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FIRE

Scenic

EMERGENCY SERVICES WELCOMED AT TAMBORINE MOUNTAIN STATE HIGH SCHOOL

On Friday morning, Year 11 and Year 12 students from Tamborine Mountain State High were visited by our local Police, Ambulance, Funeral Directors and Fire & Rescue Service. Our emergency services and some budding actors from the school re-enacted a very raw and real display of a road accident following a "Party Scene". The event was completed by guest speakers with firsthand experience of road crash trauma. Pictured (from left): QFES: Gareth Wilkinson, Robyn Dale, Garry Cole and Danny Edser; QAS: Dion Marr and Samantha Powis; QPS: Hayley McLaughlin and Brendan Payne (both Senior Constables); TMSHS: Casey McConnell (School Vice-Captain) and Dane Russo (School Captain)



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TM UNIVERSE ALREADY AN EXPERIENCE

Almost everyone in one way or another, is affected by the global disruption caused by the coronavirus pandemic.

Small businesses are struggling, many people have lost jobs or have to work in very different ways from before. Health concerns are significant, especially for the elderly and people with underlying health issues, as well as their friends and relatives. Anxiety and depression are on the rise.

Everyone copes in their own way, but it is safe to say that it is very important for most people to stay connected to the outside world. Seeing other people not only via Skype, Zoom, Facebook, phone or email is for most humans essential.

In the current times that is harder than ever. One way to achieve that is to join a local group. Playing bridge with people is different from playing bridge on the computer. It is wonderful to be included in these 'real world' activities.

This might also be the time to consider joining a local group that offers services to the community, such as a sports club or scouting group, a service organisation like Rotary or Lions, a public oriented venue like the Piccabeen bookshop, Heritage Centre or Visitors Information Centre, or a focus group like the Botanic Gardens or TM Universe.

Regarding TM Universe, the activities are rapidly expanding. In September

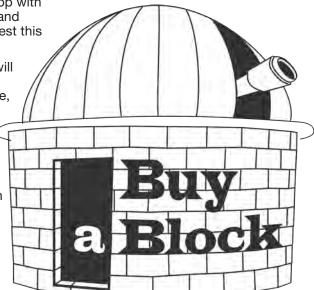
TM Universe will hold a workshop with University of Southern Queensland (USQ) regarding ideas of how best this centre can be established.

Over the next few months, we will write a business plan, improve several activities like the website, publish articles in newspapers and on Facebook, and grow our membership. Our founding members (who contributed \$200 each by 'Buying a Block') will be invited to a special information night. In a project like this, many hands and brains make the outcome easier to achieve, with better results.

TM Universe has a strong team in charge, guiding the process along. The team is supported by a range of professional experts, who, in the current stage, volunteer their time as well. In addition, others help our team with specific tasks, like registering the members, maintaining the website, keeping Facebook up to date, writing meeting minutes, and keeping track of documents etc.

Because the project is growing, more hands and brains are always welcome, both for very practical and for more scientific and managerial tasks. The organisation is currently being kept as 'lean' as possible, so we don't waste time on many meetings or talk fests. We all prefer to meet with each other one to one, or with three, enjoying a





cappuccino ... achieving whilst supporting our local cafes and at the same time observing the required social distancing regulations.

This exciting project is real fun, despite its highly professional and scientific nature. Virtual reality and state of the art presentation techniques will be at the core. By being involved, you will have the chance to learn about: life in the universe, indigenous astronomy, virtual reality, planetariums and space research.

If you'd like to be involved, please keep asking us 'how it's going' (that helps!), become a founding member by Buying a Block of the 'to be rebuilt former TM Observatory', or offer a bit of your time and energy. It will be a rewarding experience. Wouldn't it be great to be an active participant in this project that will give the Mountain a great asset based on science, education, economy and wonderful experiences?

For TM Universe, please contact www.tmuniverse.com.au, team@tmuniverse.com.au, or call Jaap on 0473 818 908.

Jaap Vogel

Exciting News

Scenic News is proud to introduce our newly redesigned website: (3) www.scenicnews.com.au

We have redesigned it with you in mind, providing more resources and information on our products and services, with a clean design, and fully responsive with mobile devices.

Our new website provides a clear message of who we are, what we stand for and where our value lies when delivering your local paper to read, keep and share. Our current, regular advertisers are getting a free promotional online presence for the rest of the year. All new advertisers who advertise in print regularly, will also receive a free, promotional online presence for the rest of the year.

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CRIME STOPPERS BOOST UNDER LNP GOVERNMENT

The LNP's plan to reduce crime in the Scenic Rim has strengthened with a \$1.5 million funding commitment for Crime Stoppers, if elected on October 31.

Member for Scenic Rim, Jon Krause, said the extra money would help expand the network of volunteers and support crime-prevention.

"The Palaszczuk Labor Government significantly reduced funding in February 2019 which led to the closure of the Crime Stoppers call centre," Mr Krause said.

"Labor's shocking decision saw an increase in demand to the Queensland Police Service which was already massively over-stretched.

"Last year it was revealed that 130,000 crime reports and tipoffs to PoliceLink were abandoned by callers who hung up when their calls went unanswered.

Mr Krause said that Crime Stoppers was a crucial service that helped police make almost 2200 arrests in the last year and detect drugs with a value of almost \$6 million.

"Labor created a crime crisis and they don't a have plan to fix it," he said.

"The LNP will work with Crime Stoppers to boost the role that volunteers play in the fight against crime and ease the pressure on our police.

"We will end Labor's crimewave by giving police the resources and the tough laws they need to protect the community.

"The only way to fix the crime problem is to change the government on October 31," Mr Krause said.



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17-27 Main Western Road, North Tamborine ehdcreception@eagleheightsdental.com.au www.eagleheightsdental.com.au

FIGHTING FOR PLANET A



The Fight for Planet A is already happening in our local region on the transport and energy fronts. I have noticed many more Telsas, Nissan Leafs and other electric vehicles (EVs) on our local roads.

In addition, from meeting many residents in my window furnishings business I have encountered families with home batteries to complement their solar arrays.

All EV owners will tell you they are a joy to drive and amazingly cheap to own despite the high price tags.

The home solar power systems that many Australians have are good but nothing amazing. When a solar system is paired with a home battery and hybrid inverter system, however, you have something that gives you some freedom from using grid power all of the time, depending on how you manage your electricity use. The home system then becomes your own power station for your vehicles and home all in one. A bit like having an oil well on your roof at home but a lot cleaner.

As Australia is facing many issues, including underemployment and the threat of climate change, many people are now realising we need to build the batteries here, build the solar panels here and build the electric transport here using the skeleton of the defunct automotive industry.

There could be plenty of jobs for electricians installing charge points everywhere among all the fulfilling jobs that could be created. For all this to happen, it just requires some political will from the top elected representatives of our fine and talented nation.

Richard Kent

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MEN STATEMENTS

With Father's Day fast approaching, I thought it appropriate to give our men a say this week. The following list is what men would like to say to the women in their lives but aren't game. The submitters of these statements have requested anonymity but hope they give you a laugh!

- 1 Anything I said six months ago is inadmissible in an argument. All comments become null and void after seven days.
- 'Yes' and 'No' are perfectly 2 acceptable answers to almost every question.
- Whenever possible, please say 3. whatever you have to say during commercial breaks.
- Men are not mind readers ask for 4. what you want. Subtle hints don't work - actually, obvious hints don't work either.
- When you are giving vital 5. information that I REALLY need to know could you please preface it with a clear warning so I can tune in.
- You can ask me to do something 6. only if you don't tell me how to do

it. If you already know best how to do it, just do it yourself.

- 7. Learn to work the toilet seat you're a big girl who should really know how to put it down all by yourself.
- When you precede a statement 8. with "correct me if I'm wrong" you should be really happy when I comply with your request.
- 9. Come to me with a problem only if you want a solution - that's what we do. Girlfriends are for sympathy; men are for fixing things.
- 10. Real men do not read instruction manuals or listen to Siri to tell us which exit of the roundabout to take.
- 11. When we go somewhere, absolutely anything you wear is fine ... really. None of them change the size of your butt.
- 12. If God needed 10 commandments to instruct the world, why do we need 176 house rules? Can anyone explain the point of 'decorative towels'?
- 13. If something I said can be interpreted two ways and one of the ways makes you sad or angry, I meant the other one.

- 14. If I ask what's wrong and you reply 'nothing' I will accept your answer. I know you are lying but it's just not worth the hassle.
- 15. Men see in seven colours. Peach, for example, is a fruit. So is grape. I have no idea what mauve is.
- 16. Don't ask me what I'm thinking about unless you are prepared to discuss such topics as the price of beer, which team will win the premiership or the latest Toyota Landcruiser.
- 17. Don't keep asking me to get in shape - round is a shape.
- 18. The fact that my mother's lasagna tastes better than yours is not a question of my loyalty to our relationship.
- 19. Men are right most of the time. I just like to see you happy.
- 20. Could someone please come up with a word that rhymes with husband so we can have a more balanced statement to "happy wife, happy life".

Linda Gray linda@relationshipsanctuary.com.au 0401 517 243

Notices ouncil



EXPRESSIONS OF INTEREST OPEN FOR THE NEXT SCENIC RIM TOWN CRIER

Scenic Rim Regional Council is looking for an individual who has immense pride in the region, a big voice, and a fun disposition to keep the community entertained and engaged! The town crier may be perform at opening festivals, special events, parades and processions and much more.

Anyone interested must send a letter of application with information detailing why they would like this role and be suitable as the next town crier to debra. mo@scenicrim.ald.gov.au.

Find out more about how to apply on Council's website www.scenicrim.qld.gov.au/communityculture/town-crier-eoi/1

COMMUNICATION SURVEY

Continuing Council's ongoing customer focus journey, we are seeking feedback from the community to help shape our future communication. You can have your say by visiting Council's website www.scenicrim.qld.gov.au/our-council/connect-with council/have-your-say

COMMUNITY WELLBEING EXPRESSIONS OF INTEREST

Council is calling for expressions of interest from Scenic Rim providers who are suitably skilled to deliver community wellbeing programs in 2021.

