1540 – 30 July 2020 • Established 1958 THE PAPER TO READ, KEEP AND SHARE Scenic

Tamborine Mountain, Canungra, Tamborine, Beaudesert, Cedar Creek, Boyland

Celebrating 62 years of unbroken publication...

MEMBERS TURN OUT TRAINING COURSE



Scenic Rim and Gold Coast SES members braved the wet and cold weather on Tamborine Mountain last weekend during a two-day course to obtain their Certificate in Land Search Operations, one of the many disciplines that the volunteer members are trained in. SES members are tasked to assist the Queensland Police Service with regard to missing or injured people and in item searches within the Scenic Rim Regional Council area. Pictured are Mark O'Toole, Georgia Worboyes, Paul Hinchcliffe (trainer), Phil Adie, Caitlyn Hester, Marty Westguard (trainee trainer), Rohan Sams, Maree Sams, Michelle Lee, Taryn Carnall and Clive Lucas. Photo: Sharee Young



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- Bright and clean open space with high ceilings
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AGENTS:

Tamara Athique 0405 173 332



10 - 10.30 10 - 10.30

10.30 - 11

11 - 11.30

11 - 11.30

11 - 11.45

11 - 12

1 - 1.30

- 1.30

1.45 - 2.15 2 - 2.30

- 2.30

- 2.45

3.15 - 3.45

SALE

\$468,000

AGENTS:

Mark Inwood 0407 292 036

- 11.45

11.15 - 11.45

12 - 12.45

12.15 - 12.45 12.30 - 1 12.30 - 1

Magnificent 4-acres in prime location

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Property of the week

75-79 Beacon Road, Tamborine Mountain

- If you are seeking a country lifestyle then this is it!
- · Horse paddocks, yard with shelter, veggie producing gardens
- · Extensive outdoor living with views over the land
- Open plan, great kitchen/living area for the family

SALE

Paul Edwards 0419 249 271 Ton Wolf 0424 591 012

OPEN HOMES - Sat 1st

271 Wongawallan Drive

127-129 Guanaba Road

68 Coomera Gorge Drive

195 Fenwick Road, Boyland 376 Main Western Road

82-86 Martin Pl, Tamborine10

90 Munstervale Rd, Tamborine

1-9 Williamson Road, Tamborine

🚐 3 🚄 1 🚍 1 🔀 2.97 acres

10 Orchis Drive, Tamborine

92 Eagle Heights Road

713-735 Main Western Road

71-79 Murray Grey Dr, Tamborine

81-89 Murray Grey Dr, Tamborine

9.45 - 10.30 148 Fenwick Road, Boyland 10 - 10.30 14 Cayambe Court 14 Cayambe Court

45 Bateke Road 271-279 Guanaba Road

45 Seguoia Drive

3 Dapsang Drive

27-29 Huyber Lane

4/219 Long Road

8 Areca Court



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Mountain 5545 4000/ Tamborine 5543 6444



18 Geismann Street, Tamborine Mountain



1-9 Williamson Road, Tamborine

- It might need some T.L.C but it is priced
- · Timber floors, high ceilings, garden shed, old



- accordingly and will be a great D.I.Y project
- stable the bones are there, you do the rest



\$889,000

AGENTS:

Linda Hogan 0414 300 558



🚐 4 🚄 2 🚍 5 🔀 1.55 ha

Sold!!! We bought a house!! Ton was extremely professional, assisted us

with every aspect of the purchase of our new home. Wonderful experience!!

AGENT:

Team: Paul & Ton



82-86 Martin Place, Tamborine

- Quality property, superior design & flow
- · Large living areas, soaring ceilings, well appointed kitchen for outdoor living area
- Outside Bar/BBQ area







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Barry Chick

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SCENIC RIM COUNCIL EXTENDS RATES ASSISTANCE IN RESPONSE TO COVID

Scenic Rim ratepayers whose circumstances have changed or who are experiencing financial hardship may be eligible for assistance following Council's changes to its rates and charges in response to COVID-19.

With rates notices issued on 28 July, Scenic Rim Mayor Greg Christensen said residents and business operators experiencing financial difficulty should be aware they now have access to a wider range of rates assistance options.

"Council recognises that drought, bushfire and now the COVID-19 pandemic have all impacted members of our community financially," Cr Christensen said.

"For the first time, as part of the Scenic Rim Economic Stimulus Package 2: COVID-19, Council has extended its Financial Hardship Policy on overdue rates and charges to include all ratepayers.

"While previously this applied only to residential and rural ratepayers on their principal place of residence, it has now been extended to commercial ratepayers."

The Financial Hardship Policy has also been extended to include impacts associated with extraordinary events such as COVID-19, providing concessions for approved applicants with the suspension of interest on overdue rates and charges and the suspension of debt recovery actions.

Council is also suspending the levying of calculated interest on all overdue rates and charges balances from 1 July to 30 September 2020.

Although the adopted interest rate charged on outstanding rates and charges balances is currently set at 8.53 per cent for the 2020-21 financial year, Council has applied

a 3.53 per cent offset for all ratepayers on interest for outstanding rates and charges as part of its COVID-19 initiatives. This means an effective interest rate of five per cent will apply from 1 October to 31 December 2020.

Ratepayers can apply for assistance under the Extraordinary Circumstances provisions from 1 July to 31 December 2020 and the relief period for approved applications will run until 30 June 2022.

A discount of five per cent will be allowed only on current general rates if the total amount of all rates and charges, including overdue amounts, is paid by 28 August 2020, based on the rates notice issue date of 28 July.

In addition to rates assistance for those experiencing hardship, a discount of three per cent will be allowed only on current general rates if the total amount of rates and charges, including overdue amounts, is paid between 29 August and 28 September 2020.

"These are tough times for many in our community and those struggling need to know that support is available," Cr Christensen said.

"Council continues to provide rates relief for drought-affected primary producers, whose rated property is their primary source of income.

"We also continue to offer approved landowners directly impacted by the Scenic Rim bushfires in late 2019 the ability to defer their January and July 2020 rates payments until 31 December 2020.

"Residents and business operators wishing to access rates assistance as a result of the impacts of drought, bushfire or COVID-19 will need to make direct contact with Council.

"We recognise that everyone's circumstances are unique and, whether they have been impacted by ongoing illness or loss of employment, we encourage them to contact Council to discuss the options available."

The Queensland Government also provides rates assistance to eligible Scenic Rim residents.

Ratepayers who hold a Queensland Centrelink Concession Card, Department of Veterans' Affairs Pension Concession or Veteran Gold Card are able to apply for the Queensland Government Pensioner Rate Rebate, which offers a maximum rebate of \$200 from their annual rates bill.

To be eligible for the Queensland Government's Pensioner Rate Rebate, the ratepayer must be the owner or life tenant of the property, which is their principal place of residence in Queensland, and legally responsible for paying rates and charges levied on that property.

"Pensioners already registered with Council and verified with Centrelink or the Department of Veterans' Affairs will continue to receive the rebate each year without the need to re-apply, providing their circumstances have not changed," Cr Christensen said.

"Anyone else who considers they now meet the eligibility requirements should download and complete the Pensioner Rate Subsidy Application, available in the Customer Service Forms section on Council's website, or contact Council on 5540 5111 for assistance."

DAM SCULPTURE PARK EXPANSION

Beaudesert and District Community
Arts Project Inc (BADCAP) has received
a \$10,000 grant from the Regional Arts
Development Fund which will go towards
the expansion of the Sculpture Park at
Wyaralong Dam.

Along with BADCAP's own contribution of \$15,000, the \$25,000 expansion project is now seeking expressions of interest from sculptors living in the Scenic Rim Regional Council area and from adjoining Queensland council areas Logan City Council, Gold City Council, Ipswich City Council, Southern Downs and Lockyer Valley.

The Regional Arts Development Fund (RADF) is funded by the Queensland State Government in association with the Scenic Rim Regional Council.

BADCAP's Sculpture Festival and Symposium held in September and October 2015 saw seven sculptors from Australia and overseas work on site to create Lake Wyaralong Sculpture Park.

Rowing Queensland has a visible presence at Wyaralong Dam and BADCAP is searching

for a sculpture that will reflect and draw inspiration from the sport of rowing on the dam. The winning sculpture can be representational or abstract, traditional or contemporary, whimsical or contemplative. The selection committee will be looking for something that captures the essence of the sport as enjoyed by thousands of people who visit the dam each year.

Sculptors living in the specified areas are invited to forward their applications for this project by 31 August. The winning project will be announced on 5 September.

It is envisaged that the sculpture should be ready for inspection by BADCAP members by 30 November with a launch date of 26 January. Not only will it be Australia Day, but the Queensland State Championship Rowing Regatta will be taking place on Wyaralong Dam that day.

Details regarding the submission and the application form can be found on the BADCAP website **www.badcap.org**



Fishing rod sculpture by Silvio Apponyi at the Wyaralong Sculpture Park

Relationships

WHAT'S IN YOUR BAGGAGE?



What's in your baggage? Ever been asked this question when passing through airport customs? It's essential to know what's in there.

We think of ourselves as individuals born with unique, pre-programmed personalities and to some extent, we are. However, we are also shaped by our life experiences which form the baggage we carry with us.

We were raised in families that operated as a system. What one member did affected other members of that system so we learnt to respond in particular ways to keep the system operating smoothly. Consequently, we adopted strategies that ensured we were accepted by our family tribe. For example, if children have neglectful parents, they develop behaviours that ensure their needs are met. These behaviours might assure their survival but can become dysfunctional in their adult relationships.

Neuroscience has provided insight into brain development, confirming how influential our childhood experiences are in laying down neural pathways that remain with us for life. These pathways determine how we respond to crisis or threat; whether particular emotions are accepted or avoided; needs for closeness or separateness; deep-seated beliefs that impact how we live our lives.

In addition, everyone experiences a unique family culture. A strange aspect of culture is its invisibility to those living in it. We think of our culture as 'normal' until we encounter a contrasting culture, making us aware of the uniqueness of our own. Take for example our accents. The first decade of my life I lived in Scotland, where everyone talked 'normally'. Or so I thought prior to migrating to Australia. Here I made the shocking discovery that I spoke very differently to my classmates who took great delight in mocking my weird pronunciation.

