliveries 7 days. Book orders welcomed. 92 Main Western Rd Nth Tamb Ph.0424 586 066 P

Dressmaking/Alterations – Professional service, 25yrs experience. All aspects of clothing design and production. Pattern-making and alterations. **Julia 0467 398 872**

Music Lessons - Bass, guitar, piano. All ages. Have fun & online lessons available now. Ph Craig or text 0478 075 642 P

GRAPHICS & TUITION

GRAPHIC DESIGN/ILLUSTRATION SERVICE & TUTORING



GRAPHICS SERVICE: Business Startup – logos, business cards, letterheads, leaflets, stickers, etc. Quotes for design and printing (**all printing done locally by Coomera Print Hub**)

TUTORING & WORKSHOPS:

Children's illustration/cartooning workshops. Tutoring graphic design working with Adobe Illustrator and Photoshop.

INFO: Call Heather on 0415 549 522 or email heather.dale@patchworkdog.com Examples on www.patchworkdog.com.

COOMERA PRINT HUB
07 5580 5722
PRINT DESIGN OFFSET DIGITAL

Scenic News

- Get your ad in front of more than 20,000 readers each week
- Free online exposure, and online advertising opportunities

Call or email

0417 238 238

advertising@scenicnews.com.au



SIGNS

GARAGE SALE SIGNS

Stand out from the crowd with attractive, professional-looking signs for YOUR Garage Sale. (spike/stand included) Signs are free to use, but require a \$10 deposit per sign (refunded when you return them). **Please inquire on 5545 5000.**

Please note: 2 days' notice required



Yoga Under the Bodhi Tree – LIVE

YOGA CLASSES: Mon 9.30am Moriarty CC, Canungra. **Mon 6pm** Canungra Wellness, Canungra. **Tues 9.30am and Sat 9.00am** Zamia Theatre, Main Rd, Tamborine Mountain. **Wed 6pm** Creative Art Centre, Wongawallan Rd, Tamborine Mountain. **ONLINE YOGA CLASSES:** **Wed 9.00am.** For Online Classes text or email me: Margot **0428 137 391** or yogaunderthebodhitree@outlook.com. I will send you an email with a link. Very simple, very low tech. Come and join us! Hatha, Nada and Tantra Yoga. **Contact:** Margot Y.A. (Australia) **0428 137 391.** Transform your Life with Yoga.

TRIVIA

Astrology



1. Which sign of the zodiac falls between 20th April and 20th May?
2. Which birthstone applies to someone born in April?
3. Which sign of the zodiac applies to someone born at Christmas?
4. What characteristic is said to be associated with the garnet stone?
5. Which birthstone applies to someone born in July?
6. Which sign of the zodiac falls between 23rd August and 22nd September?
7. What is the sign of the Crab?
8. Garnet is said to be the stone appropriate to someone born in which month?
9. Which Roman emperor condemned astrology in 333 AD, saying that it was a "demonic practice"?
10. Which race of people first developed the idea of astrology in approximately 3000 BC?
11. Zodiac is a Greek word which translates as what?
12. The first book on the subject was the Tetrabiblos written in the second century by whom?
13. Which astrologer made predictions in the early days of the televised draw for the UK national lottery?
14. What does to be 'born on the cusp' mean?
15. John Dee was an astrologer employed by which two English monarchs?
16. Which scientist wrote a book entitled The Scientific Proof of Astrology?

Answers p27

POSITION VACANT

Casual Shop Assistant for busy bakery. Drop off your resumé to : Eagle Heights Bakery \$25 - \$45 an hour.

BUSINESS DIRECTORY – WHO TO CALL

ACCOUNTING

HALL HANNEFORD
 CHARTERED ACCOUNTANTS
TAXATION / BAS RETURNS
BUSINESS ADVICE • STRUCTURE SETUPS
SELF-MANAGED SUPERANNUATION
TAX PLANNING • BOOKKEEPING
 Shop 3/15 Main Western Road,
 Tamborine Mountain
 PH: 07 5545 2588
 www.accountingonthemountain.com.au

Lakehouse Accounting
 Let's talk about your business and tax concerns!

 Call Noel 0487 999 035
 for an appointment or email
 noel@lakehouseaccounting.com.au
 82 Cliff Road
 Tamborine Mountain
 QLD 4272

AIR CONDITIONING & REFRIGERATION

+45 Years
TMES
TAMBORINE MOUNTAIN
ELECTRICAL SERVICES
 Air Conditioning Service & Breakdown
 Sales and Installations
 at Competitive Pricing
Call Now 07 5545 7777
Servicing our customers for 45+ years
 Licence No. 69488 Arctick AU3560

EMIRG SERVICES
AIR CONDITIONING
COMMERCIAL REFRIGERATION
& MECHANICAL SERVICES
BRENDAN GRIMES 0419 009 643
 brendan@emirgservices.com.au emirgservices.com.au

Want to get YOUR business noticed?
0417 238 238
 advertising@scenicnews.com.au

Next ISSUE:
DECEMBER 15, 2022

ARBORIST

MOUNTAIN TREES

NICK ROUTLEDGE
 0438 176 775
 Qualified Arborist
 mountaintrees@live.com.au
Professional Tree Services