If you are involved in the fitness, health, sport, arts or wellness industries, and are passionate about delivering activities that encourage Scenic Rim residents to be healthy, active, artistic and socially connected, Council would love to hear from you.

For more information, visit

www.scenicrim.qld.gov.au/wellbeing/eoi

COMMUNITY FEEDBACK SOUGHT ON BROMELTON HOUSE ROAD

Scenic Rim Regional Council is seeking community input on making Bromelton House Road off limits to heavy vehicle through-traffic.

If community members have any feedback in relation to this proposal, they should reference 'Bromelton House Road' in correspondence to Council by 4 September 2020.

More information is available on Council's website www.scenicrim.ald.aov.au/our-council/connect-withcouncil/have-your-say



LIVE + ONLINE AT THE CENTRES FRIDAY FLICKS ARE BACK!

Boonah Cultural Centre Screenings at 10am, 1pm and 7pm. Tickets must be purchased in advance either online or by phoning 5540 5050. Seating will be allocated

on arrival. MISS FISHER AND THE CRYPT OF TEARS (M) 4 September

Glamorous female detective Phryne Fisher returns in a cinematic sequel to the popular TV series.

BIGGEST LITTLE FARM (PG) 11 September Documentary by Emmy Award Winning director

John Chester. BEAUTIFUL DAY IN THE NEIGHBORHOOD (PG) BEAUDESERT LIBRARY HOUSEBOUND SERVICE

18 September Delightful biographical drama with Tom Hanks and Matthew Rhys



RITCHIES BOONAH ARTS FESTIVAL Sip and Paint Friday 11 September 7pm \$20-\$25 **Fashion and Festival Awards** Saturday 12 September 7pm \$15-\$20

For more information: boonahartsfestival.org.au.

SCENIC RIM WRITERS 10am FIRST TUESDAY OF EVERY MONTH

Regional Council

THE CENTRE BEAUDESERT For more information contact Marisa on 5540 5050

<u>CENIC RIM</u>

VONDA YOUNGMAN COMMUNITY CENTRE Friday, 18 September 9.30am - 12.30pm

OWC WORKSHOP

Writing Dialogue that Works with Emily Larkin (open only to Scenic Rim residents or Members of any Scenic Rim writers' group) Limited numbers, book now on our website.

For more information and to subscribe to our e-blasts visit: liveatthecentre.com.au

LIBRARIES

Do you like reading, but are unable to get to the library due to health issues? The Beaudesert library volunteers are able to select and deliver library items to your home once a month. Please contact our volunteer Margaret to discuss eligibility and get you reading again, call 0422 415 145.

JUSTICE OF THE PEACE AT SCENIC RIM LIBRARIES

JPs are available for consultation in Boonah and Tamborine Mountain libraries. One person per visit will be allocated to a 15-minute time slot. Visit the Boonah library (Thursday 11am-1pm) or Tamborine Mountain library (Mon, Wed, Fri 10am-2pm). Please note, there is currently no photocopying service available in the library

Visit the website: scenicrim.qld.gov.au/libraries

Council correspondence should be addressed to: Jon Gibbons, Chief Executive Officer, PO Box 25 | 82 Brisbane Street, Beaudesert QLD 4285 | Phone 07 5540 5111

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OPEN HOMES - Sat 29th

10 - 10.30	45 Bateke Road
10 - 10.30	570 Henri Robert Drive
10.30 - 11	271 Wongawallan Dr, Wongawallan
11 - 11.30	801-811 Main Western Road
11 - 11.30	8 Areca Court
11 - 11.45	71 Murray Grey Drive, Tamborine
11.15 - 11.45	195 Fenwick Rd, Boylan
11.15 - 11.45	127-129 Guanaba Road
11 - 12	3 Dapsang Drive
11.30 - 12	1/16 Golfers Crescent
12 - 12.30	15/5-15 Cook Road
12 - 12.45	81 Murray Grey Drive, Tamborine
12.15 - 12.45	68 Coomera Gorge Drive
12.15 - 12.45	56 Walnut Road, Tamborine
12.30 - 1	73-79 Ballantrae Road, Tamborine
12.30 - 1	376 Main Western Road
12.30-1.30	220 Beacon Road
1 - 1.30	27-29 Huyber Lane
1 - 1.30	82 Martin Place, Tamborine
2 - 2.30	92 Eagle Heights Road
2 - 2.30	4/219 Long Road
2 - 2.30	17-19 Lassen Drive
2.15 - 2.45	279 Guanaba Road



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have an offer that we accepted. Thank you Linda....Bev







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AGENTS

Mark Inwood 0407 292 036 Debra Opie 0409 210 362



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WINE CHAT with Witches Falls Winery

MORE WINE TERMS TO TANTALISE

We get it, much of the language involved in tasting and smelling a wine is



overwhelming, and in some cases can even sound downright silly. But don't let that deter you, we're here to help. Welcome to Wine Term Tuesdays! Whereby from now, until we run out, we'll be exploring five new wine terms each week. Each of the five terms we have chosen this week can, in most cases, be used when describing a red wine. See if you can work a few into your Friday evening drinks!

Jammy:

One of modern wine jargon's trendier terms, 'jammy' usually refers to a lighter, more quaffable wine. As you would expect, jammy wines tend to be reminiscent of ripe fruit. Where might you be able to apply this term? Cabernet Francs, Zinfandels are commonly referred to as 'jammy', alongside our very own Wild Ferment Garnacha; a light, fruity red with a spicy surprise.



Cassis:

The term 'Cassis' actually refers to a type of liqueur known as Creme de Cassis, made from blackcurrants. When used in relation to wine, 'Cassis' usually alludes to the seedy, gritty characteristics that you would expect to find in an actual blackcurrant. Deep garnet in colour, our sumptuous Provenance Merlot combines dark berry aromas with grippy cassis and black cherry palate.

Opulent:

In much the same way that you might describe a 17th century palace like Versailles as 'opulent', you could describe a wine. Abundant, luxurious, and glorious to behold, these wines are understandably, hard to resist. Big, bold, and deliciously fruit-driven, our Wild Ferment Malbec might just be the most opulent of all (it also has the most gorgeous shade of ripe plum we've ever seen)! Much to our dismay, our beloved Malbec sold out early last week. Stay tuned for the next vintage.

Chewy:

The term 'chewy' is almost always used in reference to a wine's tannins. Ever tried a red so tannic it dries out the interior of your mouth? That's chewy. Almost as though you have to "chew" the tannins out of the inside of your mouth. Sound good? Check out our Provenance Cabernet Sauvignon...

Muscular:

Wines that fall into the category of 'muscular' tend to be your bigger style reds, such as Cabernet Sauvignon, Barolo, or Shiraz. Muscular essentially refers to a wine that puts hairs on your chest; big, bold, and exhibiting lots of power. Veracious, earnest, and grippy. The Prophecy Syrah is a steadfast traditionalist. Our go-to for any and all special occasions, the Syrah exhibits a balanced muscularity.

For even more useful wine terms, head over to our website witchesfalls.com.au

Cheers and stay hydrated,

Imogen Mulcahy and the Witches Falls Crew





with Neil Bell



COURAGE AND TEAM SPORT

Courage. It comes in many forms. When I was growing up, I thought that being brave meant that you had no fear. That you weren't scared of anything. Like my Dad. I thought he was never afraid. I thought having courage actually meant the absence of fear.

Obviously, as I grew up, I discovered that my Dad at times, was afraid. I discovered that, like the rest of humanity, he wasn't immune to fear. But to my absolute delight, I also discovered that this is where true courage actually comes from. I discovered that courage is not the absence of fear, but rather bravery in the face of that fear.

There are many times in my life I have had to choose between courage and fear. As a child, many of these moments and opportunities for me to choose to be courageous occurred on the sporting field. The lessons I learned on the rugby league ground and the cricket pitch are lessons that have carried me forwards throughout my life. I was so very privileged to be able play sport as a child and I love it when I see my kids out doing the same. Last season I coached the under 11s Tamborine Mountain cricket team. Most of these kids had never played cricket and certainly none of them had ever had to bat against a hard cricket ball before. I will forever feel extremely privileged to watch the courage that these kids showed week in and week out. Not only did they overcome their fears weekly, but they grew tremendously both in their skill level on the field, and, most importantly, in their confidence off the field. I can't wait for cricket season to start again so we can continue the journey for them.

Playing team sport is a wonderful thing. It is a great teacher. Not only do we learn to develop courage and grit and resilience, there is a massive body of evidence that playing a team sport makes tremendous differences to many aspects of a child's life. It is interesting that most of the studies do not highlight the improvements in physical skill levels and exercise tolerance as the major impacts of team sports. These things, while definitely occurring and being of some importance are not seen by many researchers as the major benefits of playing team sport. Rather, the focus is often placed on the psychological and social benefits.

Participation in team sport has been shown to teach maturity and resilience. It teaches how to bounce back from disappointment and enhances our ability to cope with unpleasant experiences, such as losing. It helps children to develop patience and understanding and there are many proven links between playing sport and an increase in childhood self-esteem. Being part of a team helps children to develop empathy and cooperation and it gives a great sense of belonging.

The sporting victories and losses we experience, the friendships we develop, and the lessons we learn on the sporting field stay with us forever. Having the chance to be part of a sporting team and enjoying all the physical, mental, emotional and social benefits that comes with it is a gift that every child deserves to experience. I would encourage you all to gently guide your children to play a team sport. The benefits last a lifetime.

And, just quietly, the Tamborine Mountain Cricket Club has opened the registration process for this cricket season. You know, just in case anyone is interested. ⓒ





JON KRAUSE MP

State Member for Scenic Rim

There has been a number of vehicle accidents in the Scenic Rim Electorate in the past couple of months and I want to take this opportunity to remind drivers to stay vigilant on the roads by obeying speed limits and driving to conditions.

