

Scenic

# News

Tamborine Mountain, Canungra, Tamborine, Beechmont, Beaudesert, Cedar Creek, Boyland

*Celebrating 64 years  
of unbroken publication...  
[www.scenicnews.com.au](http://www.scenicnews.com.au)*

## ROTARY CAR SHOW THIS SUNDAY 7th



*This year's Tamborine Mountain Car Show at the 400 Long Road Sports Grounds will be one of the biggest automobile attractions in South East Queensland for motoring enthusiasts, as well as a great family day out to enjoy the show vehicles, music, market stalls and food vans. Story page 8*



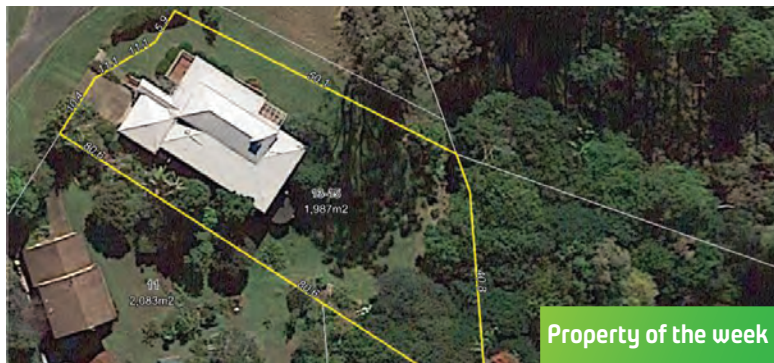
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★ **WARM HEATERS** ★  
★ **HOT SAUCES** ★

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5PM - 8PM  
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Property of the week

**SALE** 🛏️ 3 🛁 2 🚗 2 🏠 1,987m<sup>2</sup>

**Classic design is timeless...**

**\$1,295,000**

**13-15 Cade Avenue, Tamborine Mountain**

- Beautiful Stegbar Cedar doors and windows
- Distinguishing architectural features
- Desirable North/East position
- Double lock-up garage with automatic doors
- Quiet Cul-de-sac with plenty of space

**AGENTS:**

Linda Hogan 0414 300 558  
Elizabeth Stirling 0400 449 978



Property of the week

**SALE** 🛏️ 2 🛁 2 🚗 5 🏠 2,291m<sup>2</sup>

**Gardener's delight**

**Offers over \$1,200,000**

**40 Sierra Drive, Tamborine Mountain**

- Practical layout with separate living areas, lounge room plus TV family room opening to fabulous enclosed patio
- 2nd enclosed patio opens from dining area
- Fully fenced, workshop/garage "men's shed"
- Shade house, fruit trees, caravan parking

**AGENTS:**

Barry Chick  
0418 876 191



**PROPERTY MANAGEMENT**

**Short and long term rentals**

Looking for the BEST management team to manage your investment?

You'll be in great hands all year round!

We would love to help you

Call us...

Mountain 5545 4000/ Tamborine 5543 6444

**OPEN HOMES Sat 6<sup>th</sup>**

- 10 - 10.30 89-95 Palomino Dr, Tamborine
- 10 - 10.30 49 Landman Court
- 10.30 - 11.15 4-20 Witherby Crescent
- 11 - 11.30 9 Makalu Court
- 11.30 - 12 15 Tolima Drive
- 12 - 12.30 33 Corypha Court
- 12.15 - 1 12 Magnetic Drive
- 1 - 1.30 26 Justin Avenue
- 1 - 1.45 13-15 Cade Avenue
- 2 - 2.30 11-15 Romana Court

**OPEN HOMES Sun 7<sup>th</sup>**

- 11.30 - 12 3 Howard Creek Pl, Wongawallan



**Seller Review: 7-13 Hartley Rd**

My sincere thanks & gratitude to Elizabeth who went above and beyond, to market and sell my home. She kept me informed every step of the way, with up to date reports, always contactable.

Nothing was too much trouble!



**AGENTS: Elizabeth Stirling**  
0400 449 978



**SALE** 🛏️ 6 🛁 2 🚗 10 🏠 5 acres

**89-95 Palomino Road, Tamborine**

- Sought-after location, built to a very high standard, layout ideal for a family
- 2 separate bedroomed areas with kitchen/ lounge area as the central hub of both
- Covered outdoor area, 2 dams, fenced

**Contact agents**

**AGENTS:**

Linda Hogan 0414 300 558  
Charmaine 0460 444 100



**SALE** 🛏️ 4 🛁 2 🚗 2 🏠 1,002m<sup>2</sup>

**12 Magnetic Drive, Tamborine Mountain**

- Truly a one off, individually designed and built by original Scandinavian owners
- Balcony off the main bedroom provides excellent views of the Gold Coast
- Unlike anything else around

**\$850,000+**

**AGENTS:**

Barry Chick  
0418 876 191



**SALE** 🛏️ 3 🛁 2 🚗 2 🏠 1,012m<sup>2</sup>

**99 Guanaba Road, Tamborine Mountain**

- Luxury home with spectacular views
- Brand new kitchen with stone bench tops and European appliances
- Media room for cinema experience
- Low maintenance block

**Serious offers considered**

**AGENTS:**

Lisa Patrick  
0407 642 444



ProfessionalsTamborine.com.au

2205 Beaudesert-Beenleigh Rd, Tamborine 4270

ProfessionalsTamborineMountain.com.au

10 - 12 Main Street, North Tamborine 4272



# AND... THEY'RE OFF ON THE GOAT TRACK

Nearly 600 days ago, Tamborine Mountain Road (known locally as the Goat Track) was lost as a vital connection between Tamborine Mountain and Canungra after being

closed by a huge landslide in December 2020. Earlier this week, it was re-opened to through traffic (as of midday, Monday 1 August 2022).



*Photos: (top) The first wave of cars heading down the Mountain included locals (below) Kitty French McClean and Sandy Baillie, keen to reacquaint themselves with some of the Canungra businesses that had been isolated over the past 20 months. The first wave of cars coming up from Canungra included former local councillor Nigel Waistell.*

*The difficult engineering works, undertaken predominantly by SEE Civil from Helensvale included thousands of steel bolts, cables and netting to help stabilise the rockface. Photos G. Ellen*

*(at right) Some of the tens of thousands of tonnes of rock in mid-December 2020 that had to be removed before stabilisation of the mountainside and repair of the road surface could take place.*



## WE OFFER:

- Weekly community newspaper
- 7100 distributed - to home letterboxes, and to local businesses
- Get your ad in front of more than 20,000 readers each week
- Free online exposure, and online advertising opportunities
- Modern website - great visibility for you
- Social media coverage included with your advertising

#scenicnews +  
[facebook.com/scenicnews](https://www.facebook.com/scenicnews)

- Tall A4 size - standout exposure
- High quality gloss print
- 63 years of unbroken publication!
- We cover Tamborine Mountain, Canungra, Tamborine, Cedar Creek & surrounds - bulk drops in Beaudesert

**Looking to advertise - reach a bigger audience - have a story to tell?**

**Call today!**

**Advertising:**

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**0432 827 537**

[info@scenicnews.com.au](mailto:info@scenicnews.com.au)

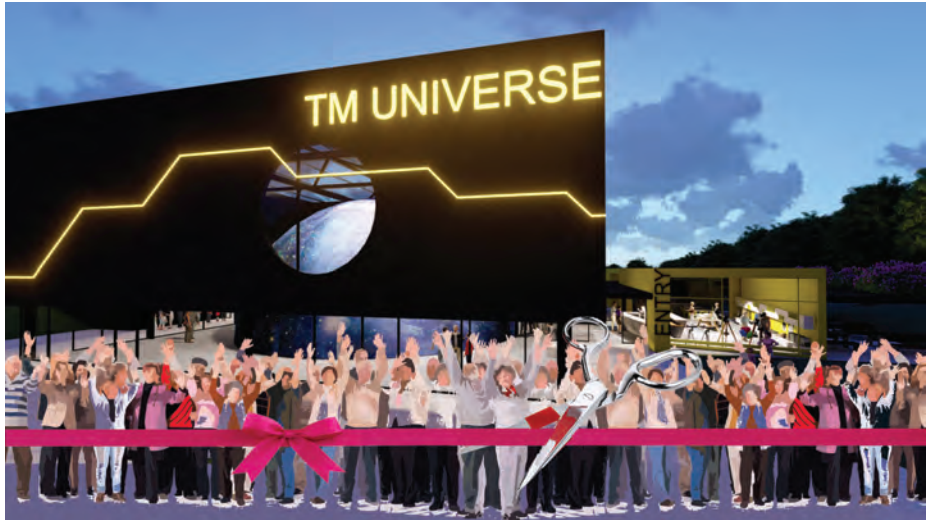
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# TM UNIVERSE NOW FURTHER ELEVATED



***“We think you’re one of the region’s high-potential impact-led enterprises.”*** This summarises the reason why Tamborine Mountain Universe has been selected as one of only twenty enterprises in Queensland to join a four-month active support and networking program called *Elevate+*. ***“You were selected in a highly competitive field”***, said Sarah Ripper, Program Manager, Impact Boom, the enterprise running the program which is fully sponsored by the Queensland government.