AUTOMOTIVE REPAIRS

TAMBORINE MOUNTAIN
Auto Clinic
Jason Bowles

- Logbook Servicing All Makes Incl Euro
- Specialist in Brakes
- All Mechanical Repairs
- Small Electrical Repairs
- Sublet R.W.C & Air Conditioning


 41 Main St Nth Tamborine Ph: 5545 1214

BLINDS & CURTAINS

TAMBORINE BLINDS AND AWNINGS
 ✓ Awnings ✓ Blinds
 ✓ Security & Flyscreens
 ✓ 25 Years Industry Experience
RICHARD m: 0405 631 655
KENT h: 5545 0057

BOOKKEEPING

Innovative BEAN COUNTING
 BAS and Bookkeeping Services
Focus on your business while we count your beans!
 XERO & MYOB Certified Advisor, QuickBooks, Receipt Bank & Hubdoc partnered. 20 Years of experience!
 E: info@ibcounting.com.au
 W: www.ibcounting.com.au
 P: 07 5543 4830
 M: 0400 395 805

 INSTITUTE OF PUBLIC ACCOUNTANTS

 BAS agent 25894697
 AUSTRALIAN BOOKKEEPERS NETWORK
 AUSTRALIAN BOOKKEEPERS ASSOCIATION

Scenic News


- Get your ad in front of more than 20,000 readers each week
- Free online exposure, and online advertising

Call or email
0417 238 238

BOOKSHOPS

CANUNGRA BOOKS & ART
Vintage to Now

- Quality second-hand books
- New books by local authors
- Vintage clothing and records
- Gifts and cards

We buy quality books and records
 Open daily 9.30am to 4pm
 6 Kidston St, Canungra Enquiries: 0418 792 161
 E: admin@canungrabooksandart.com.au
 Web: canungrabooksandart.com.au
 canungrabooksandart

BRICK & BLOCK LAYING SERVICES

CANNING & CO CONSTRUCTIONS
BRICK AND BLOCKLAYING SERVICES
DOMESTIC WORKS

- HOUSES
- FENCES
- PIERS
- LETTERBOXES
- RETAINING
- BRICK VENEER

COMMERCIAL WORKS

- TOWNHOUSES
- UNITS
- WAREHOUSES
- MULTILEVEL

 QBCC Lic: 1141596
Mob: 0499 932 202
 Email: andrew@canningco.com.au
 canningconstructions

HOPE BRICKLAYING
 Brick and Block Work • Cottage

- Commercial Construction
- Retaining Walls and Fences

 Tamborine Local
 QBCC Lic 1302284
0449 622 639
 Jhbricklaying@hotmail.com

BUILDERS

tbi
 TOTAL BUILDING IMPROVEMENTS
 All Aspects Of Building & Renovations

- RENOVATION SPECIALIST
- BATHROOMS
- KITCHENS
- FULL INTERNAL

Edward Odisho
 mob: 0418 788 029
 QBCC LIC - 15077381
 email: totalbuildingi@gmail.com

Next DEADLINE:
DECEMBER 9

BUILDERS




HAYWARD BUILT
BUILT TO LAST

Decks | Pergolas
Bathrooms | Extensions
External & Internal Doors
Renovations | Pool Areas

0421 199 135

QBCC: 15203283



CRAMP BUILDERS
Pty Ltd

Architectural Homes Nick Cramp - 0437 017 297
Renovations Rick Cramp - 0407 701 875
Extensions E: info@crampbuilders.com.au
Maintenance
Commercial Works ACN 137 984 715 QBCC Lic. 1177904

BUILDING DESIGN

QBCC LICENCE # 15032879
sofie@hausofcreations.world

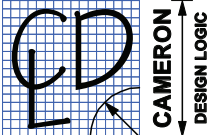
HOC
HAUS OF CREATIONS

Architecturally trained & offering services:
Interior Design & Theming
Building Design & Drafting
Property & Venue Styling
Event Design & Theming

Where imagination, art & place become one

SOFIE PRINGLE
0426 899 228

 haus.ofcreations
www.hausofcreations.world



Adam Cameron
0414 807 265
camdunpl@gmail.com
QBCC 15189980

BUILDING DESIGN & PLAN DRAFTING



CAR DETAILING

CAR DETAILING – MOBILE SERVICE
Ian Garvie
JP (Qual)

Qld Water Comm. & Commerce Qld
REGIST. WATER EFFICIENT OPERATOR No. 2238

0409 962 348
Health Regulations strictly adhered to




Last ISSUE for 2022:
DECEMBER 15, 2022

CAR REMOVAL

FREE CAR REMOVAL
Paying for some cars and 4x4.
Can ring for an obligation-free quote on your car

0438 761 669

CARPETS



THE RESPECTED NAME IN FLOOR COVERINGS

16 William Street, Beaudesert Ph 5541 1191

DOMESTIC & COMMERCIAL

■ Carpet & Vinyl ■ Floating Floors ■ Cork & Timber
■ Tiles ■ Venetians & Blinds ■ Rugs

CLEANING

Eagle Heights Cleaning Services
Commercial Cleaning
House Cleaning Weekly/Fortnightly
Bond Cleans
MOBILE 0400452054
Cleaning The Mountain since 2001

