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10 - 10.30	14 Cayambe Court
10 - 10.30	45 Bateke Road
10 - 10.30	271-279 Guanaba Road
10.30 - 11	271 Wongawallan Drive
11 - 11.30	45 Seguoia Drive
11 - 11.30	3 Dapsang Drive
11 - 11.45	8 Areca Court
11 - 11.45	71-79 Murray Grey Dr, Tamborine
11.15 - 11.45	127-129 Guanaba Road
11.15 - 11.45	250 Veivers Road, Cedar Creek
12 - 12.30	11 Saguaro Court
12 - 12.30	92 Eagle Heights Road
12 - 12.45	81-89 Murray Grey Dr, Tamborine
12.15- 12.45	68 Coomera Gorge Drive
12.30 - 1	195 Fenwick Road, Boyland
1 - 1.30	27-29 Huyber Lane
1 - 1.30	82-86 Martin PI, Tamborine10
1.45 - 2.15	10 Orchis Drive, Tamborine
2 - 2.30	4/219 Long Road
2 - 2.45	90 Munstervale Rd, Tamborine



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Review: Elizabeth assisted us throughout the entire process & with her knowledge & advice we were able to move in less than a month

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Harry & Sharon AGENT:

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🚐 3 🚄 2 🚘 2 🔀 4,035m²

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APPLICATIONS OPEN FOR COUNCIL STREAMLINED GRANTS PROGRAMS

Funding opportunities for initiatives that contribute to the health and wellbeing of the community, preserve and enhance the natural environment and enrich the region's cultural life are now available through Scenic Rim Regional Council's grants program.

Scenic Rim Mayor Greg Christensen said that applications were now open for the Scenic Rim Community Grants. Environmental Grants and the new Regional Events Program.

"Each of these grants programs offers unique benefits for the Scenic Rim by supporting grassroots community groups, not-for-profit sporting and active recreational organisations, as well as those engaged in environmental activities or staging events which contribute to the vibrancy of our communities and our local economy," he said.

The new-look Community Grants Program has been broadened to combine sport and active recreation grants with community grants to provide a wider range of funding opportunities for applicants.

"Council appreciates the value that grassroots community groups and not-for-profit sporting and recreational organisations add to our communities and how they contribute to the liveability of the Scenic Rim," Cr Christensen said.

The new Regional Events Program supports large-scale events, aligned with the character and culture of Scenic Rim communities, and which have the potential to attract substantial numbers of visitors and demonstrate economic benefits to the region.

It provides funding and in-kind support from Council for a broad range of destination-driven events for example arts and cultural events, major festivals and sporting events, significant industry expos and shows.

"I am excited by the program's potential, not only to enhance the enviable lifestyle we enjoy in the Scenic Rim but also to boost our local economy and build on our region's strong artistic and cultural base," Cr Christensen said.

The Scenic Rim's scenery and natural environment is supported through Council's Environmental Grants Program.

"This program assists landowners, community groups and schools who all play an invaluable role in protecting our region's biodiversity and the many rare and threatened species with which we share our environment," Cr Christensen

"Previously, projects have helped to enhance the habitat of endangered native species, restore waterway areas, provide nesting boxes for wildlife, undertake weed control and revegetate degraded areas.

"Although our region is home to many large national parks, much of the Scenic Rim's remaining native habitat is found

on private property, so its protection is very much a partnership between Council and the community."

Applications for Council's 2020-21 **Environmental Grants Program and** Community Grants Program are now open and close on Friday 28 August.

Applications for funding through the Regional Events Program can be submitted throughout the year.

All of Council's grant application processes will be streamlined as Council transitions to SmartvGrants. an online grants management platform which eliminates the need for paperbased applications.

It offers the benefit of greater efficiencies for Council as well as grant applicants and is used by many Australian and Queensland Government departments and local governments.

"I encourage the community to make the most of the funding opportunities available and I look forward to seeing the many exciting and innovative projects that Council's various grants programs will support," Cr Christensen said.

For further information on the funding opportunities available through the grants program, visit Council's website www.scenicrim.qld.gov.au/grantsfunding-awards



Grants, Funding and Awards

Queensland Fire and Emergency Services

Information & Warnings

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What do warnings mean?





