

Tamborine Mountain Bushrats Cricket Club has just passed the magic 100 active playing cricketers for the first time in its 21-year history. The club now has four junior sides, three senior sides including a masters side, and 20 kids playing in the Blasters development program for five-to-nine-year-olds on a Friday Night. This group of enthusiastic youngsters were keen to start practice last Tuesday. Story Page 9.

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Buyer-58 Lahey Road, Tamborine Mtn From the buying side, Diane & Michael were helpful all the way through & did their best to answer our many questions. Her local knowledge was key to helping us understand how things work on the mountain. The transaction was smooth & the lovely gift basket was a great surprise!

AGENTS: Team Michael & Di

0434 718 162 / 0424 653 316



TAMBORINE MOUNTAIN STUDENTS VISIT PARLIAMENT



Member for Scenic Rim, Jon Krause, hosted a visit by Tamborine Mountain State School teacher Mrs Bec Sealey and her Year 6 Humanities and Social Studies class at State Parliament last Friday. Excursions to Brisbane to inspect Parliament House are proving a popular educational outing for Tamborine Mountain and surrounding schools. "It was fantastic to see TMSS students in Parliament House, and to have the chance to talk to them about the role of a local MP and the Parliament. The history of the Parliament – it dates back to 1868 – is something I never get tired of learning about. I hope it was an enjoyable visit – maybe one of these Year Sixers will become our local representative one day in the future," said Mr Krause.



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HIKING PROGRAM SET TO HELP WOMEN AND GIRLS

Bookings are now open for 60 hikes across the Scenic Rim, from February to June 2022, to help local women and girls get active, learn essential bushwalking skills and boost their confidence in the outdoors.

Jointly funded by the Queensland Government, Health and Wellbeing Queensland, and Scenic Rim Regional Council, the new Scenic Rim EmpowHER Hiking Program which was officially launched last week, offers a series of guided walks and hikes for all fitness levels, from easy introductory walks to more challenging full-day hikes.

"This is a chance for locals to get to know their backyard and gain life-long skills to help them explore the spectacular landscapes of the Scenic Rim," said Scenic Mayor Greg Christensen.

The council is partnering with



Mt Barney Lodge, ParkTours and O'Reilly's Rainforest Retreat, to deliver the program.

Lisa Groom from ParkTours said hiking was one of the best ways to see the region.

"Walking with a guide allows people to really enjoy the scenery in safety, get to know more about the local area and build up their fitness and connectivity to the amazing natural environment.

"We'll have a great mix of introductory walks, half and full day hikes, mid-week walk to enjoy without the crowds, and even a mother-daughter sunrise hike."

Tracey and Innes Larkin, of Mt Barney Lodge said they couldn't wait to meet a new group of first timers and introduce them to hiking in the Scenic Rim.

"The name says it all – this is not just a series of guided walks, but a means to empower women and girls to be outdoors and active," Ms Larkin said.

"Not only will participants have a safe and fun experience, but they will also come away with knowledge about the animals, geology and the history of the area on one of our walks."



Shane O'Reilly from O'Reilly's Rainforest Retreat said the Scenic Rim was the perfect place to start walking and hiking.

"There's such an incredible variety of trails and tracks within Lamington National Park. There are easy grades and distances which are well marked, through to actual climbs with no track whatsoever. The program is great for beginners, through to challenges for the fittest," Mr O'Reilly said.

An enthusiastic group of supporters attended the launch at Moonlight Crag near O'Reilly's and then enjoyed a guided walk in Lamington National Park

Find out more, view the full calendar of events and book your tickets at www.scenicrim.qld.gov.au/EmpowHER

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Queensland Government

Telephone 07 5540 5111 This project is jointly funded by Queensland Government, Health and Wellbeing Queensland and Scenic Rim Regional Council.



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REGIONAL COUNCIL

SCENIC RIM

one small place on earth



Multiple Bowers, garden, Eagle Heights



In August 2019, I photographed twin satin bowerbird bowers at this site; that is, two separate bowers, as opposed to a double bower with what looks like a shared central wall, the remains of which, I filmed in 2010. Last week, I photographed this multiplicity of bowers, which may be unprecedented. Note the bower which is just visible behind the one on the right.

My book, *One small place on earth*, makes a **unique and beautiful Christmas present from Tamborine Mountain** - with over **300 images of its flora and fauna, \$39.95** hard cover. Stocked by Under the Greenwood Tree, The Piccabeen Bookshop, the TM Skywalk, The North Tamborine and Eagle Heights Post Offices and Canungra Books & Art.

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THE LONGEST DAY



On the 13th of December our assistant golf professional Neville Hogan, along with one of our juniors Noah Patterson will be attempting to play 72 holes (walking) in one day to raise money and awareness for such a worthy cause. Those of you who know our course will appreciate the difficulty of this challenge.

Nev not long finished another challenge known as **75 HARD**, which consisted of 75 days of challenges.

We wish Nev all the best, we are proud to have him represent our club.



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Introducing e360 Design, a comprehensive interior design studio and gallery offering a 100 per cent Australian-made range of original artwork, soft furnishings and furniture.

Established by Tamborine Mountain designer Jen Robson, it offers an abundant range of quality homewares, as well as bespoke services in art, textile design, upholstery, wallpaper and original and upcycled furniture.

Located on Gallery Walk, e360 Design celebrates a wide range of local artists and craftspeople including potters, weavers, textile artists, painters and e360 Design owner Jen Robinson (centre) with Robert Veitch and Ash Burgess with their recently presented Scenic Rim Business Excellence Award for Most Outstanding New Business.

printmakers. It also offers workshops in various art practices for all ages and levels of experience and is proud to be a part of the vibrant Tamborine Mountain creative community.

The gallery's ethos is to offer high quality products that demonstrate the value and versatility of environmentally driven, local manufacturing.

"Functional Beauty" is the phrase we like to use when describing the way in which an item of authentic craftsmanship can inspire us and help to build our sense of connection and home," says Jen. "Whether you are decorating a single room at home or fitting out a largescale commercial property, e360 Design can help you create and express your art story and carry it through all aspects of your project.

"We are thrilled to see shortly the opening of The Aerie Wine Bar here on Tamborine Mountain, which will feature a custom wallpaper design from e360 that honours the local flora and fauna, whilst creating an ambient atmosphere with a sophisticated colour palette.

"Drop by and say 'hi'. We look forward to seeing you in the gallery soon."





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STEPS TO ASSIST HEALTHY AGEING – 2

What factors influence healthy ageing? Research has identified steps we can take to maintain our health and function as we get older.

From improving our diet and levels of physical activity to getting health screenings and manageing risk factors for disease, these actions may influence different areas of health.

Pay attention to weight and shape

Weight is a very complex issue. For older people, the health problems associated with obesity may take a back seat to problems associated with body composition (fat-to-muscle ratio) and location of fat (hip or waist) on the body.

Many health problems are connected to being overweight or obese. People who are overweight or obese are at greater risk for type 2 diabetes, high blood pressure, heart disease, stroke, some types of cancer, sleep apnoea, and osteoarthritis. But data show that for older adults, thinner is not always healthier, either.

So, is there a "normal" weight range or pattern for healthy ageing? For older adults, one size does not fit all. Although we have learned a lot about patterns of weight and ageing, watching your weight as you age is very much an individual matter. Talk with your doctor about any weight concerns, including decisions to lose weight or any unexplained weight changes.

Eating well is not just about your weight. It can also help protect you from certain health problems that occur more frequently among older adults. And, eating unhealthy foods can increase your risk for some diseases. If you are concerned about what you eat, talk with your doctor about ways you can make better food choices.

Participate in activities you enjoy

Engageing in your favourite activities can be fun or relaxing, but did you know that doing what you like to do may actually be good for your health? Research studies show that people who are sociable, generous, and goal-oriented report higher levels of happiness and lower levels of depression than other people.

People who are involved in hobbies and social and leisure activities may be at lower risk for some health problems. For example, one study followed participants for up to 21 years and linked leisure activities like reading, playing board games, playing musical instruments, and dancing with a lower risk for dementia. In another study, older adults who participated in social activities (for example, played games, belonged to social groups, attended local events, or travelled) or productive activities (for example, had paid or unpaid jobs, cooked, or gardened) lived longer than people who did not report taking part in these types of activities.

Other studies have found that older adults who participate in what they see as meaningful activities, like volunteering in their community, reported feeling healthier and happier.

Patricia Arora TMCCA

ROTARY TRANSPORT TALKS CONTINUING

Tamborine Mountain Rotary transport steering committee members, Neil Smith and David Power, have had further positive discussions with TransLink's network planning team about improving the local FlexiLink service currently on offer.

Following their last meeting in mid-October, they say they are pleased that TransLink recognise that Rotary's proposals have merit and are considering how improvements could be made, given competing funding priorities across the State.