CHIMNEY CLEANING

SOOTY'S CHIMNEY CLEANING SERVICE
Dust-free cleaning - all areas



sootyschimney@optusnet.com.au
www.sootyschimneycleaning.com.au

0438 733 579

COMPUTERS



GRANT I.T. SERVICES

MasterCard
VISA
e ftpos

0410 559 136
CAMRON GRANT
grant.it.services@gmail.com

Professional & reliable
ON-SITE TECH SERVICE
for your home or business

PC, Apple or Smart Devices - Repairs - Installations - Upgrades - Networking - Virus Removal & More

LOCAL & SAME DAY RESPONSE



COMPUTEX SOLUTIONS PTY LTD

Onsite in your Home or Business - Installations - Repairs
Upgrades - Virus Removal - Networking - Backups & more
Supporting PCs / Macs / Tablets / Smartphones

call Drew Haldane **0414 014 054**
For all your computer needs

DENTAL PRACTICE

DENTURE CLINIC



Joe Russell
Registered Dental Prosthetist

OPEN
for all your denture requirements

www.tamborinedentures.com

5545 3128
Mon-Fri Every week (excl. holidays)
After-hours appointments available

Shop 10/17 Southport Ave
Tamborine Mountain

DRAINAGE



Complete Drainage and Construction

Stormwater, Sewer and Water Install or Repairs
Concreting • Landscaping

0404 869 689
www.completdrainageandconstruction.com
Completdrainageandconstruction@gmail.com

DRIVING LESSONS

TAMBORINE DRIVING SCHOOL
Auto and Manual

L **0431 857 356**

Nicola Durkan
Qualified Driving Instructor



Free Keys2drive lesson
www.tamborinedrivingschool.com

RED LINE

TAMBORINE MTN DRIVING SCHOOL

Accredited Driving Instructor
Long time local resident

Phone Grant 0478 225 853
Member Aust Driver Training Association



Suzuki Swift Auto

Want to get YOUR business noticed?

0417 238 238

advertising@scenicnews.com.au

BUSINESS DIRECTORY LISTINGS FROM JUST \$16 per edition

EARTH MOVING

FREE QUOTE CALL
0413 941 172

30 YEARS' EXPERIENCE
IN ALL ASPECTS OF
EARTHMOVING



DANNY'S DIGGERS

Bobcat & Excavator Hire


GRAYS EARTHWORX

5 tonne Excavator, 10 m² Tipper
All Excavations, Postholes,
Rock Walls, Sand, Soil, Gravel
Reliable – Good Rates
PH: GRAY 0431 243 810

ELECTRICAL

Bob's Services

Gary Hamblin
Licenced Electrician
25 Years Experience



0413 278 743
thezoo5@bigpond.com
Lic. No. 71041

Knights

ALL YOUR ELECTRICAL NEEDS FOR
RESIDENTIAL & COMMERCIAL
~ COMPETITIVE PRICING ~
Electricians that provide fast, tidy,
professional service

- New builds
- Renovations
- Upgrades
- Air conditioning
Installations

Call us on 1300 153 726
admin@knightslectrical.net.au



Knights Electrical Contracting (QLD) P/L * Licence No: 65556 (QLD)

FIVE STAR
SECURITY & ELECTRICAL
Lic. No. 59907

ELECTRICAL CONTRACTORS
Domestic • Commercial • Repairs
• Renovations • Upgrades

Phone: 0418 715 380

**Want to get YOUR
business noticed?**

0417 238 238
advertising@scenicnews.com.au

ELECTRICAL

+45 Years

TAMES

**TAMBORINE MOUNTAIN
ELECTRICAL SERVICES**

Competitive Pricing and
Guaranteed Work from your
local Master Electricians

Call Now 07 5545 7777

Serviceing our customers for 45+ years

Licence No. 69488 Arctick AU3560

Scenic News

- Get your ad in front of more than 20,000 readers each week
- Free online exposure, and online advertising opportunities

FIREWOOD

**Aged Western Red
Ironbark**

From \$220m³

Phone Wayne Kiehne 0419 768 959

FITNESS & GYM

JOIN YOUR LOCAL GYM

ACCESS AVAILABLE 24/7
Personal Training & Classes
Follow Facebook@MainFitness
OR www.mainfitness.com.au

8/39 Main St North Tamborine
5545 4774 24/7

MAINFITNESS



GARAGE DOORS & GATES

Adept Garage Doors & Gates

SPECIALISING IN:
Servicing, Repairs, Maintenance,
Installation, Automation & Remotes.
Quality Service, Workmanship & Products

24/7 Emergency Repairs
Ph: 0401 363 757
www.adeptgaragedoors.com.au




GAS SUPPLIES

HOUSEHOLD GAS SUPPLIES

Fast.....
Reliable.....
Local.....

PLUSGAS
.com.au

5548 7100

Locally owned and operated

GUARANTEED SAVINGS
when changing from another supplier



GOLD EXCHANGE

TD McNEILL
Est. 2004

Gold Exchange

All Gold & Silver

- Bullion Coins and Bars – Buy – Sell
- Jewellery/Broken/Scrap/Dental
- Nuggets & Alluvial
- Pre-Decimal Australian Silver Coins
- Instant Cash/High Payout Rates

Ph Trent 0457 244 525

HAIR & BEAUTY

Create The Image

HAIR & BEAUTY

0427 980 450

Located in Boyland

Hair by Melissa

- LADIES • MENS • CHILDREN
- Cutting • Colouring • Styling

Complete In Home Hair Service
Stuck Indoors - I Come to You

0416 825 465



HANDYMAN

Craig the Handyman

For any odd jobs you have wanted done

- Affordable • Reliable • Quality work
- 30 Years Experience

Not your average handyman!