QUEENSLAND ROAD SAFETY WEEK 24-28 AUGUST

This week is Queensland Road Safety Week – a joint initiative of the Department of Transport and Main Roads and the Queensland Police Service. I encourage you this Road Safety Week to learn something new, or refresh your skills, to help you improve your personal road safety that will in turn help to keep you and your family safe. It could be as simple as refreshing your memory about the rules when it comes to sharing the road with cyclists, pedestrians, motorcycles, and heavy vehicles. Queensland Road Safety week isn't just for those who drive a car – it also aims to create awareness about bicycle riders and pedestrians. For more information, visit streetsmarts.initiatives.qld.gov.au. Road safety is everyone's responsibility, every day of the year.

HOONING CONCERNS ON TAMBORINE MOUNTAIN

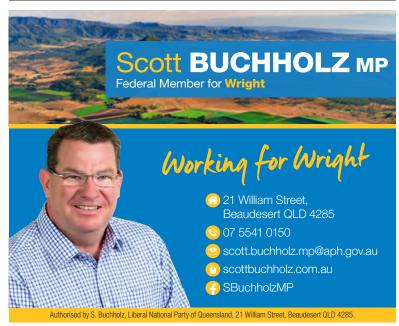
I know hooning and dangerous driving behaviour is a concern to many people on Tamborine Mountain. Recently, the Liberal National team released its policy to combat hooning – including the deployment of 100 CCTV cameras and tyre-shredding bitumen in known hoon hotspots. I have spoken directly with police about hooning and will keep on lobbying for more police resources in our area to deter offenders and enforce the law. If you notice hooning in your area, call 13 HOON (13 4666) or fill out the online form at police.qld.gov.au. It's important that formal complaints are made so that our area can be allocated resources to deal with the issue.

LOCAL GOVERNMENT MATTERS

Last week I met with Division 1 Councillor, Derek Swanborough, to talk about local government issues, including the State's legislation under which Scenic Rim Regional Council functions and local government boundaries are set. This was a constructive meeting, and in the course of the meeting the need for some public transport options on the Mountain was raised (this is a State issue). We're both on the same page here - in 2018 more than 1000 people signed a petition for public transport that the Government simply ignored. It's not good enough and I'll keep on lobbying to see public transport options that are fit for a community of more than 7000.

HOW CAN I HELP?

If you need any assistance with Queensland Government matters, or to raise concerns with me, please do not hesitate to contact my office – scenicrim@parliament.qld.gov.au; phone 1800 813 960 or by SMS on 0401 634 488





SCOTT BUCHHOLZ

Federal Member for Wright

COVID-19 IN SOUTH EAST QUEENSLAND

I want to remind everyone that we cannot be complacent. Recent outbreaks in South East Queensland have proven that this invisible enemy is out there; it can pop up anywhere and we are not immune.

If you want information, please call the 24/7 National Coronavirus Health Information Line on 1800 020 080 or visit www.australia.gov. au and download the Australian Government's coronavirus app. There has been a lot of misinformation going around and that harms us.

The COVIDSafe app is working and being used by state health officials as part of contact tracing. It is an important public health initiative that will help keep you, your family, and your community safe from further spread of coronavirus through early notification by health officials of possible exposure. I've got the app and I urge others to download it, to help our health workers and to prevent the spread.

SUPPORTING BORDER RESIDENTS AND BUSINESSES

Our Government is working as a priority with the states to resolve a number of cross border-issues that have arisen due to state restrictions.

The health challenge is significant and it is important we work hard to prevent the spread, but we must recognise we are one country in this together, and there are people and businesses impacted significant by these measures, at borders. The Prime Minister has asked that all state governments continue to work constructively to resolve issues affecting border communities.

Last Friday, National Cabinet noted some recent changes by states and territories to make it easier for Australians to cross borders, subject to restrictions, and access essential services and activities.

Importantly for our region, there is work being carried out on an agriculture workers code and further work is underway toward a nationally-consistent approach that would be enforced by relevant states and territories through their public health orders and emergency management measures.

As Assistant Minister for Freight Transport, I worked hard with industry, states and territories through the National Cabinet process to codify the freight protocol, ensuring freight can keep moving efficiently and safely.

DRIVER REVIVER

One accident, one injury, one death is one too many – the impacts of road crashes are devastating to all and no family should have to endure the loss of a loved one on our roads. That is why we are continuing to invest in critical projects that will improve road safety and reduce the number of deaths and serious injuries from road crashes in Australia.

Last week, I announced the Australian Government would upgrade 34 Driver Reviver sites across Australia through our Driver Reviver Site Upgrades program.

Round One saw an investment of \$700,000 to support Driver Reviver, to ramp up their life-saving work, and I encourage all drivers to make use of these vital facilities when they are travelling on our roads.

The Morrison Government will continue to invest in road safety across the country, through our \$100 billion land transport pipeline of projects, including programs such as the Heavy Vehicle Safety and Productivity Program, the Black Spots Program, our \$1.2 million Road Safety Awareness and Enablers Fund and \$8 million across the Driver Reviver Site Upgrade program.

I anticipate the second round of the Driver Reviver Site Upgrade program will open later this year to make further funding available for broader Driver Reviver upgrades, prioritising bushfire-affected sites and establishing new locations to expand the program to support an even greater number of motorists.

Please, get in touch if you have a suitable Driver Reviver site in mind; that can make a difference in our local area.



SHARP COMMENT



CARRYING ON UP THE SCENIC PASS

The Scenic Rim Regional Council Ordinary Meeting held on 3 August was a sample of British comedies best. A splattering of Monty Python, Black Adder, Benny Hill, Faulty Towers, On the Buses, Are You Being Served? and Yes Minister all rolled in to one.

The world's best comedic writers could not have hoped to create a script of such farcical embrace.

If you think it not possible, please listen at https://www. youtube.com/watch?v=Npokpk6i2mo&feature=youtu.be for the embarrassment of the century.

A notice of motion by Cr Derek Swanborough to enforce proper consultation with the people of this region in relation to the closing and demolition of the Helen Street Saleyards was at the heart of the matter.

Proper process was core to the debate, but free debate was heavily stifled by the fact that no one in the room knew the correct process in running the meeting.

Several points of order ensued from across the floor, sadly not in relation to representation but in relation to councillors' personal feelings that Cr Swanborough had been disrespectful and was not playing on their "team".

Cr Swanborough advised Council of a notice of motion on 23 July, providing 12 days for Council to engage and work with him in ensuring proper governance and representation for the people of this region.

On 29 July, seven days after Cr Swanborough's notice of motion, the Mayor issued a media release which said, in part: "SRRC is continuing to consult with stakeholders as it considers the future of the Beaudesert Saleyards".

On 3 August Councillors McConnell, Enright, West, Chalk and McInnes, along with the Mayor, voted against Cr Swanborough's objective of proper consultation, effectively ripping up the media release which was titled: "Council to Consider Saleyards Future".

Yes, the Mayor voted against his own media release made only five days before the vote.

Cr West cried foul, citing extreme disappointment in Cr Swanborough not reaching out and working as a team.

Cr McConnell became quite impassioned over the use of the words "supposed council consultation" by Cr Swanborough. Again, all about feelings and not thought associated with the facts presented to date - "supposed consultation" was at best 90 people.

That's right, until proven otherwise the consultation process involved 90 people. Was this a select group by invitation only? How was it carried out? How quickly and when?

I have been advised by a community leader in Beaudesert that he rang Council and asked to attend a consultation meeting regarding the planned revitalisation of Beaudesert i.e. Davidson Park, new library etc. He had found out about the meeting through an associate who was attending. He then rang Council to advise that he would happily attend and was told that the meeting was by invitation only and that he was not invited and not welcome to attend.

continued page 12

PEACE AND LOVE PART ONE

A telltale sign that things are evolving in soft tissue injuries can be seen from the changes in the acronyms used to guide their management. Most of us are familiar with ICE (ice compression and elevation) which quickly morphed into RICE, PRICE and ultimately POLICE! Phew! Seems you get a recipe for alphabet soup with your injury!

Researchers writing in the BJSM (British Journal of Sports Medicine) last year proposed yet another acronym which they feel is more representative of the journey from acute injury to rehabilitation. It is a two-part process, known as PEACE and LOVE. Looks like the hippies got into the science labs for this one!

They wrote that immediately after an injury, you should do no harm and let PEACE guide your approach. P - for Protect. Unload and restrict



movement for 1 - 3 days to minimise

bleeding and swelling. Be guided by your pain as to what you can attempt.

E – **for Elevate.** Raise the limb higher than the heart to promote interstitial fluid to flow out of the damaged tissues.

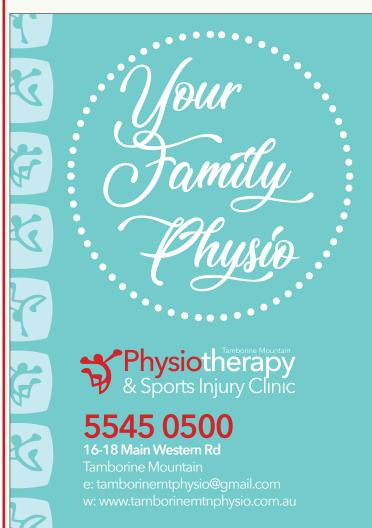
A – for Avoid anti-inflammatory modalities. They feel that inflammation is a natural part of the healing process and should not be hindered by medication.

C – **for Compress.** Taping or bandaging limits tissue haemorrhage and intra-articular oedema.

E – **for Education.** Therapists educate their patients on the benefit of an active approach to recovery.

In our next article we will present the case for **LOVE** in the post acute phase of injury.

Meanwhile, if you want rehabilitation after you stage your peaceful sit-in, call Tamborine Mt Physiotherapy on 5545 0500.





Councillor's <u>Comme</u>nt

(These are my own personal views. I do not purport to speak on behalf of Council. Decisions of Council are made only by majority vote, legislative authority or under authority delegated by Council.)

DEREK SWANBOROUGH DIVISION 1

STATE ELECTION

With a State election coming up in October this year it's timely that discussion should turn to some State issues affecting Tamborine Mountain so that we may hear from political candidates on their views.

Did you realise that both Boonah and Beaudesert towns are considerably smaller than Tamborine Mountain yet have a government agency which includes a Transport and Main Roads office, but Tamborine Mountain doesn't? WHY IS THAT?