Specifically, the fact that local residents invested almost one million dollars for TM Universe’s land purchase was considered a great achievement. Also, the submission of the Development Approval and the resilience of our team and organisation to have already taken the project this far, were considered positive factors. ***“If you are willing to join with a ‘give first’ attitude and put in the hard work, then Impact Boom is here to help you develop your impact enterprise to give it a strong chance of success.”*** Our team has accepted the offer and we will contribute to weekly sessions at Griffith University, and to the twelve digital modules.

### **MONDAY 8 AUGUST, 5.30 FOR 6PM: TM UNIVERSE GENERAL MEETING**

The Board of TM Universe Association invites our members (and guests) to the general meeting next week, where the progress of the project, both hurdles and achievements will be discussed, and a special presentation given about the James Webb Space telescope.

The ongoing astronomy course ‘Aiming for the Stars’ will continue on 13 August, with two sessions in September and October scheduled as well. 1 October and 8 November will be Outdoor sessions for members, both focused on the Moon. Because of the interactive nature of the meeting, you are asked to bring your mobile phone with you.

Please consider becoming a member of TM Universe. If you are not familiar, our vision: ***“A ‘Southern Hemisphere First’ full sphere Planetarium; a high-tech science centre, a theatre, and a replica of the former Tamborine Mountain observatory. TM Universe will provide an immersive astronomical learning experience to knowledge seekers, and will be visually exciting in a self-sustaining eco-system. It will be a state of the art scientific and educational experience. This exciting new hub, focusing on the universe and space, will explore Life in the Universe (‘Are we alone?’), the latest in Australian space research, as well as Indigenous Astronomy. We hope to receive half of the number of visitors as students. The precinct will be carbon-neutral and fully owned by the local community in the form of a not-for-profit Social Enterprise. Profits will be used to reach out to children in remote and rural areas to improve their access to our Science.***

***“TM Universe is not yet another drop in the ocean, but an entire ocean in a drop.”*** Please join our unique journey: [www.tmuniverse.com.au](http://www.tmuniverse.com.au)

**Jaap Vogel**  
**Ph 0473 818 908**  
[president@tmuniverse.com.au](mailto:president@tmuniverse.com.au)

# EXCEEDING RATING AWARDED TO TAMBORINE MOUNTAIN COMMUNITY KINDERGARTEN

Tamborine Mountain Community Kindergarten has received the Exceeding rating by the Australian Children's Education and Care Quality Authority (ACECQA), the highest rating a service can achieve under the National Quality Framework. There are seven quality areas the kindergarten needed to meet and excel at including Educational program and practice, Children's health and safety; Physical environment; Staffing arrangements; Relationships with children; Collaborative partnerships; Governance and leadership

Our little community kindy has been recognised for its collaborative partnerships with professional and community organisations, and inclusive partnerships with children and families that celebrate our environment, culture and diversity. It was also recognised for its community culture and organisational values, commitment to supporting its educators, and practice and environments that enhance children's learning and growth.

## Examples of an exceeding practice at the service include:

- Inspiring a love and respect for our ecological biodiversity through traditional learning but also through our beautiful natural outdoor play areas, growing vegetables and native plants, excursions to Numinbah Valley educational centre and to the Knoll to explore our amazing surroundings.
- Inspiring the children, families, community members and the wider sector to explore First Peoples' knowledges and culture. The service helps to ensure their positive impact reaches beyond the children and families who access their service.
- Community benefits in holding an external free playgroup that is open to all Mountain locals.
- Promoting the agency of our children. Our qualified educators consistently and respectfully respond to each child's ideas and play to facilitate and extend each child's participation, learning and development. Our teachers promote the agency of each child, and support them



to make a range of choices and decisions to influence events and their world.

TMCK has taught generations of Mountain kids! For over 40 years, our aim has been to create a safe, supportive and nurturing learning environment where our local children can reach their full potential and we are very excited this has been formally recognised.

TMCK is currently enrolling 4-year-olds for our 2023 program and invites the community and families to our Open Day on Sunday 21 August 2023.



*Is your child starting school in 2024? Get them ready in an inclusive and beautiful nature based learning environment unique to the mountain.*

**Tamborine Mountain Community Kindergarten**  
invites you to its

# OPEN DAY

Sunday, 21st August 2022  
9.30 - 11.30

*Including a bake sale and sausage sizzle. Come and Play!*

We have taught generations of mountain kids! For over 40 years our aim has been to create a safe, supportive and nurturing learning environment where our local children can reach their full potential. We are a not-for-profit community kindergarten for 4 year olds preparing them for primary school.

23 Coleman Square North Tamborine QLD 4272  
(07) 5545 2224 | [staff@tmckindergarten.org.au](mailto:staff@tmckindergarten.org.au) | [www.tmckindergarten.org.au](http://www.tmckindergarten.org.au)



# LOCAL FIRES NEED YOUR HELP TO RAISE AWARENESS

As some of you may have seen, the World Health Organisation has recently declared firefighting as a cancer-causing profession.

Unfortunately, to many firefighters this has been a reality for many years. Firefighters are more likely to get cancer than the general public.

This year, the Firefighters Cancer Foundation Australia (FCFA) is holding a stair climb to not only raise awareness, but also much-needed funds to support firefighters who have been diagnosed with cancer.

A team from the local Tamborine Mountain Fire and Rescue Station (The Tamborine Mountain Firecrackers) which includes (pictured at right) James Croak, Kristi Leigh West and Mark Doble, will be participating in the stair climb at the Rhapsody Resort on the 24th of September. They will be climbing 41 flights of stairs in full firefighting gear, including a breathing apparatus set.

They need help to reach their fundraising goal and more... If you would like to donate to this amazing cause, you can do so with the QR code at right.



## Council Notices

SCENIC RIM  
REGIONAL COUNCIL

### LIBRARIES

Visit [scenicrim.qld.gov.au/libraries](http://scenicrim.qld.gov.au/libraries)

#### DIGITAL DAYS TECH HELP SESSION

Tech help sessions. Bookings required. Contact your local library for details.

**Canungra** | Mondays  
**Boonah** | Wednesdays  
**Beaudesert** | Tuesdays  
**Tamborine Mountain** | Thursdays

#### STORYTIME SESSIONS AT THE LIBRARIES

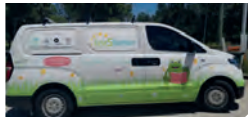
Bookings are essential as space and number limits apply.

**Beaudesert** | Tuesday 9.30am | Wednesday 9.30am  
**Boonah** | Monday 10am | Friday 10am  
**Tamborine Mountain** Storytime for two to five-year-olds | Monday 9.15am  
Baby Rhyme Time for babies to two-year-olds | Friday 9.15am



#### OUTREACH STORYTIME IN THE PARK

**Beaudesert** | Thursday 11 August | 9.30am  
**Beaudesert Unyah Jarjun Mununjali** | Tuesday 6 September | 10am  
**Beechmont** | Thursday 1 September | 9.30am  
**Canungra** | Wednesday 10 August | 9.30am  
**Kalbar** | Thursday 18 August | 9.30am  
**Rathdowney** | Wednesday 7 September | 9.30am  
**Tamborine Village** | Tuesday 9 August | 9.30am



#### SPECIAL INTEREST GROUPS AT TAMBORINE MOUNTAIN LIBRARY

**Busy Fingers Knitting Group**  
Tuesdays | 1.30pm - 3.00pm  
**Poetry Group**  
Third Thursday of the month | 10am



#### JUSTICE OF THE PEACE VOLUNTEERS

Have your routine legal documents witnessed or certified by volunteer JPs or CDecs at the library on these days:

**Beaudesert** | Saturdays | 9.30am - 11.30am  
**Boonah** | Thursdays | 11am - 1pm  
**Tamborine Mountain** | Monday, Wednesday, Friday | 10am - 12pm

### LIVE AT THE CENTRES

Exhibitions, Performances, Movies, Workshops, Functions and Events

#### Join in Boonah Cinema's GALA REOPENING

**Friday 5 August** | 6pm | Boonah Cultural Centre | Adults \$10; Conc \$7.50



Take your seat and strap in for an evening of high-octane excitement, with the roar of jets over our new speaker system, as we celebrate the opening of our refurbished cinema with a special screening of Top Gun: Maverick (M). Tickets are limited and include a drink and canapes on arrival.

#### Special launch weekend screenings of Top Gun: Maverick (M)

**Saturday 6 August** | 10am, 1pm, 5pm | Boonah Cultural Centre  
Adults \$10; Conc \$7.50



### Life in Focus

Merging two diverse exhibitions,  
*When A Tree Falls* by Donna Davis, and premiering  
the *Scenic Rim Story Marker Trails* project.

Until Saturday 13 August | The Centre Beaudesert  
Free entry | Check the website for gallery hours.