0478 075 642



**Last ISSUE for 2022:
DECEMBER 15, 2022**

**Next DEADLINE:
DECEMBER 9**

HARDWARE



TAMBORINE VILLAGE TRADERS
 HARDWARE – PLUMBING – PRODUCE
 SADDLERY – GARDENING – PAINT
 M-F 7.30 to 5.30 Sat 7.30 to 3pm Sun 8.00 to 1pm

Ph: 07 5543 8822 Christina
 Fax: 07 5543 8866 5 Leach Road
 Email: christina@tamborinetraders.com.au Tamborine QLD 4270

LANDSCAPING & MOWING



Hartley Road
 Landscaping Supplies
 & Equipment Hire

07 5545 3390

MULCH FOR SUMMER
 7 DIFFERENT TYPES AVAILABLE

STONES | GRASS | ROCKS | SOIL | MULCH
 www.hartleyroadlandscaping.com.au

Affinity Landscapes
Is your garden ready for spring & summer entertaining?
Would you like to attract wildlife?
Do you want envious friends & neighbours?

Local horticulturalist & lic'd structural landscaper

- Design • Water features • Stonework • Planting
- Paving & retaining walls
- Contemporary, native & formal gardens

MOB: 0411 805 589 – QBCC1115404



TAMBORINE TURF
 (Est. 1966)
 Landscaper & Laying Service Available

Growers & Suppliers of:

- Wintergreen Couch • Buffalo Grass • Kikuyu Turf

Farm Pick Up or Delivered – Inspections Invited!
 (Weekend pickup must be ordered by noon Friday)
 tamborineturf.com.au • tjyore@optusnet.com.au

Tom 07 5543 6133 • Office 0423 924 692

TRIVIA ANSWERS

FROM PAGE 23

1 Taurus, 2 Diamond,
 3 Capricorn, 4 Constasy,
 5 Ruby, 6 Virgo, 7 Cancer,
 8 January, 9 Constantine,
 10 The Chaldaean (the people of modern-day southern Iraq),
 11 Circle of animals,
 12 Ptolemy,
 13 Mystic Meg, 14 Born between one sign and the next,
 15 Queen Elizabeth I and Queen Mary,
 16 Dr Percy Seymour.

LANDSCAPING & MOWING

Dependable Mowing & Kanga Mini Loader Hire

We've Got Your Property Covered!
 Our Advanced Mowing Techniques Reduce Clipping & Leaves • Small To Large Acreage Properties • Fast Zero-Turn Mower Plus Catcher

- 4wd & 6wd Steep Slope Mowers

Professional Lawn Maintenance & Turf Repair
 Topsoil Dressing, Dethatching, Aeration
 Fertilising, Lawn Weed Spraying & Grub Treatment • Soil & Mulch Shifting • Driveways Repaired • Rotary Hoe & Ripper For Garden Beds/Tree Planting • Post Holes & Trenching

All Jobs Done to Budget – Fully insured
Phone/Text Ash – 0430 110 055

MOWING & GARDENING

GREENWOOD PROPERTY MAINTENANCE

- All lawns – small blocks to acreage
- Hedge trimming
- Brushcutting
- Rubbish removal
- Gutter cleaning etc

PHONE JOHN 0431 953 126



PAINTING



ALL SURFACE PAINTING P/L

- Re-paint Specialists
- Specialise in Timber Restoration
- New Projects Welcome

JOHN RYAN
M: 0414 377 474
 E: allsurfacepainting1@gmail.com



VINCENT'S PAINTING SERVICES

- Interior/Exterior Painting
- Roofs & Decks

QBCC 1090914
0409 879 184

Painting Contractors

RESIDENTIAL & COMMERCIAL
Gary 0438 175 069
 Email: garywferigo@hotmail.com

FREE QUOTES • PROMPT SERVICE



QBCC 1001805

PAINTING



Lowrie Painters
 QBCC: 1024341
 Interior – Exterior
 Quality finish – Mountain Local

Call Matt for a competitive quote

0422 948 753

lowriepainters@gmail.com painter-goldcoast.com.au

PANEL BEATER

ALLAN HAYES
TAMBORINE MOUNTAIN
PANEL & PAINT

Mob: 0419 735 874
 Private and insurance work
 Total Car Care

FREE QUOTES PICK UP DELIVERY



WINDSCREENS
 BRAKES
 RUST FOR R.W.C.

1 HAYES RD
 OFF TAMBORINE OXFENFORD RD

PEST CONTROL



EAST COAST building & pest

Your local, trusted, family owned and operated team

- Building and Pest Inspections
- Termite Inspections
- Termite Management
- Pest Control



1300 910 917

admin@eastcoastbuildingandpest.com.au
 www.eastcoastbuildingandpest.com.au

Safe Effective Treatment of ALL PESTS

Termite inspections using the latest technologies: Thermal Image Camera, Termatrac etc., and all aspects of Termite prevention and eradication.