It's not just how we speak, but a myriad of things that our family does that contribute to the baggage we carry. Things like parenting styles, attitudes to finances, work ethics and family rituals and even notions as insignificant as which way the toilet roll is loaded. Children have an assumption that their way of living is normal but carrying these assumptions into our adult relationships results in conflict. Rigid expectations prompt us to dismiss others' viewpoints as weird. We may even resort to mockery, like my classmates, in an effort to reinforce that our way is right.

Acknowledge the presence of your own baggage consisting of the concepts you unconsciously integrated into the way you live. Make a habit of critically appraising your baggage in order to decide what is helpful and worth holding on to and what you may want to reconsider.

The flexibility to evaluate your baggage and consider others' perspectives will expand your choices, broaden your world, and improve your relationships.

Linda Gray linda@relationshipsanctuary.com.au 0401 517 243

OSGOOD-SCHLATTERS DISEASE: HARD TO PRONOUNCE, EASY TO MANAGE!

If your child often complains of knee pain and is developing a lump just under the knee joint, they may be suffering from Osgood-Schlatters disease. But don't panic, just because

it's called a disease doesn't mean it's contagious or will make them sick (although they might carry on like it!).

Basically, as kids go through their pre-teen and teenage growth spurts, their bones grow faster than their muscles.



This means the muscles struggle to catch up in length and become very tight. They then pull on the bone, creating discomfort and pain. Osgood-Schlatters disease relates specifically to this condition around the top of the shin, just below the knee.

Kids in the 11 - 14 year old range are most commonly affected and those with a passion for sport are more at risk. Although any activity can cause this type of knee pain, it is common in kids who play sports which involve a lot of running, jumping or changes of direction, like netball, basketball, soccer and gymnastics.

The good news is that the knee pain is easily treated and managed. A visit to Gary at Tamborine Mt Physiotherapy is a good idea if the pain and swelling is frequent, getting worse or is interrupting their sleep and activities. Gary can assess your child's muscle length and knee alignment and give advice and treatment to reduce pain and swelling and keep them active through their growing years.

As the parent of a teenaged child, you have enough on your plate! Let us solve their knee pain and at least they can tell you their story walking!

Call for an appointment on 5545 0500.





JESSE FOLLOWS IN MUM'S FOOTSTEPS

Jesse Ashley proudly holds the haul of blue ribbons he won at the recent Tamborine Mountain State School athletics championships. He won every event for his graduating year, as well as having earlier won the cross country for his age group. Jesse's success continued the winning tradition of his equally proud mother Brenda who last year won a swag of medals in the Oceania Masters Athletics Championships as well as in the previous year in the Pan Pacific Masters Games. Jesse trains two to three days a week with his family members and is coached by Terry Larkins at Runaway Bay.



07 5545 2522



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'S BUSINESS AS USUA

Hello to everyone on Tamborine Mountain. It's nice to be back from a little holiday and thanks to the whole team for ensuring everything ran well.

During my break, I had the chance to be involved in a push up challenge which resulted in a couple of things. One, I've got huge arms now (so I tell myself), but more importantly it really drove home the message of how important being active is for us, particularly during these uncertain times. Given that some aspects of our lives can become all too consuming if we allow it, it's great to be active for mental, emotional and physical health. I highly recommend it to everyone. The simple act of going for a walk can be a great starting place.

This next message is imperative for all those in business who need to comply with COVID-19 rules to ensure they remain in business. The idea that you won't get a visit from the Office of Liquor and Gaming Regulation, Police or Queensland Health to ensure you are complying is a myth. We as a community cater to a huge tourist market and consequently have countless visitors every day of the week.

My staff and Queensland Health recently conducted patrols and unfortunately, whilst the majority of business owners are making the effort, some left little doubt that they either don't know the rules, or don't care. Trust me when I say the Government is quite serious about this and whilst we have been educating and encouraging people to do the right thing, sadly financial incentives will be handed out for continual breaches - it's that simple. On the flipside, if you have issues with patrons to the point you feel concerned for your safety or that of others, please ring so we can deal with it at the time it is happening. No one deserves to be abused when performing their role.

On the traffic front, four crashes this month! Be mindful please of others and travel a safe distance behind the driver in front as they can brake suddenly for all manner of reasons. We recently had a young male, 17-year-old P Plater intercepted for travelling at 138km/h in an 80km/h zone, at night in an area notorious for kangaroos. Parents please educate your young drivers to the perils of driving a motor vehicle irresponsibly. This kid will have six months' walking to think about his actions.

We further executed search warrants at two addresses on the Mountain and a number for people will be attending court on drug offences where Police allegedly located the drug ice and ecstasy.

We will continue to target drugs and Fatal Five driving offences for the safety of the greater community. We often speak about the Fatal Five - the five behaviours that contribute most significantly to deaths and serious injuries on our roads. The five are:

- speeding
- driving under the influence of substances (drugs and/or alcohol)
- not wearing a seatbelt
- driving whilst fatiqued
- driving while distracted (including mobile devices)

If you can't help yourself, we will work to give you that incentive to change your behaviour. You also have options to seek help if that's what it will take to change your ways. My staff and I are more than willing to give that assistance and referral to professional help.

As always, report matters that might seem suspicious; your information is just a phone call away and may help save someone's life or protect their property; you never know.

Sgt Mark Shields Officer in Charge **North Tamborine Police**

ouncil Notices

PUBLIC NOTICES

ORDINARY MEETINGS

Council's next Ordinary Meeting will be held on Monday 3 August at 9.00am.

You can listen live by visiting scenicrim.qld.gov.au/ our-council/meetings-and-agendas and clicking on the link next to the meeting date.

An audio recording will be published at the same location on the website following the meeting.

CUSTOMER SERVICE AND ADMINISTRATION CENTRES

Scenic Rim Regional Council Customer Service and Administration Centres are open between 8.30am and 4.30pm from Monday to Friday.

In line with the Queensland Government's social distancing guidelines, a limited number of customers will be allowed in our Customer Service and Administration Centres at one time.

Beaudesert - max 5 people (8.30am - 4.30pm)

Boonah - max 2 people (8.30am - 4.30pm)

Tamborine Mountain - max1 person (9am - 4.30pm)

You can still call 07 5540 5111 or non-urgent enquiries can be emailed to mail@scenicrim. gld.gov.au or posted to PO Box 25 Beaudesert Old 4285.

COMMUNITY WELLBEING EXPRESSIONS OF INTEREST

Council is calling for expressions of interest from FRIDAY FLICKS ARE BACK! Scenic Rim providers who are suitably skilled to deliver community wellbeing programs in 2021.

If you are involved in the fitness, health, sport, arts or wellness industries, and are passionate about delivering activities that encourage Scenic Rim residents to be healthy, active, artistic and socially connected, Council would love to hear from you. For more information, visit www.scenicrim.qld.gov.au/wellbeing/eoi

APPLICATIONS OPEN FOR COUNCIL'S GRANTS PROGRAMS

Applications are now open for the Scenic Rim Community Grants, Environmental Grants and the new Regional Events Program. Applications for Council's 2020-21 Environmental Grants Program and Community Grants Program close on Friday 28 August.

Applications for funding through the Regional Events Program can be submitted throughout the year. For further information, visit Council's website www.scenicrim.qld.gov.au/grantsfunding-awards

EKKA SHOW HOLIDAY

Reminder: Scenic Rim region will observe the annual show day holiday on Monday 10 August.

LIVE + ONLINE AT THE CENTRES

Boonah Cultural Centre

Screenings at 10am, 1pm and 7pm,

Tickets must be purchased in advance online or by phoning 5540 5050. Seating will be allocated on arrival.

BOMBSHELL (M) 7 August

Charlize Theron, Nicole Kidman and Margot Robbie. Based on the true story of Fox News CEO Roger Ailes

WONDERS OF THE SEA 3D (G) 14 August

Documentary by Jean-Michel Cousteau and family. Narrated by Arnold Schwarzenegger

AMAZING GRACE (G) 21 August

Documentary featuring Aretha Franklin and the most popular gospel album of all time.

WONDERS # SEA

SHOWCASE YOUR TALENT!

Applications are now open for expressions of interest for Scenic Rim creatives to showcase their talent through performances, workshops, exhibitions etc.

Submissions must be received by 30 August, 2020.

For more information and to subscribe to our e-blasts visit: liveatthecentre.com.au

LIBRARIES

All Council libraries are open for a limited service only due to COVID-19 restrictions and keeping our communities safe.

Branches:

Beaudesert 07 5540 5142 Boonah 07 5463 3064 Canungra 07 5543 5791 Tamborine Mountain 07 5540 5473

Visit the website: scenicrim.qld.gov.au/libraries



Council correspondence should be addressed to: Jon Gibbons, Chief Executive Officer, PO Box 25 | 82 Brisbane Street, Beaudesert QLD 4285 | Phone 07 5540 5111



Physio Talk

with Neil Bell



Who would be a Broncos supporter?

Man, it's tough being a Broncos supporter at the moment! Every week I swear I am never going to watch that rubbish ever again. And then... the next week comes and there I am sitting on the couch hoping that this week will be different.

Usually, after the performances they are putting up. I am so worked up about Milford and Boyd and the rest of them, that it takes me until late in the night to get to sleep. And I know I'm not alone. Like I said, it's tough being a Broncos supporter at the moment. The Broncos' defensive efforts have been enough to make anyone clench their jaw, but just because Darius Boyd can't tackle, it doesn't mean I need to have jaw pain.

Jaw pain is surprisingly common and is mostly caused due to a dysfunction in the Tempero-Mandibular Joint (TMJ), the joint which links the jawbone to the skull. The most common symptom associated with TMJ disorders is dull, aching pain, which varies in strength from mild to severe. This pain is usually felt in the jaw, but can also be felt in the surrounding areas, including the face, ear and teeth. It may also radiate to

the scalp, neck or shoulders, and some people even find that they get headaches into their temple regions.

TMJ pain is usually worse when chewing (especially chewy or hard foods), but it may also be exacerbated by yawning or talking for a long time... or yelling at the footy broadcast on a Friday night. Some other signs and symptoms that we see at Physique associated with TMJ disorders are tenderness in the jaw and facial muscles; a noisy joint with opening and closing such as grinding or clicking; difficulty opening the mouth fully; and sometimes even jaw locking. Often joint jaw clenching overnight is actually a sign that you have jaw pain as your body is trying to splint the sore joint while you are sleeping.