When are warnings issued?

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FOOD FOR THOUGHT AT ARTS DINNER



As Queensland's tourism industry begins its journey of COVID-19 recovery, the topic of cultural tourism will provide food for thought at Scenic Rim Regional Council's July Arts Dinner online.

The third event in the Arts Dinner Home Delivered series on Tuesday 28 July will explore the theme Cultural Tourism Now in a panel discussion by tourism industry representatives and members of the creative community. A feature of the cultural calendar for the past 13 years, Scenic Rim Regional Council's Arts Dinners are currently being enjoyed as online get-togethers, while social distancing measures continue in response to COVID-19, thanks to a partnership with the South West Queensland Regional Arts Service Network and Arts Front.

The evening will open at 6.30pm with a Welcome to Country by Indigenous Elder Aunty Geraldine Page, followed by a

performance by Mununjali Ngari Beaudesert, a group of emerging leaders of their community forging careers in the arts through their cultural narratives and unique telling of traditional stories through dance.

The panel discussion will be facilitated by Michelle Blair, of the South West Queensland Regional Arts Service Network, and Scenic Rim Regional Council's Cultural Services Coordinator Bronwyn Davies.

Offering their insights on cultural tourism will be Melissa Robertson, Jonathan Fisher, Sharee Bauld, Rory O'Connor, Susan Rallings and Scott McDuff.

Melissa Robertson will join the online discussion from Cairns, where she has been associated with Arts Nexus for the past 15 years. Melissa believes that social cohesion and inclusive processes are crucial for vibrant communities and liveable towns and a key initiative of Arts Nexus is an authentic experiences strategy that includes both the arts network and environment sector.

After 12 successful years with the National Trust of Australia (Queensland), Binna Burra Lodge Chief Executive Officer Jonathan Fisher is working to rebuild the landmark property lost in the September 2019 bushfires and forming a new foundation focused on environmental education and the conservation of the Binna Burra site and Lamington National Park.

The Queensland Art Gallery's Senior Project Officer - Cultural Tourism, Sharee Bauld, will also share her perspectives during the panel discussion.

Former journalist Rory O'Connor is the driving force behind initiatives to keep the Yugambeh heritage alive in South East Queensland and is the Chief Executive Officer of the Yugambeh Museum Language and Heritage Centre.

Chair of the Griffith Business School Strategic Advisory Board, Susan Rallings has more than 30 years' experience in private enterprise, tourism, and consulting. For several years, she was based in London as Tourism Queensland's Regional Director for the United Kingdom and Europe.

The value of destination events for the Scenic Rim – especially arts and cultural events – will be explored by Scenic Rim Regional Council's Principal Specialist Regional Events Scott McDuff during the discussion.

Anyone with a love of the arts or good food is welcome to join in the Arts Dinner from the comfort of home and, after registering at thecentre@scenicrim.qld.gov.au, participants will receive a Zoom link for the event.

The Arts Dinner online session will also be recorded so it can be viewed later by those unable to join in the virtual event.



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Make a list to ensure you meet all your wedding people on Sunday 26th July 2020.

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KOKODA KIDS CLEAR MOUNTAIN TRACK



It was a pleasure for the Friends of Tamborine National Park to recently play host to two groups from the Kokoda Youth Foundation. These young people are around 17 years of age and are affectionately known as the Kokoda Kids. They trained for 14 months in national parks in south-east Queensland before walking the Kokoda Track in Papua New Guinea.

Most of the Kokoda Kids undertook the gruelling 96-kilometre slog over the Owen Stanley Range while others completed a 60 kilometre section of the track and a cultural experience. When they met up at The Knoll Section of Tamborine National Park both groups were in high spirits as until that time the coronavirus pandemic had postponed for several months a community service commitment they had made to the Friends group.

The Friends' challenge to the Kokoda Kids was to open up a section of track at The Knoll that had been encroached by mistflower, crofton weed and lantana. The Kokoda Kids and their leaders eagerly pitched in and it wasn't long before walkers could negotiate the track without difficulty. Compliments on the improvements have been received from locals and park visitors. This activity was so successful that it may become an annual event.