Did you realise that Beaudesert has a Government subsidised TransLink bus service (Route 540) to Browns Plains that operates Monday to Friday, leaving and returning to Beaudesert hourly from 6.50am to 6.15pm in the evening? Tamborine Mountain has a once a day service to Beenleigh Station? WHY IS THAT?

Did you realise that most State Government grants are channelled through the Scenic Rim Regional Council, yet when both the State and Federal Governments are throwing money at Infrastructure projects, Scenic Rim Council has made no applications for major funding for a new Tamborine Mountain library, an aquatic centre to replace our 'unfit for purpose pool', the Long Road extension to mitigate fire risk, our clogged and in disrepair Main Western Road, a western escarpment bikeway/walkway that would benefit tourism and locals, funds for Tamborine Mountain Gallery Walk upgrade and parking implementation, funds for Stage Two of the Tamborine Mountain Sports Association Clubhouse and basic maintenance, and funds for the Botanic Gardens carparking and canteen that would make it sustainable. WHY IS THAT?

Did you realise that your Council rates support the operation of a Cultural Centre in Boonah, plus an administration centre that has had hundreds of thousands of dollars spent on upgrading it in the last few years? Beaudesert also has a cultural centre that cost about \$3 million to convert from the former Civic Hall, and Beaudesert has a very large administration centre soon to have a \$8-9 million library added to it as well as a \$5 million parkland precinct, yet no Council or State funds have been sought for any type of cultural centre or artisans centre for Tamborine Mountain which is the capital of the Scenic Rim for creative Industries? WHY IS THAT?

Did you realise that Tamborine Mountain gets more than 1.5 million visitors a year just to Gallery Walk (probably twice that now post COVID), its Visitor Information Centre (VIC) in Doherty Park is run by volunteers? Visitor numbers are approximately twice that of any other VIC, yet the Boonah and Beaudesert VICs receive the same \$15,000 funding from Council every year to operate. TM VIC does not have parking for buses, is away from the main tourist centre of Gallery walk, sees by far more visitors than any other centre in Scenic Rim anyway, yet the Council priority was to apply and soon receive a grant of \$50,000 from the State Government just to do a business case to upgrade the Canungra Visitor Information Centre. Then it will proceed to upgrade this centre, costing hundreds of thousands of dollars. (My bet is that the former depot site is in contention for a new VIC, but I am just guessing, and I have had no briefing or information on this to date.) An Information Centre in Gallery Walk, however, if prioritised, would service more likely 100,000 visitors, yet there are no plans to do this. WHY IS THAT?

COUNCIL

So, has Council done enough to advocate to the State for major projects mentioned above? I don't believe it has, yet it seems that Council is always keen to deflect attention from this fiscal imbalance by announcing and trumpeting smaller projects to settle the 'Indians'. In May this year, after being asked for projects for a coming nearly \$2million in grant funding to Scenic Rim, I nominated 15 projects and Council agreed to put forward only one, the smallest one of \$30,000 to the Botanic Gardens to replace their irrigation systems. WHY IS THAT?

The former Beaudesert Shire was proud of the time honoured and internationally recognised Tamborine Mountain branding and nomenclature, and from working with numerous councillors and mayors over the years, they would never have agreed to its dilution by taking emphasis from historical Tamborine Mountain names. WHY WAS THAT?

WHY IS IT that, after dealing with TM Council issues for 25 years, and living here for 35 years, experiencing and watching 12 years of the inequitable distribution of resources to Tamborine Mountain from Scenic Rim and being elected for a purpose, I am working to convince residents our future is not with Scenic Rim Council but with Gold Coast City Council where we have our strongest Community of Interest and the most chance of protecting our environment? This type of boundary change is a function sanctioned in the Local Government Regulations of 2012.

Yes ... we are great rate contributors to Scenic Rim, but the cards will most likely always be stacked against us economically. Your living standards stagnate and/or go backwards, your rates increase to even higher levels, while the rest of Scenic Rim infrastructure prospers. WHY IS IT SO?

Mobile: 0436 351 567 Email: derek.s@scenicrim.qld.gov.au Derek Swanborough Councillor Division 1



continued from page 11

That's right, "by invitation only" and one of this region's leading identities and Beaudesert stalwarts was not welcome.

Cr Enright excelled in exposing himself through his own consultation practices of an inner sanctum of 20, "his sounding board" that was then broadened out to 90 people!

He advised Cr Swanborough of his own feelings, and thought Cr Swanborough's motion totally disrespectful. He also assured Cr Swanborough that his knowledge of Beaudesert, gained by his 20 years of working in that town, could not be matched by Cr Enright's 60 years' living in Beaudesert and his family history of 130 years, and that his knowledge was the greater.

Cr Enright went on to reveal that the SRRC has not been properly maintaining the people's assets and squandering our money.

He went to great lengths to point out that the saleyards are in a deplorable state of repair and that some 26 structural posts out of 34 are either split, rotten or termite ridden, making the structure unsafe to say the least.

It is less than three years since Council built a new roof for the saleyards, expending at least \$30,000 of ratepayers' money.

Who puts a brand-new roof on an unstable structure and lets it continue to deteriorate?

Council, what are you doing with our money and how are you maintaining our assets?

Tamborine Mountain Historical Society Inc.



Tuesday 15 September 2020

11am for 11.30am start

All financial members are invited to attend.



Letters to the Editor

Readers are reminded that letters to the editor must show full name of writer for publication.

GARDENS NAME CHANGE AND THE COMMUNITY

I refer to the article on page 3 of the Scenic News of 20 August Gardens Volunteers Vote a Name Change.

Following the article, I was a little surprised to learn that the newly elected committee of seven volunteers were considering a name change for the Tamborine Mountain Botanic Gardens. I was unaware of the proposal and am now fielding considerable concern in the community.

On further enquiry I learned that at the AGM meeting on 13 August that Mayor Christensen asked to speak after the motion was voted on and congratulated the committee for its decision.

The president also advised me that there had been no discussions on this proposal with Council or the Mayor, or Scenic Rim staff prior to the motion being put on the business paper and that this was purely a decision of the committee after much deliberation of the benefits of regional recognition over a period of time.

The council meeting report indicated that the lease agreement was 18 months in negotiation with the Garden Club.

The Botanic Gardens are owned by Council and a lease agreement was executed by resolution at the Council meeting on Monday 17 August, which I was in favour of because it provided certainty of annual funding to them of \$300,000 over five years and my enquiry indicated that all parties were happy with the outcome. Council several months ago nominated the Botanic Gardens for a \$30,000 grant to fix its underground irrigation (See my Councillor Comments in this edition also).

The name of the Botanic Gardens is owned by the people of Tamborine Mountain and is a historical name, and I believe could only be changed by resolution of Council and after consultation with the community.

I was surprised that the decision was taken on the back of the community concern after Council made the huge mistake of renaming Geissmann Oval without consultation and then later having to reverse its decision.

My job is to carry out the wishes of the community and it is clear the community has not yet had a say on this proposal. While I am not wedded to any outcome, I do have my own personal views against the proposal, and due process must occur before this change is effected. I am presently examining the lease to see if it authorises the lessee to change the name of the gardens. If it does, that will generate even further discussion.

I love the Botanic Gardens. They are a credit to the Mountain and everyone who has ever worked there, volunteered, or held a committee position, and to every past councillor who contributed to the evolution of development. It is a jewel in the Mountain's crown, no doubt. Let's go forward having ticked all the right boxes.

This is about correct protocol and meaningful community engagement.

I'll keep you posted.

Cr Derek Swanborough

SOME GOOD NEWS REGARDING LAND VALUATION OBJECTIONS

Good news! Land Valuation Objections lodged in respect of properties in close proximity to properties for which SRRC has failed to enforce its own Local Law #3 (visual pollution resulting from accumulation of objects and material) have been successful.

Affected properties achieved backdated valuation reductions of \$65,000 which will result in a decrease in their rates.

As Council is now considering requesting annual valuations, those with councilrelated issues should start jotting them down now.

Those who are affected by the longterm drainage issues in Arenga Drive and surrounds have more than adequate grounds to object to their next valuations.

I'm sure Council's resolution (carried unanimously) in response to the petition presented at its Ordinary Meeting on 18 July 2020 provided great comfort:

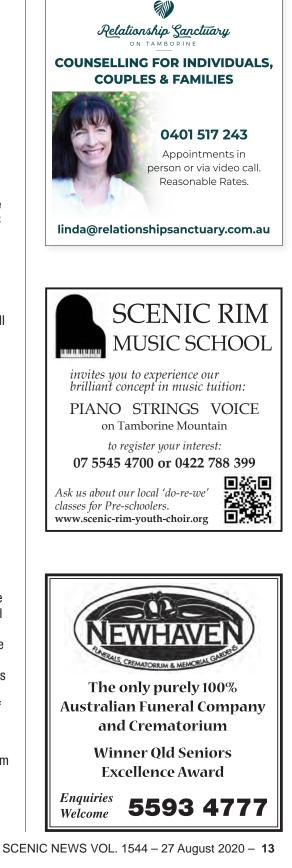
"1. Council confirm the inclusion of the drainage project for Arenga Drive and surrounds, Tamborine Mountain within the 10 Year Capital Works Program; 2. Council give further consideration to the total budget including revenue to undertake the project; and 3. Council thank and respond to the petitioner detailing Council's actions in this regard which will include the investigation of options, the completion of designs as well as proposed timing."

Chalmette Drive's drainage issues have been on the 10 Year Capital Works Program for as long as anyone can remember.

Amanda Hay



www.beaumontcare.com.au Beaumont Care has centres located at KIPPA-RING | CLONTARF | ROTHWELL | WAMURAN | NORTH TAMBORINE





SOCIALISING IN RETIREMENT THROUGH NEW PROBUS CLUB

Forming social connections during retirement is important, as it provides a sense of friendship and support for retirees.

Healthy relationships are necessary at every age, but the importance of socialising for retirees cannot be overemphasised. Regular social interactions can help keep retirees mentally, physically and emotionally healthy, whilst fending off difficulties inherent to loneliness.