#### ARJ BARKER COMES CLEAN

(Ages 16+)  
**Saturday 13 August** | 8pm  
The Centre Beaudesert



#### ROMAN RUDNYTSKY Piano Recital

**22nd Australian Concert Tour**  
**Friday 26 August** | 7.30pm  
Boonah Cultural Centre



See the full cultural program and event details  
at [liveatthecentre.com.au](http://liveatthecentre.com.au) or phone 5540 5050





**ARE YOU THINKING OF  
RENTING YOUR PROPERTY?**

## RENTAL

We need rental properties to fill the demand

- We have a shortage of rentals on the Mountain, in Tamborine, and surrounding areas
- Are you interested in an investment appraisal?
- Looking for new Property Managers?
- We offer complimentary appraisals for sales and rentals

If you are thinking of renting, or just curious, we would love to help you

### AGENTS:

Karan Keinert 0429 004 840  
Shanelle 0447 660 080  
Sarah Lewis 0429 001 013



## SOLD

4 2 4 6,996m<sup>2</sup>

**7-13 Hartley Road, Tamborine Mountain**

Might be leaving a property, but not the Mountain!

Congratulations Lorraine. I hope you enjoy your new home. At least you're not leaving behind all of your friends. To our buyers, Shane & Simone. You may have left behind the cattle farm, but at least you will still have the rural lifestyle. All the best to you all.

Interested in a current market report & value of your property? Call for a complimentary one!

### AGENTS:

Elizabeth Stirling  
0400 449 978



## Premium Property



4 2 6 2,291m<sup>2</sup>

**40 Sierra Drive, Tamborine Mtn**

**Gardener's Delight!**

There are some truly magnificent gardens on the mountain, and this is certainly one of the best I have seen.

- Perfect layout with separate living areas, modern kitchen as the hub of the home and family room opening to one of two patio areas
- Covered patio opens off dining room leading down a path to the double garage
- Separate double garage/workshop at the rear of the property
- Solar energy and gas hot water system to minimize electricity costs
- Fully fenced, refurbished roof and shade house
- All tucked behind security entrance gates



### CONTACT AGENT:

**Barry Chick**  
barry.chick@professionals.com.au  
0418 876 191

### FOR SALE:

**\$1,200,000+**

07 5543 6444

ProfessionalsTamborine.com.au

2205 Beaudesert-Beenleigh Rd, Tamborine 4270



07 5545 5000

ProfessionalsTamborineMountain.com.au

10 - 12 Main Street, North Tamborine 4272

# ROTARY CAR SHOW IS ON THIS SUNDAY

This year's Tamborine Mountain Car Show at 400 Long Road will be one of the biggest automobile attractions in South East Queensland for motoring enthusiasts, as well as a great family day out to enjoy the show vehicles, music, market stalls and food vans.

## FOR THE PUBLIC

Grounds will open to the public from 8am Sunday morning. There will be plenty of off-street parking within the grounds, and parking will be co-ordinated by members of our local Tamborine Mountain Cadet unit. Please follow their directions on arrival for parking. Speed limit within the grounds is 10kph. For the general public, entry will be \$10 per adult (Children 16 years and under are free). EFTPOS facilities will be available at the gate entrance or if you prefer, you can pay by cash. The event is also dog-friendly.

## FOR SHOW VEHICLE OWNERS

The Car Show will have several different categories on display – these being Antique, Vintage, Classic, Custom, Electric, Muscle Cars and Bikes. Thanks to our sponsors, we have prize monies totalling over \$2500 to give away. The grounds have asphalt for most of the display cars and the show is expected to wrap up around 1.30pm following Award presentations at 1pm.

If you have a Show Vehicle and want to display it, you are welcome to register for a spot as we still have some space left, so get in and register your show vehicle now...

Please complete the registration process to secure a

space and go into the draw for judging and prizes. This process helps Rotary organise the car types/clubs into their categories prior to the event. This online registration process can be accessed by scanning the QR Code on the adjacent advertisement. This should only take a minute to do, and once submitted, you will get confirmation that Rotary has received it. If a person wishes to display more than one vehicle, please complete this process for each Show vehicle. You will then be sent a payment link within 24 hours so you can pay the \$5 per Show vehicle (which includes the Show Car driver/rider entry only) or advise Rotary that you intend to pay on entry (EFTPOS or Cash) on the day. The grounds will open at 6.30am for show/display cars and bikes.

The weather forecast is looking good for the 7th of August so get in and complete the registration process by the 4th of August.

The Market Stall Holders as well as Food/Coffee vans will be setup prior to public access from 8am.

Rotary as a Charity will direct all funds raised from this event directly back into the community, supporting schools and youth development, sports clubs, and other community groups.

For additional information, contact Dave Power on **0419 743 275** or email [dpo90748@bigpond.net.au](mailto:dpo90748@bigpond.net.au)

This event is being sponsored by our major sponsor Eagle Heights Hotel and as well as sponsors Tamborine Mountain Auto Clinic, Carlo's IGA, Scenic Rim Council and Skywalk.



## MEALS ON WHEELS ROSTER AUGUST FRIDAYS 2022

|      |   |
|------|---|
| 5th  | Keith ATTWOOD<br>Pam FRANKLIN                 |
| 12th | Cath BUCKLEY<br>Athol & James MCDONALD        |
| 19th | Harry O'NEILL<br>Stephen FORBES & Lauren VENN |
| 26th | Tanya JOHNSTON-HIRD<br>Helen STAFFSMITH       |

## TAMBORINE MOUNTAIN BRIDGE CLUB RESULTS

### Monday (25-Jul-22)

|      |        |  |
|------|--------|--|
| NS 1 | 59.72% | Laurene Hassard - Eddie Heinemeyer     |
| NS 2 | 49.60% | Alex Hood - Ashley Anderssen           |
| NS 3 | 45.63% | Pam Warrell - Gayle Donaldson          |
| EW 1 | 61.11% | Cheryl Finlayson - Sheila Irvine-Brown |
| EW 2 | 52.38% | Heike Edrich - David Donaldson         |
| EW 3 | 47.42% | Ernie Andrews - Wendy Christie         |

### Wednesday (27-Jul-22)

|   |        |                                   |
|---|--------|-----------------------------------|
| 1 | 70.83% | Denise Merrin - Cheryl Finlayson  |
| 2 | 61.11% | Lindy Williams - Eddie Heinemeyer |
| 3 | 54.63% | Peter Zaremba - Ann Zaremba       |

### July Eclectic Monthly Wed

|   |        |                     |
|---|--------|---------------------|
| 1 | 60.56% | Eddie Heinemeyer    |
| 2 | 59.00% | Lindy Williams      |
| 3 | 57.89% | Kevin Hamilton-Reen |
| 3 | 57.89% | Mary Simon          |

### Thursday (28-Jul-22)

|   |        |                                  |
|---|--------|----------------------------------|
| 1 | 63.19% | Denise Merrin - Cheryl Finlayson |
| 2 | 56.94% | Heike Edrich - Carole Cooke      |
| 3 | 55.56% | Bill Larcombe - Di Larcombe      |

We have sessions Mon, Wed, Thu, Fri at TM Bridge Club Sports Ground, 400 Long Road. Contact Denise 0444 592189 for info else come to Friday Social Session 1.15pm. Beginners and Visitors are welcome. [tmbridgeclub.org.au](http://tmbridgeclub.org.au)





# Tamborine Mountain Car Show



## Sunday 7th August 2022

Bring your family & enjoy viewing hundreds of

**ANTIQUE, VINTAGE, CLASSIC, ELECTRIC,  
CUSTOM & MUSCLE CARS + BIKES**

Tamborine Mountain Sports Centre - 400 Long Road, Tamborine Mtn.

**THIS SUNDAY  
7th August**

Grounds open at 6.30am for Show Cars / Stall  
Holder / Food Vans and 8.00am for the General  
Public

**\$2500+ in Prizes for Show Vehicles**



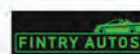
Scan QR link to Register  
your Show Car now



Major Sponsor



Sponsors





# JON KRAUSE MP

State Member for Scenic Rim

## THE WELLCAMP 'WHITE ELEPHANT' QUARANTINE CENTRE

Last week I mentioned the \$40 million wasted on 12 people's hotel quarantine costs by this Government – a huge waste of \$3.3 million per person, uncovered by the LNP in carrying out our job of holding this Government to account. In doing so, I mentioned only briefly the reported cost of the Wellcamp Quarantine Facility near Toowoomba that was supposed to end all hotel quarantine (it didn't, but that's another story).

I say "reported" because, at that time, the Government was still refusing to detail the actual costs, citing dodgy "commercial in confidence" reasons for keeping Queenslanders in the dark. Fast forward to this week, and things have changed. We saw the Auditor-General announce in Parliament last week, following requests from David Crisafulli and the LNP, that they were launching an investigation into this facility and its cost, and then on Wednesday last week the Deputy Premier swallowed hard and read a statement to Parliament that lays out the \$238 million cost of Wellcamp (it could yet be more). I was there and couldn't believe he was actually doing it – after both he and the Premier claimed for nearly a year that it was "commercial in confidence." What changed? And so quickly? Was it a sudden change of heart? A pang of conscience?

This Government cares more about how things look than how they actually are, and I've no doubt this sudden turn of accountability is more about trying to end the negative stories than anything else. The Auditor-General will now examine this project, which never went to open tender, and which gave the Wagner family (that's who will own it – the State is only leasing it right now) a 1000-bed facility paid for by Queenslanders. The Auditor-General will examine the operations of a facility where only about 700 people have stayed. The average cost per stay is well over \$300,000 per quarantine visit, an amount which I can't find words to describe. It's just unspeakably bad value. The Government cannot claim this cost will come down in the long-term – because Queenslanders don't own it, so there is no long-term when it comes to this white elephant. Back in the 80s, Kerry Packer said you only get one Alan Bond in your lifetime when he sold a network to Bondy and then bought it back for less than what he sold it for. Let's hope, for Queensland's sake, that there's only one "Alan Bond" in government for a very, very long time.