END-A-PEST
 Exterminators

Over 30 Years' Exp.


Fully Licenced & Insured QBCC 15023710

0407 590 790



PHYSICAL THERAPY

**CREATIVE
BODY FLOW**



**Aerial
Yoga
Therapy** **Expressive
Art
Therapy**


NDIS SUPPORTED IN MT TAMBORINE
www.creativebodyflow.com
0431 602 820

PHYSIOTHERAPY

Physiotherapy Tamborine Mountain
& Sports Injury Clinic

Gary Brooks
tel: **07 5545 0500**
16-18 Main Western Rd, Tamborine Mountain

PHYSIQUE PHYSIOTHERAPY



2/10 Main Street, PO Box 102
North Tamborine, QLD 4272

5545 1133
www.physiquehealth.com.au

PICTURE FRAMING & PRINTING

vikingframer.com



(07) 5545 2402 0449 250 545

PLUMBING

**Hot Water Install &
Repairs
Solar, Electric & Gas.**

Trust the family owned local
Best service & price!
Ph: 5539 6820



www.toddsplumbing.com.au

PLUMBING

ALL-WAYS PLUMBING Lic No 745184

Specialising in:-

- Maintenance
- Plumbing
- Roofing
- Draining
- Gasfitting

Ph: Dave Angel at Nth Tamborine
Ph: 5545 2369 all hours
Mobile No: 0419 677 008

COBRA PLUMBING
& Drain Clearing P/L QBCC 73572

Maintenance Services
Renovations • No Job Too Small

Mark: 0419 655 802 Local Resident

POOL SERVICES

**Triple
SL** POOL
MAINTENANCE

25 YEARS
IN THE POOL INDUSTRY

SERVICES OFFERED:

- General domestic and commercial pool and spa servicing
- Pumps, filters, Chlorinators and Heat pump sales, service and installation
- Swimming pool renovations
- Water testing and pool chemical sales
- Mobile one-stop pool shop

RELIABLE, EXPERIENCED AND PROMPT SERVICE

0419 899 129
STEPHEN MAGETTI
FULLY INSURED
QBCC Lic. 1165074

PUMPS

**AJ's Pump Repairs
and Services**

ABN 63 677 153 402



Joe: 0434 965 349
joesvet@bigpond.net.au

**111 Boomerang Road
Tamborine QLD 4270**

BORE PUMPS
NEW OR REPAIRED
Any Brand or Model

- Pump & Bore Cleaning
- Bore Location Divining

David Bragg
30 yrs experience
QBCC 48336 Elect. 130826

Phone or msg **0418 762 282**

REAL ESTATE

Professionals Serendipity
Real Estate



Team – Heleen & Ton
0424 591 011 0424 591 012
heleen@Professionals.com.au Ton.Wolf@Professionals.com.au
5545 5000, 10-12 Main St, Tamborine Mountain
www.ProfessionalsTamborineMountain.com.au

Professionals Serendipity
Real Estate



Linda Hogan
0414 300 558
linda.hogan@professionals.com.au
5545 5000 10-12 Main Street, Tamborine Mountain
5543 6444 2205 Beaudesert-Beenleigh Rd, Tamborine

Property Management

KARAN SHANELLE SARAH



0429 004 840 0447 660 080 0429 001 013
Karan Keinert Shanelle Hadfield Sarah Lewis

Professionals Serendipity
Real Estate

10 - 12 Main Street, Tamborine Mountain, 4272
www.ProfessionalsTamborineMountain.com.au
2205 Beaudesert-Beenleigh Road, Tamborine, 4270
www.ProfessionalsTamborine.com.au

07 5545 4000 07 5543 6444
Mountain Office Tamborine Office

The best team to manage your investment

Professionals Serendipity
Real Estate



Elizabeth Stirling
0400 449 978
elizabeth.stirling@professionals.com.au
5545 5000 10-12 Main Street, Tamborine Mountain
www.ProfessionalsTamborineMountain.com.au

REAL ESTATE

 **Professionals** Serendipity Real Estate



Diane Pihl
0424 653 316

diane.pihl@professionalsserendipity.com.au
5545 5000 10-12 Main Street, Tamborine Mountain
www.ProfessionalsSerendipityRealEstate.com.au

 **Venter Property**



Warren Venter
0432 606 719

warren@venterproperty.com.au
Making real estate easy

 **@realty**



Cherie Todd
0411 466 442

cherie.todd@atrealty.com.au

 **EXCLUSIVE SALE PROPERTIES**



Thinking of
selling?
call me

Now

KONRAD GALLAHER
0435 99 66 44

LOCAL Independent Agent

TESTIMONIAL

WE ARE EXTREMELY GRATEFUL FOR HIS EXCELLENT WORK AND STRONGLY RECOMMEND KONRAD, LEWIS AND LIZ.

30 + YEARS LOCAL RESIDENT
30 + YEARS SALES EXPERIENCE

konrad@exclusivesale.com.au
exclusivesale.com.au

REAL ESTATE

B

BARTLE REAL ESTATE



Louis Bartle
0491 642 980



Jodi Meynell
0412 554 274

louis@bartlerealestate.com.au
jodi@bartlerealestate.com.au

bartlerealestate.com.au

Harcourts Scenic

Scenic Rim Real Estate

scenic.harcourts.com.au
tamborine@harcourts.com.au

07 5543 8525

It is about people,
it is all about you.