The good news is that physiotherapy can help with relieving the symptoms of jaw pain. Especially when they have had post-graduate training in the field like the physios at Physique. Physiotherapy for TMJ dysfunction will focus initially on relieving the joint pain by gentle joint mobilisation, gentle massage to the temporal, jaw and fascial muscles and some exercises to improve the jaw mobility.

Usually we can get good pain relief, like any other joint treatment, and then we will focus on what is actually causing the problem in the first place.

This could be anything from poor joint movement patterns, to tight muscles, to neck stiffness, to poor postural muscle support. We have many techniques to help anyone who is suffering from jaw pain, so please do not think that you just have to live with this pain.

Come on in to Physique and hopefully we can provide you with some relief. Oh, I only wish that I could make the same statement when it comes to helping out all the poor Broncos supporters out there. Ah well, I guess there is always next week. Come on the Broncs!







TAMBORINE MOUNTAIN MEDICAL PRACTICE

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Dr Sanne Kreijkamp-Kaspers
Dr Henri Coombs
Dr Joe Gambin
Dr Cobie Powell
Dr Hok-Yee Siu
Dr Marije Dalebout
Dr Jardin Taha
Dr Ankur Bhatnagar
Dr Michael Hoy



Accredited by



WINE CHAT

with Witches Falls Winery

HERE'S A FEW MORE WINE DESCRIPTORS



It's a wonderful feeling to be well-rounded and conversant, and an even better one when you can show off all that knowledge to envious friends. To help you facilitate this ambition, we're providing you with another five of our favourite wine descriptors.

Unctuous

'Unctuous' may not be all that flattering if you were to use it when describing a fellow human. However, when it comes to wine, unctuous can be very appealing. Rich in texture and complexity, unctuous wines are often lush and can be quite viscous. Take for example our Late Harvest Viognier. Sticky, yellow, and sumptuous, this dessert wine is dripping with texture and viscosity.



Fleshy

'Fleshy' is a textural term and refers to the way a wine feels in the mouth. Fleshy wines sit heavy on the tongue and provide a chewy, meaty sensation. Often used to describe sturdy, full-bodied reds such as Cabernet Sauvignon or Shiraz, our Prophecy Syrah is a fleshy delight.

Piquant

You might have heard this one used in reference to food flavours more often than wine, but it sums up our Granite Belt Saignée so perfectly we felt we had no choice but to include it. Piquancy refers to an agreeable pungency, or sharp taste. Delightfully deceptive, our Saignée seems at first to be perfectly gentle given its strawberry and cream aromas. First impressions can, however, lead you astray. This Rosé packs a seriously peppery punch!

Floral

Only reserved for the very prettiest of wines, 'floral' refers to those that exhibit aromas or characteristics which are reminiscent of flowers. Floral, lush, and creamy, our Wild Ferment Fiano is basically a spring picnic in a bottle. With its violet aromas and smooth, buttery finish, the Fiano is indeed our loveliest white.

Sticky

Honeyed texture and a rich viscosity are essential for any dessert wine worth its salt (perhaps worth its sugar would be more appropriate). If you're an Australian, you may be more familiar with the term 'stickies' to describe a dessert wine. Exactly as it sounds, a sticky wine is sticky. Owing to a higher sugar concentration, if you were to spill a dessert wine, you'd be left with a sticky residue. Give our Classic Tawny a go for a delightfully sticky fortified wine.

So, go ahead, see if you can pepper a few of these glorious terms into your next Friday night drinks. All that we ask for in return is an invite next time.

Cheers and stay hydrated, Imogen Mulcahy and the Witches Falls crew



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JON KRAUSE MP

State Member for Scenic Rim

STATE DEBT TO PASS \$100 BILLION

Queensland's debt bill will break through the \$100 billion barrier in less than 12 months. That's a \$17 billion blowout since December last year.

It's even more reason why we need to invest for growth and rein in wasteful spending – to ensure that Queensland builds a stronger economy to secure more jobs and improve services like health, education and policing.

The Queensland Government needs to deliver a full State Budget before the next election on Saturday 31 October. Anything less is keeping Queenslanders in the dark about the State's finances and how their taxes are being spent.

The LNP has committed to deliver a full budget within the first 100 days of government, to stabilise Labor's debt and deliver our economic plan to get Queensland working again.

SENIORS WEEK

Next month, between 15 and 23 August, we will be celebrating our older residents during Queensland Seniors Week. Each year this week-long event enables older Queenslanders to engage with the community through a wide range of events.

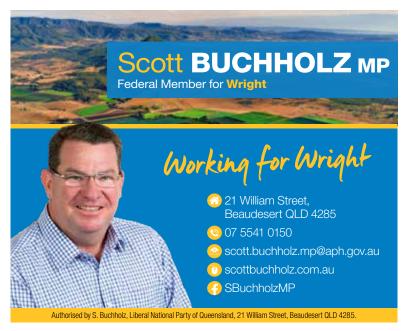
This year due to COVID-19 celebrations will be a little different — with some virtual events being held. The focus this year is Together: The Stories of Us which is aimed at celebrating and showing the diversity of Queenslanders.

Whilst Seniors Week is a recognition of the importance of older people within our community, it also aims to involve people of all ages to work together to create age-friendly communities. Visit qldseniorsweek.org.au for more information.

CONGRATULATORY LETTERS

Do you have, or know someone who has, a significant birthday or anniversary coming up? I'd love to write a letter to celebrate the milestone — whether it be a 90th, 100th, 105th or greater birthday; or a 50th, 60th, 65th of 70th wedding anniversary. Depending on the occasion, you can also receive a letter from Federal Member, Scott Buchholz MP, the Premier of Queensland, Governor of Queensland, Prime Minister of Australia, Governor-General, or Her Majesty the Queen. For more information or to request a congratulatory letter, please contact my office on: (07) 5515 1100 or email scenicrim@parliament.qld.gov.au

If you have an issue that you think should be fixed, I encourage you to contact my office, toll-free on 1800 813 960, so I can lobby on your behalf in Brisbane. Quick question? SMS 0401 63 44 88.





SCOTT BUCHHOLZ Federal Member for Wright

BUSHFIRE RECOVERY FUNDING

Three projects will receive funding to support bushfire recovery in the Scenic Rim and Gold Coast hinterland, as part of a Morrison Government bushfire recovery grants program.

The program will focus on helping native wildlife and habitat recover from the devastation of last summer's bushfires.

The Australian Government has made a \$200 million commitment to the long-term recovery of Australia's bushfire hit environment.

This first round of projects will assist the recovery of native habitats - which is particularly important for our world renowned national park environment across Lamington, Main Range, Mt Barney and around Springbrook.

I was there on the ground after the fires with the Prime Minister and saw firsthand the damage in beautiful places like Binna Burra and Beechmont.

This damage was sadly replicated across Main Range, over the course of the large western fires – in Clumber, Moogerah and Tregony.

We are so lucky to live in such a beautiful region. We're enclosed by mountainous ranges and have access to the most stunning natural environments.

These recovery projects are about protecting that environment, improving it and making sure we have the habitat available for native species to regenerate.

It is anticipated the grants will fund surveying of threatened birds such as the Eastern Bristlebird and Ground Parrot.

Specialists from Queensland University of Technology, the University of New South Wales and BirdLife Australia will work together, across the various national parks and state borders.

The experts will be engaged through the universities and BirdLife, and use specialist trained dogs to help find endangered species such as the Black-tailed Dusky Antechinus (a species of small carnivorous marsupial) in Lamington, Main Range, Mt Barney and Springbrook National Parks.

These projects are not only important for the environment, but for our economy.

Much of our regional tourism, especially in eco-tourism – hiking, camping and adventure tourism relies on these environments. This is an investment in supporting those sectors of our economy, but particularly getting those native habitats repaired.

Ensuring the environment recovers from the bushfires is an important part of the recovery process. It is going to take time, but this is an important step in making it happen.

In May the Government committed a further \$150 million for bushfire recovery for native wildlife and habitat areas in addition to the initial \$50 million funding. These funds will be invested in bushfire affected regions over the next two years.

More information about work to support bushfire recovery for wildlife and habitat can be found at www.environment.gov.au/biodiversity/bushfire-recovery



Letters to the Editor

Readers are reminded that letters to the editor must show full name of writer for publication.

SCIENTIFIC METHOD UNDER ATTACK FROM UNIVERSITIES

Over the last few centuries, our world has had inflicted on it an ever-growing population. There has been a consequent need to develop complex societies supported by ever more advanced science and technology. This, in turn, has been dependent on development of the scientific method which has been essential to our understanding and innovation.

For all its significance, the scientific method is a simple concept. If observations are not understood, a theory can be developed to provide an explanation. If that theory can forecast future observations, it gains some credibility but will always remain open to question. It is irrelevant how many people support the unproven theory as a proof of scientific fact. The heretic who points out this unpalatable fact may be subject to screams of outrage or worse, but the scientific method is the way to advancement and avoidance of blind alleys.

We have seen failures through history. The Muslim countries once led the world in science and technology, but then religious pressures froze further advance. Later, the Christians were at risk of doing the same. Remember, the scientist and astronomer Galileo was put under house arrest for years and his books burned. His sin was to differ from prevailing dogma by daring to suggest that the Earth was not the centre of the universe or even of the solar system.

But now there are new pressures undermining the very foundations of the scientific method on which we have such fundamental dependence. Financial considerations and alternative political philosophies are looming large and even our universities seem to be adopting priorities in conflict with the pursuit of scientific truth. Some are censoring the expression of ideas

which threaten their less worthy priorities.

The treatment of Professor Peter Ridd by James Cook University is a strident example. He was fired for publicly disagreeing with colleagues and questioning the quality assurance of papers published under the university banner. Further, it was stated he had not behaved in a collegiate manner. Surely research should not be limited to that which supports the policies of university management. Inevitably, there is the awful suspicion that the collegiate view reflects the view of those financially supporting the research.

Peter Ridd resorted to the courts and rightfully won on the basis of his enterprise agreement guaranteed intellectual freedom. The university relied on a code of conduct which would prevent management and staff's feelings being hurt even if justified by the pursuit of scientific truth. Most regrettably, the university has now appealed successfully with again scientific fact being the ultimate victim. There is widespread outrage and we will hear more.