Tamborine Mountain Rotary will continue to make its transport case, as it believes that improvements, including connecting to Helensvale, are long overdue.

Mr Smith said the steering committee had an optimistic and constructive working relationship with the Translink team.

BUSHRATS 3rd GRADE WINNERS AT LAST

Finally! The Bushrats 3rd Grade side got a win on the board and the dressing sheds were full of even more smiles than usual.

The side has been building well over the start to the season, with some excellent bowling displays, and last weekend saw the top order batsmen stand up and score the runs that they are capable of.

The Bushrats won the toss and elected to bowl against Alberton. All our bowlers performed exceptionally well with the opening pair of Janosch Bligh and Max Fletcher setting the standard. Barry Gill, surprisingly, chipped in with some great death bowling to have the pick



of the figures of 2/6 off three overs. Our batters then chased down the total for the loss of only two wickets, with 48 balls left to spare.

Taylor Ericsen-Miller finally found some form and made a well-crafted 33, and it was fantastic to see our premier batsman David Mugridge finally return to his run-scoring best, with a 63 off 54 balls. Great job lads, and we hope you can continue some winning ways before Christmas.

Our over 40s team had another week of fun and relaxation. They had the week off to spend time with the family, or fishing, or mowing the lawn. Such a great bunch of guys who love cricket and playing with each other so much.

The Bushrats 4th grade side unfortunately had to abandon their match halfway through the game due to a scheduling issue. I can imagine the boys were happy with that scenario. Still back on track this week and looking to stay in the top four.

The under 14s side had their game washed out last week, so are looking to make a great start in their new division with a one-dayer this weekend coming. These boys are such a great bunch of kids and are really looking after each other. It is a huge step-up for them to move into this grade, but

BUSHRATS CENTURY IS A HISTORIC FIRST

Tamborine Mountain Bushrats Cricket Club has just passed the magic 100 active playing cricketers for the first time in its 21-year history. The club now has four junior sides, three senior sides, including a masters side, and 20 kids playing in the Blasters development program for five-to-nine-year-olds on a Friday Night. Delighted club president Neil Bell said: "This year has seen a massive growth in junior participation, and we are loving having so many kids at training and watching them fall in love with this awesome game.

"It has been a few years of build-up with a lot of solid work from the past committees slowly seeing some great numbers coming through our junior programs. On the Mountain, we are always trying to help our community as best we can and the way that this cricket club does that is by encouraging participation in sport and providing an environment full of fun and enjoyment.

"If anyone – from age five right through to 85 – wants to come and give our club a try and see if cricket is right for them, please give me a call. This is seriously the greatest sport in Australia." they have handled it with courage and poise. I look forward to watching them grow a heap this year.

The Tamborine Green U11s side had a great week, with more people scoring runs and getting wickets. The cricketer of the match for the Tamborine Green side was Oliver Anderson for his great batting and for getting two wickets. The Blue team had a bye and spent the weekend playing backyard cricket

The under 12s side are in a great position after their first day of their two-day game. Max Mahony is on 43 not out and Kurtis Heather retired after facing his 60 balls. The boys and girls just need to get two wickets next weekend to complete the win.

And that is our sixth week wrap up for the Tamborine Mountain Cricket club.

Our Blasters program will be kicking off this Friday. This is a great program for 5-to-10-year-olds for an hour on a Friday evening for kids who are interested in running around, having fun and getting a little introduction to cricket. The Bushrats are a club all about having fun and promoting participation, so if you are wondering if you would like to give cricket a try, give club president Neil Bell a call on 0403 854 699.

Neil Bell

MOVEMBER GOLFING EVENT

Tamborine Mountain golfers will be doing their bit this Movember to help raise funds to deliver innovative, breakthrough research and support programs that enable men to live healthier, longer and happier lives.

Movember is the leading charity changing the face of men's health on a global scale, focussing on mental health and suicide prevention, prostate cancer and testicular cancer.

Movember began in November 2003 when two mates from Melbourne, Travis Garone and Luke Slattery, jokingly decided to bring back in fashion the moustache by convincing their friends to grow one while at the same time raising funds to help combat men's cancer. Since then, it has grown to be a world-wide fund-raising program.

On Sunday 5 December, 32 members of the Mountain Mo Bros team will tee off at Tamborine Mountain Golf Club with the aim of raising \$1500.

A host of Mountain and Gold Coast businesses have donated an array of attractive competition and raffle prizes to be won on the day.

The day begins at 8am and finishes around 3.30pm when the winner of the Movember Cup for 2021 will be presented.

Further information from Trevor Jamieson on 0481 585 631.

If you would like to make a donation, please go to https://au.movember. com/team/2383336?mc=14



JON KRAUSE MP

State Member for Scenic Rim

ROADWORKS ON TAMBORINE MOUNTAIN

The Department of Transport and Main Roads is currently operating on temporary protection works to a damaged section of the batter slope along Henri Robert Drive, near Ambon Court. The project will repair damage to the slope as a result of a landslip during a significant weather event in early 2021. Work activities include batter stabilisation, removal of loose debris and vegetation removal. The works were scheduled to commence on 22 November, 6:30am-4:00pm, Monday to Friday.

Last week I also received an update from TMR on the state of Tamborine Mountain Road (the Goat Track). I was advised that reconstruction work is continuing on Tamborine Mountain Road to repair significant damage caused by a landslip in December 2020. A civil construction company has been undertaking rock anchoring, permanent rock catch fencing and road rehabilitation works to make the road safe for motorists. TMR said that the project continues to be challenging given the steep terrain and complex nature of the work zone and due to this the road would remain closed for public safety with further safety assessments to be undertaken in early 2022 to determine a date for the reopening of the road.

It's almost a year since the landslip that caused the Goat Track (that connects Canungra to the Mountain) to be closed and I know that its closure has caused considerable inconvenience for some residents. I met with Main Roads earlier in the year to relay your concerns and seek a timeframe for when we could see the road reopened.

In 2013, this road was closed for some months after ex-Tropical Cyclone Debbie caused a huge landslide in the corridor. After a stellar job by Main Roads, it was re-opened in better condition than before. I certainly hope that we can see a similar outcome this time. The frustration of this road being closed is something that I know is being felt by many, and this has been conveyed to Main Roads by me. All the rain in recent months hasn't helped and has caused more instability and delay. Fixing it continues to be a tough job and involves some risk to people on site. As any further information becomes available, I will let you know.

CALL 13 HOON

I know that hooning is a big issue in some areas of the Scenic Rim. I have discussed the issue with local police in the past and relayed concerns from locals. There are penalties for hoons, including the confiscation of vehicles. Dangerous drivers are not just a danger to themselves, but also others on the road, pedestrians, and entire neighbourhoods for the disruption they cause to people's lives.

It is important that if you notice hooning in your area to call **13 HOON (13 4666)**, Policelink (131 444) or fill out the online form at **police.qld.gov**. **au/reporting** and report the incident with the make and model of car and registration number if you can see it. When complaints are made like this it can be recorded and can help our police to be allocated the correct resources (like more police vehicles, police personnel, or noise cameras) to deal with problems. We need more police resources in our region and particularly in Beaudesert, something I am fighting for all the time after the LNP Government implemented 24/7 policing in 2013, and every report of activity can help add to the case for more police.

MY OFFICE

In addition to helping with Queensland Government matters, my office can provide assistance in procuring Queensland flags and letters of congratulations for significant birthdays and anniversaries. We can also provide letters of support for community groups seeking grant funding. Anybody considering becoming a Justice of the Peace/Commissioner for Declarations will need to contact my office to complete the nomination form.

If you have an issue that you think should be fixed, I encourage you to contact my office, toll-free on 1800 813 960, so I can lobby on your behalf in Brisbane.



SCOTT BUCHHOLZ

Federal Member for Wright

10-YEAR PLAN FOR AUSTRALIANS WITH DIABETES

The Morrison Government has marked World Diabetes Day by releasing a new 10-year plan to better support Australians living with all forms of diabetes. The Australian National Diabetes Strategy 2021–2030 will drive real improvements in the prevention, early detection, management, and care of people with diabetes.

TRADE APPRENTICES AT HIGHEST LEVELS EVER

The Government has delivered the highest number of Australians in trade apprenticeships on record. New department program data demonstrates Australian in-training trade apprenticeships reached 217,400 in July 2021, the highest number since records began in 1963.

Evidencing the positive impacts of the Government's record funding, the number of Australians undertaking skills and training has surged with total in-training apprenticeships and traineeships for June 2021 at 347,266, up from 268,215 in June 2020.

UNIVERSITY HELP TO WITHSTAND FOREIGN INTERFERENCE

Updated guidelines to assist Australian universities strengthen their resilience to foreign interference risks, while protecting students, staff and research that contribute to Australia's prosperity, have been released today.