Probus is a great way to make new friends in retirement

Probus is about bringing active retirees together as a social club for **Fun**, **Friendship and Fellowship** in retirement. **Probus** provides opportunities for you to meet other retirees on a regular basis, listen to interesting speakers and join together in activities. **Probus** is a non-fundraising organisation. A new club is being formed in your local area so come along and join us for morning tea to find out more about Probus.



TAMBORINE MOUNTAIN COMBINED PROBUS CLUB

Venue: Club Tamborine, 6-12 Beacon Road, North Tamborine 4272 Date & Time: Wednesday 9th September 2020 10.00am to 12.00pm RSVP: Merv Richens 0420 373 162 mervrich@gmail.com or Brian Gilmore M: 0411 260 054 brian.gilmore@paqnetwork.com.au

Probus is a NON-FUNDRAISING Organisation

There are also many ways that socialising can help improve both our cognitive and physical health. These include:

- Reduced stress. Retirees who are socially active tend to handle stress better. This leads to improving their cardiovascular health and immune system.
- Longer lifespan. High levels of socialising can help increase longevity.
 - More fitness. Retirees with diverse social connections are more likely to exercise regularly. This can lead to a myriad of physical, mental and cognitive benefits.
 - Reduced risk of depression. Consistent socialising reduces the likelihood of retirees experiencing depression caused by loneliness.
 - Less anxiety. Similar to depression, retirees who socialise more experience less symptoms of anxiety.
 - Greater self-esteem. Socialising helps retirees be better engaged, growing their confidence and sense of worth.

As these health benefits contribute towards significantly improving the quality of life for many retirees, it is important to find an appropriate way of maintaining a healthy social life.

Joining a social club like Probus provides retirees the opportunity to socialise with likeminded people in their local communities. There are more than 1700 Probus Clubs across Australia and New Zealand where retirees can be involved in a range of exciting activities and listen to interesting guest speakers.

Probus is forming a new club in the area – the Mount Tamborine Combined Probus Club which will welcome couples as well as singles to its meetings. To be part of the formation of the club, join us at Club Tamborine on Wednesday 9 September at 10am for an introduction to Probus and then the formation of the club.

Rob Neary 0477 645 645 rob.neary@paqnetwork.com.au

YOU HAVE TO SEE IT TO BELIEVE IT

Club Tamborine in Beacon Road, North Tamborine, has a whole new look thanks to the extensive refurbishment carried out during the COVID-19 shutdown and needs to be seen to be believed.

It's open for the community seven days a week, providing good food at affordable prices, bar, live music, karaoke, quiz nights, gaming, and, of course, the opportunity for people of all ages to enjoy.





SUNCORP EXPANDS ITS PROFILE ON MOUNTAIN



The Tamborine Mountain Suncorp team (from left) Corrine Duncan, Audra Leeson and Megan Dawe.

Over a relatively short period of time the local community has seen the unfortunate abandonment of Tamborine Mountain by every one of the major banking institutions.

It has been a disappointing and, for some, demoralising experience.

It is all the more heartening, therefore, to see the wonderful vote of confidence in the Mountain by Corrine and Stuart Duncan who have recently opened an expanded Suncorp Bank Retail Agency on Main Street, right next to the site of its former home.

The greatly expanded new premises was designed by Stuart and is staffed by Corrine, Audra Leeson and Megan Dawe.

While not a full-service branch, the Tamborine Mountain agency is a perfect fit for local business and residents, offering and servicing deposit products, including personal, business accounts, and term deposits, as well as providing transactional banking over the counter and assisting with general inquiries in regard to everyday banking needs.

The bright, modern premises have double the space of the former site and can now accommodate six customers at a time while observing COVID-19 social distancing restrictions.

"We're here for the long haul and are looking forward to servicing our wonderful Mountain community," says Corrine, who has owned the agency for two years and previously worked for the agency for some seven years.

"We are extremely grateful to the local community for its continued support over the years."



North Tamborine Shopping Centre 15 Main St, Tamborine Mountain QLD 4272 9am – 4pm Monday to Friday (07) 5545 4814

TAMBORINE POLICE NEWS

BREAK OUT THE DOUBLE PLUGGERS!!

27 degrees, that's how beautiful this day was. What day you ask? Every day on Tamborine Mountain I must say!!

We recently had the Show Day holiday which saw quite an influx of people enjoying what is on offer. It's easy to forget we are within the COVID bubble. However, I will remind you all to continue with your healthy regime, cleanliness and practising what is being preached by the Chief Health Officer.

With spring around the corner, the annual clean out can result, with people perhaps misplacing their valuables. I was recently asked about some lost property which had been handed in to us by good minded people. I love being able to reunite people with their missing possessions as quite often it is something of value to the person.

At present I have some items in the Property Room which if I lost, I would be wanting to be reunited with. I have power tools, cash, jewellery and car keys to name some of the items. If you have genuinely misplaced something, please enquire as we only keep items for 60 days before it goes to a good cause (or destroyed).

With a couple of minor fender benders to report these last few weeks it's been really pleasing to see people trying and being courteous. Unfortunately, we continue to have mugs in cars and on bikes overtaking on double white lines. This dangerous activity won't be tolerated. Please report it, get the number plate, and we really want your videos of these outright dangerous actions.

We continue to target illicit drug activity, with another male person charged with possession of amphetamine. Please continue to inform us or contact CrimeStoppers with information so we can work against this scourge. With the Mountain being such a small community, you will be found, as we are continuing to do.

A couple of suspicious vehicles have been lurking around the place, with dodgy characters on board. With theft on their minds, these characters will take advantage of lax attitudes to security. I implore you all to lock up, keep an eye out, and record number plates and/or take photos where possible of things that don't seem right.

That's all for this week. As always, report matters that might seem suspicious. Your information is just a phone call away and may help save someone's life or protect their property. You never know.

Sgt Mark Shields Officer in Charge North Tamborine Police

TM ORCHESTRA CONCERT WILL BE LIVE STREAMED

Tamborine Mountain Orchestra's next concert is going to be a little different due to COVID-19 regulations and the safety and wellbeing of the community – it will be live streamed.

The orchestra will be performing its normal concert live at St George's Church where it will be videoed and recorded, and published live onto the orchestra's Facebook site (instructions/links will be on the page) at 2.30pm on September 13.

So, you can make a cuppa, relax, and watch the concert from the comfort of your own home.

The orchestra will be featuring some Beethoven, Bach, Gershwin, and Irish music, plus some ensemble work including a saxophone solo, tuba solo, guitar duet, celloguitar duet, and a flute choir.

one small place on earth

Weevil

Weevil – Ilacuris laticollis, roadside, Eagle Heights



I have a soft spot for weevils because of the way they are put together. Although there are only three species in the genus llacuris, it belongs to Curculionidae, one of the largest animal families with 83,000 described species worldwide. Weevils are herbivorous and many are regarded as pests. I laticollis is native to Australia and infests hoop and bunyah pines.

Until overseas travel is back on the agenda, you can wow family and friends by posting them my book, One small place on earth ... with over 300 images of Tamborine Mountain's species-rich flora and fauna. Priced at \$39.95 hard cover and stocked by Under the Greenwood Tree, The Piccabeen Bookshop, the TM Skywalk, Tamborine Dreaming, The North Tamborine and Eagle Heights Post Offices and Canungra Books & Art.

Peter Kuttner

<section-header><section-header>

scarecrow@tamborinemtncc.org.au www.TamborineMountainScarecrowFestival.com.au



P.S please leave your scarecrows out for the 11 days! www.TamborineMountainScarecrowFestival.com.au www.facebook.com/TMScarecrowFestival

TAMBORINE MOUNTAIN & SURROUNDS



Due to Covid-19 trading hours might change as businesses re-open. SUPPORT LOCAL - GO LOCAL - GROW LOCAL

LOCAL DINING, SHOPPING AND SERVICES



FIRST 5 FOREVER VAN READY TO PROMOTE LITERACY



Delivery of the First 5 Forever literacy program in the Scenic Rim will be better, brighter and more accessible with a van ready to hit the road and deliver story times and other activities to families in the Scenic Rim.

The First 5 Forever (F5F) mobile service has been made possible following Scenic Rim Regional Council's successful application for grant funding from the State Library of Queensland in 2019.

First 5 Forever is a family literacy program sponsored by the State Library of Queensland and delivered by public libraries with the primary aim of providing strong early literacy foundations for all Queensland children aged 0-5 years. It connects families to the information, resources and support they need to build the best foundation for their child's future language and literacy development.

The program provides training for library staff to effectively deliver activities to children and their caregivers, as well as support with resources and funding.

Scenic Rim Mayor Greg Christensen said the mobile service meant Scenic Rim librarians could deliver this important program across regional townships.

"There are many people in our communities who are unable to access our libraries and the activities we provide, so we are delighted to be able to bring the libraries to them," Cr Christensen said

"A program of story times will be able to be provided all over the region - in parks, community halls and wherever playgroups meet - and will be equipped to set up comfortable spaces for stories, rhymes, and activities.

"Pending an easing of COVID-19 restrictions, you can expect to see the brightly coloured van in your area. "You won't miss it. The van is decorated with the wonderful frogs which are key to the First 5 Forever branding.

"When operating, we encourage you to bring your little ones along and discover the wonderful literacy resources that the F5F van and our librarians will provide," he said.

You can visit the Scenic Rim Regional Council website: www.scenicrim.qld.gov.au/libraries for information on when the van will be in your area, or to request a visit.

Due to COVID-19 restrictions, Scenic Rim libraries' regular face-to-face events and activities have become increasingly difficult to deliver. However, they have come up with fantastic solutions to keep library patrons engaged and children's brains firing.

Aside from the F5F van, Council's mobile library service will also be returning now that a new mobile library van has been commissioned.

"This project has been significantly delayed due to the pandemic. However, we hope the delivery service will be back up and running later in the year," Cr Christensen said.

"Along with the many other books and resources on board for the community to use, the van will now be equipped with tablets, thanks to grant funding.