Limited space allows only mention of the recent horrifying case of the student at the University of Queensland who was suspended until 2022 from his studies and the seat on the University Senate to which he had been elected by the student body. Incredibly, the identity of those on the panel responsible was kept secret. It appears his sin was questioning Chinese influence in the university. An appeals hearing threw out nine of the 11 complaints and reduced the suspension to a semester. That has also caused a huge outcry and will probably proceed to the courts.

Attempts by academia to censor the search for truth are fundamentally unacceptable.

Phil Giffard

TRIVIA: FAMOUS AUSSIES

- 1. Actress born in 1967 whose first film was Bush Christmas but came to prominence in the film Dead Calm.
- 2. Hugh Jackman was born in which city?
- 3. Singer and actress who began her career as a child actress and rose to prominence in 2002 playing a shy school girl called Nina Tucker in the Australian soap opera Neighbours.
- 4. Which actor is best known for his role as Patrick Jane in the hit series The Mentalist?
- 5. Paul Hogan the comedian and actor starred in a series of adverts in which he played an earthy Australian abroad in London for which drink?
- 6. Born in Townsville, Queensland, which Australian was the founder of WikiLeaks?
- 7. Which Australian born in 1934 holds the record as the youngest player to win 3 different Grand Slam tournaments, a feat he achieved in 1956?
- 8. Composer and lyricist of the Olivier Award-winning, Tony Award-winning show, Matilda the Musical.
- 9. Which leader of the Labour party was the 21st Prime Minister of Australia, serving between 1972 and 1975?
- 10. Musician, author and screenwriter, frontman of the Bad Seeds and whose single "Where the Wild Roses Grow", a duet with Kylie Minogue, is his most commercially successful single to date.
 ANSWERS p19







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Scenic Rim benefits from COVID Works for Queensland funding

Scenic Rim Regional Council has welcomed the approval of its nominated projects submitted under the State Government's COVID Works for Queensland program.

"We submitted a range of initiatives and are very grateful to be included in the Works for Queensland funding for the first time," Mayor Greg Christensen said.

"Even though we are a regional council, because we are located in South East Queensland we have never been eligible to access the Queensland Government's Works for Queensland program.

"Through this particular COVID-19 program, the Scenic Rim region was allocated \$1.73 million of the \$50 million provided to South East Queensland councils out of a total \$200 million state-wide package."

Minister for Local Government, Racing and Multicultural Affairs, Stirling Hinchliffe, said the COVID Works for Queensland program was an essential part of Queensland's road to economic recovery.

"The economic repercussions from the pandemic have echoed across the world. Queensland is not immune, nor is the Scenic Rim region. These projects will support or create almost 140 jobs," Mr Hinchliffe said.

Cr Christensen said the funding was a welcome injection given the region's economy had been hard hit over the past year following sequential events.

"In addition to COVID-19, our region has been hit hard by long-term drought and two significant bushfires so the funding for these projects will minimise the impact on ratepayer funds," said Cr Christensen.

"The range of projects will provide some additional community infrastructure,

maintenance or upgrade of facilities and essential services that Council would not have been otherwise able to deliver this year."

The approved projects under the Queensland Government's COVID Works for Queensland Program include:

COMMUNITY WELLBEING

- All Council libraries: Supply and install radio frequency identification (RFID) control system for Council libraries, which will include tagging all books and installing exit control security gates, and providing self-service kiosks. This will improve customer experience, reduce losses, and remove multiple handling of books. Library staff will also be freed up to engage with customers and deliver community programs.
- Kooralbyn Community Centre: Paint interior and exterior.
- Moriarty Park Community Centre, Canungra: Install solar tubing and safety handrail.
- Tiny Tots playground, Boonah and Tamborine Memorial Park. Construct replacement playgrounds as identified in Council's Playground Strategy.
- Tamborine Village Old School: Replace roof.
- Fassifern Reserve pioneer gravesites, Kalbar: Restore deteriorated graves of pioneering families.
- Fassifern Reserve roadside rest area and free camping facility: Install bollards to control access to permitted areas only and prevent damage to vegetation.
- DJ Smith Memorial Park, Canungra:
 Restore the depth of electricity lines and
 other services to enable future installation
 of turf irrigation.



ESSENTIAL SERVICES

- Bromelton central landfill: Install CCTV
 and new lighting to enhance security,
 monitor waste separation and comply with
 current standards. Upgrade of entry system.
 Construct litter control infrastructure on tip
 face to assist with control of windblown
 litter.
- Tamborine Mountain transfer station: Construct retaining wall to prevent further erosion of pad under water tanks.
- Canungra transfer station: Repair of push bay structure, including reinforced concrete on walls and bund.

ECONOMIC DEVELOPMENT

 Replace and refurbish electrical infrastructure as required throughout the Lake Moogerah Caravan Park. An electrical safety audit identified ageing infrastructure and sections of the electrical reticulation was not compliant with current standards.

COMMUNITY SAYS: WE WANT PUBLIC TRANSPORT SERVICE

How do we traverse the divide between Tamborine Mountain and the Gold Coast?

This was the topic of the recent community meeting organised by Rotary Satellite Club of Coomera River-Tamborine Mountain to discuss the lack of local public transport..

Various community organisations were represented at the meeting which was also attended by Cr Derek Swanborough and his predecessor Nigel Waistell.



One of several Tamborine Mountain bus stop shelters built by Rotary TM in 1981. All they need in 2020 is a public transport service.

David Power, Zoe Ross, Neil Smith and Jan Zomerdijk, on behalf of Rotary TM, gave an informative presentation on the history of public transport, collated evidence, and the controversial Modified Monash Model (MMM), as well as providing an assessment of the current public transport situation on Tamborine Mountain with respect to other comparable communities in Queensland.

It came as a surprise to some that it was Rotary TM that built the existing bus stop shelters on the Mountain in 1981. It's now many years since they have been used in association with public transport, a situation Rotary is determined to change.

The rezoning of Tamborine Mountain to category MM1(metropolitan) should give Tamborine Mountain excellent access to transport services connecting it to the Gold Coast, but, as anyone living on the Mountain knows only too well, this is currently not

A comparison with Beaudesert, Canungra and Maleny perfectly illustrates the fact that Tamborine Mountain has no public transport while these towns have a daily connection to the TransLink network.

During the meeting, representatives of various community groups provided anecdotal information on past and more recent attempts to bring public transport to the Mountain.

Meeting participants concluded that they want both sides of politics to commit to an initiative of improved public transport for Tamborine Mountain. They agreed that with support from local government (including the Mayor and Division One Councillor), local community groups, and State Members of Parliament we should have the best chance of getting this.

At the end of the meeting a steering committee comprising representatives of community groups and Rotary TM was established, with the aim of preparing a submission to the State Government and local Members of Parliament.

The committee has since held its first meeting and will continue in coming weeks to prepare a public transport submission.

If you would like further information regarding this project, or would like to become involved with the steering committee to help bring public transport back to the Mountain, please contact Dave Power via email:

dpo90748@bigpond.net.au

TM UNIVERSE: A STAR IS BEING BORN



By Jaap Vogel

We have just celebrated the third anniversary of the TM Universe (TMU) project with several very interesting and encouraging recent developments involving both the location and the themes.

First a short summary of our three-year history: At the end of April 2017 Vanessa Stanley

At the end of April 2017 Vanessa Stanley and her now, late husband Dr Ross Paul, donated the former TM telescope back to the community, under the condition that the original observatory would be rebuilt and the telescope be placed in that building.

Dr Arthur Page was the original owner of the telescope and from Tamborine Mountain he and his wife observed and described tens of thousands of stars, in particular so-called flare stars. In the 1980s, this telescope was the biggest amateur telescope of the Southern Hemisphere. Dr Page was a highly qualified, amateur astronomer and left a comprehensive and valuable body of work of his research. In 2010 Vanessa Stanley and Ross Paul met with Arthur who died in 2011.

Sadly, Ross passed away just after donating the telescope to our community in 2017. His wife, Vanessa, wants the project to continue as a tribute to her late husband, a very well-known and nationwide respected rocket scientist. Vanessa is still actively involved in TM Universe.

Finding a location was always considered to be the main challenge. And so it was: it took three years and several failed attempts to potentially find the site. State and local government will consider a proposal to site the project behind the Tamborine Mountain Visitors Information Centre (VIC). This dream will only become reality if we can get a solid



business plan together. The Chamber of Commerce runs the VIC and is very supportive of this development. The relationship will soon be formalised. Also, other groups (like the Progress Association) and schools have expressed strong support for this new development.

The plans for TM Universe have evolved over the years; changes have taken place because of different requirements for specific locations and from the knowledge we have gained from similar projects elsewhere in Australia and New Zealand. Support from astronomical societies in the Scenic Rim and Gold Coast also have helped to shape our thinking as does the close relationship with the University of Southern Queensland (USQ).

The plan is to rebuild the former TM Observatory and establish an interpretive centre and an auditorium plus planetarium.

The exhibitions in the centre will focus on three topics:

- 1. The heritage of the former TM Observatory
- 'Life in the Universe' or more colloquially 'Are We Alone?'
- 3. Indigenous astronomy

In addition, stargazing events will be organised in close co-operation with Scenic Rim astronomers and potentially other astronomical societies in the region.

TM Universe's team recently met with Professor Brad Carter and Professor Jonti Horner of USQ, and a Memorandum of Understanding will soon be signed. According to the experts, major research in astronomy currently focuses on 'Life in the Universe'. Not only is that a theme that attracts a lot of interest from the general public, it is also the focus of astronomical research in South East Queensland.

TM Universe will not only provide accurate information in the form of displays and video presentations, it will also show the night skies in the planetarium - thanks to the 'soon to be rebuilt' former observatory including the heritage telescope. The astronomical history of the mountain will be

accessible and preserved in all its glory; it will be the iconic centrepiece of the centre.

The committee of TM Universe has, encouraged by the recent developments, stepped up its activities. The six member committee will need support from local volunteers for several specific tasks, like membership, fund raising, website and Facebook.

Also, an Advisory Board will be established soon, to create a good relationship with experts from outside the organisation, and also from 'off the mountain'.