The updated guidelines will better address how foreign interference threats have evolved since the initial guidelines were released in 2019 and will assist universities to better identify and respond to the risk of foreign interference.

INVESTMENT BACKS QUANTUM TECHNOLOGY FUTURE

The Morrison Government is investing \$111 million to secure Australia's quantum future, supporting the commercialisation, adoption and use of this new technology to create jobs, support Australian business and keep Australians safe. The Prime Minister last week released the Blueprint and Action Plan for Critical Technologies, identifying quantum technologies as one of the Government's nine technologies for initial focus.

VISAS EXTENDED FOR AFGHANS

The Government has announced that temporary humanitarian visas issued to Afghans who supported Australia's mission in Afghanistan, and who remain there following the August air evacuation, will be extended on an ongoing basis.

The decision provides an ongoing extension to visas issued to certified locally engaged employees from the Department of Defence, the Department of Foreign Affairs and Trade, and the Australian Federal Police, as well as persons with other working relationships with the Australian Government and their families who were issued temporary humanitarian visas.





Letters to the Editor

Readers are reminded that letters to the editor must show full name of writer for publication. Please limit letters to 200 words. Publication is at the discretion of the editor and subject to space availability.

COUNCILLORS TO BE COMMENDED

I applaud those councillors who stood up to be the majority voting against the renewal of the Employment Contract of the Chief Executive Officer (CEO).

A bit of background: Council has two arms, the executive and the administrative. In broad terms, the executive is essentially the councillors sitting as a Board of Directors, planning the development and managing the operation of the Local Government Area. The administrative arm provides the services necessary for the executive arm to carry out its role.

But a problem has arisen in the Scenic Rim: the administrative arm of Council, headed by the CEO, seems to have been pursuing an agenda which, ultimately, became widely unacceptable. Lack of transparency, blockage of scrutiny, minimal response to community concerns and doubts about development priorities have become too much to swallow. Even the actual Council decision to not renew the contract was an event shrouded in mystery. After hours of closed meetings, the reasons justifying the decision were kept confidential. To top it off, there has been the growing perception that, somehow, the administrative arm of Council was setting the rules, rather than the executive arm.

The Mayor occupies a pivotal position as the link between the two arms. Under the *Local Government Act*, the Mayor has the same responsibilities as other councillors but has more in addition. Relevant in the present case is:

"C(4)(b) leading, managing and providing strategic direction to, the chief executive officer in order to achieve the high-quality administration of the local government." If something has gone wrong, the Mayor can't avoid involvement.

We don't know why the CEO is going, but he remains strongly supported by the Mayor, including in an effusive personal press release. Surely though, it can't be unrelated to the evident community dissatisfaction with the present Council administration. It is conceivable that the Mayor, believing he had the support of the majority of councillors, gave advice to the CEO leading to the present situation. However, that situation apparently no longer exists. Current advice would probably have to be completely different. The *Local Government Act* does not give the Mayor authority to pursue his own vision in the circumstances now existing.

This all adds up to a very important and wide-reaching bag of problems. With the interests of the Scenic Rim Region at stake, solutions have to be found, and quickly.

Phil Giffard

FREE EVENTS WORKSHOP

Scenic Rim Regional Council invites local event organisers to join a free Scenic Rim Events Workshop at the Boonah Cultural Centre on Tuesday 30 November.

Delivered as part of Council's Economic Stimulus Package 3: COVID-19, it will provide local businesses and community groups with the tools to successfully plan, promote and deliver events safely.

The Events Workshop will feature guest presenters, local case studies, a questionand-answer panel and networking opportunities.

Guest speakers will cover a range of topics, including risk management, event management and evaluation, media and marketing, sponsorship, and corporate partner management.

Rick Stanfield. from the popular Scenic Rim Clydesdale Spectacular, and Emily Lochran, from Scenic Rim Events, who has been involved with both the Sunflower Festival and Kalbar Country Day, will present case studies



on their local events, share tips, discuss challenges, and answer questions.

The workshop will run from 1pm to 4pm.

Book your place at www.eventbrite.com. au/e/scenic-rim-events-workshoptickets-208377260997

Photo: Rick Stanfield, one of the guest speakers at the Scenic Rim Events Workshop, will share his experiences about organising the Scenic Rim Clydesdale Spectacular.



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TAMBORINE MOUNTAIN COLLEGE AWAR



HOTA on the Gold Coast held the prestigious Awards Day for Tamborine Mountain College (TMC) where Prep to Yr 12, with family and friends, enjoyed the celebration of another successful year. Invited guests, Scenic Rim Mayor Greg Christensen, Mr David Kirkpatrick from Tamborine Mountain Lions Club, Ms Delma McCrea, Chamber of Commerce and Logan Div 4 Cr Laurie Koranski, were in attendance as well as TMC Board, Mr Lance Cordingley, Cr Virginia West, Mr Michael Kyle and wife Trish, Mrs Vanessa Bull, Ms Alicia Haynes and Mr Tony Kyle.

Awards Day acknowledges achievements at every year level and celebrates the graduation of Yr 12 and Yr 6 students.

Victory & Valour recognised:

- Yr 12 success educationally highlighted by early entry offers into university and TAFE before ATAR release.
- Lions Youth of the Year Speaker Award.
- Debating Teams and Public Speakers competed successfully right through to the Finals. TMC Primary Debating Team took out the Grand Final Trophy and TMC Yr 10 student took out First place at AB Patterson College's Public Speaking Competition.
- Opti-Minds teams went onto State level competition, with a First Place achievement and other accolades.
- Sporting achievements as part of the Independent Sporting Association for the major carnivals of swimming, cross-country and athletics. TMC Equestrian Team achieved State Champions and National success.
- TMC Artfest was a huge success with the community enjoying artworks by students on display, including drama and music performances.
- Drama Excellence students competed in Drama Fest on the Gold Coast.
- Art Excellence students had works displayed in major galleries.
- The HIA (Hinterland Independent Alliance) with Hills and Kooralbyn Schools continues.
- Leo Club and SRC have been busy raising funds and serving the community.

- Camps and excursions to experience learning outside of the College classrooms.
- Certificate levels achieved in many fields of interest.
- Scarecrow Festival Best Kindy Award.
- TMC graduating Yr 6 class a wonderful campus event to celebrate.
- TMC graduating Yr 12 class the Formal at the Intercontinental Sanctuary Cove.

2022 Leaders were also announced:

Secondary:

- Captains Madelyn Graham, Lachlan Williams
- Cultural Captain Zoe Close
- Prefects Patrick Boulton, Emily Clarke, Tiffany Johnston
- Sports Captains Talia Criss (Nicholls), Greg Fowlds (Kyle), Kirsten Quinn (Walton)

Primary:

- Captains James Haskins, Ariana Stevenson
- Cultural Captain Isobel Stevens
- Prefects Charlie Hunter, Ivy Jamieson, Casuarina Brownlee
- Sports Captains Bella Pidd (Nicholls), Skye Petersen (Walton), Ava Hall (Kyle)

TMC Early Learning Centre celebrated the Pre-Prep Graduation at the College this year – an easier option for the little ones and their families. TMC Playtime Group continues to bring the whole mountain community together on Thursdays.

Mrs June Melbourne, College Principal, acknowledged families and staff for their support this year when COVID restrictions still came into play with lockdowns, homebased learning and mask wearing.

TMC Board members were also thanked for their ongoing commitment and Mr Michael Kyle OAM was publicly thanked for his Chairmanship over the last 10 years and Mr Lance Cordingley was officially announced as the new Chairman.