This waste of money is criminal, and more so in the face of this Government penny-pinching on so many essential items – like school bus routes for our kids in Scenic Rim Electorate, on road maintenance on the Mountain and the despicable road known as Beaudesert Nerang Road, on National Park maintenance and hospital services across Queensland. We must do better to bring the best future for everybody. We must end this era of waste and dereliction of duty by Labor in Queensland.

### SCENIC RIM ELECTORATE OFFICE

You can contact me by phone, toll-free, on **1800 813 960**, or email [scenicrim@parliament.qld.gov.au](mailto:scenicrim@parliament.qld.gov.au), so I can lobby on your behalf. In an electorate as large as the Scenic Rim, there are lots of issues and I appreciate your feedback that helps me do my job as well as possible.

ADVERTISEMENT



**Jon KRAUSE MP**  
Member for **Scenic Rim**

*Fighting for our fair share*

07 5515 1100  JonKrauseMP

Authorised by J.Krause, 91 Brisbane Street, Beaudesert QLD 4285.



Photo: Keer Moriarty, Canungra Times

I caught up with Kelly from Canungra on the Goat Track on Monday morning, and heard how the re-opening will save her so much time each day, in her business and on the school run. There would be hundreds of similar situations, if not more, for people who live around Canungra and Tamborine Mountain, and I know people will be very happy to see it open again.

It's been a long haul since the road was closed, and I thank you all for your patience. It was hard and sometimes dangerous work to fix the road. Appreciate the abseiling skills of the workers who put in the steel rods, and who made safe the dozens of rocks that had to be removed from the hill, some weighing hundreds of tonnes.



07 5545 2522



Here is something to smile about: Mention this ad, and your check-up, clean and x-rays procedure is only \$200 (limited time only).

Tamborine Mountain Shopping Square  
17-27 Main Western Road, North Tamborine  
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# EXHIBITION THAT ILLUSTRATES THE ENDURING CHALLENGE OF CHANGE

The constancy of change and the capacity of individuals to respond to its challenges is explored in Scenic Rim Regional Council's next exhibition, *Enduring*.

Combining two sensitive exhibitions, *Nature of Change* by Bonny Shore and *Imagined Worlds* – inside out by Janine Healy, *Enduring* will be opened at The Centre Beaudesert on Saturday 20 August by Scenic Rim Mayor Greg Christensen.

"Both artists' works offer unique perspectives of human emotion, identity and resilience in the face of extreme personal change, both physical and environmental," he said.

"We live in a rapidly changing world and the underlying theme of the *Enduring* exhibition, which celebrates our resilience and capacity to cope, is that the only constant in life is change.

"Through two very different exhibitions, using materials as diverse as textiles and x-ray films and techniques including embroidery and laser-cut timber collage, we see the artists' responses to the challenge of change in their own lives and in the world around them."

Scenic Rim artist Janine Healey has taken self-portraiture into another dimension, combining x-ray films overlaid with images and paintings of landscapes and plants to consider the internal and external environments.

Some 30 years of medical procedures, including a two-level spinal fusion, left her with 'a mountain of imaging' in the form of x-ray films and CT scans and a fascination for science which has enabled her to move, change, adapt and grow.

Through a physical and emotional journey, Janine became intrigued by the mechanics of the structure of pedicle screws, wire cages and bone grafts embedded within her and how quickly these foreign objects became one with her 'frame'.

"It revealed to me, too, how nature adapts and takes over, and I was reminded of seeing trees engulf fence posts and barbed wire and how saplings often swallow up the supports that assisted their growth," she said.

"This series of portraits tastefully explores the artist from the inside out. It's a story of survival, of partnering with science for a positive outcome."

Beaudesert-born artist Bonny Shore has also experienced a life of changes, beginning with her family's move from the Scenic Rim to Wynnum, overlooking Moreton Bay, after which she spent 20 years in outback Queensland, where her children were born.

After many years in tropical Queensland, she has returned to the Scenic Rim area of northern New South Wales and, through her work, has established her identity as a carer, partner, professional, creative woman and artist.

"As a springboard from domestic, utilitarian stitching - once part of the female 'Domestic Sciences' - I work primarily with textiles and print, layering fabrics and papers to create artworks, stitched with motifs about identity, journey, place, and current environmental changes, searching for answers and theories," Bonny said.



"Art, like science, seeks meaning, answers, and solutions to the questions of life and change.

"My intention is for others to consider identity and place, and seek solutions to changes in their own lives and place, society, and the wider environment."

Members of the Scenic Rim community are invited to the free exhibition launch event on Saturday 20 August, which includes morning tea from 10.30am, and to meet the artists who will be sharing insights into their works.

Bookings are essential and can be made online by emailing [thecentre@scenicrim.qld.gov.au](mailto:thecentre@scenicrim.qld.gov.au) or telephoning (07) 5540 5050.

The free *Enduring* exhibition runs from Saturday 20 August until Saturday 15 October and is open from Tuesday to Friday from 10am to 4pm and Saturday from 10am to 2pm, excluding public holidays.

"*Enduring* continues the theme of our thought-provoking 2022 cultural program, understanding our world through arts and science, and I look forward to welcoming the community at the official launch," Mayor Christensen said.

**Photos: (TOP RIGHT) Detail from Bonny Shore's work *Still Standing*, part of her *Change of Nature* exhibition in the *Enduring* exhibition. (ABOVE LEFT) X-ray films overlaid with images and paintings of landscapes and plants feature in Janine Healey's work.**



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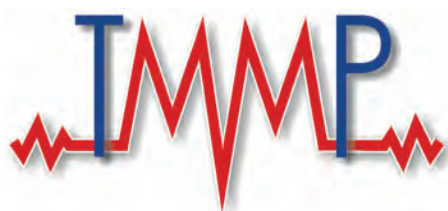
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## TRAVELLING PLACES *with Gina*

A few years ago, I had the pleasure to join Australian company Botanica (part of the APT group) on a wonderful journey around the top of Scotland, visiting exquisite gardens with a Botanical guide. I enjoy gardens but I am not a keen gardener, however I love the beautiful settings and the stories behind them. Some of these gardens were manicured and others wild and windblown. All of them had in common a wonderful outdoor setting and the opportunity to explore the history and culture of the area we were travelling through. Some of our fellow travellers were fanatical gardeners, most had an interest while some weren't that keen on gardens at all, and spent their time focusing on the other aspects of the trip. All were delightful travel companions.

Of all the Asian destinations that Australians flock to, our office is finding more interest in travelling to Japan than other countries in the region. Botanica offers some wonderful journeys for Cherry Blossom and also for the autumn colours.



Admire the distinctive and alluring aspects of Japan's seasons. Visit the Land of the Rising Sun in autumn, and again in spring, taking advantage of the benefits that each season has to offer. During each journey, you will see the highlights of this captivating country, in the renowned cities of Tokyo, Kyoto and Osaka. Each itinerary also offers the chance to see little-known gems lying off the beaten track. Your expert Botanical Guides will ensure you learn the stories and meaning behind each garden's design and its place within Japan's enchanting history. And, on each journey, you will travel in a small group of between 15 and 25 people.

Join well known Australian Botanical guide Simon Rickard this autumn for a 12-day journey, Japanese Culture, Art and Gardens in Autumn Splendour. Your small group will travel by bullet train and coach and stay in some lovely locations. Starting 7th November 2022 or 6th November 2023. Admire Japan's vibrant red, yellow and orange autumn leaves. Stay in quality hotels and a traditional Japanese ryokan. Visit world-famous Kenroku-en and Koraku-en gardens. See Meiji Shrine and learn about Japanese traditions. Explore Himeji Castle and the golden Kinkaku-ji

Perhaps you are more interested in a spring sojourn, Cherry Blossoms, Culture and Sights of Japan? This 14-day trip will be guided by Toby Musgrave, and this small group will witness a maiko performance during a private dinner in Kyoto and visit the ethereal Ryoan-ji, Japan's most famous Zen garden. You will also explore Matsue, the 'City of Water' and the island garden of Yuushien.



If a glorious botanical trip doesn't appeal but you would still love to visit beautiful Japan, then there are lots of other options to consider, perhaps cruise around the coastline, join an escorted walking tour, join a small group more focused on history and culture. Do come and chat to us for ideas and suggestions.

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# BUSHRATS CRICKET CLUB ON A ROLL(ER)



*Bushrats President Neil Bell sitting on the new roller*

**Just because it is the winter months doesn't mean that the Tamborine Mountain Cricket club is taking it easy. Yeah, sure, we have loved cheering on the resurgence of the Bushrats Rugby League side and have been thankful that we aren't chasing the little red leather ball around the field in the middle of these chilly winter days. But we are still continuing to work away to make sure that the upcoming cricket season is one of the best ever for the Mountain and surrounds.**

At the end of last season, the Bushrats were successful in obtaining a \$35,000 grant to refurbish the existing turf wicket and to purchase a new motorised roller. This roller has made it much easier for the ground curation team to prepare and care for our amazing turf wicket.