RENTALS – HOLIDAY



The Scenic Collection has a selection of the best holiday homes on Tamborine Mountain

Browse all our great offers & accommodation & book online, or call Karan.

07 5545 4000

www.TheScenicCollection.com.au

Last ISSUE for 2022:
DECEMBER 15, 2022

Want to get YOUR business noticed?

0417 238 238

advertising@scenicnews.com.au

ROOFING

Martin Foster

QBCC 57756

Leak Specialists
FOSTERS ROOFING & GUTTERING

Your local Tamborine roofer. Over 35 Years' Exp.
Roofing, Guttering, Leaf Guard, Whirlybirds
Leaks and Maintenance

Ph 0417 748 073 Office 5543 8310
fostersroofingptylt@bigpond.com

AGENCY UNO PTY LTD - Builder
LIC # QBCC 1203987

Repairs and replacement of roof, gutter, downpipes and timber work.

Advise and quote.

Call: **Simon**
Mb: **0422 532 397**

SEPTIC TANK CLEANING

Septic Solutions QLD
Locally Owned & Operated

Pumping & Cleaning of
Septic, Sullage and Holding Tanks
Grease Traps & Sewerage Treatment Plants

PH: Tony 0439 430 242

After hrs: 07 5543 0242

POWER PUMPING
DOMESTIC SERVICES

Treatment Plants Septic Tanks
Sullage Tank Grease Traps
Servicing & Repairs

T 55452692 M 0408633260

www.yoursepticssystem.com.au

SIGNWRITING & AUTO ART

 **Auto Art Signs**
Mountain Resident
Call Chris
0410 058 204
autoartsigns@bigpond.com
GOLD COAST - MT TAMBORINE - CANUNGRA - BEAUDESERT

SHOPFRONTS
CAR, TRUCK, BOAT WRAPPING
VEHICLE SIGNS
LIGHTBOXES
BANNERS
A-FRAMES
DIGITAL PRINTING
BUSINESS CARDS
FLYERS etc
DESIGN

SLEEP & RESPIRATORY TESTING

 **ERSA**
Essential Respiratory & Sleep Australia

SLEEP APNOEA TESTING
Tamborine Mountain

- In-home Sleep Studies
- CPAP Trials
- CPAP and Mask Sales
- Bulk Billing for Healthcare & Concession Card Holders*
- Lung Function Testing available in Southport

248 Beacon Rd
Tamborine Mountain
P: 0466 648 772
www.essentialrespiratory.com

SKIP HIRE

GREENSKIPS
 formerly Tamborine Skips
 (still under same ownership/team)



2-12m³ (cubed) bins
 available, domestic or commercial

Book online or phone: **0421 507 303**
 greenskipsgld@outlook.com | www.greenskipshire.com.au
 Locally owned and operated

STORAGE

ALL TAMBORINE STORAGE

108 MAIN WESTERN ROAD
 TAMBORINE MOUNTAIN
 PHONE 0417 001 536

TELEVISION

JUSTRITE VIDEO SERVICE
 SPECIALIST ANTENNA INSTALLATIONS
 SATELLITE TV AND DIGITAL RADIO
 HOME THEATRE • EQUIPMENT SETUP
 WI-FI • TV, PHONE & DATA POINTS

34 Years Experience **Bruce Howsan** Lic No 71342
 Ph: **5543 8374** Mb: **0438 761 595**

TILING

Tiling
 QBCC LIC. 69815

Adam Sander
0417 616 307

Wall & Floor Tiler
 Servicing the Scenic Rim for 10 years

- New & Renovation Work
- Wet Areas & Waterproofing

Peter Himberg 0412 263 556



QBCC: 56316
 ABN 46 749 809 882

TREE SERVICES

Batchelor & Sons
LAND CLEARING
 STUMP REMOVAL & EXCAVATION

- 24/7 Tree Arborists
- 28+ Years of Experience
- We Care for Your Trees

Call Us 0419 686 908
 Let's talk about your tree care needs!

TREE SERVICES

Tamborine Mtn
Affordable



Tree Service
0418 980 862

Removal & Trimming
 Chipping & Stump Grinding
ADAM ROUTLEDGE

TYRES

TAMBORINE MOUNTAIN TYRES
 4/39 MAIN ST 5545 2111

- AGRICULTURAL
- TRACTOR
- TRUCK
- NEW WHEELS
- TYRE REPAIRS
- FREE TYRE SAFETY CHECK
- FREE AIR IN YOUR TYRES
- WHEELBARROW
- RIDE-ON
- ATV & QUAD
- WHEEL ALIGNMENT
- TUBES

Find us on **Facebook**
tamborinemountaintyres.com.au

VET SURGERY

Tamborine Mountain
 24 Main Street
 North Tamborine
5545 2422
 all hours

Mon-Fri 8am-6pm. Saturday 8am-1pm

Canungra
 Cnr Pine Road
 & Franklin Street
5543 5622
 all hours

Mon-Fri 8.00am-6.00pm. Sat 8am-11.30am

Yarrabilba
 Cnr Wongawallan Dr
 & Adler Circuit
3180 3096
 all hours

Mon-Fri 7am-8pm Sat 7am-6pm
 Sunday 8am-4pm

BALANCE VET

- Housecalls
- Conventional Medicine
- Physical Rehab
- Acupuncture
- Chiropractic