DS AND GRADUATION CEREMONY 2021

TAMBORINE MOUNTAIN COLLEGE AWARDS - 2021

YEAR 12

The R J & M G Nicholls Prize for the Most Outstanding Student

Cleah Sullivan

The Kyle Family Prize for Dux of the College

Naomi Clements

The Simon Davies Cup for Most Outstanding Person in Cultural Activities

Lachlan Woodyatt

The Professor Jack Walton Trophy for Most Outstanding Sportsperson

(The Marcus Oldham Australian Equestrian Scholarship sponsored by Equestrian Victoria for \$11,500.00)

Caitlin Ward

Ampol Best All-Rounder Award

Dylan Sippel

TMC Victory & Valour Award

Paris Richardson / Georgia Round

Chamber of Commerce Award \$500

CeCe Knight

Lions Award \$250

Portia Ilaoa

ADF Leadership & Teamwork Award \$550

Cleah Sullivan

ADF Future Innovators Award \$550

Lana Bignell

TMC Arts Award (works hung at Viking Framers Gallery)

Hannah Dalton

Yr 12 TMC Drama Award

Ryan Adam / Phoebe Fenton-Marshall

Striving For Success Award – Jon Krause MP

Ella Hope-Doble

GUARANTEED UNIVERSITY ENTRY TO SUCCESSFUL APPLICANTS

Southern Cross University STAR Entry Scheme

- Phoebe Fenton-Marshall Bachelor of Digital Media
- Naomi Clements Bachelor of Arts
- Lana Bignell Bachelor of Psychologial Science

- Dylan Sippel Bachelor of Sport & Exercise Science
- Kendall Cox Bachelor of Science -Marine Systems
- CeCe Knight Bachelor of Business and Enterprise
- Georgia Round Bachelor of Arts
- Jamie Philps Diploma of Arts & Social Sciences
- Ella Hope-Doble Diploma of Arts & Social Sciences
- Annie Nicol Diploma of Health
- Caitlin Korner Bachelor of Biomedical Science

Bond University

- Cleah Sullivan Offered Bachelor of International Relations
- Dylan Sippel Offered Bachelor of Exercise & Sports Science
- Emma Sutherland Offered Bachelor of Communication (Business)

Simon Black Australian Rules Academy

Paris Richardson - Diploma of Elite Sports Development/Bachelor Sports Management

Marcus Oldham College

Caitlin Ward - Equestrian Victoria Scholarship \$11,500

TAFE Queensland Merit Scholarship \$5000 Diploma of Visual Arts Hannah Dalton

HEAD START PROGRAM

- SCU Tate Rissman Yr 12 Australian Legal System
- GU Gilbert Griffiths Yr 11 Concept Design Fundamentals

CERTIFICATES

YEAR 10

Brittle, Lachlan	Trade Taster
Coughlan, Jake	Trade Taster
De Araugo, Max	Trade Taster
Fitch, Chad	Trade Taster
Holmdahl, Seth	Trade Taster
Round, Karl	Trade Taster
Watson, Noah	Trade Taster
Wraith, Jack	Trade Taster
Mia Armstrong Product	Cert III Music ion (Performance)

Wood, Keira Certificate II in Animal Studies

Dalton, Jessica	Certificate II in Animal Studies	
Reid, Chanel	Cert II in Tourism	
Diong, Keane	Cert II in Tourism	
Smith, Molly	Cert II in Tourism	
Deegan Alderso	on Cert II in Sport and Rec	
Braydon Croke	r Cert II in Sport and Rec Trade Taster	
Charlotte Flynn	-Grant Cert II in Sport and Rec	
Trent Jellick	Cert II in Sport and Rec Trade Taster	
Maddie Langtor	n Cert II in Sport and Rec	
Oscar Suffolk	Cert II in Sport and Rec	
YEAR 11		
Criss, Talia	Certificate II in Health Support Services/ Certificate III in Health Services	
Williams, Lachlan Certificate II in Health Support Services/ Certificate III in Health Services		
Salon, Jai	Certificate II in Automotive Vocational Preparation Cert II in Sport and Rec	
Felix Harrison-0	Cantwell Certificate II in Engineering Pathways	
Fowlds, Gregor	y Certificate III in Fitness	
Green, Cailum	Certificate III in Fitness	
Taitua, Vinnie	Certificate III in Fitness	
Jack, Liam	Cert II in Sport and Rec	
Mya Scrivener	Cert II in Tourism	
Jamie Castley	Cert II in Tourism	
YEAR 12		
Knight, CeCe	Diploma of Business	
Eugene Lee	Diploma of Business	
Caitlin Ward	Diploma of Business	
Jacey Chia	Certificate II in Applied Fashion Design and Technology	
Rissman, Tate	Certificate II in Tourism	
Olivia Parker	Cert II in Tourism	
Benen Garvey	Cert II in Tourism	

DRAMA EXCELLENCE CERTIFICATE

Yr 12

Ryan Adam, Kendall Cox, Anna Dyson, Phoebe Fenton-Marshall, Jelana Mikulic, Liam Niotakis,

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TAMBORINE MOUNTAIN COLLEGE AWARDS 2021

continued from page 13

Cleah Sullivan, Emma Sutherland, Lachlan Woodyatt

Yr 11

Tannaya Bartlett, Zoe Close, Sophie Byrns

Yr 10

Alex Stanford & Jack Wraith

YEAR 11

Student Most Outstanding in Academics

Joseph Linthwaite

Student Most Outstanding in Co-Curricular Activities

Emily Clarke

Student Most Outstanding in Sporting Activities

Talia Criss (Equestrian Interschool Qld State Team Captain) / Kirsten Quinn

GU Remarkable Award for Leadership + \$200

Lachlan Williams

TMC Victory & Valour Award

Max Lavagna-Slater

YEAR 10

Student Most Outstanding in Academics Ashlee Hildebrandt / Elijah Fern

> Student Most Outstanding in Co-Curricular Activities

Annia Regi / Elijah Fern

Student Most Outstanding in Sporting Activities

Molly Smith (Equestrian – State Championships)

TMC Victory & Valour Award

Anais Bradley / Charlotte Flynn- Grant **ADF Leadership & Teamwork Award \$250** Jessica Dalton

ADF Future Innovators Award \$250 Ashlee Hildebrandt

YEAR 9

Student Most Outstanding in Academics

Lily Parker

Student Most Outstanding in Co-Curricular Activities

Lily Parker

Student Most Outstanding in Sporting Activities

Summer Jacob (Equestrian – State Championships)

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Victory & Valour Award

Gemma Close

YEAR 8

Student Most Outstanding in Academics

Nicholas Brennan / Caleb Adams

Student Most Outstanding in Co-Curricular Activities

Nicholas Brennan

Student Most Outstanding in Sporting Activities

Ashlee Lowe (Equestrian – National Championships)

TMC Victory & Valour Award

Christopher Corden

YEAR 7

Student Most Outstanding in Academics

William Fern

Student Most Outstanding in Co-Curricular Activities

Ava Byrnes / Scarlett Thomson

Student Most Outstanding in Sporting Activities

Amelia Waller (Equestrian – National Championships)

> TMC Victory & Valour Award Emma Anderson

YEAR 6

Service Awards:

TMC Arrows – Captain Award Emily Harding / Maison Cavallo

(Dylan Holmes)

TMC Cultural Captain Award Amelie Zarins

TMC Prefects Award

Maison Cavallo Annabelle Holmes Archer McLean

TMC Arrows – House Captain Award

Walton – Madison Cacciola Kyle – Archie Antunovic Nicholls – James Le Dieu

Dux

Amelie Zarins

Cultural Award

Archie Antunovic / Lucas Regec

Sport Award Madison Cacciola

Lions Award - Yr 7 Green Blazer and Leo Membership sponsored

Lucas Lawrie

Victory & Valour Award

Annabelle Holmes / Ewen Thompson

YEAR 5

Student Most Outstanding in Academics

James Haskins / Ariana Stevenson

Student Most Outstanding in Co-Curricular Activities

Isobel Stevens / Ariana Stevenson

Student Most Outstanding in Sporting Activities

Max Wriggles

TMC Victory & Valour Award

Lauren Evans

YEAR 4

Student Most Outstanding in Academics

Jordy Gill

Student Most Outstanding in Co-Curricular Activities

James White

Student Most Outstanding in Sporting Activities

Riley Brown

TMC Victory & Valour Award

Maelle Raillard

Student Most Outstanding in Band Program

Riley Brown

YEAR 3

Student Most Outstanding in Academics

Faryn Brady

Student Most Outstanding in Co-Curricular Activities

Keenan Gill

Student Most Outstanding in Sporting Activities

Luca Ayoub

TMC Victory & Valour Award

Isabella Greaves

TMC Victory & Valour Award

Yr 2 - Cooper Payne

Yr 1 – Anaya Arora

Prep – Willow Atkins / Estelle Alvarez

From the farmyard...



With the upcoming Tamborine Mountain Christmas Dance Concerts, Malcolm and Cecil (the slug) were giving gardening a rest and concentrating on their awesome dance moves!

CHRISTMAS BARGAINS AT BOTANIC GARDENS SALE

Wondering what to purchase for that special Christmas gift? Look no further than the fabulous plant sale Tamborine Mountain Regional Botanic Gardens on Saturday, December 4.

The sale at the Potty Potters' propagation pavilion at the southern end of the gardens begins at 8am and closes at 2pm – unless sold out earlier. So, there is plenty of time to search for that perfect plant.

The potters have prepared a magnificent display of many varieties; there is surely something for every taste. Recent rains combined with warm weather have left the plants in great condition.



Prices begin at \$8 – with a few special plants at \$5 – and card or cash can be accepted.

Among the best bargains are bare-rooted clivias, potted small white agapanthus and colourful bromeliads. As always, the potters have a selection of succulents, which head potter Bobby White says are very popular right now. Numerous cottage garden plants in many shapes and sizes will be available.