"This will enable our community members to participate in a range of digital training programs and to continue of the Tech Savvy Seniors program in our townships," Cr Christensen said.

The two vans will work in conjunction with each other to deliver a wider range of services right across the region.

For more information on Scenic Rim library services, visit **www.scenicrim.qld.gov.au/libraries**

THREE AREAS CRUCIAL TO THE CHURCH IN THE WEST

A while ago I went to hear a speaker who helped me a great deal as a young Christian in the early 70's. He has spent the years since then continuing to research, write, and speak about the relationship of Christianity to our Western culture.

As he travels to various churches in Western and non-Western cultures, he is observing a decline in the strength of the churches in the West. This is not just strength of numbers but of substance. The robust, life changing and culture transforming power of the gospel which at one time displaced the paganism of the Roman Empire seems all but lost in the modern church in the West. As we live in a post-Christian culture Christians will have to find their feet again in order to be able to stand firmly in the midst of the world into which we have been sent with the gospel.

Three areas were suggested as crucial to the church if a credible witness to Christ is to be maintained. Affirmation is essential to the existence of the church. Not affirmation as a virtue in itself, but affirmation of the good message (gospel) of the person and work of Jesus Christ which was declared by his apostles.

It is not that we are to abandon the gospel for some 'new gospel' that strives for acceptance from the world so hard that it loses its soul. Instead we need to affirm the gospel and the historic Christian faith in all its richness and inherent power to deal with the realities of living in our times.

Confrontation is a second area that is important. We can take our cue from Christ himself and the early Christians and many others who followed his wisdom. He himself was their wisdom. Jesus spoke the truth that many hated to hear. True, he was gentle and 'meek', not taking up weapons to establish his kingdom. But the truth was powerful, and he confronted the conventional wisdom of his day which kept people in spiritual chains, blinded them and kept them in ignorance of God. We also must affirm what we believe and confront the wisdom of the world that manifests itself in our day.

Demonstration was the third area which Christians must show to be real. This is a bit tricky because the reality of what we believe must show itself to be real, but it is not done for show. You don't go to church to 'show' your faith. God certainly won't be impressed. But if you confess Christ you will go to church to worship him with other believers, thus showing the reality of your faith. Inner motive is important. Living to please people is a trap. Loving God will manifest itself in loving others but not living to please them.

Affirmation, confrontation, and demonstration; our times are challenging, our faith is empowering.

Kim Dale, Pastor

Advertisement Kim Dale, Minister TM Presbyterian Church. kdale7@bigpond.com



BEATING BURNOUT: COVID STAGE 4

As we all know, our Melbournians are in their third week of COVID Stage 4 lockdown. And it's not fun.

When some of my lovely, rational Victorian students start to sound a little unhinged, you start to worry about their mental health. So, for the Melbourne Stage 4 lock down period I have

offered free online yoga to those in the Melbourne area. If you have loved ones that would like to try yoga, for sanity or good health, give them my contact details on my FB page.

And the common theme amongst those suffering under the Stage 4 restrictions is exhaustion. Physically, mentally and emotionally, these are ordinary Australians at the end of their tether.

So why do we get so tired in isolation? Well the most obvious factor is fear, and its toll on your body. Fear causes our sympathetic nervous system to kick into flight-or-flight and we release cortisol. In large supplies cortisol causes fatigue. And ongoing survival mode comes at the expense of our more sophisticated behaviours like our decision-making skills, our problem solving and our creativity. We revert back to more primitive behaviours like anger, fear and aggression.

Add to this a lack of routine (working from home, not working at all). A lack of routine makes us feel scattered, useless and hopeless. Then we have the curfew and living 24/7 with the same people. We are tribal, pack creatures and need a variety of people in our lives for sanity.

So how can we help our loved ones through COVID Stage 4?

Connect. Researchers have proved that you have a 29 per cent chance of dying quicker than your peers if you are more socially isolated. Connection to others reduces the levels of stress hormones like cortisol in our body. Connection to self, using yoga and meditation, has shown to help reverse stress-related changes in the brain. Technology is fabulous here. Our online yoga classes allow you to practise yoga with loved ones in different states and even different countries.

Exercise outside. Daily outdoor exercise improves mental health. Clean up your sleep habits. Withdrawal from our daily routine has starved our dreams of 'inspiration,' and the more anxiety we feel about life, the more negative our dreams tend to be. Stick to a routine and avoid screen time before bed. And moderate the alcohol – it reduces the quality of your sleep.

Food. Eat those plants and even better, grow your own. When we garden, we absorb from the soil, through our hands and lungs, a bacterium called Mycobacterium Vaccae which triggers a release of serotonin in our brain. And when you harvest your own food you get what's called the 'harvesting high', a hit of dopamine that stretches back to when we were hunter-gatherers and gives you that feeling of self-sufficiency and personal power.

Margot Wagner Yoga Under the Bodhi Tree

(Find and like articles similar to this on my Facebook Page: Yoga Under the Bodhi Tree)



ARE YOU UP TO SPEED WITH SMOKE ALARMS?

Upgrade your smoke alarms today

Old ionisation smoke alarms can be slow to react, and may not give you or your loved ones enough time to escape. That's why there's legislation to install photoelectric smoke alarms, which have been proven to be more effective in the domestic home. Upgrading your smoke alarms today could save a life.

LANDLORDS AND RENTERS – From 1 January 2017

Landlords are responsible for the installation of smoke alarms that comply with new Smoke Alarm legislation, introduced on 1 January 2017. Existing smoke alarms manufactured more than 10 years ago, as well as any smoke alarms that do not operate when tested, must be replaced with photoelectric smoke alarms that comply with Australian Standard 3786–2014

Landlords and renters

- Within 30 days before the start of a tenancy in a domestic dwelling, the lessor/landlord must test and clean each smoke alarm in the dwelling.
- During a tenancy in a domestic dwelling, the tenant must test and clean each smoke alarm in the dwelling, at least once every 12 months.
- To test a smoke alarm, press the 'test' button. Cleaning should be done according to the manu-facturer's instructions, which is usually vacuuming. You do not need to be qualified or licensed to clean or test a domestic smoke alarm.
- Some real estate agents may outsource smoke alarm maintenance to another company with associated fees paid by the landlord. The real estate agent may request a "certificate of compliance" from these companies as proof of service. This is not a legal requirement but may be part of the real estate agent's internal process

From 1 January 2022

If you are not compliant by 1 January 2022, you will not be legally able to rent your property. You will be forced to lose any current tenants and cover the costs to find new ones.

FOR EXISTING DWELLINGS – From 1 January 2017

- Existing smoke alarms manufactured more than 10 years ago must be replaced with photoelec-tric smoke alarms which comply with Australian Standards (AS) 3786-2014 (Note: the date should be stamped on the back)
- Smoke alarms that do not operate when tested must be replaced immediately.
- Existing hardwired smoke alarms that need replacement must be replaced with a hardwired photoelectric smoke alarm.

From 1 January 2027

All existing private homes, townhouses and units will require photoelectric interconnected smoke alarms. These must be either a hardwired (e.g. 240v) or non-removable 10-year battery powered type alarm. The legislation requires that smoke alarms must be installed in the following locations:

- On each storey
- In each bedroom
- In hallways that connect bedrooms and the rest of the dwelling
- If there is no hallway, between the bedroom and other parts of the storey; and
- If there are no bedrooms on a storey, at least one smoke alarm must be installed in the most likely path of travel to exit the dwelling.

There are further requirements for new dwellings and dwellings being renovated, dwellings being sold, leased or an existing lease renewed. For more information visit www.qfes.qld.gov.au/

Tamborine Mountain Rural Fire Brigade Queensland Fire and Emergency Services



with Nadia O'Carroll

One of the most famous natural symbols of the Southern Hemisphere, is the Southern Cross or Crux. It is the smallest, and one of the brightest, of the 88 constellations we can see from Earth.



The constellation consists of five bright stars/star clusters called Alpha Crucis (Acrux), Beta Crucis (Mimosa), Gamma Crucis (Gacrux), Delta Crucis (Imai) and Epsilon Crucis (Ginan). Trailing below the Southern Cross are two bright stars known as the pointer stars, they are Alpha Centauri and Beta Centauri.

Although it is the smallest constellation, the brightness and the distances between the stars of the Southern Cross are mind boggling for humans. Acrux is 25,000 times brighter than our Sun, Mimosa is 34,000 times brighter than our Sun. The closest star in the constellation is 88 light years from Earth and the farthest is 364 light years away.

The Ancient Greeks knew of the Southern Cross constellation and considered it to be the hind part of the large constellation called Centaurus, named after the Centaur, a mythical creature that was half man half horse.

It is now impossible to see the Southern Cross from Greece. What has changed? The answer is a process called axial precession; this is a slow, steady, continuous change of Earth's rotational orientation. The best way to understand it, is to think of the Earth as a spinning top, the angle of axis stays constant, but the top of the Earth moves around in an arc like a wobbling top.

A complete 360-degree cycle takes 25,765 years, one degree every 71.6 years, and it is this slow alteration in the orientation of the Earth which has caused the Southern Cross to recede below the horizon in Greece. Axial precession was first observed and understood by the great Greek astronomer, Hipparchus of Nicaea.

Unfortunately, light pollution is masking our view of the night sky, in response the Dark-sky Movement (www.darksky.org.au) is conducting an international campaign to reduce light pollution. There is limited awareness of the serious impact of light pollution on ecosystems and wildlife.

Unlike other environmental problems, it is fairly easy to mitigate on a large and small scale without loss of functionality or safety. Individuals can easily reduce the stress they are causing to local wildlife by installing smart outdoor lighting through shielding, sensors and timers.



Kim Pilic, creator of Forward Steps Mobility, a blindness and low vision orientation and mobility services provider, assists clients with visual-aid requirements.

Kim specialises in building rapport with clients and their guide dogs, all while assisting her clients with training the guides to be super-attentive and sensitive to their 'person with low or no vision' and to fulfil all duties diligently while 'in harness'.