BALANCE VET REHAB **0431 263 728**

WATER SUPPLIES

PONY EXPRESS
MOUNTAIN WATER



Est 1985 - Maurice & Debbie
 Friendly, Reliable Delivery

BSC Approved
7 DAYS A WEEK
 Ph: 5545 3935 or 0417 644 498

Mountain Water Supply
 Qld Pty Ltd



Quality Mountain Water
 100% UV Filtered

Lic. approved by SRRC
 Also Gravels, Sands, Soils
 Roadbase Tipper Hire
 Michael & Odette Johanson
Ph 5545 2225
0407 718 203

WATER TANK CLEANING & REPAIRS

The H₂O Tank Doctor
 THE H₂O TANK DOCTOR
 Lauchlan McConnell
 QBSA 062446 (Est. 1988)
 www.theh2otankdoctor.com.au

- Water Tank Cleaning & Repairs
- Minimum water loss cleaning systems
- Water filtration solution "Roof to Tap"

Servicing all areas • Free quotes & advice most areas
Ph 5545 3693 or 0407 649 659

WEDDING VIDEO SERVICES

Brisbane-based Videography,
 specialising in wedding films that
 capture the natural love
 & laughter of your
 day! Also servicing
 Sunshine Coast &
 Gold Coast regions.
 T&C's may apply



[www.facebook.com/aleishagracefilmphoto/](http://www.facebook.com/aleishagracefilmphoto)
www.aleishagrace.com

WINDOW CLEANING

eco conscious
WINDOW & PRESSURE CLEANING

- Window Cleaning, Inside and Out
- Brush & Vacuum Tracks
- High Window Experts
- Flyscreen replacements
- We use Eco-Friendly Cleaning Solution
- Driveway Pressure Cleaning
- 5-Star Service from Start to Finish

0491 007 155
 admin@ecoconscious.com.au

Last ISSUE for 2022:
DECEMBER 15, 2022

Next DEADLINE:
DECEMBER 9

REGULAR MOUNTAIN ACTIVITIES

BADMINTON Social players, all levels. Mon 6.00pm to 7.30pm at the Vonda Youngman Community Centre (except Public Holidays).

BOOK READERS GROUP meets once a month, new members welcome. Enquiries at TM library.

BOTANIC GARDENS Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

FILM CLUB AT THE ZAMIA. Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

FRIENDS OF TAMBORINE NATIONAL PARK : meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

FRIENDS OF TM LIBRARY Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

MAKERS' MARKET ON THE MOUNTAIN (Tamborine Mountain Arts Collective initiative) 1st Sunday each month (except January). Stallholder, Busker or general enquiries phone Margy Rose 0419 805 456 or email makersmarket.tmac@gmail.com

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

MEDITATION: Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

MEDITATION: Tuesdays 9.30am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. VAll faiths welcome. Contact Barbara 0497 016 178.

MOVIES ON THE MOUNTAIN: Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

RELAXED MIND TAI CHI: Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

ROTARY ON TAMBORINE MOUNTAIN meets every Wednesday night at 6.30pm for 7.00pm start at the Eagle Heights Hotel. New members and visitors welcome. For information, call David on 0419 743 275

SCENIC RIM TOASTMASTERS meet on the 1st and 3rd Thursday of each month, The School of Arts, 3 Pine Street, Canungra. 6:45pm for a 7:00pm start time till 8:30pm. Contact Julia Schafer on 0410 585 425

SINGING 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacappellatamborine@gmail.com

TAI CHI Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

TAMBORINE MOUNTAIN COMMUNITY CARE ASSOCIATION: Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

TAMBORINE MOUNTAIN COMMUNITY KINDERGARTEN FREE FRIDAY NATURE PLAYGROUP from 9-11am 23 Coleman Square North Tamborine

TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS), a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

TANGO CLASSES: Tango and salsa classes: every Monday night at the Zamia theatre. Salsa for beginners from 6.30-7.30pm and tango for experienced from 7.30-8.30pm. Cost

is \$30 per couple or \$20 pp. Contact Alejandro at 0413 595 275.

TM ARTS COLLECTIVE: Artists, Musicians, Performers, Artisans, Patrons - Meetings and Pot Luck Dinners held monthly. All welcome. For details contact: Guy Ritani 0477 795 734 or email tmtnarts@gmail.com

TM BOWLS CLUB: 6-12 Beacon Rd: Wednesday and Friday Social Bowls from 2pm, meet bowling members in a relaxed setting. Saturday competition Bowls at 1pm. New members welcome at the Club or email: tambowls@bigpond.net.au

TM BRIDGE CLUB Beginner Lessons every Thursday Morning 10am. Contact Sheila 0407 451973. Also sessions Mon 6pm, Wed 1.30pm, Thu 1pm, Fri Social 1pm at TM Bridge Club Sports Ground 400 Long Road. tmbridgeclub.org.au

TM CHAMBER OF COMMERCE: 2nd Wed. of month. Phone 5545 0944 Email: info@tamborinemountainchamber.com.au