"This turf pitch at the Long Road Sports Ground is without a doubt one of the best wickets on the Gold Coast", explains Neil Bell, the Bushrats president. "It is a testament to all the long hours and hard work that our chief curator, Barry Gill puts in. Every side that visits our ground always remarks on how good the pitch is, but also on how picturesque the setting is. There is nothing better than the sound of bat on ball when this stunning ground is bathed in sunshine. I love it."

If you are interested in finding out more about our cricket club, give Neil Bell a call on **0403 854 699** or send him an email to **tmcricketpresident@gmail.com**

The club will be holding our AGM soon, and then registrations will open. We welcome everyone and have a place for all from ages 4 to 94!

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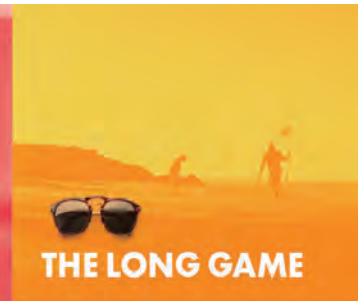
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# FIGHT OR FLIGHT – HOW IS YOUR PSOAS?

We've been working on releasing our psoas muscles this week in yoga class. And the whole-body nature of yoga goes beyond the stretch – releasing your psoas muscles often means letting go of old fears, traumas and life patterns that can keep you stuck in a perpetual state of flight or flight.

So, what are the psoas muscles and why are they interesting? Well, your psoas connects your lumbar spine to your inner thighs by running through your hip joint. This connection between your back and your legs enables you to run and kick, the two primary functions that we need in fight or flight mode. When your nervous system senses that you are in danger, it alerts your psoas, and you become ready to run away from that predator or to fight it off. And the neural connection between your brain and your muscles is a two-way street: as the brain tells the psoas to fire up, the flexed psoas sends neural messages to the brain asking for support, and your nervous system fires out cortisol and adrenaline. You experience an increased heart rate, slowed digestion and a burst of energy. Pretty useful in caveman days when hunting for food was a life-threatening adventure, daily.

The real drama with the psoas muscle is that your caveman body regards much of modern life stressors as threatening as the predators of old. So, the horrible boss, the road rage maniac, the negative media channels pumping out visuals of horrors way beyond our control, trigger the same response in our bodies as did that tiger chasing us. Hence for many people, their psoas muscles are in a constant state of flexion (activation) and their bodies are in a constant state of fight or flight. The long-term effect of an activated psoas can result in hip pain and back pain. A tight psoas can also affect your breathing. The diaphragm and the psoas connect along the same vertebrae in the lower spine – so when the psoas is tight, we are unable to fully extend our diaphragm and take a full breath. Short, shallow breaths (as opposed to long, slow breaths) also keep your body in a constant state of fight or flight.

This is where modalities like yoga and long held introverted stretches can really help. Not just stretching the psoas, but breathing into the psoas muscles and letting go, either consciously or unconsciously, the long-held stress you might be holding in this muscle. Opening the body equates to opening the mind. As you learn to release the psoas and unpack all the dramas around those tight muscles, so too will it become easier to cultivate the qualities of patience, trust, and compassion for your body and your life.

**Margot Wagner**  
Yoga Under the Bodhi Tree

*(Find and like articles similar to this on my Facebook Page: Yoga Under the Bodhi Tree)*

# Relationships



## LIFE IS NOT EASY

*Obesity is hard, getting fit is hard... choose your hard. Being in debt is hard, being financially disciplined is hard... choose your hard.*

*Communicating is hard, not communicating is hard... choose your hard.*

*Making new friends is hard, isolation is hard... choose your hard.*

*Marriage is hard, divorce is hard... choose your hard.*

*Life will never be easy. It will always be hard. But we can choose our hard.*

**Choose wisely.**

Wise words that challenge the belief that life should be easier than it is. Some hold on to hope that advancements in technology will improve life in general. In the late 1960s a group of globally-renowned scientists forecast their predictions for the year 2000. Their predictions included the elimination of bacterial and viral diseases, elimination of world hunger, 20 hour working weeks and an average retirement age of 40. How wrong they were!

Former prime minister Malcolm Fraser was slammed for his statement "Life wasn't meant to be easy". Actually, his statement is a partial quote from George Bernard Shaw's play **Methuselah**: 'Life is not meant to be easy, my child, but take courage, for it can be delightful.'

It becomes problematic when we search for the delightful, expecting that we will find it in the easy experiences of life. We judge a relationship on whether it is easy sailing, meeting our needs and fulfilling our desires. When it becomes hard work, we are disappointed because our expectations were not met. We begin believing that the grass is greener in another paddock. However, the reality is that tending the other paddock comes with the same hard work.

It's a myth that finding a great relationship is like finding a treasure box full of everything we have longed for: companionship, intimacy, romance, affirmation. Every relationship starts as an empty box. You must put something in before you can take something out. It requires hard work to fill the box: a commitment to giving, serving, praising, encouraging, patience, apologies, forgiveness. It takes mutual effort from both parties for the box to be filled. Easy Street is not where you find flourishing relationships. They are forged in the challenges and messiness of life.

Certainly, life shouldn't be a continual stream of difficulties. If it feels that way, then you may need to consider accessing support. However, in life we cannot avoid the hard stuff. We are wired to follow the path of least resistance but constantly avoiding challenges in search of a seemingly easier path has an eventual cost. Choosing to confront your hard today can potentially make your tomorrow easier.

Life is a combination of the decisions we make and the events we have no control over. Nevertheless, we can choose how we respond to the latter. It's hard to be gracious in defeat, at peace when facing loss, letting go when you want to hold on – but the alternatives may be even harder. Make wise decisions about which hard you will choose.

**Linda Gray**  
linda@relationshipsanctuary.com.au  
0401 517 243

# Physio Talk



with Jess Stinson

## WE'LL HELP YOU FIGURE IT OUT



**I think the most common thing I hear in the clinic is “I must be getting old”. A couple of months ago I found myself thinking and saying the same thing. You see, I properly twinged my lower back and found myself defaulting to this way of thinking, that my joints and muscles weren't feeling as good or keeping up with what I was doing as much as they used to. The truth is this injury has nothing to do with getting old and mine was most likely (definitely) the result of over enthusiastic sciatic nerve stretches, helping Hayden do heavy dump runs followed by shoveling and wheelbarrowing loads of gravel. In fact, 85% of people will experience this injury at some point. Although maybe not by doing something that silly, realistically I am doing well to get this far without experiencing any significant pain or injuries.**

When people come to see a physio, we get them to describe what they are feeling. This is always very interesting, and we get some amazing descriptors. Countless times I've heard people describe a toothache in their back when they're trying to sleep, catching electric pain into a leg and sensations like ants crawling over their skin. When I tweaked my back, I was experiencing these things myself and initially I found it interesting to relate to pains and sensations I have had described to me so many times. Physios are weird like that. Overall, I felt prepared to deal with it. Lucky for me I work in the perfect place and knew I needed to manage it with a bit of rest, some hands-on treatment and lots of heat.

What I wasn't prepared for was the feelings of disheartenment and frustration when it wasn't improving as fast as I wanted. I kept trying to do things that my body wouldn't allow. Despite my experience as a physio, I kept pushing too hard, too fast and re-tweaking my pain. All I could see was the things I couldn't do like running and gardening. I knew that normally, healing timeframes for pain to settle with an injury like this is 4-6 weeks, but I thought I could accelerate it. Surprise, surprise, I had to learn the lesson a lot of our patients learn, to stop and rest then gently work my way back to movement and exercise. I could so easily see how this doesn't happen and with the feelings of disheartenment and frustration and a lack of knowledge of what to do with it can easily end up in a cycle of tweak, pain, anger, tweak, pain, anger.

This is why it is very

easy to throw your hands up and fall back on something you will have heard over and over - “I must be old now, I guess I can't run anymore because I have a bad back”.

Overall, this experience has made me a much better physio. I can relate to patients on a deeper level. When I hear “I must be getting old” I can better understand the feelings of disheartenment and frustration. When I see similar presentations, I know what's worked for me, what doesn't work and how to wade through frustrations relating to return to exercise or sport or gardening.

At Physique, we provide the guidance you need for pain and injuries, minor or major. We figure out what's going on, what's happened to cause it, where you are at the moment and where you want to go. If you are feeling frustrated at your body, or feeling the same things tweak over and over and feeling like ‘this must be getting old’ you do not have to figure it out on your own.