Kim also orients her clients with 'smart white canes' to gain mastery over using their gadgets to negotiate their immediate environments, in order to keep taking forward steps independently and with dignity. If all clients were anything like lovely Hailey guided by Orella who commuted from her home, making a train transfer at a station till Helensvale (from where Kim picked her up) and tech-savvy Justin guided by his smart white cane, who goes for independent walks in the national parks/ rainforests, one would find it hard to believe that Hailey and Justin were visually impaired. Hailey guided by Orella and Justin accompanied Kim to share their ongoing progressive life experiences as persons with very low/no vision to TMCCA clients.

Kim presented ingeniously to a Friday Friendship Social Support Group at TMCCA. All in attendance felt they benefitted immensely from the information disseminated by Kim, as well as from meeting and listening to Hailey's and Justin's personal testimonials of their progress in continually taking steps forward.

Hailey and Justin shared their experiences on how (despite their visual impairments) they are progressing in living full lives with dignity as Kim encourages them to take forward steps to participate in many practical day-to-day activities, including commuting by public transport independently with a train transfer at a station - something that deeply touched our seniors' hearts.

TMCCA clients were inspired by the courage and positive attitude demonstrated by Hailey and Justin, by Orella's intelligence and by Kim's intuitive knowledge in this area.

A big thank you to Gloria McKenzie from the Mountain Medical Practice for collaborating with TMCCA to organise this event and to Beth Walker for accompanying Kim, Hailey, Orella and Justin to TMCCA and being a wonderful and patient escort during their visit here.

We have a lot to be thankful for.

Patricia Arora TMCCA



By Gina Storey

Who's been to the Red Centre? One of Australia's most iconic destinations to explore: Uluru and Kata Tjuta. To meet locals and learn some of the history and culture of the region is a really wonderful experience. It's amazing to think that most international visitors to Australia list this as a must visit region of their trip to Australia, yet so many of us have not ventured there ourselves.



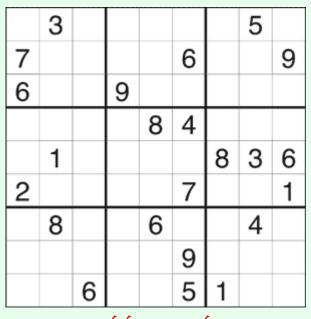
As it happens, I was living in London and travelling to Australia on a work trip – my role at the time was as a product development manager for British Airways holiday division. The trip was a classic Highlights of Australia journey – Sydney, the Red Centre, and the Great Bier Reef – a whirlwind trip that opened my eyes to the vastness of Australia and the wonderful people and experiences.

Flying into Alice Springs with Bill Peach Journeys we visited the School of the Air, the telegraph station, and artist studios. Then onto Ayers Rock as it was called then. Walking around the base with a local guide, we were introduced to local fauna and flora and persuaded to try barbecue witchetty grubs! The sunsets and sunrises were wonderful – the rock changing colour with the sun's intensity and the night sky went on for ever with bright stars lighting our way.

All those years ago I felt cheated that I had not spent enough time in the area, so when the opportunity arose I travelled on The Ghan from Adelaide to Alice Springs where we picked up a car and drove the surprisingly long distance to Uluru. This more recent trip found me exploring the region in different ways. Motorbike rides have become a favourite, as have the slower paced camel ride. Take a trip to the nearby Kata Tjuta rock formations; meet the locals for a dot painting class; and witness the amazing Field of Lights art installation. You can venture further afield to Kings Canyon where you can sit around the campfire at night and see extraordinary views on hikes during the day.

There are a number of places to stay in the township of Uluru, from motels to 4-star hotels. I stayed at Sails in the Desert. The accommodation was comfortable and the pool inviting at the end of a long dusty day exploring. There is also the extraordinary luxury lodge Longitude 131; this amazing property brings you in contact with the land and its people. The all-inclusive offering when you stay in these beautifully appointed permanent tents gives you insider access to unique experiences.

Oh, and yes, as Queenslanders we can visit the Northern Territory and South Australia without any quarantine either, on arrival or on our return. Contact Travelling Places to help design your style of exploration of our amazing Red Centre. Phone 5545 1600.



Sudoku - Medium

TRIVIA - HISTORY & SCIENCE

- 1. How many ships were in the First Fleet?
- 2. What year did Cyclone Tracy hit Darwin?
- 3. Who invented the bionic ear?
- 4. Where was Ned Kelly's last stand?
- 5. Who was Australia's first Aboriginal senator?
- 6. What date did the "new" Parliament House open?
- 7. Which Australian promised to "Go all the way with LBJ"?
- 8. In what year was gold first discovered in Victoria and NSW to begin the "Gold Rush"?
- 9. Which Australian won a Nobel Prize for immune defence research?
- 10. In what year was decimal currency introduced?

Win the car, dodge the goat

Here we go. Again, the set-up involves a game show and three doors. Behind one door is a car. Behind a second door are the car keys. Behind the third door is a goat. The car, the keys and the goat were placed there randomly, meaning that each item has a 1/3 chance of being behind any particular door.

Twins Timmy and Tammy, the contestants, are backstage on the game show. They are told the rules:

- Timmy will be taken on stage first. He will be asked to open two of the doors, and then shut them. Timmy will then be led off stage to a holding room on his own.
- 2. Tammy will then be taken on stage. She will be asked to open two of the doors.

If Timmy opens the door with the car, and Tammy opens the door with the keys, then they both get to keep the car. In all other outcomes, they leave with nothing.

The twins are given 10 minutes to think up a door-opening strategy before Timmy goes on stage. What strategy gives them the best chance of winning the car?

Just to be clear: The twins do not know what is behind any of the doors before they ask for a door to be opened. When one door is opened, all they can see is what is behind that door. The car, car keys and goat stay behind the same door for the duration of the programme. When Timmy is on stage opening his two doors, Tammy cannot see or hear what is going on. Thus when Tammy is choosing her two doors, she has no idea what was behind the two doors that Timmy opened.

If the twins had no strategy, that is, if both of them choose two doors at random, the probability Timmy gets the car is 2/3, and the probability Tammy gets the keys is also 2/3. The probability they get to keep the car is thus $2/3 \times 2/3 = 4/9 = 44$ per cent.

Yet, rather incredibly, there is a strategy that gives them well over 50 per cent chance of keeping the car. What is it?

Puzzle ©Alex Bellos - The Guardian

(answers on Friday on our website: scenicnews.com.au)



TRIVIA ANSWERS

9961.01

9. Professor Peter Doherty

1851.8

7. Prime Minister, Harold Holt

6. 9th May, 1988

- 5. Neville Bonner
 - 4. Glenrowan
- 2. 1974 3. Professor Graeme Clark
 - 1.11

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6	8	2	9	G	3	F	7	L
7	G	9	F	L	2	6	3	8



Carrot cake has a long history and the fact that we can use locally grown Fassifern carrots from right on our doorstep makes this a recipe you will want to try.

I had to convince and plead with my mother for two months before she relented and finally agreed to part with this family recipe. My Mum is a fantastic baker and all through my childhood she would make us delicious sweet treats because we couldn't afford to buy cakes; and she was appalled at the amount of sugar the commercial bakers used and refused to let us eat them. Mum would make this carrot cake and it would disappear in one day!

The local cafes would ask her to make this carrot cake for them, but to their great disappointment she politely refused after she realised she had to make three cakes a day. You see, Mum cooks for the love of it and once it became a chore, she lost interest, and the cafes lost their best seller.

As usual there is a lot debate around who invented the carrot cake. but since the modern day carrot was cultivated in the Middle East and since Persia and Afghanistan have the oldest recipes for carrot based desserts we can safely say that they were the early inspiration for later cooks, as these recipes look nothing like the modern day carrot cake; they were more like wet puddings; and there is even a carrot pie.

During the Middle Ages in Europe sugar



was a scarce commodity and so they turned to carrots for their natural sweetness and the fact they were easy to grow and plentiful; again these carrots look very different to the modern variety we see in supermarkets today.

Carrots weren't originally used for their roots. The ancient German tribes used carrot seeds to season food and because carrots are the cousin of coriander and caraway the leaves were often used in various ways. It wasn't until the 14th century that the root became the star of the show.

Carrots also helped the soldiers win World War Two according to allied propaganda as it helped our troops see in the dark. I remember my mother saying that to me as a kid. At this time sugar was rationed so once again the sweetness of carrots was substituted and used in cookies and cakes; and even a crude fudge was made.

As it turns out, carrots are good for eye health but unfortunately can't make you see in the dark. They are a great source for soluble and insoluble fibre, so aid digestion. This high fibre content also boosts heart health by removing excess LDL cholesterol from the walls of arteries and blood vessels. Along with

> lowering cholesterol, carrots are packed with potassium. Potassium helps relax the tension in your blood vessels and arteries, which enhances the blood flow circulation and brings down your elevated BP. High blood pressure is linked to conditions like atherosclerosis, strokes, and heart attacks. So, load up on carrots for a step towards a healthier heart! These orange strange shaped tuberous wonders can help give your skin a radiant glow too. Apart from the beta carotene, lutein and lycopene, the high silicon content of the root can promote healthy skin and nails. To get the most nutrition out of carrots its best to eat them raw.

INGREDIENTS

- 1 cup self-raising flour
- 1 tsp bi carb powder



- 1 tsp cinnamon powder
- 1 cup brown sugar
- 1 1/2 cup grated carrot
- 1/2 cup sultanas
- 1/2 cup crystallised ginger
- 1/2 cup chopped walnuts
- 2/3 cup canola oil
- 2 eggs lightly beaten

METHOD

- Pre heat oven to 150C (fan forced oven)
- Sift the flour, bi-carb powder and cinnamon into a large mixing bowl
- Add sugar, grated carrot, sultanas, ginger and chopped walnuts. Mix to evenly combine
- Whisk oil and eggs together
- Add oil and egg mix to flour mixture.
- Whisk all ingredients for 5 mins quite vigorously.
- Line a 22cm baking tin, pour in batter and cook for 45 mins or until a skewer comes out clean.
- Let it cool before you ice it.