The committee of TM Universe wants to say a very sincere thankyou to the Tamborine Mountain community for its ongoing interest in, and support of, this project. It needs a lot of stamina and enthusiasm not to give up, and the community has delivered that. Also, my fellow members of the TM Universe committee have to be acknowledged for their ongoing belief in our project: Elizabeth Dowler, Nigel Waistell, Vanessa Stanley and Stuart Wright. We thank Nigel for joining our committee after advocating previously for TM Universe in his role as a Scenic Rim councillor. We also acknowledge the value of our new, and supportive Councillor Derek Swanborough, Jon Krause (MP) and Alison Rip (TMCCI).

And, last, but definitely not least, we acknowledge the 33 locals who, two years ago, so strongly believed in the value of this project that they 'Bought a Block' for \$200 each. It has given us the start-up funds to get us as far as we are now. They will be mentioned on the Founding Members Board that is currently under construction to be on display in the VIC.

That board will be filled up with 167 other names of any locals who would like to contribute as well by 'Buying a Block' for \$200.

Any questions? Please contact Jaap Vogel 0473 818 908; jaap@tmuniverse.com.au



PREVENTING FALLS FOR OLDER PEOPLE AT HOME

Preventing falls for older people who live at home is important for both physical and mental wellbeing.

That's because having a fall can affect your confidence to live independently. Many falls are preventable if you take the right precautions around the home.

Even if you think you're not at risk of a fall, it is something to be conscious of. One in three adults over 65 experience at least one fall per year. That's a third of all older Australians.

If you feel hesitant to install safety equipment, remember that modifications will reduce the risk of falls and subsequent injury and even hospitalisation.

While the bathroom and stairs are places where falls most commonly happen, there are many ways you can improve your home to prevent the risk of a fall.

The most effective thing you can do is to stay active and eat a nutritious diet. Regular exercise coupled with a good diet is important for maintaining muscle strength and your balance — both of which will help you to move around your home safely.

Take things at your own pace. Standing up too quickly is a common reason why falls happen, as you may lose your balance or feel light-headed. To prevent this from happening, steady yourself before you get out of a chair. When getting up from bed, sit on the side of the bed for a minute or two before standing.

If you're constantly worried about the risk of having a fall, it could be a sign that you require some help at home. If this is so, do not hesitate in asking friends, family, and neighbours to assist, or contact your local friendly service provider for aged care services.

Geoff Marshall Manager

LIONS TAMBORINE VILLAGE MARKETS BACK ON SUNDAY

The next Tamborine Village Community Markets will be held on Sunday (2 August) from 7am to 12 midday.

There will be market stalls and a Lions meat tray raffle draw with all proceeds going to Lions Childhood Cancer Council to help in the fight against children's cancer.

Please come to our markets to support this cause.

Monthly markets policies and procedures should be adhered to by all.

Enquires: 0487 770 114 or email: tamborinevillagemarkets@live.com.au

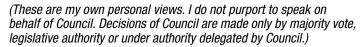
New stall holders are welcome; site cost is \$15; please call or email to book a stall site.

Shirlene Pott

Councillor's Comment

DEREK SWANBOROUGH

DIVISION 1



LIQUID AMBER TREE REMOVAL OPEN FOR COMMENT

Council has advised me that in a few weeks it is proposed to remove a very large liquid amber tree on the footpath in front of 100 Long Road on the right-hand side past the Gallery walk roundabout. An independent arborist has assessed it as diseased and unhealthy. Should you think otherwise and have some expertise in this area please ring the Council 5540 5111 and express your views and let me know also.

BARK CHIPPING AND LANDSCAPPING

Full credit to the Council Parks Department for the work they are doing tidying up areas and embankments that are unsightly and difficult to mow with plantings, woodchip and mulch. I think it adds a lot of value to the streetscape. I personally think Geissmann Oval looks as good as it ever has right now and the footpaths past the golf course add value to the entry statement to the Mountain and many other areas you may have noticed.

WILD TOBACCO BUSH

I met a resident last weekend who gets an allergic reaction just walking past a wild tobacco bush, on a footpath. They are everywhere he tells me. I get rid of mine as soon as I see one and now I have a better reason to do so.

FOCUS ON BEAUDESERT

Did you know that Council has allocated almost its entire footpath and bikeways budget of over \$1 million to just one project in Beaudesert, a footpath between Kingsley Drive and Brooklands Drive along Beaudesert-Nerang Road? This represents 4 per cent of the entire capital budget, yet over the last eight years Tamborine Mountain has never received more that 4 per cent of the capital budget in any year.

Did you know that Council will budget \$364,000 on promoting economic development (jobs) in the Scenic Rim concentrating on the Kalfresh Agri Tourism Precinct in Kalbar and the Bromelton Industrial Precinct in Beaudesert?

Did you know that the Council is spending nearly \$700,000 building a 'Scenic Rim' brand with television advertising and marketing over the next few months with a tagline of the Richest Place on Earth, in Australia? I'm told tourism operators were all consulted and thrilled about it, yet the information I am receiving is to the contrary. The industry players on Tamborine Mountain believe the advertising will not be effective or benefit them at all. When I put 'Scenic Rim' into my SATNAV, Google Maps or WAZE app, it takes me directly into the town of Beaudesert.

Did you know that all the massive spending in

Beaudesert and planned for the next four years is justified because they say the population will double in 20 years, yet last year the growth was estimated to be just 50 per cent of their projection, and that was before COVID-19? The last 10 years' population growth projections were inaccurate and unrealised to the point of being embarrassingly wrong. Beaudesert is a small rural town with its own charm, and I don't see that it serves any purpose to try and reinvent it into an urban metropolis. Rates are already too high, and this will not be a magic bullet to grow the town in my view. Ratepayers would be better served to invest in its children and vouth in infrastructure such as better sporting facilities that is spread more evenly across the region.

Did you know that from Council's own report, Tamborine Mountain's Library has an area of 315m² and is smaller than Boonah's (415m²) and Beaudesert's at 432m² plus 72m² deck?

From my recollection, Tamborine Mountain has by far the highest number of active members, and its members borrow the most books. It serves a population catchment of 14,459 persons including Canungra, compared to the catchment of Beaudesert of 13,987 persons (2016 figures). Boonah services a population catchment of 11,868. We know that those who live close to a library will use it the most. In Beaudesert Town that is 6500 people and in Tamborine Mountain 8100.

The planned library in Beaudesert to be delivered in three years, is expected to be nearly 1800m² to cater for a population of 28,246 in 2031. Can you believe it? In every consultation I did in my whole 16 years of being responsible for Beaudesert libraries as Corporate Services Director at Beaudesert Shire, Beaudesert people wanted to retain and expand their library in Jubilee Park. This was because it was the perfect meeting place, next to the 50-metre heated pool, bandstand and skate park, and it had ample parking and children's playground and outdoor fitness equipment.

Even in 2015 Council's library space strategy consultant recommended against landscape architects John Mongard's plans to move it to Davidson Park, so, I wonder what has happened to change all this in the last two years?

CHAT TIME

On Saturday 8 August, weather permitting, come and see me opposite the bakery in Main Street for a face to face discussion and I will be listening to your thoughts and ideas.

Should you wish to discuss anything with me, the following are my contact details:

Mobile: 0436 351 567

Email: derek.s@scenicrim.qld.gov.au

NO EKKA, SO OLD FAVOURITE BERTIE BEETLE GOES ONLINE

While many Queenslanders are disappointed to not be able to attend this year's cancelled Brisbane Ekka due to the coronavirus pandemic restrictions, the famous Bertie Beetle showbags are now available at Showbag Shop online and can be delivered straight to their door, bringing a smile to many faces – young and old.

The Beatles were big but so is Bertie. Australians have been enjoying Bertie Beetle's chocolate and honeycomb treats for more than 50 years. What is it about the tasty bug that makes him such an Australian icon?

"Australians just go crazy for Bertie Beetle whenever the Ekka rolls around each year and I think nostalgia plays a big part in that," says Emily Williams from Showbag Shop, Australia's major showbag provider.

"Bertie Beetle has been a part of Australian history since he first appeared over half a century ago and has become such an integral part of the experience of attending the Ekka," says Mrs Williams.

"Grandparents used to get the Bertie Beetle showbag and passed that tradition on to their children who have now grown up and want to pass on that same tradition to their kids. There is something very simple, humble and constant about Bertie that is so nice. He passes the test of time.

"Due to demand from customers, Showbag Shop is delighted to be able to make the full range of their showbags normally sold at the Ekka, including Bertie Beetle, available online."

Showbags are uniquely Australian and you could say that Bertie Beetle was a battler from the start - he was first formulated as a means of utilising the unused shards of honeycomb from the production of Hoadley's Violet Crumble in the early 1960s.

Bertie Beetle first appeared as part of the Hoadley's chocolate showbag in 1963 alongside Violet Crumble and Polly Waffle, when there were 30 odd showbags available, not the 400 you can choose from today. Bertie became so popular that in 1972 the official Bertie Beetle Showbag was born.

"You could say that the Bertie Beetle showbag overcame all of the odds to become Australia's favourite showbag, with more than seven million Bertie Beetle chocolates now being consumed each year," says Mrs Williams. "I know many people will be disappointed to not attend the Ekka this year, but they will be happy to know that they can get their Bertie Beetle Showbag online and delivered direct to their door, along with many other of their showbag favourites."

At www.showbagshop.com.au there are now seven different Bertie Beetle showbags and bundle packs, including a huge haul of 350 Bertie Beetles for the serious chocoholics. For those wanting some nostalgic comfort there is even a Bertie Beetle Super Fan retro bundle that is already selling strongly, complete with limited edition camp mugs, socks and retro tin, all featuring the original 1960s Bertie Beetle logo.

Other popular Showbag Shop showbags available online include the Australian Women's Weekly, My Kitchen Rules, beautyheaven, ROXY and Tim Tam showbags, to name a few.

To bring some extra fun this year, Showbag Shop has launched a Bertie Beetle baking competition, for both big and little kids, with the chance to win a number of great prizes including an incredible 1000 Bertie Beetles. For the baking-challenged among us, there is even a category for 'most epic fail'.