Friends of Tamborine National Park group hold a working bee on the first Saturday of each month. If you are interested in helping improve your local national parks, contact Len on 0428 335 572 or email: **onthewallaby@live.com.au**



Relationships

THE RELATIONSHIP SCORECARD

Quid Pro Quo is a legal term meaning "something for something"; the principle being that in order for a contract to be enforceable, it must involve the exchange of things of value. In psychology Quid Pro Quo is understood as every successful relationship contains an implicit contract in which people exchange positive things with one another in a kind of reciprocity.

Research, however, shows that holding a Quid Pro Quo attitude in our most intimate relationship can actually be to our detriment. Persistent expectations of reciprocity turn partners into 'emotional accountants' who ensure the ledger stays balanced by keeping a mental scorecard.

The scorecard details all that you contribute, what you do to make your partner's life easier and how much you sacrifice for the relationship. Score keeping can include things like household division of labour, parenting tasks, financial contributions, gift giving, romantic gestures, organising birthday celebrations, etc.

One of the problems with score keeping is that it is inherently biased. While you are blatantly aware of all you are doing, you're not always present to see all your partner does. Consider this typical example: a husband leaves for work early in the morning before the rest of the family are awake. He has a particularly demanding day. He gets invited to join colleagues for drinks after work but declines as he wants to get home to his family.

By the time he arrives at home, he has amassed a big tally on his scorecard and is ready to sit down and relax and give his wife the opportunity to catch up to his score. Naturally, she sees things very differently. She has also amassed a significant tally of points throughout her day - and he doesn't even seem to notice everything she has been doing. Now she's resentful that he's not offering to help her.

The scorecard fosters resentment as it convinces us that our contribution is much greater than our partner's. We begin to believe that we are the better partner and we fall into the trap of discontentment. We can find ourselves stuck in a vortex that sucks us deeper and deeper into arguments about point scoring. Point scoring destroys the concept of team as partners compete against one another to come out the 'winner' while ultimately the relationship is the loser.

If there is a significant imbalance in your relationship, initiate a heart to heart conversation with your partner about your mutual expectations. Flexibility from both sides will enable you to reach an agreed compromise.

As a couple, make the decision to ditch the scorecard and replace it with appreciation and generosity. You will reap the benefit of a more loving and contented relationship.

Linda Gray linda@relationshipsanctuary.com.au 0401 517 243

DO SQUATTERS LIVE LONGER?

No, this is not an article about avoiding the pitfalls of the

housing market by illegally occupying a building, but rather about whether a simple exercise could improve your longevity.

A recent study from the American National Academy of Sciences postulated that regular squatting with your feet flat on the floor

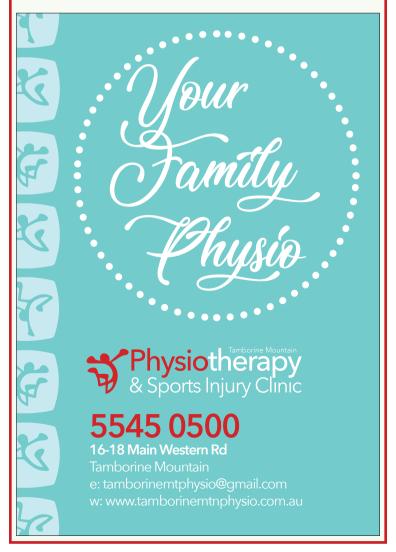


could add years to your life by keeping your muscles working. Squatting, rather than sitting in a chair, has benefits for strength and flexibility and requires energy, pulling triglycerides out of the bloodstream, which assists cardiac health.

Another trial, published in the European Journal of Preventative Cardiology in 2014, revealed that people aged 51 to 80 who could get up from a squatting position without using their hands were less likely to die in the next six years than those who couldn't pull themselves up. That should raise your rate of interest.

Overall, the advice continues to be that sitting is slowly killing us, so we need to frequently change our position if we don't want to mortgage our health. The benefit of squats in particular is that this exercise works the largest muscles of the body so you are getting more 'bang for your buck' and as we age, the ability to move in and out of a squat position has implications for strength, mobility, independence and longevity.

If you would like to evict your health and fitness problems, give Tamborine Mt Physiotherapy a call on 5545 0500.