ICING

- 60g cream cheese, softened
- 30g butter, softened
- 1/2 teaspoon vanilla essence
- 3/4 cup icing sugar mixture
- Place cheese, butter and vanilla in a bowl. Using an electric mixer, beat until pale. Gradually add icing sugar mixture, beating until combined.

hooked on books

SCENIC RIM LIBRARIES

We are opening for a limited service only due to COVID-19 restrictions to keep our community safe.

Library browsing and borrowing of physical items is available between 10:00am and 4:00pm Monday to Friday only.

Our '**Click and Collect**' service is still available by appointment only between 9:00am and 10:00am.

Please note, at this time:

- No photocopying, printing, scanning or public computers
- No cash or payments can be taken
- No seating available, no newspapers

Patrons will need sanitise hands as they enter and provide their library card number or details (as per government directives).

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We begin with action songs & rhymes then read a picture book story. 0 - 5 years.

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TAMBORINE MOUNTAIN LIBRARY NEWS by Friends of Tamborine Mountain Library.



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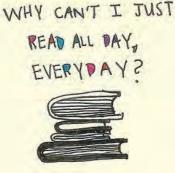
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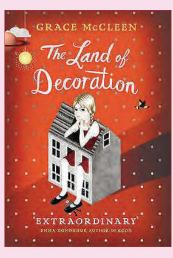
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Our Book Choice: The Land of Decoration by Grace McCleen



A mesmerizing debut about a young girl whose steadfast belief and imagination bring everything she once held dear into treacherous balance.

In Grace McCleen's harrowing, powerful debut, she introduces an unforgettable heroine in ten-year-old Judith McPherson, a young believer who sees the world with the clear Eyes of Faith. Persecuted at school for her beliefs and struggling with her distant, devout father at home, young Judith finds solace and connection in a model in miniature of the Promised Land that she has constructed in her room from collected discarded scraps the Land of Decoration. Where others might see rubbish, Judith sees possibility and divinity in even the strangest traces left behind. As ominous forces disrupt the peace in her and Father's modest lives a strike threatens her father's factory job, and the taunting at school slips into dangerous territory Judith makes a miracle in the Land of Decoration that solidifies her blossoming convictions. She is God's chosen instrument. But the heady consequences of her newfound power are difficult to control and may threaten the very foundations of her world.

With its intensely taut storytelling and crystalline prose, The Land of Decoration is a gripping, psychologically complex story of good and evil, belonging and isolation, which casts new and startling light on how far we'll go to protect the things we love most.

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News

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EMERGENCY NUMBERS

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Fire (ask for Southport Control)00	0
Fire (T.M.Rural F.B.)0407 583 12	1
Fire Warden0400 741 59	1
Police5545 3473	3
Ambulance00	0
Ambulance (non-urgent)13 12 33	3
Domestic Violence (24 hrs)1800 81181	1
Child Protection (24 hrs) 1800 177 13	5
Lifeline	4
13 HEALTH13 43 25 84	4
SES132 500	0
Emergency Physiotherapy	
Neil Bell5545 1133	3
TM Community Care:	
Home Care & Transport needs5545 496	8
Blue Nursing Service(07) 3287 204	1
Roslyn Lodge5545 782	2
TM. Medical Practice5545 122	2
Eagle Hts. Medical Centre5545 2410	ô
QML Pathology Nth Tamb5545 3873	3
Pharmacies: Nth Tamborine5545 1450	0
Eagle Heights5545 144	1
Tamborine Mtn Physiotherapy	
& Sports Injury Clinic5545 050	0
Tamborine Mountain Optometrist	
Nicky Carr5545 027	7

REGULAR MOUNTAIN ACTIVITIES

AQUA AEROBICS Mon Wed Fri 7am, Tues and Thurs 6.00pm-7.00pm at the pool Phone 0417 775 203.

BADMINTON Social players, all levels. Mon 6.30pm to 8.30pm at the Vonda Youngman Community Centre (except Public Holidays).

BOOK READERS GROUP meets once a month, new members welcome. Enquiries at TM library.

BOTANIC GARDENS Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

CHRONIC FATIGUE FIBROMYALGIA Support Group meets monthly Ph 5545 3134.

CREATIVE ARTS SOCIAL BRIDGE Wed at 12.30pm. For info contact John Noble, 5545 4022.

CROQUET @ MEMORIAL SPORTS CENTRE NORTH TAMBORINE, Mon &Thurs 8.30am. Let's play croquet.

FILM CLUB AT THE ZAMIA. Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

FRIENDS OF TAMBORINE NATIONAL PARK : meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

FRIENDS OF TM LIBRARY Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

JOHN DICKSON CONSERVATION PARK: working bees 1st Monday & 3rd Monday of each month. 8am. Ph: Elizabeth Russell 5545 3601.

JUST DRUM DRUMMING CIRCLE: Held each Saturday from 6pm. Experience is not required. Spare drums are available. We welcome everyone to join us. On the lawn at Eagle Thai Restaurant,10 Macdonnell Road Tamborine Mountain. https://tinyurl.com/y97o5vle

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

MEDITATION: Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

MEDITATION: (World Community of Christian Meditation). Ecumenical. Tuesdays 8am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. All welcome. 5545 2919.

MOVIES ON THE MOUNTAIN: Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

RELAXED MIND TAI CHI: Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

SINGING 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacapellatamborine@gmail.com

TAI CHI Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

TAMBORINE MOUNTAIN COMMUNITY CARE

ASSOCIATION: Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS), a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

TANGO CLASSES Every Wednesday evening at The Zamia Theatre. Beginner class 6.30-7.30pm,

followed by tango practice 7.30-8.30pm. Cost is \$15pp including practice plus tea/coffee. Inquiries call Jenny 0466 313 648

TM ARTS COLLECTIVE: Meetings are usually held at 7.00 pm on the first Wednesday of the month at a designated location (call 5545 0043 for details). We always welcome visitors and enquiries from new artists and artisans. We stand for a stronger arts community on the Mountain, and continue to lobby for a local community gallery and arts hub. The Collective benefits from our association with the Brisbane Visual Arts Community (BVAC) and members participate in Brisbane and local arts events.

TM BOWLS CLUB – Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon; barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

TM BRIDGE CLUB meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm and in an Assisted Play session on Friday at 12.45pm for those wishing to learn more in a social environment at the Tamborine Mountain Sports Complex, 400 Long Road.

TM CHAMBER OF COMMERCE: 2nd Wed. of month. Phone 5545 0944 Email:

info@tamborinemountainchamber.com.au

TM COMMUNITY KINDERGARTEN ASSOC meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities MONDAY 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st,3rd,5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture &Pottery TUESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) WEDNESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). 12.30pm-4.30pm Bridge THURSDAY 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) FRIDAY 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong SATURDAY 1.00pm-4.00pm Yarners

TM FAMILY HISTORY GROUP Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Robina on 0417 749 156.

TM GARDEN CLUB: Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. Bring a mug for morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome.

TM GOLF CLUB is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

TM HISTORICAL SOCIETY – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

TM LANDCARE: Volunteering Opportunities: Forest Regeneration Work - 5545 2052 for details, or helping at the Picabeen Bookshop - 5545 1847 during office hours for details.

TMLETS: Join at Community Exchange System http:// www.ces.org.za . Enq. 5545 3776.

TM LIONS CLUB Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld. lions.org.au/ **TM LITTLE THEATRE:** Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President 5545 2236.

TM LOCAL PRODUCERS ASSOC. sell local produce every Sunday at the TM Showgrounds from 7am - 12noon Phone 5545 1527.

TM MASONIC LODGE: Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

TM MEN'S SHED: Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday and Thursday from 8.30am to 1.00pm. New members are welcome. To find out more, drop in for morning tea and a chat or call Steve Pinder (President) on 5545 3081

TM NATURAL HISTORY ASSOCIATION: Birdwatchers meet 1st Wednesday of month at 4pm at the Historical Society, 53 Wongawallen Rd, Eagle Heights; the monthly walk is on 2nd Wednesday of month. For further information call 5545 0995. Bushwalkers walk on 2nd & 4th Saturday of month. For further information call 5545 0140 or 0419 314 442. www.naturalhistory.org.au.

TM NETBALL CLUB. Contact Tracey 0438 575 662.

TM ORCHESTRA rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is St George's Anglican Church, Dapsang Drive. New players always welcome. For more information, phone Tricia on 0415 487 581. Check us out on our website www.tamborinemountainorchestra.com; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine – www.tambopc.org.au Sunday Morning Service 9am (including kids' church) and Evening Service 5pm (including kids church). Playgroup: Tuesdays 9.30am for 0-5 years. Youth Group: Fridays 4-6 pm for Years 7–12. Enquiries: dave.mugridge@tmpcq.org.au BARGAIN CENTRE: Tuesday to Saturday opens 8am–12 noon (rear of the Presbyterian Church).

TAMBORINE MOUNTAIN COMBINED PROBUS CLUB Fun meeting of this new social club for retirees and semiretirees. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 1st April from 10am

Knoll Road, North Tamborine on 1st April from 10am. Contact Brian Gilmore M: 0411 260 054 E: briangilmore@ optusnet.com.au OR Rob Neary M: 0477 645 645 E: rob.neary@outlook.com

TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB) Join like-minded retired or semi-retired men for

fun activities. At Club Tamborine, 6-12 Beacon Rd, North Tamborine each 3rd Wednesday of the month from 10am. Contact Harvey Ruglen M: 0490 066 385

TM PROGRESS ASSOCIATION: 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

TM RSL Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning 5545 2030.

TM RUGBY: Training Monday and Thursday 3.45pm- 5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

TM TENNIS CLUB: Social tennis from 6.30pm Wed and 3.00pm Sun. Doubles comp from 6.30pm Mon. Ladies from 8.00am Fri. 88 Beacon Rd North Tamborine. Contact Henry Rich on 0477 775 671 or 5545 3547

TM WRITERS GROUP: Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

UNIVERSITY OF THE THIRD AGE (U3A). An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info call Delle on 0413 084 571 or access our website www.u3atamborinemountain.com

ZUMBA GOLD: Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – TamborineMountainZumba@gmail.com

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