To enter, bake something Bertie Beetle themed, flavoured or inspired and upload a pic to Instagram or Facebook. Provide a few words about what you have baked in the caption and tag @bertiebeetleshowbags and use the hashtag #bertiebakingcomp. Entries close at midnight 16 August 2020. On 17 August the team at the Showbag Shop will create a shortlist and will put it to a vote via Instagram and Facebook to determine the winners. For full information on the competition go to www.chicaneshowbags.com.au/bertie-beetle-baking-competition/

Showbag Shop is an online store selling a full range of showbags across chocolate and confectionary, kids, fashion, beauty and entertainment, as well as magazine sample bags.

The full range of showbags available can be found at www.showbagshop.com.au

ARTISTS ANNOUNCED FOR INAUGURAL HOTA PROGRAM



Contemporary cultural precinct HOTA, Home of the Arts on the Gold Coast, has announced the 20 Australian artists selected to be presented as part of the inaugural exhibition program for its new Gallery opening in April 2021.

Established and emerging artists have been selected who have strong connections to the Gold Coast and will be commissioned to create new works that reflect the diversity of the region.

The project marks the largest presentation of new works by Gold Coast artists undertaken by HOTA.

Well known Australian artists including Hiromi Tango, Michael Candy, Samuel Leighton-Dore and Libby Harwood will be exhibited alongside locally recognised artists and collectives.

They will create artwork for the city's new gallery including sculpture, weaving, textiles, ceramics, performance, painting, photography, video, and installation works.

The artists were selected by a panel made up of leading Australian cultural figures.

Tracy Cooper-Lavery, Director, Gallery and Visual Arts at HOTA said: "The concept for this project comes from the desire to create meaningful opportunities for locally-based artists to present a bold body of work that positions home grown talent on a national stage."

The new \$60.5 million HOTA Gallery is currently under construction within the HOTA precinct and once completed will be the largest public gallery outside a capital city in Australia.

HOTA Gallery will become the permanent home for the \$32 million City Collection, whilst presenting international exhibitions exclusive to Australia alongside an ongoing commitment to present the work of local artists.

Artists include: CJ Anderson, Mary Elizabeth Barron, Elliot Bastianon, Ali Bezer, Kirsty Bruce, Michael Candy, Aaron Chapman, Abbey McCulloch, Mimi Dennett, Claudia De Salvo, Erica Gray, Jason Haggerty, Libby Harward, Jacob, Isaac and Lachlan Hough, Samuel Leighton-Dore, Nicola Moss, Lisa Sorbie Martin, Hiromi Tango, Heath Wae, and Whatumanawa Collective.

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3

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4

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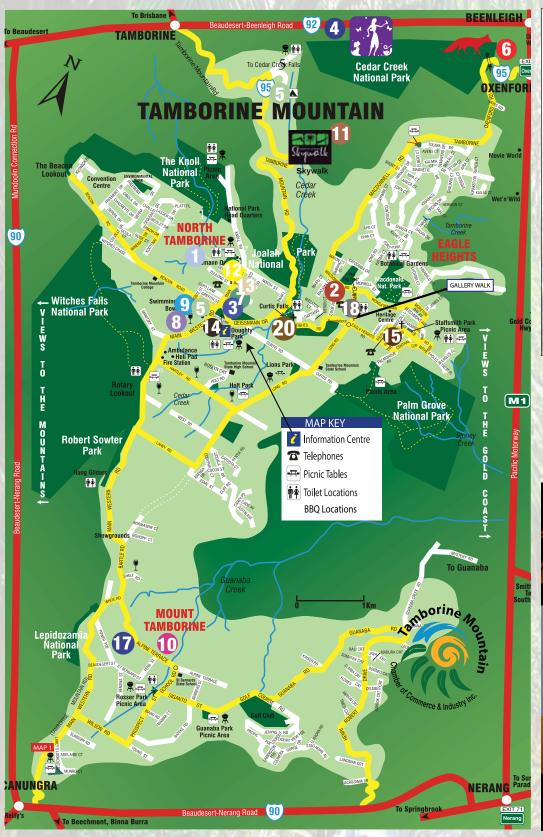
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Councillor's Comment

VIRGINIA WEST DIVISION 3



2020-2021 SRRC BUDGET

As this is my first column following the adoption of Council's 2020-2021 Budget, I have included some comments from my speech at the 6 July Special Meeting.

All budget deliberations are somewhat challenging but this one would have to be the most memorable in my time as a councillor as together our community has faced so much adversity over the past year and, of course, the drought and COVID-19 are still not over.

As a council, we looked at multiple rating models, at the same time being mindful of our diverse and widespread population, multiple towns, the important principle of maintaining rate relativity and the responsibility we have to continue to build a strong and prosperous future for the Scenic Rim. This budget is one to aid recovery in our community and to assist those residents who are facing financial challenges in a number of ways. On top of bushfire and drought financial hardship provisions, there is now a COVID-19 Economic Assistance package.

The budget rate rise of 0.89 per cent is lower than CPI which is currently 1.8 per cent. A less than CPI rate rise in local government is never recommended when council responsibilities are those of maintaining infrastructure and services that come at increasing costs.

However, this year is extraordinary and together we need to continue to provide services to our communities, evaluate the delivery of these services and be mindful of the long-term vision of the Community Plan, which is underpinned by Council's Operational and Corporate Plans.

We do have a positive and prosperous future ahead in the Scenic Rim and we need to work together - community and council - to optimise this outcome.

COMMUNITY GRANTS

Council's Community Grants, Environmental Grants and Regional Events Program are now open for applications and have transitioned to the online SmartyGrants process. I urge all community groups and landholders to consider these and, if you have any concerns regarding the new application method, the council's Community Development officers are available on 5540 5111 to assist.

CONTACT ME

I am always available to talk with residents, either by telephone on 5540 5403 or 0407 630 052; or by emailing virginia.w@scenicrim.gld.gov.au

I hope to be back at the Canungra Library each second Saturday of the month in September or October.

Virginia West **Councillor Division 3 Scenic Rim Regional Council**

TM BOTANIC GARDENS AGM

The volunteers at Tamborine Mountain Botanic Gardens will hold their annual general meeting in the gardens on August 13.

The meeting will begin at 11.30am in the pavilion near the gardens entrance. Members will vote on the audited financial report and elect a committee to steer the association through the next 12 months.

Three members of the current committee have announced they will stand down at this meeting.

Tamborine Mountain Botanic Gardens Inc was formed in February 2019 to take over management of the gardens from the Tamborine Mountain Garden Club.

Councillor's Comment

JEFF McCONNELL

DIVISION 2



(These are my own comments and do not reflect the position of the Scenic Rim Regional Council)

The new Council is now three months into its four-year term and we have just passed our first budget. Was it an easy task? No it wasn't; we had to take into account the need for long term financial sustainability as well as the capability for ratepayers to fund Council operations in such tough economic times. We were able to, with much robust discussion and compromise, achieve a small rates increase of less than 1 per cent.

Are our rates higher than our neighbouring councils? Yes, they are. Why are they higher? Well, we have a population of only 43,000 residents compared to more than 1.2 million in Gold Coast, Logan and Ipswich, which also have a combined land area that fits inside the Scenic Rim. The Scenic Rim Council budget is only \$90 million, with rates coming mostly from 94 per cent residential and rural, and only 6 per cent from commercial and industrial. Our neighbouring councils have a combined budget of more than \$2.2 billion with rates coming from approximately 50 per cent residential and 50 per cent commercial and industrial. The commercial and industrial revenue base is a huge advantage to their having lower residential rates.

But what do we have that they don't? LIFESTYLE. The Scenic Rim is a semi-rural region with most residents living on acreage and not on top of one another as our city cousins do. This is why they come to the Scenic Rim on weekends to relax, enjoy our hospitality and envy our way of living.

So how do we get our residential and rural rates down to a manageable level? We need to increase our commercial and industrial revenue base, and one way is by working with the State Government to open up the Bromelton Industrial Park at the same time that the new rail line is finished in 2025-26. This will require massive strategic thinking and coordination by the State and Council to ensure that roads, housing and community amenities are all available to sustain this growth. As our commercial and industrial rates revenue rises, only then we can reduce the high rates burden on our ratepayers that mainly fund the operations of Council.

We can only do this by looking at the long-term benefits of sticking together in these tough times to achieve our longterm goals that ensure we maintain the semi-rural lifestyle we all enjoy.

QUOTE OF THE DAY: "People will doubt what you say, but they will believe what you do. " - Lewis Cass

Contact me on mobile 0436 327 434 or email jeff.m@ scenicrim.qld.gov.au. Follow me on Facebook - Jeff McConnell Councillor for Division 2 Scenic Rim Regional Council. I am happy to meet with residents should they need a face to face meeting.

You can contact Council on 5540 5111 (save it to your phone) or email mail@scenicrim.qld.gov.au

COUPLE CHARGED OVER GRAFFITI

Around 10.30pm on July 12 a shop and toilet block at Middle Park, Tamborine was damaged by a large amount of graffiti.

Detectives from the Logan CIB executed a search warrant and, as a result, a 20-year-old male and 21-year-old female have been charged with two counts of wilful damage.

Police request any witnesses to this offence to come forward to North Tamborine Station (5545 3473) or Police Link 131 444.



with Nadia O'Carroll

TRUE COLOURS

Colour is such an important part of how we see and understand the world around us – but what is colour? No object actually has any intrinsic, inherent colour itself – the factors that determine the appearance of colour is light, its interaction with matter and our visual perception. Colour is not a property of light; it is a property of the perception of light.

Light is electromagnetic waves – travelling energy in the form of vibrating electric and magnetic fields. The electromagnetic spectrum in principle is continuous and infinite, but the only band we can see is the visible spectrum of light.

Sunlight appears to be white, but by passing sunlight through two prisms Isaac Newton demonstrated that white light is actually a mixture of colours called the visible spectrum. We can see this in rainbows, when water in the atmosphere splits white light into the colours of the visible spectrum – red, orange, yellow, green, blue, indigo and violet (in order of longer to shorter wavelengths).

The electromagnetic bands on either side of the visible spectrum are infrared light and ultraviolet light; these bands may be visible to other species but are not to us.

Matter is made up of atoms and molecules and each substance has a different number of atoms and electron configuration. When a stream of light photons, the elementary particles of light, hit an object, the atoms and molecules respond by absorbing and emitting energy.