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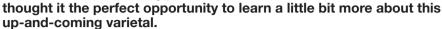


WINE CHAT

with Witches Falls Winery

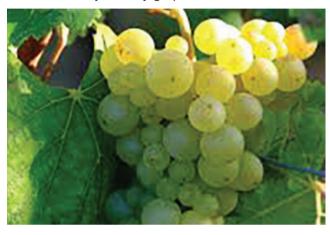
FIANO IS GAINING LOCAL TRACTION

Last week marked the release of our 2019 vintage of Fiano at Witches Falls. Accordingly, we



It is arguably one of our lesser-known wines, but Witches Falls have been producing a Fiano since 2009. Originally hailing from Italy, the Fiano varietal thrives in hot, dry climates. Given its very low water requirements, Fiano is actually one of the most environmentally friendly grapes.

In its motherland, Fiano is mostly grown in the Avellino Hills, east of Napoli. An ancient grape, it is thought to have been the primary varietal in an Ancient Roman wine called Apianum. Meaning 'bees' in Latin, Apianum is thought to have been named as such due to the swarms of bees drawn to the sugary pulp of the Fiano vines



growing in Avellinese vineyards.

Perhaps somewhat less recognisable in Australian bottle shops than your run-of-the-mill Sauvignon Blanc or Shiraz, Fiano is gaining popularity among winemakers for its ability to withstand the often-harsh Australian terroir. Furthermore, the robust qualities of the grape give winemakers the opportunity to demonstrate unique and cutting-edge winemaking techniques. With similar weight to Pinot Grigio and Viognier, in its youth Fiano often boasts intensely floral aromatics and smooth honey flavours, which over time mellow and develop richer, nuttier characteristics.

Our Fiano, which we produce on site here at Witches Falls, is wild fermented, meaning the only yeasts we use to ferment the wine are the ones indigenous to the grape, also known as 'natural yeasts'. As we like to say here, wild fermentation produces 'wines with character'. Floral, lush, and creamy, our Wild Ferment Fiano is the perfect picnic companion. Boasting rich floral aromas and a soft, buttery finish, the Fiano might just be one of our prettiest whites. As it is fairly rich, the Fiano pairs beautifully with seafood dishes, as well as those traditionally associated with red wine, such as stuffed eggplant or veal. Perfect for winter!

It's not hard to see why the Fiano varietal has gained such increasing traction with Australian winemakers, given the unique and robust qualities of the grape. In spite of this, one drawback of the varietal is a relatively low yield. For this reason, the 2019 Wild Ferment Fiano remains one of our Members-only wines. But don't let that stop you; locals receive member's pricing on all our products.

Cheers and stay hydrated, Imogen Mulcahy and the Witches Falls crew



DINO BOOK LAUNCH A ROARING SUCCESS



Rose Siva's launch of her latest book **Dinopal outside Australian Outback** Opals was well supported by locals and visitors from Brisbane and the Gold Coast.

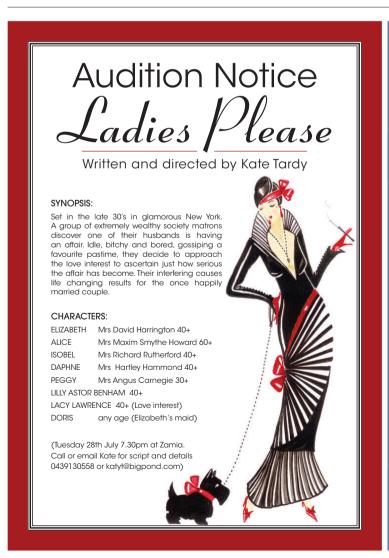
A steady stream of visitors of all ages came to hear her stories of opalised

dinosaur bones and to buy her books.

"I was delighted with the support, both from parents and grandparents who bought books for young readers, and especially with a number of young dinosaur enthusiast who came especially to meet me and find out

about my latest book," said Rose after the event.

This is Rose's fourth book for primary age children, and she specialises on stories based on real Australian dinosaurs. You can find more information at www.rosesiva.com





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JON KRAUSE MP

State Member for Scenic Rim

LET'S GET QUEENSLAND WORKING AGAIN

The LNP team wants a secure economic future, and jobs for you and your family; a future where Queensland's best days are ahead of us after the setbacks of COVID-19.