Vehicles will be available to help people with large purchases take their plants to the car park. The vehicles will also be available for less abled purchasers.

The sale will be conducted under a Covid-safe plan which means all visitors must maintain social distancing and take advice and direction from the gardens' volunteers.

The gardens' sausage sizzlers will be on hand to help the hungry, and freshroasted coffee will be available at a stand near the stone bridge.

Visitors are welcome to bring a picnic and enjoy the ambience of the gardens.

Photo: Bobby White

Proposed Development

Make a submission from

26 November to 17 December 2021

Tourist Facility Expansion

(12 Tourist Cabins & Food Establishment/ Reception Centre 153m²)

Where: 232-238 Geissmann Drive, Tamborine Mountain Qld 4272 On: Lot 10 on SP125488 Approval sought: Development Permit – Material Change of Use (Tourist Cabins & Food Establishment/Reception Centre) Application ref: MCU21/068

You may obtain a copy of the application and make a submission to: Scenic Rim Regional Council PO Box 25 Beaudesert Qld 4285 mail@scenicrim.qld.gov.au

07 5540 5111

www.scenicrim.qld.gov.au

Written submissions may be made electronically. Electronic submissions are to be sent to mail@scenicrim.qld.gov.au All submissions, including individual submitter's particulars, will be published on Council's website (PD Online) and therefore will be accessible to internet search engines.

Public notification requirements are in accordance with the *Planning Act 2016*

OWL BE SEEING YOU THERE



This beautiful creature was recently rescued and rehabilitated by ecologist and wildlife warrior Stefan Hattingh, who is the guest of the Tamborine Mountain Progress Association (TMPA) next Saturday afternoon,27th November, at the Zamia 1.30 – 4.30.

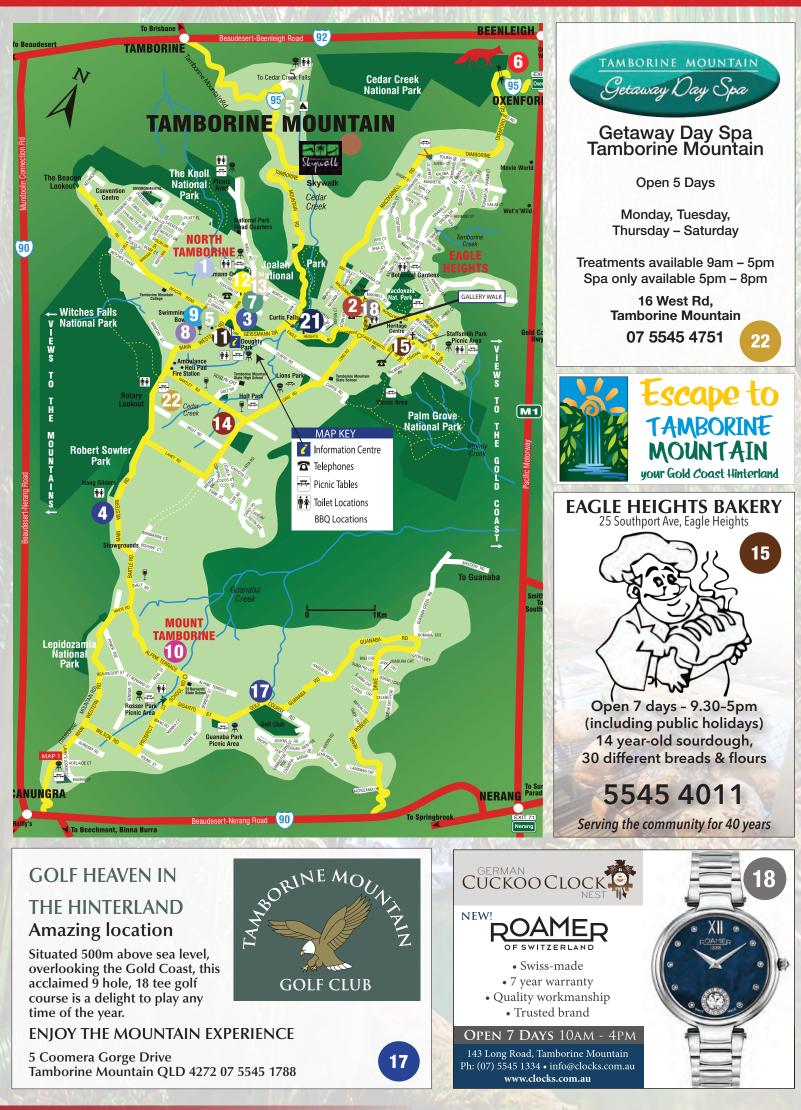
Stefan will be showing his feature length fascinating film about owls – and rats and mice!

It's the last TMPA gig for the year – so there'll be a combined pre-Xmas and 106th birthday cake (a slice for everyone!) some great Xmas gift ideas for sale, and the film.

Box office opens 1.30. Gold coin entry. ALL WELCOME.



LOCAL DINING, SHOPPING AND SERVICES



The IRISH WOLFHOUND

Historically described as "gentle when stroked, fierce when provoked".

Considered the tallest of all dog breeds; when these dogs stand up, as in the picture, they are up to seven feet or 2.1 metres tall; their average height should be taller than that of the great Dane dog. These sighthound dogs were bred to pursue game with sight and speed, used for long solitary hunts – as opposed to scent hounds, they were also used as guardians against wolves. A Roman consul

made reference to these dogs owned by the Gaels (ancient Irish) in 391.

Sadly, wolves were wiped out in all of the United Kingdom during the 17century. The wolfhound dogs were coveted by the Irish and were frequently given as gifts to important personages and foreign nobles. By the late 1700's few wolfhounds remained in Ireland; they were no longer used for hunting but became symbols of status, and these were said to be the last of their breed.



The modern wolfhound was bred by Captain George Graham; he established the breed, the Irish wolfhound Club and breed standards in 1885. Graham created the appearance of the original form of the dog, but not its genetic ancestry. Into the mix of breeds that made up the modern wolfhound were the Scottish deerhound, the great Dane, Borzoi – a Russian sight hound and the Tibetan Kyi apsoi – where the longish fur comes from. In general, all wolfhounds have rough coats and they can come in grey, wheaten, white, faun, red and black colours.

Temperament: they have a various range of

temperaments, and in fact, they are often noted for their personal quirks and individualism. Wolfhounds are rarely destructive and boisterous, but generally introverted, intelligent and reserved in character and quiet by nature. They often develop a strong bond with their human family and they do not do well when left alone for long periods of time. They tend to be protective with individuals but not as guard dogs that protect an owner's property and possessions.

Health: like most large dog breeds, wolfhounds have a relatively short lifespan. Estimates vary between six and 10 years, with seven years being the average lifespan. Bone cancer can be a major problem, and it is recommended to not desex this breed until they are fully mature and grown. As with other large breeds, cross bred wolfhounds are quite common in pounds and rescue centres.

Pam Brandis Dip.Canine. Prac.

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Relationships



LOVING AND AGEING

A dear friend recently shared this poignant post on Facebook:

To love someone long-term is to attend a thousand funerals of the people they used to be. The people they are too exhausted to be any longer. The people they grew out of, the people they never ended up growing into. We so badly want the people we love to get their spark back when it burns out, to become speedily found when they are lost. But it is not our job to hold anyone accountable to the people they used to be. It is our job to travel with them between each version and to honour what emerges along the way. Sometimes it will be an even more luminescent flame. Sometimes it will be a flicker that temporarily floods the room with a perfect and necessary darkness. (by Heidi Priebe)

As those we love grow older and their youthful charisma and energy fades, we can fall into the trap of making unfavourable comparisons with the past. It's possible to get stuck in our perception of how they used to be. Perhaps you were attracted by his athleticism. Perhaps it was a zest for life or a belief they could take on the world. Maybe it was the care she took in her personal appearance. The reality is that your mate isn't the same person you initially met – and neither are you. We don't

remain the same people over the course of a lifetime: emotionally, mentally, and certainly not physically. Physical strength may deteriorate but growth occurs in other areas. In any long term



relationship you get to be with a continually changing person. Every person your mate becomes is someone new to discover. The key to enduring connection is to let them know that you "see" them for who they are in the present and love them even more than you did in the past.

Ageing with a partner requires acceptance of: physical changes; an inability to do what we once did; the varying cognitive deficiencies that occur as we get older. There will be times when you need your partner to support you and times when they need your support more. Regularly communicate with one another about your changing needs. Declining health presents many challenges but it also brings opportunities – moments when we can demonstrate our love and commitment to a person who means the world to us. Give your partner what they need to continue to feel loved and deeply valued by you.