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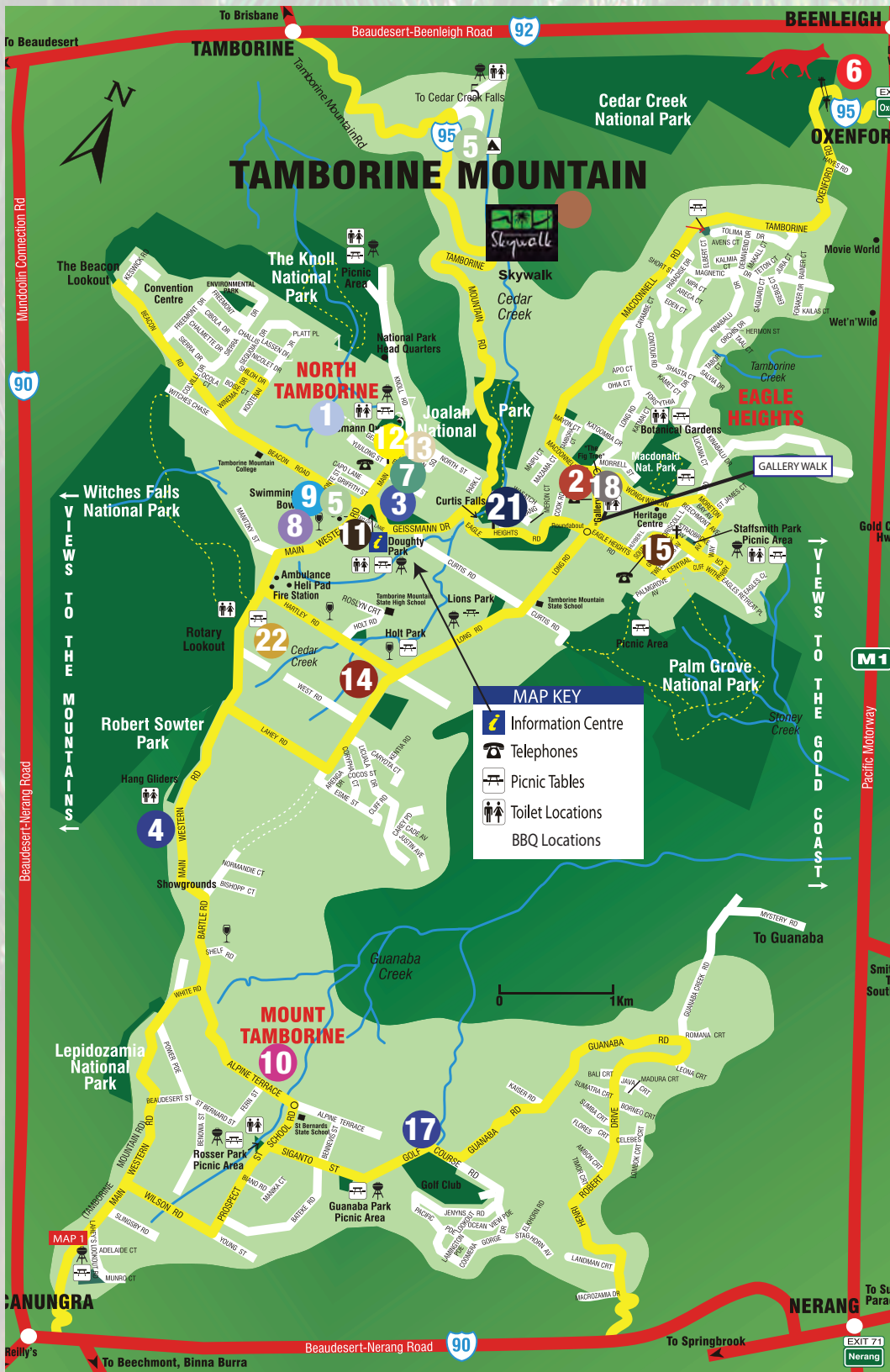


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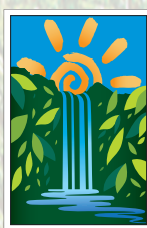
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# SHOP SCENIC RIM GIFT CARDS – SUPPORTING LOCAL BUSINESS



*Sam Dusting from Lydia's Garden, Danielle Stone from My Country Escape and Bec Thomson from That Platter Company with Division 3 Cr. Virginia West, discussing the Shop Scenic Rim gift card program*

## **Scenic Rim Regional Council aims to boost local businesses and support the regional economy with the launch of Shop Scenic Rim gift cards, now available to purchase and redeem in participating local businesses.**

Scenic Rim Mayor Greg Christensen said the Shop Scenic Rim gift card program is designed to bolster the region's economic fight-back after COVID-19 and recent weather events.

"The Shop Scenic Rim gift card program is a simple way for our resilient community to support local," he said.

"The gift cards will keep money circulating in the community, prompting shoppers to patronise local businesses and allowing participating businesses to capitalise on the loyalty of our close-knit communities and enthusiastic visitors.

"With every \$100 spent locally providing at least a \$180 benefit to the local economy, the gift cards are a fantastic way for our local community to support our local businesses.

"Using a closed loop EFTPOS-based system, the distinctive green and white gift cards can be purchased at select local businesses or online, and then spent in participating local stores, meaning all money spent is injected back into the Scenic Rim region's economy.

"Shop Scenic Rim gift cards are perfect for that hard-to-buy-for person, for employee rewards and incentives, or as raffle prizes and fundraising initiatives. I encourage everyone to embrace the program as every dollar spent on Shop Scenic Rim gift cards is money that stays in the local economy, supporting businesses, local jobs and the community," Mayor Christensen said.

"Modelling conducted using the .id economic impact model has shown that \$500,000 in sales within the retail sector of Scenic Rim supports five local jobs."

Assistance for the Shop Scenic Rim gift cards program is provided through the jointly funded Commonwealth-State Disaster Recovery Funding Arrangements (DRFA) Exceptional Circumstances package made available after the 2019 Queensland Bushfires.

Federal Minister for Emergency Management, Senator the Hon Murray Watt said the initiative gave a much-needed boost to the regional economy.

"After enduring COVID-19 and severe weather events, and

now rising cost of living pressures, the Shop Scenic Rim gift cards are a great way to help people get out and about and enjoy what the local retail sector has to offer," he said.

"Initiatives like these bring the community closer together, which is such an important aspect of recovery."

Minister for Employment and Small Business Di Farmer said purchasing local products and services was an effective way to get behind local businesses, their staff and the wider community.

"It's a win – win when you spend locally, not only do you get a quality product, but you also know you're investing in the local economy through staff wages and suppliers," Minister Farmer said.

"The Shop Scenic Rim gift card program has a wonderful range of participating businesses and is a great way to help get those valuable businesses back on their feet and growing again."

Division 3 Councillor Virginia West said local businesses should capitalise on Council's investment in the program's establishment and ongoing technical and marketing support.

"For businesses signing up to participate in the Shop Scenic Rim gift card program, it is free, quick and easy, and I am so pleased that many Canungra businesses have already jumped on board," she said.

"When we shop local with Shop Scenic Rim gift cards, the buck literally stops with us."

The Shop Scenic Rim gift card program forms part of the Scenic Rim Regional Prosperity Strategy 2020-2025 which strives to build a sustainable and prosperous economy in the Scenic Rim.

To purchase gift cards online and for a list of participating businesses, please see Shop Scenic Rim – Scenic Rim Regional Council. (SEE THE QR CODE)

For more information about the Shop Scenic Rim gift card program, or for businesses to register to participate, please contact Council's Regional Prosperity team on 07 5540 5111 or at [prosperity@scenicrim.qld.gov.au](mailto:prosperity@scenicrim.qld.gov.au).



# DESIGNING WITH INTENTIONALITY

We all know what it is like to have a conversation with someone genuinely engaged and present in the moment. They look you in the eyes; there is a mutual asking of questions and a responding with feedback to the discussed topics. It produces memorable moments of intimacy, setting benchmarks for future interaction.

In life's busyness, it is essential to slow down and make the most of these moments when they arise.

I believe that there is a way design can facilitate these special events.

In a recent project for a repeat client, this was taken to new levels I had previously not considered nor anticipated.

My client and friend was sadly diagnosed with cancer during the design process. Such circumstances tend to cause us to reflect and adjust. As a designer, I believe it is the height of honour to consider how one's environment could facilitate such a dramatic change in personal conditions. There is a paradigm shift of sorts that takes place. It involves paring back to meaningful essentials that force us to reflect on the momentary.

What could that look like? To me, it is about creating space that offers two distinct outcomes.

1. Encourages memorable human interaction
2. Facilitating moments of peaceful reflection

In my opinion, the first is about crafting space that gently encourages togetherness. This might translate as a firepit



surrounded by fixed seating or providing a sunken indoor living area pointing one to another.

The second is inherently sensory. It is about feeling the breeze, experiencing the warmth of the winter sun, enjoying the way light is filtered through leaves, and capturing views through the framing architecture can provide.

Making allowances for such things means continual enjoyment is found within the memory of the moment.

It is not about trying to force circumstances, but rather allowing for them to happen organically. It facilitates future experiences that I will never be privy to but have been allowed for in the humblest of ways.

**Anthony Rigg - Bleuscape Design**

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# BICOM BioResonance Therapy available on the Mountain

With Naturopath Dominique Trauttmansdorff ND PhD  
([www.healthylifesolutions.net](http://www.healthylifesolutions.net))

## What is BR Therapy?

Quantum physics tells us that every living cell (matter) emanates radiation and creates an electromagnetic field which moves in a wavelike fashion. Every body stores a host of physiological and pathological electromagnetic frequency patterns. Many cells with the same function create the same pattern (quantum mechanics). So, every pathogen or external health-harming stimulus such as viruses, bacteria, parasites, heavy metals, is expressed via specific patterns which are absorbed and stored by the body.

Pathological frequency patterns disturb the balance and equilibrium of the body, diminishing its own healing power, hence disease arises. The aim is to activate the person's own healing ability.