To do this we need a Government that backs all of Queensland and all parts of our economy, including agriculture, and our hardworking small businesses. Queensland used to be the economic powerhouse of Australia, but even before COVID-19 we were at the bottom of Australia's economy. Stagnating wages growth, high unemployment, a youth jobs crisis, and business confidence that has flatlined are all symptoms of Labor's economic mismanagement. They have no plan, other than increased taxes.

You can't tax your way to growth. The LNP will encourage more investment, get out of the way of business and send the message that Queensland is 'open for business' – let's get Queensland working again and grow more jobs for locals.

BUSHFIRE PREPAREDNESS

As I have noted several times before in this column, drier conditions are here again, and I have been urging the Government to ensure that bushfire fuel loads on State-owned land (and as much as possible, private property too) are reduced.

Everyone on Tamborine Mountain can assist by ensuring vegetation on their property is properly managed and kept to a safe load. Keeping yards/paddocks clear of obstructions that might hinder fire crews from accessing property is also important in saving homes and other assets in the event of fire.



At a hazard reduction burn on Tamborine Mountain recently that I completed with other Rural Firies.

MY OFFICE

In addition to helping with Queensland Government matters, my office can provide assistance in procuring Queensland flags and letters of congratulations for significant birthdays and anniversaries. We can also provide letters of support for community groups seeking grant funding.

Anybody considering becoming a Justice of the Peace/ Commissioner for Declarations will need to contact my office to complete the nomination form.

If you have an issue that you think should be fixed, I encourage you to contact my office, toll-free on 1800 813 960, so I can lobby on your behalf in Brisbane.

Quick question? SMS 0401 63 44 88.



SCOTT BUCHHOLZ Federal Member for Wright

SUPPORTING OUR FILM INDUSTRY

Last week I had the pleasure of joining Prime Minister Scott Morrison and Minister for Employment, Skills and Small Business Michaela Cash to announce a \$400 million package to support the film industry.

The \$400 million investment will help Australia capitalise on a growing demand to produce films and television series in Australia, attracting an estimated \$3 billion in foreign expenditure and creating 8000 new employment opportunities for Australians each year.

This will have an important impact for jobs and businesses in our region. Across the Scenic Rim we've hosted a number of movie sets, largely due to our great landscapes, terrain, natural beauty and capacity in terms of assets and workforce.

Like much of what we're doing on the economic front in response to the coronavirus, this is about growing our industries and supporting jobs — not just for the jobs in the film industry such as actors, set designers, extras, crews and special effects experts, but those that support the set developments, such as carpenters, lighting technicians and even waste removal.

This complements projects already supported through the existing Location Offset program and is important in making our JobMaker plan to create jobs, boost local business activity, and provide training and skills a success.

JOBTRAINER

In addition, the Australian Government has announced a plan to invest \$2 billion to give hundreds of thousands of Australians access to new skills by retraining and upskilling them into sectors with job opportunities, as the economy recovers from COVID-19.

Our focus on job skills through JobTrainer will support thousands of apprentices in jobs across the country by expanding the current wage subsidy to cover around 180,000 apprentices to keep them employed and their training secured.

I've spoken to many local businesses and workers on apprenticeships and traineeships. Of course, like most workers they are concerned about the economic impacts of the coronavirus. The initiative covers 50 per cent of the wages paid to apprentices and trainees, up to \$7000 per quarter. Whether they are training at the bakery or on a building site, this program is supporting Australians everywhere.



BREE LOWING



ULTRASOUND BABY SCANS

Throughout a pregnancy there are several stages when ultrasound scans (USS) are recommended. Often parents are excited to see images of their baby and it can help to connect the 'reality' of the fact there is a baby in there, particularly for the non-pregnant parent who isn't experiencing pregnancy symptoms or feeling baby kicks. Sometimes it isn't always well communicated what USS are for and why, so this fortnight I thought I would explain some of this.