Types of atoms and molecules respond differently, but consistently, to certain light frequencies by changing energy levels according to complex quantum laws that produce reflection and scattering, dispersion, absorption, transmission and refraction. A multitude of frequencies of light waves are reflected and absorbed by the atoms and molecules on the surface of objects.

Perception of light involves the eye and brain. The retina is covered by millions of light sensitive cells. These receptors process the light, they are connected to the brain via the optic nerve which transmits impulses to the visual cortex in the brain which then almost instantly interprets the data and creates an image. Part of this complex process is the perception and interpretation of light wavelengths as colour.

Together, the eyes and brain have the ability to process a complex multitude of reflected frequencies into a coherent impression of the environment. Human eyes correspond to a wavelength range of around 380-780 nanometres (nm), a variety of other species can perceive light beyond human perception.

ANSWERS TO TRIVIA: FAMOUS AUSSIES

FROM PAGE 11

10. Nick Cave

9. Gough Whitlam

8. Tim Minchin

7. Lew Hoad

6. Julian Assange

5. Fosters

. Simon Baker

3. Delta Goodrem

2. Sydney

. Nicole Kidman



TRAVELLING PLACES

By Gina Storey



We now have the incentive to explore our backyard and the Northern Territory epitomises much of what that Australia means to the rest of the world. It's odd how many of us have climbed the Eiffel Tower, have visited Disneyland, have walked to Machu Picchu or taken a safari in Africa but have not explored the unique areas of Australia.

The first time I headed to the Northern Territory was on a trip out from London – Australian Tourism were showcasing their wonderful country to the overseas industry, encouraging us to bring visitors Down Under – this was in the days of Paul Hogan and 'put another shrimp on the barbie', and wow did that campaign work. Overseas travellers flocked to explore this great southern land. Now it's our opportunity to discover without the masses of international visitors. Imagine having Australia pretty much to ourselves.

Darwin has grown and evolved in recent years into a modern cosmopolitan centre. Take a couple of days to explore our northernmost capital city. Don't miss the markets and the wonderful sunsets, the historical museums and growing restaurant scene. Take a day or two and catch the ferry or take the short flight to explore the fascinating Tiwi Islands – these lovely island people are welcoming and laid back with a thriving art scene and natural joy to share their home with you.

Or travel south to Litchfield Park for a taste of the northern wetlands. Further afield you can explore world heritage listed Kakadu National Park – enjoy guided bush walks with locals, see ancient rock art, cruise the waterways and swim in the waterholes at the base of one of the many waterfalls. Don't miss Katherine Gorge in Nitmiluk National Park – imagine cruising on the blue waters surrounded by ancient soaring red rock formations rising sharply from the narrow gorge and looking up to the never-ending blue sky ... beautiful.

If you have more time to immerse yourself in the Top End, then venture to Arnhem land. One of our last outposts where you can explore this undiscovered environment. Stay in an eco-wilderness retreat, fish for barramundi, or take a four-wheel drive adventure and meet the locals.

Do chat to Travelling Places about your journey – whether you fly and drive yourselves or join a small group whose guide will bring to life the region you are exploring, you are bound to find this remote part of Australia fascinating.

Travelling Places 5545 1600

one small place on earth



Australian Magpie

Australian Magpie - Gymnorhina tibicen, garden, Eagle Heights.



This is the black-backed variant. I marvel at the visual acuity of magpies, able to pounce on beetles, spiders, worms and other invertebrates (all hidden from our view in the grass) which form the birds' main diet. Magpies being omnivorous, also consume grains, berries, figs and the like. They are noted for their melodious singing. The species is native to much of Australia and to southern New Guinea and is not related to the European magpie, which is a corvid.

Until overseas travel is back on the agenda, you can wow family and friends by posting them my book *One Small Place on Earth* ... with over 300 images of Tamborine Mountain's species-rich flora and fauna. Priced at \$39.95 hard cover and stocked by Under the Greenwood Tree, The Piccabeen Bookshop, the TM Skywalk, Tamborine Dreaming, The North Tamborine and Eagle Heights Post Offices and Canungra Books & Art.

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BREATHING IN THE SUN

We've used so much breathwork (pranayama) over the COVID period: during self-isolation to keep us calm, build courage and resilience in the body and now, during the post COVID period to help us find balance.

And one of the breaths we use in yoga is a classic tantra breath called nadi shodhana. An easy breath, made famous several years ago by Hillary Clinton who cited that, although she lost the nomination to Obama, she was very calm and balanced in the process using this breath (the irony!). We use this breath to bring cooling, lunar energy into the body through the left nostril (yin energy) and warming, solar energy into the body (yang energy) through the right nostril.

Yogis believe that each nostril is connected to a nadi. Nadis are similar to the meridians the acupuncturists use in their practice. Nadi is a Sanskrit word which translates to river or channel. These channels are not nerves as we may imagine them but far more subtle conduits of pranic energy that intersect at the chakras (seven energy centres or nerve plexuses) which lie along the length of the spine. Each nostril corresponds to a dominant activity that takes place in the opposite hemisphere of the brain.

Breathing through your left nostril (ida nadi) activates nerve channels down the left side of the body and activates the right side of your brain, your creative and feminine principle. Breathing through your right nostril (pingala nadi) activates nerve channels down the right side of the body and activates the left side of your brain, your masculine and analytical principle.

In yogic terminology, the right nostril referred to the 'gateway of sun energy' and left nostril is the 'gateway of moon energy'. Sun energy is the representation of hot or masculine vitality in the body while moon energy represents cooling or feminine vitality. When the breath is flowing out of the surya (the solar or right) nostril, we are in a yang, energized state. When the breath is flowing out of the chandra (the moon or left) nostril, we are in a yin, passive state.

If you could imagine an autoimmune issue where the metabolism is sluggish (like underactive thyroid issues) the sun breath would bring lots of warmth and energy to the body. When the right nostril (surya) is active, then vital energy is more active for physical work, digesting food, etc. The mind is outward-focused and the body generates more heat. The sun breath is good to use for increasing the oxygen supply in the blood, improving symptoms of depression and for reducing anxiety and stress.

In yoga, breathwork is a calming, healing tool which we use to regulate the prana flow within the body and connect to the rest of humanity - because we all share the same breath.

Margot Wagner Yoga Under the Bodhi Tree

(Find and like articles similar to this on my Facebook Page: Yoga Under the Bodhi Tree)



Beef stroganoff (strog-an-off) was a dish created for the old-world elites and is a perfect blend of two ancient cooking cultures, the French and the Russians. I revamped this classic recipe to a slow cook style which means melt in the mouth tender meat.

This is a dish most of us would have had at some stage in our lives.

My mother is an amazing cook but whenever she would make this dish when I was a child, she would use strips of stir fry beef. Sometimes they were tender; most times unfortunately not. These chewy beef strips scarred me for life and turned me off this dish.

So when I was asked to cook it by our guests, as a farewell meal after 10 days' hiking in the Sierra Nevada mountains of southern Spain I knew I had to change it, but still honour the flavours that this dish is famous for, so I turned it into a slow cook and the result was spectacular.

There is a wonderfully romantic story of a chef from France who while working for an aristocratic St Petersburg family created this dish as an entry for a cooking competition in 1891 and the judges loved it so much, he won. As was the done thing in those days he named his prize-winning creation after his employer Count Pavel Alexandrovich Stroganov. In 1891 the Russians and French aristocrats frequently held property in each country and most were fluent in both languages, so much so that Tolstoy wrote 'War and Peace' alternating



in French and Russian, so confident was he that his audience was fluent in both. One of the wealthiest families in Russia was, yep you guessed it, the Stroganovs.

This dish became a phenomenon, engulfing Russia then spreading to China; in the 1920s Shanghai was known as the Paris of the east.

The dish came to the west with returning World War Two servicemen who had feasted on it

It is a rich and decadent meal perfect on a rainy winter's night with a glass of red wine enjoyed as you sit by the open fire.

BEEF

- 1.75kg beef chuck or other stewing beef 3cm dice
- 2 tsp salt
- 2 tsp pepper
- 3 tbsp oil
- 1 tbsp butter
- 1 large onion sliced
- 4 garlic cloves diced
- 4 tbsp Dijon Mustard
- 60g flour
- 1 litre beef stock
- 300g sour cream
- 3 tbs chopped parsley leaves

GARLIC BUTTER MUSHROOMS

- 45g butter
- 700g button mushroom cut into quarters
- 3 garlic cloves
- 1 tbs thyme
- 1/2 tsp salt and pepper

COOKING

Pat beef dry, then sprinkle with all the salt and pepper.

Heat 1 tbsp oil in a large fry pan over high heat.

Add beef in and brown aggressively on all sides at least 4 minutes or so.

Remove and set aside in a bowl and repeat with rest of beef, adding more oil as needed. The browner the meat the more flavour.

In a large pot melt 1 tbsp of butter, then cook garlic and onion for 3 minutes until softened.

Stir in flour, then add mustard.

Add the beef stock and stir well,



scraping the bottom of the pot, and bring to simmer.

CHOOSE YOUR SLOW COOKING METHOD:

Slow cooker: Transfer all liquid into slow cooker. Add beef, then slow cook 8 hours on LOW or 5 hours on HIGH.

Stove: Add beef into pot. Cover with lid and adjust heat to low, so it's just simmering gently. Simmer 2 hours (check at 1.5 hours) until beef falls apart easily.

GARLIC BUTTER MUSHROOMS:

Melt half the butter in a large fry pan.

Add half the mushrooms and cook until almost golden about 3 minutes.

Add half the garlic, salt and pepper, cook until they smell amazing and are nice and golden.

Remove and set in a bowl, repeat with remaining butter, mushrooms and garlic then gently stir into beef.

In a jug whisk sour cream with 1.5 cups of liquid from slow cooker (this will ensure the cream is evenly distributed) then gently stir into beef - careful, the beef is delicate!

Serve over steamed rice or pasta and garnish with chopped parsley.



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TAMBORINE MOUNTAIN LIBRARY NEWS by Friends of Tamborine Mountain Library.