Gratitude is the most important ingredient for thriving in your later years. Show appreciation and never take your loved one for granted. Enjoy every day you have with them. Lower your expectations and focus on what they can do rather than what is lost. Today's abilities may be gone tomorrow so appreciate what you have now. Show one another every day how grateful you are to be sharing life together. You can enjoy the last chapter of your lives knowing that your love is stronger than ever.

Linda Gray linda@relationshipsanctuary.com.au 0401 517 243



with Jess Stinson

IT'S ALL IN THE DETAILS

You may have already picked this up from Hayden's articles but since we moved into our house 12 months ago, we have really gotten into gardening.

I have had so much fun planning, researching and establishing our future garden. I often find Hayden standing in the backyard, hands on his hips, gazing at his lawn. He's probably singing his grass a lullaby - who knows. I think one of the best things about gardening is figuring out how connected everything is. Why some things will flourish and others will struggle to take off, how our landscape changes with weather cycles and why to attract a wide range of insects and animals. I seriously have so much to learn.

Sometimes we take our surroundings for granted and wander around, too busy with our own thoughts and concerns to take notice of what is going on around us. Since paying more attention to our garden, I have noticed tiny connections and I am starting to understand how this system functions. I am noticing what types of bees and pollinators are visiting which flowers, which trees are blooming at what time of the year and which birds visit during different times of the day. The whole garden is in balance, it has a pattern and is constantly changing and fluctuating with its climate. I can really understand why it's important to pay attention to these details to promote a happy, healthy and flourishing environment.

It is with the same detail and wonder that human bodies work. I can remember in early university days sitting in absolute awe as our lecturers would explain the detail, down to cellular processes happening in our bodies to keep us moving, functional and healthy. I remember being amazed by the tiny details that keep us moving, just like I am now with our garden. Sometimes, when life gets busy and overwhelming we wander around, ignore our bodies and forget to pay attention to these small details. When we pay attention to our bodies we can listen to little signals that might tell us that something is not quite right or needs some attention. The tightness in those muscles in your shoulders might suggest that

sitting behind a desk for eight hours a day is not what it is designed to do. The pain in your heels as you get out of bed in the morning might tell us the plantar fascia is having a hard time managing the load going through it. The deep ache in your calf may tell us your lower back is a bit irritated and the unsteadiness as you turn around corners quickly might suggest the vestibular system is a bit out of whack.

As physiotherapists we are experts in reading these signals and figuring out what could be throwing the body off-kilter. If you have ever been surprised at how quickly we can poke a spot you did not know was sore or reproduce pain into your shoulder by pressing on your neck you know exactly what I am talking about. By addressing these issues right down to the root cause we can work on getting the system back in balance and keeping you functional, healthy and thriving. Now, I do not know as much about gardening as I do about physiotherapy and the body, but this is exciting. If you want to swap gardening tips make sure vou let me know.



travelling places

With something for everyone...

TRAVELLING PLACES By Gina Storey

Black Friday is a term creeping into our vocabulary, much like sidewalk rather than footpath, and the origins are from the US. Black Friday is the day after American Thanksgiving (annually the last Thursday of November), and it came about through commercial pressure.

This particular Friday had become a dud for businesses – everyone took a long weekend, and transactions came to a standstill. To turn that around, commerce in the US invented Black Friday – more like our traditional Boxing Day sales – stores offer deep discounts to stimulate sales, and this promotion has taken off in the States. Due to globalisation, it has now taken off worldwide, and I am sure you have seen lots of ads in the last few days promoting Black Friday specials.



In the travel industry in Australia, the creep of this promotion started with the cruise industry, which is predominantly US-owned worldwide. So, it follows that a few years ago the cruise lines stated advertising Black Friday specials and now the whole industry has the bug. So, this is a big week for the travel industry with specials galore for travel in the future. If you are thinking in the next couple of years that you will take an ocean cruise, an expedition, a river cruise, a tour or virtually any travel related booking then this could be a really great time to secure a deal.

Luxury cruise line Seabourn is offering up to \$1000 off, plus up to \$1000 on board credit. Luxury tour company Tauck is offering a free pre tour night in a fabulous hotel. Intrepid Travel is offering up to 25 per cent off their worldwide small group adventures. Norwegian Cruise Lines is offering up to 35 per cent off. Regent Seven Seas luxury all-inclusive cruises is offering 10 per cent off plus a US\$300 on board credit on select sailings.

Australian company Aurora Expeditions is offering up to 30 per cent off Antarctica and Arctic expeditions, plus Travelling Places has a further 5 per cent off deal if you book by 30 November. Insight Vacations and sister company Trafalgar tours is offering up to 20 per cent off their wonderful tours worldwide. Scenic and sister companies Evergreen and Emerald Cruises all have some fantastic offers exclusive to Helloworld. Take a 15-day Amsterdam to Budapest cruise including economy flights return from \$6995 per person. The list goes on.

Most offers will be released 23 November and most of them are on offer for bookings made by 30 November – so a short window to take advantage of these fabulous offers.

Contact Travelling Places for details P: 07 5545 1600 or E: travel@travellingplaces.com.au

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WINE CHAT with Witches Falls Winery

ARE YOU A SUPERTASTER?

Have you ever wondered why you have one friend who loves a glass of rich, full-bodied Shiraz, and another friend who can't stand it? Personally I have a sweet tooth, but I've seen others recoil in horror at the mere whiff of a dessert wine.



Of course everyone has different tastes, but science suggests that genetics and physiological differences can explain some of our food and beverage preferences.

There walk amongst us those with special powers. Some have 20/20 vision or perfect pitch, but there exists a subset of society who are "supertasters". With double the number of taste buds compared with the general population, these individuals make up about 25% of us.

It would be natural to think that supertasters would make the world's best winetasters. Afterall, with all those extra taste buds, wouldn't they be able to pick up on all those subtle, almost imperceptible flavours – the hint of clove, the touch of vanilla – that the rest of us struggle to detect? Surely supertaster status is a prerequisite for winemakers the world over? The reality is that most supertasters aren't necessarily better at picking up on flavours. In fact, the opposite may be true. Some will have a harder time detecting delicate flavours, as having such an abundance of taste buds means they are hypersensitive. It's hard to detect a hint of cinnamon when your palate is already overwhelmed by an overpowering astringency.

For the supertaster, chocolate is sweeter, curry is spicier, lemons more sour, coffee more bitter, alcohol has more burn. Recent studies suggest that supertasters are particularly sensitive to bitterness; specifically, a chemical called 6-n-propylthiouracil. To most people, this chemical will taste like nothing at all, or perhaps mildly bitter. But to supertasters, it will taste oppressively revolting. Influenced by genetics, some scientists have hypothesised the "supertaster" gene has evolved over time as an evolutionary defense. The theory goes that within a tribe, a supertaster would more easily be able to pick out toxic or rancid foods. He or she would then be able to warn others not to ingest said food, thus protecting the group as a whole.

As a result of their sensitivity, supertasters are often labelled "fussy eaters." They tend to avoid things like brussel sprouts, kale, grapefruit, dark chocolate, coffee, and chilli. They also tend to have an aversion to alcoholic beverages, including wine. However, being a supertaster doesn't mean you won't be able to enjoy a glass of wine here and there. The most wonderful thing about wine is its diversity. There is a wine out there for everyone. If you suspect you might be a supertaser, perhaps steer clear of wines that are above 13% ABV. Excessively tannic, sweet, acidic wines may also cause

problems. Instead of an intense, tannic Cabernet Sauvignon, opt for softer reds like Pinot Noir or Beaujolais Nouveau. Sauvignon Blanc too zippy? Perhaps try a gently oaked Marsanne. Wine tasting is the perfect opportunity to try new things and find a wine that works for you.

Cheers,

Alexandra Douglas and The Witches Falls Winery Team



www.gourmetfoodco.com.au

FOOD FOR THOUGHT

with Chef Dylan Gittoes

www.gourmetfoodco.com.au (f) (

SPARTAN BBQ LAMB CHOPS

Lamb BBQ chops are a favourite of mine, as they are great value and quick and easy to prepare. That makes my zesty chargrilled lamb chops served with a warm potato and Greek-style salad the perfect choice for a week-night wonder or weekend get-together. I've used my spartan marinade in this dish as I believe the Greeks got it right when they combined parsley, lemon, roasted garlic, freshly cracked pepper and sea salt flakes, which is why I've done all the hard work for you so you just simply marinate the lamb and experience the flavours of Greece.

Did you know? The Spartans were not just known for their feats of war, but also for their skill in cooking. The ancient writer Plutarch recalled one Spartan soldier remark: "The Spartan society was strong, but why? Because we ate well. Fresh food, fresh meat, fresh water and wine. We also trained well, but yes would training be possible without good food? Of course not, so we ate well, but not too much. Our Spartan warriors cannot afford to be out of shape.' They were renowned for making a thick pig's blood type of soup filled with meat. but unfortunately there is no recorded recipe for this dish. Protein was a very important part of the Spartans' diet so they also ate a lot of pork, mutton and even lamb on special occasions.