DATING SCAN

This is usually performed around seven to eight weeks pregnant and the purpose is to confirm a pregnancy and check certain measurements to ensure that dates are accurate. However, usually the final due date is calculated at the combined first trimester scan. The only exceptions to this are if the baby has particularly large measurements at the dating scan, suggesting you are further along than expected.

COMBINED FIRST TRIMESTER SCREEN/NUCHAL SCAN

This is performed between 11 and 13 weeks. The main purpose is to determine if you have a higher chance of some chromosomal anomalies such as Down Syndrome (Trisomy 21) and Trisomy 13 and 18. This is calculated based on maternal age, features of the baby seen on scan, and blood tests (Beta HCG and PAPP-A). Some parents decide that finding out this risk will not influence their feelings or decision making about the pregnancy.

In these circumstances, parents may choose not to have this scan. However, if this is how you are feeling, then I would still urge you to consider this scan but request that your calculation is not performed. The reason is that sometimes other things are picked up at this scan. There might be two babies and you didn't know about prior, or there may be other features that you need to be aware of like the formation of some parts of the body or organs that need further investigation.

MORPHOLOGY ULTRASOUND SCAN

About 25 per cent of baby conditions do not become apparent until second or third trimesters, and so a morphology scan is recommended between 18 and 22 weeks. During this scan, the major organs of babies are looked at, such as the heart, brain, kidneys and spine; umbilical cords and placentas are also checked for position and health, and water

volumes are reviewed. Information from this scan can impact on recommendations for scans later in the pregnancy, and monitoring of baby.

THIRD TRIMESTER AND SERIAL ULTRASOUND SCANS

Some women are recommended to have third trimester USS. Usually these are women who have circumstances where it is important to know more information closer to the birth. These can include women who have previously had very large babies, if they have had a low-lying placenta (where it is close to the cervix) at the morphology USS, or mothers who have diabetes. Serial USS are those performed at regular intervals to ensure that we are continuing to monitor the wellbeing of babies and can impact on timing of birth for those women who have multiple pregnancies, babies who are small or who have abnormal blood flows through the placenta.

SAFETY

There is no evidence that ultrasound scans cause any harm to the baby and the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) have guidelines for sonographers to ensure that the waves used are at safe levels.

However, there has also been an increasing trend for parents to opt for private scans of their babies to confirm the sex of babies or to have pictures taken. RANZCOG do not recommend the use of USS for non-medical reasons because it can be difficult to regulate safeguards, training and qualifications, and there also may be potential to fail to recognise conditions that require follow-up.

Some women also can become concerned about things seen on non-medical scans and this can create anxiety such as if the cord is around the baby's neck. Many babies have cords around necks and they rarely cause a problem, but if you see that on scan it may make some anxious during the pregnancy unnecessarily.

If you are unsure about why you have been recommended a scan or wish to talk this through further, please discuss with your midwife, obstetrician or GP for further guidance relative to your situation.

Bree Lowing is a Registered Midwife and provides in-home antenatal and postnatal services through The Mountain Midwife: www.themountainmidwife.com.au



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Letters to the Editor

Readers are reminded that letters to the editor must show full name of writer for publication.

DON'T BLINK, OR YOU'LL MISS THE TIMEFRAME

Eagles now have no nests at 1-11 Eagles Retreat Place since the site now resembles 'Armageddon'.

I wonder what dark and muddy treachery went on to facilitate the developer's discovery of a loophole which circumnavigated the koala habitat protection provisions of State Government Planning Regulation 2017, as noted in *Scenic News* 2 July 2020.

As a property owner in Eagle Heights I have viewed the site. I have seen the bleeding landscape and I weep for the land and animals. I hear too the spirits of our native ancestors, and they are displeased.

I note the public consultation period on the site has not yet commenced and that members of the public are invited to make a submission. Don't blink everyone in case we miss the timeframe. Things move quickly when there's a dollar in it.

Claire Law

A FOCUS ON LIVING WITH CHRONIC PAIN

Chronic pain affects more than 3.2 million Australians and is arguably one of the world's fastest growing conditions.

It can significantly impact a person's quality of life and mental wellbeing, often leading to isolation and feelings of hopelessness.