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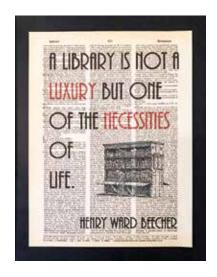
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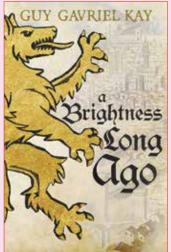
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Our Book Choice: A Brightness Long Ago by Guy Gavriel Kay



International bestselling author Guy Gavriel Kay's latest work is set in a world evoking early Renaissance Italy and offers an extraordinary cast of characters whose lives come together through destiny, love, and ambition.

In a chamber overlooking the nighttime waterways of a maritime city, a man looks back on his youth and the people who shaped his life. Danio Cerra's intelligence won him entry to a renowned school even though he was only the son of a tailor. He took service at the court of a ruling count--and soon learned why that man was known as the Beast.

Danio's fate changed the moment he saw and recognized Adria Ripoli as she entered the count's chambers one autumn night--intending to kill. Born to power, Adria had chosen, instead of a life of comfort, one of danger--and freedom. Which is how she encounters Danio in a perilous time and place.

Vivid figures share the unfolding story. Among them: a healer determined to defy her expected lot; a charming, frivolous son of immense wealth; a powerful religious leader more decadent than devout; and, affecting all these lives and many more, two larger-than-life mercenary commanders, lifelong adversaries, whose rivalry puts a world in the balance.

A Brightness Long Ago offers both compelling drama and deeply moving reflections on the nature of memory, the choices we make in life, and the role played by the turning of Fortune's wheel.



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ANNUAL GENERAL MEETING

Tamborine Mountain Arts Collectors

– Wednesday 5th August 2020 at
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Yoga Under the Bodhi Tree – LIVE YOGA CLASSES: Mon 9.30am Moriarty CC, Canungra. Tues and Sat 9.30am Zamia Theatre, Main Rd, Tamborine Mountain. ONLINE YOGA CLASSES: Wed 9.30am, Wed 6pm, Sat 7.00am. For Online Classes text or email me: Margot 0428 137 391 or yogaunderthebodhitree@outlook.com. I will send you an email with a link. Very simple, very low tech. Come and join us! Hatha, Nada and Tantra Yoga. Contact: Margot Y.A (Australia) 0428 137 391. Transform your Life with Yoga.

WANTED

Tamborine Mountain Visitor Information Centre is looking for new volunteers to join the team.



A day a week or a day a month...
This is the place to share your love and knowledge of the Mountain, and to meet some wonderful locals &



happy tourists. Even if you can only give a few hours, we would love to meet you and have a chat.

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EMERGENCY NUMBERS

13 62 62

Fnernex

Energex	13 62 62
Fire (ask for Southport Control)	000
Fire (T.M.Rural F.B.)	0407 583 121
Fire Warden	0400 741 591
Police	5545 3473
Ambulance	000
Ambulance (non-urgent)	13 12 33
Domestic Violence (24 hrs)	1800 811811
Child Protection (24 hrs)	1800 177 135
Lifeline	13 1114
13 HEALTH	13 43 25 84
SES	132 500
Emergency Physiotherapy	
Neil Bell	5545 1133
TM Community Care:	
Home Care & Transport needs	5545 4968
Blue Nursing Service	.(07) 3287 2041
Roslyn Lodge	5545 7822
TM. Medical Practice	5545 1222
Eagle Hts. Medical Centre	5545 2416
QML Pathology Nth Tamb	5545 3873
Pharmacies: Nth Tamborine	5545 1450
Eagle Heights	5545 1441
Tamborine Mtn Physiotherapy	
& Sports Injury Clinic	5545 0500
Tamborine Mountain Optometrist	
Nicky Carr	5545 0277

REGULAR MOUNTAIN ACTIVITIES

AQUA AEROBICS Mon Wed Fri 7am, Tues and Thurs 6.00pm-7.00pm at the pool Phone 0417 775 203.

BADMINTON Social players, all levels. Mon 6.30pm to 8.30pm at the Vonda Youngman Community Centre (except Public Holidays).

BOOK READERS GROUP meets once a month, new members welcome. Enquiries at TM library.

BOTANIC GARDENS Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

CHRONIC FATIGUE FIBROMYALGIA Support Group meets monthly Ph 5545 3134.

CREATIVE ARTS SOCIAL BRIDGE Wed at 12.30pm. For info contact John Noble, 5545 4022.

CROQUET @ MEMORIAL SPORTS CENTRE NORTH TAMBORINE, Mon &Thurs 8.30am. Let's play croquet.

FILM CLUB AT THE ZAMIA. Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

FRIENDS OF TAMBORINE NATIONAL PARK: meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

FRIENDS OF TM LIBRARY Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

JOHN DICKSON CONSERVATION PARK: working bees 1st Monday & 3rd Monday of each month. 8am. Ph: Elizabeth Russell 5545 3601.

JUST DRUM DRUMMING CIRCLE: Held each Saturday from 6pm. Experience is not required. Spare drums are available. We welcome everyone to join us. On the lawn at Eagle Thai Restaurant,10 Macdonnell Road Tamborine Mountain. https://tinyurl.com/y97o5vle

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

MEDITATION: Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

MEDITATION: (World Community of Christian Meditation). Ecumenical. Tuesdays 8am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. All welcome. 5545 2919.

MOVIES ON THE MOUNTAIN: Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

RELAXED MIND TAI CHI: Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

SINGING 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacapellatamborine@gmail.com

TAI CHI Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

TAMBORINE MOUNTAIN COMMUNITY CARE

ASSOCIATION: Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

TAMBORINE MOUNTAIN GOSPEL CHOIR rehearses weekly at the Presbyterian Church, 34 Main Street, North Tamborine. Enquiries please contact Julie Eotvos on 0458 005 989. New members welcome.

TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS), a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

TANGO CLASSES Every Wednesday evening at The Zamia Theatre. Beginner class 6.30-7.30pm, followed by tango practice 7.30-8.30pm. Cost is \$15pp including practice plus tea/coffee. Inquiries call Jenny 0466 313 648

TM ARTS COLLECTIVE: Meetings are usually held at 7.00 pm on the first Wednesday of the month at a designated location (call 5545 0043 for details). We always welcome visitors and enquiries from new artists and artisans. We stand for a stronger arts community on the Mountain, and continue to lobby for a local community gallery and arts hub. The Collective benefits from our association with the Brisbane Visual Arts Community (BVAC) and members participate in Brisbane and local arts events.

TM BOWLS CLUB – Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon; barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

TM BRIDGE CLUB meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm and in an Assisted Play session on Friday at 12.45pm for those wishing to learn more in a social environment at the Tamborine Mountain Sports Complex, 400 Long Road.

TM CHAMBER OF COMMERCE: 2nd Wed. of month. Phone 5545 0944 Email: info@tamborinemountainchamber.com.au

TM COMMUNITY KINDERGARTEN ASSOC meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities MONDAY 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st,3rd,5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture &Pottery TUESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) WEDNESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). 12.30pm-4.30pm Bridge THURSDAY 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) FRIDAY 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong SATURDAY 1.00pm-4.00pm Yarners

TM FAMILY HISTORY GROUP Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Robina on 0417 749 156.

TM GARDEN CLUB: Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. Bring a mug for morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome.

TM GOLF CLUB is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

TM HISTORICAL SOCIETY – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

TM LANDCARE: Volunteering Opportunities: Forest Regeneration Work - 5545 2052 for details, or helping at the Picabeen Bookshop - 5545 1847 during office hours for details.

TMLETS: Join at Community Exchange System http://www.ces.org.za . Enq. 5545 3776.

TM LIONS CLUB Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld. lions.org.au/

TM LITTLE THEATRE: Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President 5545 2236.

TM LOCAL PRODUCERS ASSOC. sell local produce every Sunday at the TM Showgrounds from 7am - 12noon Phone 5545 1527.

TM MASONIC LODGE: Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

TM MEN'S SHED: Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday and Thursday from 8.30am to 1.00pm. New members are welcome. To find out more, drop in for morning tea and a chat or call Steve Pinder (President) on 5545 3081

TM NATURAL HISTORY ASSOCIATION: Birdwatchers meet 1st Wednesday of month at 4pm at the Historical Society, 53 Wongawallen Rd, Eagle Heights; the monthly walk is on 2nd Wednesday of month. For further information call 5545 0995. Bushwalkers walk on 2nd & 4th Saturday of month. For further information call 5545 0140 or 0419 314 442. www.naturalhistory.org.au.

TM NETBALL CLUB. Contact Tracey 0438 575 662.

TM ORCHESTRA rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is St George's Anglican Church, Dapsang Drive. New players always welcome. For more information, phone Tricia on 0415 487 581. Check us out on our website www.tamborinemountainorchestra.com; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine www.tambopc.org.au Tamborine Mountain Presbyterian Church Notice Out of care and concern for the health and well being of members of our church family, as well as the community around us, we have suspended our church services until further notice. Pastor Dale see www.tambopc.org.au for details. Enquiries dave.mugridge@tambopc.org.au

TAMBORINE MOUNTAIN COMBINED PROBUS CLUB
Fun meeting of this new social club for retirees and semiretirees. At the Vonda Youngman Community Centre, 2-4
Knoll Road, North Tamborine on 1st April from 10am.
Contact Brian Gilmore M: 0411 260 054 E: briangilmore@
optusnet.com.au OR Rob Neary M: 0477 645 645
E: rob.neary@outlook.com

TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB) Join like-minded retired nor semi-retired men for fun activities. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine each 3rd Wednesday of the month from 10am. Contact Harvey Ruglen M: 0490 066 385

TM PROGRESS ASSOCIATION: 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

TM RSL Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning 5545 2030.

TM RUGBY: Training Monday and Thursday 3.45pm-5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

TM TENNIS CLUB: Social tennis from 6.30pm Wed and 3.00pm Sun. Doubles comp from 6.30pm Mon. Ladies from 8.00am Fri. 88 Beacon Rd North Tamborine. Contact Henry Rich on 0477 775 671 or 5545 3547

TM WRITERS GROUP: Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

UNIVERSITY OF THE THIRD AGE (U3A). An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info call Delle on 0413 084 571 or access our website www.u3atamborinemountain.com

ZUMBA GOLD: Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – TamborineMountainZumba@gmail.com







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Linda Hogan 0414 300 558

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