The first time I can remember having BBQ lamb chops was at my grandmother's 50th birthday celebration. My grandmother has eight children and all my cousins are there. It takes place in our backyard and we eat our BBQ lunch of sausages, lamb chops and some potato salad. "How delicious is that meat?" I remark to my cousin and suddenly before he could even reply all us kids are rounded up by our 18-year-old Aboriginal aunty. "Right, you lot listen up; all the kids are coming with me; we going to play a game in the front yard. Look here, see these hoops," she said, "the game is to throw them over that peg. And stay behind this line," she ordered as she dragged her foot along the grass. "Now you get three throws each. Dylan you're in charge." She came down to my level and looked me in the eyes and said sternly, "You're not to come into the back yard" and with that she immediately stands up, turns and leaves.

After a few throws I can hear laughing coming from the back yard and I can't

help myself from taking a look. "Ryan you are in charge. Do not come into the back yard," I say, looking at him sternly. I unlock the side gate and tip toe down the side passage and what greets me, as I turn and look behind the house is hilarious. I have to cover my face from laughing. There, surrounded by my family, dancing to MC Hammer's 'U Can't Touch This' is a man who looks like Hulk Hogan, wearing nothing but leopard skin speedos and a red band

around his long blond hair, thrusting his hips and happily swirling his shirt like a lasso in time to the music. My grandmother's face is bright red from laughter. Suddenly he takes her hand and gracefully with the skill of a dancer he twirls around her like a ballerina. My mum is elated and enthusiastically clapping and cheering her on, and to everyone's delight Nan starts to dance with the man. Cheering and laughter fill the air and as the song finishes, he holds her up like a child and yells "Happy Birthday, Robin". Suddenly, I hear a giggle behind me and I turn around to see Ryan and the rest of my cousins. "Quick, let's get back before they see us," I cry as we collectively burst out laughing running back out the front.

Chef Dylan tip: When cooking on the BBQ it is essential to cook on a hot grill, but not a scorching hot grill as this will burn the marinade and your protein. This is the reason you see so many burnt sausages at events. So, heat the grill on high but once hot turn the temperature down to medium high (halfway between medium and high). If you don't own a BBQ yet, don't fret as you can just as easily cook this recipe in a fry pan or even underneath the grill. So, if you have never tried a BBQ chop do yourself a favour and give this recipe a crack and if you love a good BBQ chop then definitely give this a crack.

PREPARATION: 15 mins COOKING TIME: 25 mins SERVINGS: 4

INGREDIENTS

- 4 × 150g-ish BBQ lamb cutlets
- 3 tablespoons of SPARTAN*



- 2 tablespoons olive oil
- 1/2 red onion, thinly sliced
- 1 red capsicum, chargrilled
- 40g feta cheese
- 20 kalamata olives
- 1 ripe avocado, cubed
- 1 vine ripened tomato
- 300g mixed lettuce
- 4 tablespoons salad dressing
- 12 chat potatoes
- Butter for potatoes
- 4 thyme sprigs
 * Chef Dylan's Gourmet Food Co. Spartan marinade

METHOD

- 1. Mix the SPARTAN with oil in a bowl.
- 2. Add chops into the bowl and evenly coat both sides. Marinate for 20 minutes.
- Boil potatoes for 20 minutes until soft and strain from water. Keep warm.
- 4. Slice onion then dice capsicum and avocado.
- 5. Grill chops on high heat for 4-6 minutes each side or cook to your liking then set aside to rest.
- 6. To make the salad, layer mixed lettuce, avocado, capsicum, tomato and red onion. Add buttery potatoes, olives and crumble feta on top. Finish with a drizzle of salad dressing to finish.

TO SERVE

Garnish with fresh thyme sprigs and accompany BBQ lamb chops with buttered potatoes and a Greek-style salad and devour.

www.gourmetfoodco.com.au

hooked on books

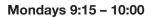
SCENIC RIM LIBRARIES WELCOME

Patrons will need to sanitise hands as they enter, and provide their library card number or details (as per government directives).

STORYTIME & SINGSONG

Join us for stories & interactive songs and a craft pack to take home. Suitable for parents/ caregivers with babies to children under five.





To join this session please phone 5540 5473 or email library.t@ scenicrim.qld.com.au

BABY RHYME TIME

A fun interactive session of songs,



rhymes, books and movement to foster your child's love of language. Suitable for parents/ caregivers with babies to children under three.

Fridays 9:15 - 10:00

To join this session please phone 5540 5473 or email library.t@scenicrim.qld.com.au

GAMES@4

Join us every Wednesday afternoon at 4pm to reveal the game of



the week, then stay and play!

We will bring board games to life, unearth old parlour games and battle our way through the weekly challenge.

Ages 8+ Wednesdays 4.00 - 4.45

GILT EDGES BOOKCLUB

This bookclub is for you if you love to read the

classics. We have a few places now



available. If vou

would like to reserve a spot in your diary for the Last Wednesday of the month, 9:30am. Book at Tamborine Mountain Library, or call us on 07 5540 5473



TAMBORINE MOUNTAIN LIBRARY NEWS by Friends of Tamborine Mountain Library

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Remember to check out the LIBRARY E-RESOURCES

Link from our website or download the app, and log in with your library card.

Books, ebooks and magazines Movies, languages & puzzles.

A Justice of the Peace is

available Monday, Wednesday and Friday 10 am – 12 pm



INTERESTING FACTS ABOUT BOOKISH THINGS

- To Kill a Mockingbird is Harper Lee's only novel, even though it won a Pulitzer Prize and spent 88 weeks on the best seller list.
- Lewis Carroll's book 'Alice in Wonderland' was banned in China as the book

suggests animals can talk and write just like humans, which



according to the governor of Hunan, China is "disastrous".

- No word in the English language rhymes with month, orange, silver, and purple.
 - The first novel ever written on a typewriter was Tom Sawyer.



Our Book Choice: THE FIRST DAY OF SPRING by Nancy Tucker



"So that was all it took," I thought. "That was all it took for me to feel like I had all the power in the world. One morning, one moment, one yellow-haired boy. It wasn't so much after all."

Meet Chrissie...

Chrissie is eight and she has a secret: she has just killed a boy. The feeling made her belly fizz like soda pop. Her playmates are tearful and their mothers are terrified, keeping them locked indoors. But Chrissie rules the roost -- she's the best at wallwalking, she knows how to get free candy, and now she has a feeling of power that she never gets at home, where food is scarce and attention scarcer.

Twenty years later, adult Chrissie is living in hiding under a changed name. A single mother, all she wants is for her daughter to have the childhood she herself was denied. That's why the threatening phone calls are so terrifying. People are looking for them, the past is catching up, and Chrissie fears losing the only thing in this world she cares about, her child.

Genre: Thriller - Mystery - Suspense

LIBRARY OPENING TIMES **MON-FRI** 9AM-5.30PM • **SAT** 9AM-12PM Tamborine Mountain Library is proudly operated by Scenic Rim Regional Council.

CLASSIFIEDS

Bookshop & Art Gallery - Under the Greenwood Tree. Open 5 days 10 - 5. Closed Tuesday and Thursday Home deliveries 7 days. Book orders welcomed. 92 Main Western Rd Nth Tamb Ph.0424 586 066 P

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Please note: 2 days' notice required

POSITION VACANT

Shop Assistant for Bakery, Suit Year 12 school leaver or university student. Casual hours, weekend and weekdays. Call 07 5545 4011 Send Resumé to Eagle Heights Bakery on facebook



Yoga Under the Bodhi Tree – LIVE YOGA CLASSES: Mon 9.30am Moriarty CC, Canungra. Tues 9.30am and Sat 9.00am Zamia Theatre, Main St, Tamborine Mountain. Wed 6pm Creative Arts Centre, Wongawallan Rd, Tamborine Mountain. ONLINE YOGA CLASSES: Tues 6pm, Wed 9.30am, Sat 6.30am. For Online Classes text or email me: Margot 0428 137 391 or yogaunderthebodhitree@outlook.com. I will send you an email with a link. Very simple, very low tech. Come and join us! Hatha, Nada and Tantra Yoga. Contact: Margot Y.A (Australia) 0428 137 391. Transform your Life with Yoga.

TRIVIA TRUE OR FALSE?