Bioresonance therapy effectively assists the body in reducing its stress and toxin load so it can achieve "self-regulation." From there, the body can heal itself. A Bioresonance BICOM machine, designed in Germany in the 1970's, has been used worldwide ever since, rebalances the body's frequencies and is completely painless and 100% natural.

### The therapy session

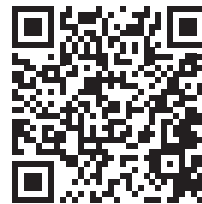
A BioResonance therapy typically lasts for an hour. Some patients may need follow-up treatments depending on the severity of their condition. However, there are others who only require a couple of sessions to get their bodies back on track.

### What conditions can Bioresonance Therapy treat?

- Allergies (hay fever, pollinosis, cat hair, dog hair, grasses, flowers)
- Sinusitis
- Digestive problems, stomach pain, bloating stomach, excessive fatigue.



- Gastrointestinal problems such as Leaky Gut Syndrome
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# FOOD FOR THOUGHT

with Chef Dylan Gittoes

[www.gourmetfoodco.com.au](http://www.gourmetfoodco.com.au)



## JAPANESE-STYLE GINGER PORK

**This traditional Japanese dish with thin slices of pork has fragrant garlic, ginger and soy sauce which is not only good for your immunity but incredibly delicious. This quick and easy dish is an excellent way to introduce a different global cuisine into your cooking repertoire and can be prepared and ready in just 15 minutes.**

Pronounced (Shoga-Yaki) shoga means ginger, and yaki means grill or fry; it is one of Japan's most popular pork dishes, right up there with Tonkatsu or crispy fried pork cutlets.

You may have to ask the butcher for this cut of pork loin, as it is often used for short cut bacon. All good butchers who make their own bacon will be more than happy to reserve this cut for you. I've made this dish super easy by using my Luck Dragon Asian sauce which saves you having to make your own. The caramelised garlic, sesame and fresh lemon really elevate the flavours of the pork, which combined with the soy and ginger make for a delicious dish.

**Did you know?** Indigenous Japanese have an early history of consuming wild caught meat, but when the philosophy of Buddhism became established among the ruling class of Japan, the vegetarian preferred diet led to the idea of shunning of meat. For over 1000 years there were even periodic bans on meat consumption. It's only since Japan opened up to the West 150 years ago that slowly things began to change, and meat consumption started to be widely accepted again in Japan, and pork has been a relatively affordable favourite.

**Chef Dylan tips:** Ask the butcher to slice the pork in 5 mm slices for you so you get nice even slices. The pan needs to be nice and hot to get that nice colour on the meat, but it only needs to colour on one side as the pork loin is so thin. It can over cook very easily so be careful.

### Osaka, Southern Japan 2004

Sitting beneath the old cherry blossom tree, I slowly open my eyes, gently coming back from the meditative state I've spent the last hour in. A strange new enchanting world begins to come into focus, and a delicate pink cherry blossom flower catches my attention as it gently floats towards the ground, loosened by the cool breeze that now has a litter of leaves swirling in the hotel carpark. I glance at my watch; 11:05 am, perfect. I intentionally skipped

breakfast at the hotel this morning as I want to try the shogayaki set at a local hole-in-the-wall-style restaurant the concierge at the reception highly recommended. Reaching into my jacket pocket, I carefully unfold the detailed hand-drawn mud map he had given to me the night before.

Making my way down the street, I come to the main part of town. The wide road is flanked on both sides by cream and grey coloured ten storey apartment-style buildings linked by a myriad electrical wires like giant spider webs crisscrossing between them. Adorned on the sides are multi-coloured advertisements in block Japanese characters that confuddle my mind. The sidewalk is peppered with well-dressed Japanese workmen, little old ladies and the occasional American tourist garbed in a garishly bright tee shirt and sandals with socks. The air is thick with the smell of tobacco and exhaust fumes. Looking down at my map I'm relieved to see the restaurant is just a few metres ahead.

White illuminated lanterns hang outside the restaurant like cocoons between a navy-blue banner that matches the characters on my map. A small fish tank filled with prawns and shellfish sits on a wooden crate next to a large, brightly lit window, showing photos of all sorts of exotic dishes with beautiful calligraphy and a photo of a smiling Japanese girl holding a massive bottle of sake. Next to the door sits a rack for your umbrella, above it are cane-looking baskets and what look like some sort of primitive traditional straw skirts. I enter and see it's tiny inside with only 10 stools dotted underneath a long bar. The patrons are all men dressed exactly the same, with white collared shirts and jet-black trousers. They all seem to know each other, as they all turn in unison as I pull out the last remaining stool. Seemingly uninterested in me, they go back to talking and joking with each other. The neatly dressed barman, dressed in all black, has his shirt unbuttoned casually and asks in perfect English "Menu sir?" "No need," I reply, "Can I order the shogayaki meal set please?" "Certainly sir."

If you like Japanese food and you're willing to give this recipe a shot, you'll have yourself a full-blown Japanese umami bomb indeed. So, why not go ahead and get some pork on your fork. Shogayaki is usually served with rice,



thinly shredded cabbage and miso soup to make it a meal set. If you want to make the shredded cabbage, just trim the stems from the tender inner leaves of a head of cabbage and then roll them up and use a sharp knife to cut the cabbage into thin threads.

**Serves 2 – Prep 10 mins – Cook 5 mins**

### Ingredients

- 300g pork loin, thinly sliced
- 2 tbs oil
- 1 tbs butter
- 3 tbs Luck dragon Asian sauce\*
- 1 tbs ginger, finely grated
- 1/2 small brown onion, sliced
- 1 cup cooked rice
- 1/4 small cabbage, sliced thinly

\*Chef Dylan's Gourmet Food Co. Luck Dragon Asian sauce

### Method

1. In a small bowl mix the grated ginger and Luck Dragon sauce to combine.
2. Heat oil in a non-stick frypan over medium high heat until smoking
3. Place the meat in the frypan without overlapping (cook in batches if required) and cook for about 1-2 minutes or until the bottom side is nice and golden. Only cook one side.
4. If cooking in batches, transfer the cooked meat onto a plate and fry the remaining meat and remove to a plate.
5. Reduce the heat to medium. Add butter and melt, then sizzle the onion and cook for 2 mins stirring to soften.
6. Return all the cooked meat to the frypan and add the Luck Dragon Asian sauce to the pan.
7. Cook for about 15-30 seconds, turning the pork slices over to ensure the meat is coated with the sauce. When the sauce is reduced to about 1-2 tablespoons, turn the heat off.
8. Serve with rice and sliced cabbage and drizzle sauce over the pork.

# hooked on books

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Do you want to learn to knit? Or want to join a new group of knitters? Come and join our group to brush up your skills for winter woollies. Please note bookings are essential for health regulations. **Please call 5540 5473 to book a spot.**

This is an informal event for poets to meet each other, share their poetry & discuss all things poetry. There is no teaching as such, but expect writing exercises and the chance to share your poetry. The group will meet once a month - 3rd Wednesday at 10 am  
**Limited places so please book.**  
**Commencing 17 August WED**  
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## LIBRARY E-RESOURCES

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## INTERESTING FACTS ABOUT BOOKISH THINGS

- Before Google bought it from them, the domain name "gmail.com" was originally used by Garfield.com to reply to fans of the comic strip.

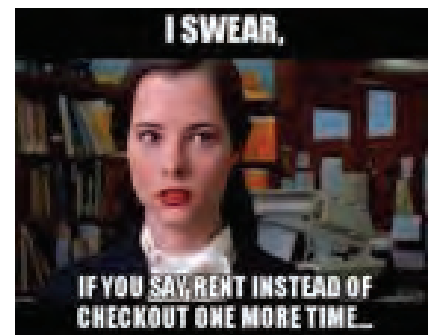


- The term "yahoo" actually comes from "Gulliver's Travels," published in 1726.
- One tree can make 50 books.

- The Latin translation of "Winnie the Pooh," titled "Winnie ille Pu," is the only Latin book to have made the New York Times Bestseller List.



- The Harry Potter books are the most banned books in America.



## Staff Book Choice: *The Second Home* by Christina Clancy



**Some places never leave you... After a disastrous summer spent at her family's home on Cape Cod when she is seventeen, Ann Gordon is very happy to never visit Wellfleet again. If only she'd stayed in Wisconsin, she might never have met Anthony Shaw, and she would have held onto the future she'd so carefully planned for herself.** Instead, Ann ends up harboring a devastating secret that strains her relationship with her parents, sends her sister Poppy to every corner of the world chasing waves (and her next fling), and leaves her adopted brother Michael estranged from the family. Now, fifteen years later, her parents have died, and Ann and Poppy are left to decide the fate of the beach house that's been in the Gordon family for generations. For Ann, the once-beloved house is forever tainted with bad memories. And while Poppy loves the old saltbox on Drummer Cove, owning a house means settling, and she's not sure she's ready to stay in one place. Just when the sisters decide to sell, Michael re-enters their lives with a legitimate claim to a third of the estate. He wants the house. But more than that, he wants to set the record straight about what happened that long-ago summer that changed all of their lives forever. As the siblings reunite after years apart, their old secrets and lies, longings and losses, are pulled to the surface. Is the house the one thing that can still bring them together—or will it tear them apart, once and for all?