During National Pain Week (July 27 to August 2), Chronic Pain Australia, the peak national grassroots voice of Australians living with chronic pain, is launching two important new resources to help educate and reduce stigma in the community. One is a video series called Faces of Pain which tells the stories of everyday Australians living with chronic pain; the other is a new booklet called Understanding Chronic Pain which explains what pain is and how best to manage it. These can be found at www.nationalpainweek.org.au.

During National Pain Week, people living with chronic pain are also encouraged to share their experiences and ideas at chronicpainaustralia. org.au/forum or on social media using the hashtag #NPW2020

Together, we can improve the lives of those living in pain. We appreciate your support.

Jarrod McMaugh President Chronic Pain Australia

WHY DO SOME PEOPLE SEEK TO DIVIDE US?

Why do people choose to migrate to Australia and then condemn our free, first world, democratic country for the quality of life we all enjoy today?

This country was built by hard-working Australians, black and white, and protected from hostile forces that sought to take away our freedom.

Now we face an 'invasion' by those who seek to divide us. They attack our pioneering history and our struggle to survive in a harsh environment.

They test our tolerance and good humour and try to divide us, black against white, while they protest against the label on a lolly wrapper as their main issue of contention without any understanding of the world they were born into.

This is done to cause division and inflame hate and intolerance.

Captain Cook didn't invade Australia – he died long before the First Fleet arrived. The First Fleet carried about 1500 people. Nearly half were convicts in chains. They had spent eight months at sea without exercise or adequate nutrition and arrived ill equipped for the harsh climate.

They had to disembark on a land with no facilities and had to set out to provide everything they needed to survive, unlike the refugees of today. They were not given a choice. Many of those who come today say they do so to seek the freedom and opportunity our bountiful country now has to offer.

Those who cry racism and capitalism as an excuse for their own lack of success, need to be aware that you can't make the poor rich by making the rich poor (Winston Churchill).

What you seek to destroy, we built for you to enjoy. This is as good as it gets.

Julie Wilkinson

Embrace

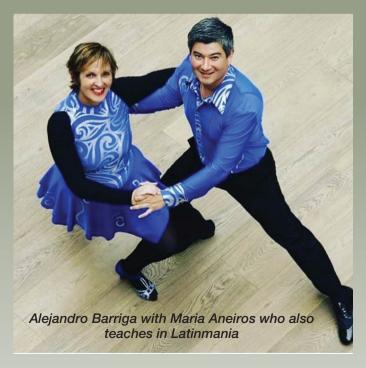
Latin dance teacher Alejandro Barriga moved with his Australian partner Amy to Tamborine Mountain a year ago. "Twenty years ago I migrated from Colombia to the Gold Coast and have taught Latin dance ever since, including lessons at the local High School. I expect to start classes for locals again in mid to late August, in the Zamia Theatre or somewhere suitable"

Alejandro has everything one expects from a Latin dance teacher who grew up in Latin America: passion, vibrancy, a deep feeling of his culture and the joy of sharing that with others:. "I grew up with dancing, it is like learning your mother tongue. For others, like my Australian students, it is an art to be learned. It starts with the lessons, the rules. The great moment is when they learn to follow their feelings, the rhythm. That changes everything. And I can't think of many things more rewarding than seeing that shift in my students. It is a moment of liberation, of letting go of restraints."

Alejandro talks passionately about the African roots of Latin music: "Slavery brought it to Latin America and it further developed ever since. It is popular all over the world nowadays."

Why they embrace the Mountain? "We love the serenity and space. We have a dog, chooks and a veggie garden. And we enjoy permaculture. All of that fits in very well with the atmosphere of the Mountain."

More info: www.latinmania.com.au



If you – or someone or a group you know – has a special connection to Tamborine Mountain, Jaap Vogel would love to hear from you. jaap@greenislandinthesky.com.au

HISTORICAL CENTRE IS SET TO RE-OPEN



The appointed hour has been set. Save the date, mark your diaries. The Tamborine Mountain Heritage Centre is set to re-open this weekend, Saturday 25 July and Sunday 26 July.

As promised, we can now 'throw open the doors' and welcome you back.

The dedicated team of volunteers who keep the wheels turning at the museum have been 'hoovering' away, gradually getting things in place for reopening. We look forward to seeing you all very soon.