- 1. The distance from the Earth to the Moon is four hundred thousand miles.
- 2. Sri Lanka is to the south-east of India.
- 3. Albatrosses only inhabit the Southern Hemisphere.
- 4. On a dartboard, the number 11 section is at the 'nine o'clock' position.
- 5. Spiders are true members of the insect family.
- 6. Sound travels at 650 miles an hour at sea level.
- 7. Tony Curtis once played 'The Saint'
- 8. The colour '*eau de nil*' is a pale blue.
- 9. The city of Hyderabad is in India.
- 10. 'Good Vibrations' was the first UK hit for the Beach Boys.
- 11. 'Inter alia' in Latin means 'amongst other things'.
- 12. Tchaikovsky composed six numbered symphonies.
- 13. Venus is larger than Earth.
- 14. 'Pied a terre' in French means 'cave'.
- 15. In 2021, no commercial passenger-carrying currently operating aircraft can exceed the speed of sound.
- 16. The atom is the smallest possible object.

Answers page 27

ARTWORK CLEARANCE

ARTWORK COLLECTION CLEARANCE. Mostly wildlife ORIGINALS & LIMITED EDITION prints by Aust. Artists inc. Greg Postle, Lyn Ellison & Judy Scotchford. Most at ½ original price. View Sat. 20 – Sun 28 Nov at Mumma Ducks, 149 Long Rd, Gallery Walk.

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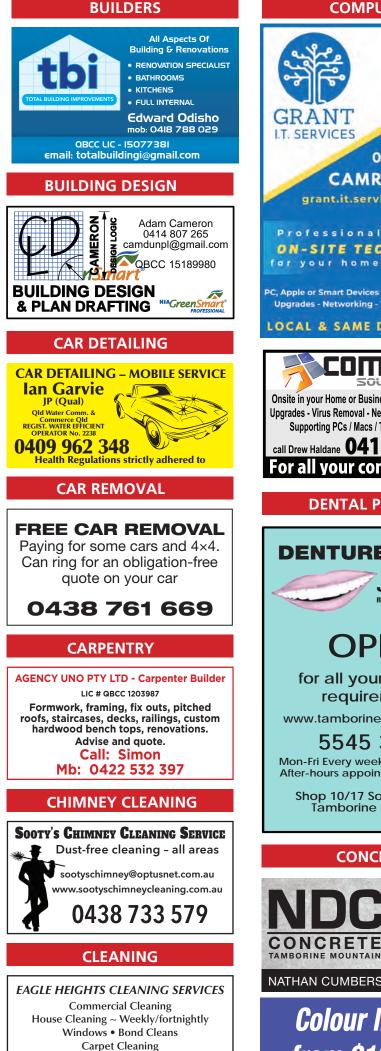
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WATER SUPPLIES

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REGULAR MOUNTAIN ACTIVITIES

BADMINTON Social players, all levels. Mon 6.00pm to 7.30pm at the Vonda Youngman Community Centre (except Public Holidays).

BOOK READERS GROUP meets once a month, new members welcome. Enquiries at TM library.

BOTANIC GARDENS Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

FILM CLUB AT THE ZAMIA. Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

FRIENDS OF TAMBORINE NATIONAL PARK : meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

FRIENDS OF TM LIBRARY Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

MEDITATION: Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

MEDITATION: (World Community of Christian Meditation). Ecumenical. Tuesdays 8am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. All welcome. 5545 2919.

MOVIES ON THE MOUNTAIN: Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

RELAXED MIND TAI CHI: Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

ROTARY ON TAMBORINE MOUNTAIN meets every Wednesday night at 6.30pm for 7.00pm start at the Eagle Heights Hotel. New members and visitors welcome. For information, call David on 0419 743 275

SINGING 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacapellatamborine@gmail.com

TAI CHI Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

TAMBORINE MOUNTAIN COMMUNITY CARE

ASSOCIATION: Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS), a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

TANGO CLASSES: Tango and salsa classes: every Monday night at the Zamia theatre. Salsa for beginners from 6.30-7.30pm and tango for experienced from 7.30-8.30pm. Cost is \$30 per couple or \$20 pp. Contact Alejandro at 0413 595 275.

TM ARTS COLLECTIVE: Meetings are usually held at 7.00 pm on the first Wednesday of the month at a designated location (call 5545 0043 for details). We always welcome visitors and enquiries from new artists and artisans. We stand for a stronger arts community on the Mountain, and continue to lobby for a local community gallery and arts hub. The Collective benefits from our association with the Brisbane Visual Arts Community (BVAC) and members participate in Brisbane and local arts events.

TM BOWLS CLUB – Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon;

barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

TM BRIDGE CLUB meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm and in an Assisted Play session on Friday at 12.45pm for those wishing to learn more in a social environment at the Tamborine Mountain Sports Complex, 400 Long Road.

TM CHAMBER OF COMMERCE: 2nd Wed. of month. Phone 5545 0944 Email:

info@tamborinemountainchamber.com.au

TM COMMUNITY KINDERGARTEN ASSOC meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities MONDAY 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st, 3rd, 5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture & Pottery TUESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) WEDNESDAY 9.00am-12.00 noon General Craft, Bridge - 12.30pm - 4.30pm, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). THURSDAY 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) FRIDAY 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong SATURDAY 1.00pm-4.00pm Yarners

TM CROQUET CLUB: Monday and Thursday mornings 8.30 on our green at Club Tamborine. Free coaching, new members always welcome to join us. Ph: Heidi 0488 440 296

TM FAMILY HISTORY GROUP Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Sharon on 0401 830 358

TM GARDEN CLUB: Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. BYO morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome. email: tamborinemtngc@gmail.com mobile: 0417 623 023

TM GOLF CLUB is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

TM HISTORICAL SOCIETY – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

TM LANDCARE: Volunteering opportunities:Forest Regeneration Work: Judith Roland - 0429 808 206 for details; Helping at the Piccabeen Bookshop - 0403 783 757 during office hours

TMLETS: Join at Community Exchange System www.ces.org.za . Eng. 5545 3776.

TM LIONS CLUB Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld. lions.org.au/

TM LITTLE THEATRE: Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President **www.tmlt.com.au**.

TM LOCAL PRODUCERS ASSOC. sell local produce every Sunday at the TM Showgrounds from 7am - 12noon Phone 5545 1527.

TM MASONIC LODGE: Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

TM MEN'S SHED: Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday, Thursday, and Saturday from 8:30 am to 12:30 pm. New members welcome. To find out more, drop in for morning tea and a chat or call our President on 5606 8367 or check out our web page at www.tmmensshed.com

TM NATURAL HISTORY ASSOCIATION:

Birdwatchers – For further information call 5545 0995. **TM BUSHWALKERS,** find out about us on the TM Natural History Association website. New members welcome. Enquiries: 0439 869 125 or 0478 414 892. www.naturalhistory.org.au.

TM NETBALL CLUB. Contact Tracey 0438 575 662.

TM ORCHESTRA rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is Tamborine Mountain State High School at Holt Rd. New players always welcome. For more information, phone Danielle on 0423 210 949. Check us out on our website www.tamborinemountainorchestra.com; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine www.tmpcq.org.au Sunday Morning Service 9am (including kids church) and Evening Service 5pm (including kids church). Playgroup: Tuesdays 9.30am for 0-5 years. Youth Group: Fridays 4-6 pm for Years 7 – 12. Enquiries: dave.mugridge@tmpcq.org.au | www.tmpcq.org.au BARGAIN CENTRE: Tuesday to Saturday opens 8am – 12 noon (rear of the Presbyterian Church.

TAMBORINE MOUNTAIN COMBINED PROBUS CLUB: Enjoy the company of retired and semi retired women and men at our social club meetings for fun, friendship & fellowship at Club Tamborine Sports Club,6-12 Beacon Road, North Tamborine on the second Wednesday of the month at 9.15 for 9.30 start. Lyndal Drennan, President 0450 907 670

TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB): Join like-minded retired and semi-retired men for fun activities at Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 3rd Wednesday of the month at 10am. Contact Bob Hepple on 0411 776 888 for details of next meeting.

TM PROGRESS ASSOCIATION: 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

TM RSL Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning President Phil Hunter 0419 662 961.

TM RUGBY: Training Monday and Thursday 3.45pm- 5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

TM TENNIS CLUB: Social tennis from 6.30pm Mon, 7.00am Tue, 6.30pm Wed and 3.00pm Sun. Ladies from 7.00am Fri. Fit Hit (cardio) 6.30pm Tue. For all sessions, no need to book, just turn up. 88 Beacon Rd North Tamborine. Contact Henry Rich 0477 775 671

TM WRITERS GROUP: Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

UNIVERSITY OF THE THIRD AGE (U3A). An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info please access our website www.u3atamborinemountain.com

YOGA: For beginners to advanced students: Hatha, Tantra and Nada Yoga. Tues 9.30am, Sat 9am at the Zamia and Wed 6pm Creative Arts Centre. Margot Wagner 0428 137 391

ZUMBA GOLD: Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – TamborineMountainZumba@gmail.com







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