Told through the shifting perspectives of Ann, Poppy, and Michael, this assured and affecting debut captures the ache of nostalgia for summers past and the powerful draw of the places we return to again and again. It is about second homes, second families, and second chances. Tender and compassionate, incisive and heartbreaking, Christina Clancy's *The Second Home* is the story of a family you'll quickly fall in love with, and won't soon forget. **Genre: Contemporary - Fiction - Family - Drama**

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# TRIVIA

*What's in a name?...*



1. Many surnames have their origins in occupations or professions: what kind of work was done by a tucker?
2. What trade or profession would a falkner follow?
3. The surname Pitman derives from what occupation?
4. What was an ackerman?
5. Who or what was a gatward?
6. What was a yeoman?
7. What was the trade or profession of a tasker?
8. What was the trade or profession of a mayer?
9. A lorimer was a manual worker: by what name would his trade be known today?
10. Dealing with animals, what was a kellogg?
11. What was the trade or profession of a keeler?
12. What was a farrier?
13. In the material world, which occupation gives rise to the surname of Dexter?
14. What was the trade or profession of a cooper?
15. Not a dictionary-maker: what was the trade or occupation of a webster?
16. What was the trade or profession of a crocker?

**ANSWERS PAGE 25**

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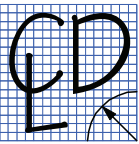
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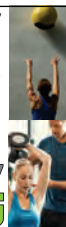
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## Answers to TRIVIA from page 23

1. A cleaner of cloth
2. A falcon keeper or trainer
3. A miner
4. A ploughman
5. A goatherd or keeper
6. A farmer who owned his own land
7. A reaper
8. A physician
9. A bridlemaker
10. A slaughterman
11. A bargeman
12. A horse-keeper or horse-shoer
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Linda Hogan

0414 300 558

linda.hogan@professionals.com.au

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**BOTANIC GARDENS** Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

**FILM CLUB AT THE ZAMIA.** Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

**FRIENDS OF TAMBORINE NATIONAL PARK :** meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

**FRIENDS OF TM LIBRARY** Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

**MAKERS' MARKET ON THE MOUNTAIN** (Tamborine Mountain Arts Collective initiative) 1st Sunday each month (except January). Stallholder, Busker or general enquiries phone Margy Rose 0419 805 456 or email [makersmarket.tmac@gmail.com](mailto:makersmarket.tmac@gmail.com)

**MARTIAL ARTS:** Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

**MEDITATION:** Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

**MEDITATION:** Tuesdays 9.30am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. VAll faiths welcome. Contact Barbara 0497 016 178.

**MOVIES ON THE MOUNTAIN:** Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

**RELAXED MIND TAI CHI:** Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

**ROTARY ON TAMBORINE MOUNTAIN** meets every Wednesday night at 6.30pm for 7.00pm start at the Eagle Heights Hotel. New members and visitors welcome. For information, call David on 0419 743 275

**SCENIC RIM TOASTMASTERS** meet on the 1st and 3rd Thursday of each month, Hang Gliders Clubhouse, 82 Wagonwheel Rd Boyland. 6:45pm for a 7:00pm start time till 8:30pm. Contact Julia Schafer on 0410 585 425

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**ASSOCIATION:** Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

**TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS),** a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

**TANGO CLASSES:** Tango and salsa classes: every Monday night at the Zamia theatre. Salsa for beginners from 6.30-7.30pm and tango for experienced from 7.30-8.30pm. Cost is \$30 per couple or \$20 pp. Contact Alejandro at 0413 595 275.

**TM ARTS COLLECTIVE:** Artists, Musicians, Performers, Artisans, Patrons - Meetings and Pot Luck Dinners held monthly. All welcome. For details contact: Guy Ritani 0477 795 734 or email [tmtnarts@gmail.com](mailto:tmtnarts@gmail.com)

**TM BOWLS CLUB** – Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon; barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

**TM BRIDGE CLUB** meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm, Friday lesson at 1pm and Friday Social Game at 1.30pm. Beginners welcome.Tamborine Mountain Sports Complex, 400 Long Road. Enquiries 0444 592 189

**TM CHAMBER OF COMMERCE:** 2nd Wed. of month. Phone 5545 0944 Email: [info@tamborinemountainchamber.com.au](mailto:info@tamborinemountainchamber.com.au)

**TM COMMUNITY KINDERGARTEN ASSOC** meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

**TM CREATIVE ARTS:** Schedule of Activities **MONDAY** 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st,3rd,5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture & Pottery **TUESDAY** 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) **WEDNESDAY** 9.00am-12.00 noon General Craft, Bridge – 12.30pm - 4.30pm, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). **THURSDAY** 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) **FRIDAY** 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong **SATURDAY** 1.00pm-4.00pm Yarners

**TM CROQUET CLUB:** Monday and Thursday mornings 8.30 on our green at Club Tamborine. Free coaching, new members always welcome to join us. Ph: Heidi 0488 440 296

**TM FAMILY HISTORY GROUP** Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Sharon on 0401 830 358

**TM GARDEN CLUB:** Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. BYO morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome. email: [tamborinemtngc@gmail.com](mailto:tamborinemtngc@gmail.com) mobile: 0417 623 023

**TM GOLF CLUB** is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

**TM HISTORICAL SOCIETY** – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

**TM LANDCARE:** Volunteering opportunities: Forest Regeneration Work: Judith Roland - 0429 808 206 for details; Helping at the Piccabeen Bookshop - 0403 783 757 during office hours

**TMLETS:** Join at Community Exchange System [www.ces.org.za](http://www.ces.org.za) . Enq. 5545 3776.

**TM LIONS CLUB** Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website [tamborinemountain.qld.lions.org.au/](http://tamborinemountain.qld.lions.org.au/)

**TM LITTLE THEATRE:** Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President [www.tmlt.com.au](http://www.tmlt.com.au).

**TM LOCAL PRODUCERS ASSOC.** (The Green Shed) sells local produce, plants & flowers every Sunday, 6.30–11am at 378 Main Western Rd (next to TM Showgrounds)

**TM MASONIC LODGE:** Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

**TM MEN'S SHED:** Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday, Thursday, and Saturday from 8:30 am to 12:30 pm. New members welcome. To find out more, drop in for morning tea and a chat or call our President on 5606 8367 or check out our web page at [www.tmmensshed.com](http://www.tmmensshed.com)

**TM NATURAL HISTORY ASSOCIATION:** Birdwatchers – For further information call 5545 0995. **TM BUSHWALKERS,** find out about us on the TM Natural History Association website. New members welcome. Enquiries: 0439 869 125 or 0478 414 892. [www.naturalhistory.org.au](http://www.naturalhistory.org.au).

**TM NETBALL CLUB.** Visit our website: [www.tamborine-mountain-netball.square.site](http://www.tamborine-mountain-netball.square.site)

**TM ORCHESTRA** rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is Tamborine Mountain State High School at Holt Rd. New players always welcome. For more information, phone Danielle on 0423 210 949. Check us out on our website [www.tmo.org.au](http://www.tmo.org.au); or find us on Facebook.

**TM PRESBYTERIAN CHURCH** 34 Main St, North Tamborine [www.tmpcq.org.au](http://www.tmpcq.org.au) Sunday Morning Service 9am (including kids church) and Evening Service 5pm (including kids church). Playgroup: Tuesdays 9.30am for 0-5 years. Youth Group: Fridays 4-6 pm for Years 7 – 12. Enquiries: [dave.mugridge@tmpcq.org.au](mailto:dave.mugridge@tmpcq.org.au) | [www.tmpcq.org.au](http://www.tmpcq.org.au) BARGAIN CENTRE: Tuesday to Saturday opens 8am – 12 noon (rear of the Presbyterian Church).

**TAMBORINE MOUNTAIN COMBINED PROBUS CLUB:** Meetings on the 3rd Wednesday of each month, 9.15 for a 9.30 start, starting on 15th June at the new Venue: Bridge Club, Sports Centre on Long Road. Please contact: President Christine Stewart – 0448 877 585

**TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB):** Join like-minded retired and semi-retired men for fun activities at Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 3rd Wednesday of the month at 10am. Contact Bob Hepple on 0411 776 888 for details of next meeting.

**TM PROGRESS ASSOCIATION:** 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

**TM RSL** Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning President Phil Hunter 0419 662 961.

**TM RUGBY:** Training Monday and Thursday 3.45pm- 5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

**TM TENNIS CLUB:** Social tennis from 6.30pm Mon, 7.00am Tue, 6.30pm Wed and 3.00pm Sun. Ladies from 7.00am Fri. Fit Hit (cardio) 6.30pm Tue. For all sessions, no need to book, just turn up. 88 Beacon Rd North Tamborine. Contact Henry Rich 0477 775 671

**TM WRITERS GROUP:** Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

**UNIVERSITY OF THE THIRD AGE (U3A).** An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info please access our website [www.u3atamborinemountain.com](http://www.u3atamborinemountain.com)

**YOGA:** For beginners to advanced students: Hatha, Tantra and Nada Yoga. Tues 9.30am, Sat 9am at the Zamia and Wed 6pm Creative Arts Centre. Margot Wagner 0428 137 391

**ZUMBA GOLD:** Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – [TamborineMountainZumba@gmail.com](mailto:TamborineMountainZumba@gmail.com)

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