TM COMMUNITY KINDERGARTEN ASSOC meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities **MONDAY** 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st,3rd,5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture & Pottery **TUESDAY** 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) **WEDNESDAY** 9.00am-12.00 noon General Craft, Bridge – 12.30pm - 4.30pm, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). **THURSDAY** 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) **FRIDAY** 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong **SATURDAY** 1.00pm-4.00pm Yarners

TM CROQUET CLUB: Monday and Thursday mornings 8.30 on our green at Club Tamborine. Free coaching, new members always welcome to join us. Ph: Heidi 0488 440 296

TM FAMILY HISTORY GROUP Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Sharon on 0401 830 358

TM GARDEN CLUB: Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. BYO morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome. email: tamborinemtngc@gmail.com mobile: 0417 623 023

TM GOLF CLUB is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

TM HISTORICAL SOCIETY – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

TM LANDCARE: Volunteering opportunities: Forest Regeneration Work: Judith Roland - 0429 808 206 for details; Helping at the Piccabeen Bookshop - 0403 783 757 during office hours

TMLETS: Join at Community Exchange System www.ces.org.za . Enq. 5545 3776.

TM LIONS CLUB Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld.lions.org.au/

TM LITTLE THEATRE: Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play

readings & social events, movie club events. New members welcome. Cath Buckley President www.tmlt.com.au.

TM LOCAL PRODUCERS ASSOC. (The Green Shed) sells local produce, plants & flowers every Sunday, 6.30–11am at 378 Main Western Rd (next to TM Showgrounds)

TM MEN'S SHED: Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday, Thursday, and Saturday from 8:30 am to 12:30 pm. New members welcome. To find out more, drop in for morning tea and a chat or call our President on 5606 8367 or check out our web page at www.tmmensshed.com

TM NATURAL HISTORY ASSOCIATION: Birdwatchers – For further info call 5545 0995. **TM BUSHWALKERS,** find out about us on the TM Natural History Association website. New members welcome. Enquiries: 0439 869 125 or 0478 414 892. www.naturalhistory.org.au.

TM NETBALL CLUB. Visit our website: www.tamborine-mountain-netball.square.site

TM ORCHESTRA rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is Tamborine Mountain State High School at Holt Rd. New players always welcome. For more information, phone Danielle on 0423 210 949. Check us out on our website www.tmo.org.au; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine www.tmpcq.org.au Sunday Morning Service 9am (including kids church) and Evening Service 5pm (including kids church). Playgroup: Tuesdays 9.30am for 0-5 years. Youth Group: Fridays 4-6 pm for Years 7 – 12. Enquiries: dave.mugridge@tmpcq.org.au | www.tmpcq.org.au BARGAIN CENTRE: Tuesday to Saturday opens 8am – 12 noon (rear of the Presbyterian Church).

TAMBORINE MOUNTAIN COMBINED PROBUS CLUB INC. meets third Wednesday each month at 9.15 for 9.30 start The TM Combined Probus Club invites semi-retired and retired men and women to join our social club for fun, fellowship, and friendship. Meetings are at the Bridge Club, Sports Centre, 400 Long Road Mt Tamborine. President: Pauline 0414 349 264

TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB): Join like-minded retired and semi-retired men for fun activities at Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 3rd Wednesday of the month at 10am. Contact Bob Hepple on 0411 776 888 for details of next meeting.

TM PROGRESS ASSOCIATION: 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

TM RSL Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning President Phil Hunter 0419 662 961.

TM RUGBY: Training Monday and Thursday 3.45pm- 5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

TM TENNIS CLUB: Social tennis from 6.30pm Mon, 7.00am Tue, 6.30pm Wed and 3.00pm Sun. Ladies from 7.00am Fri. Fit Hit (cardio) 6.30pm Tue. For all sessions, no need to book, just turn up. 88 Beacon Rd North Tamborine. Contact Henry Rich 0477 775 671

TM WRITERS GROUP: Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

UNIVERSITY OF THE THIRD AGE (U3A). An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info please access our website www.u3atamborinemountain.com

YOGA: For beginners to advanced students: Hatha, Tantra and Nada Yoga. Tues 9.30am, Sat 9am at the Zamia and Wed 6pm Creative Arts Centre. Margot Wagner 0428 137 391

ZUMBA GOLD: Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – TamborineMountainZumba@gmail.com



Serendipity Property Management

Looking for the **BEST** management team to manage your investment?

Call us

We would love to help you.

You'll be in great hands all year round!

CONTACT OUR RENTAL TEAM

Karan Keinert 0429 004 840
Ashleigh 0428 654 000
Shanelle 0447 660 080
Sarah Lewis 0429 001 013



SOLD - - - 4,279m²

53 Parkside Parade, Wongawallan

Congratulations to the new owner of this very unique property tucked away in a quiet cul-de-sac in the Timberview Estate.

Rachel has been searching for several months to find the right place to build, and after some negotiating on price was able to secure it for her future dream home.

Well done Rachel!

Interested in a current market report & value of your property? Call for a complimentary one!

AGENTS:

Barry Chick
0418 876 191



We are proud supporters of The Kids' Cancer Project



Hospital can be scary for children but you can give them a cuddly friend so they never feel alone or afraid during their treatment. We donate bears, buy bears and gift bears. Bring cuddles to a sick child this Christmas www.thekidscancerproject.org.au/our-bears