Due to COVID-19 restrictions, however, there are conditions which must be met.

When entering the museum, please report to reception and register your attendance.

Whilst visiting the displays, please observe the social distancing markers throughout the centre.

If you are unwell with flu-like symptoms, we would love to see you when you have recovered.

Carmel O'Neill

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GOVERNMENT



LIONS FOODSTUFFS PUTTING THE 'FUN' IN 'FUNDRAISING'

If you're keen to support local good causes, then why not buy a Lions traditional Christmas cake or pudding, or a packet of Lion mints?

The cakes and puddings are available from North Tamborine News on Main Western Road and also from the Tamborine Mountain Nursery on Long Road – great for your 'Christmas at home in July' event (observing current maximum numbers and social distancing of course)

Lion mints are available from the Thirsty Camel Bottle-O on Main Western Road, near IGA.

Packets of Lion mints are by donation (minimum 60c) while the cakes are \$2 for an individual mini-cake, \$13 for a 0.9kg pudding and \$17 for a 1.5kg cake.

These products are an important fundraising project of Tamborine Mountain Lions Club, and particularly at this time, when fundraising through the showground markets and raffles is a month or so from starting up again.

All profits raised are donated to projects that benefit the local community (all administration costs are covered by Lions members).

If you have any problems getting hold of cakes or puddings, please contact Lion Sue Kirkpatrick on 0429 833 083.

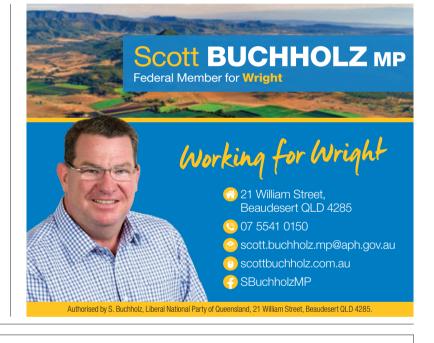


Lions traditional puddings and cakes

HAPPY BIRTHDAY JEREMY COKER

18 years ago a miracle was born.
So tiny, yet so amazingly strong.
You battled to survive, thrive and grow,
Until you became taller than we.
A wonderful sight to see.
No matter what path you walk,
You will forever be in our hearts and homes.
We will never stop loving you.
Happy 18th Birthday Jeremy!
Sending you heartfelt thoughts of love, success,
prosperity and outstanding health.

Mum, Grandma, Papa and JazzB



How do I get warnings and know what's happening?

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Information and warnings available for you to access			Warı	Social Media		

Remember, don't rely on just one source of information.

PREPARE.ACT.SURVIVE

www.ruralfire.qld.gov.au





Krause urges steps by State to reduce fire risk

Member for Scenic Rim, Jon Krause, is backing local residents in their calls to improve fire trail access around Tamborine Mountain, and is calling on Queensland National Parks to get on with seeking funding to improve bushfire preparedness.

In early July, Scenic News reported on proposals by locals on Tamborine Mountain to improve access around the Mountain in relation to bushfire risk – including improved bushfire trails through National Parks and links between the National Park estate and other parcels of land.

When he was made aware of these proposals, Mr Krause agreed to meet with concerned residents to hear their concerns and see parts of the National Park estate that appear overgrown and potentially extremely difficult to access in the event of bushfire.

"Tamborine Mountain's national parks are a huge asset. But they are also in need of work to reduce bushfire risk. I know that many locals were worried, and rightly so, about the possible impact of fire on the Mountain during last year's fires. I think 2019's events have been a real eye-opener for a lot of people of the clear danger posed when huge amounts of fuel are allowed over years to build up in national parks," said Mr Krause.

Mr Krause said that the joint Commonwealth-State fund, the Queensland Resilience and Risk Reduction Fund 2019-20, might be an avenue to provide funding for national parks to improve bushfire preparedness.

"I have called on the National Parks Minister to look at the proposals put forward by residents to improve bushfire preparedness in national parks and seek funding under this initiative.

"Lantana and other weeds overgrown in the parks are no good for native plants and animals, and I have also suggested that additional hazard reduction activities should also be carried out when the conditions are right to do this.

"We need to reduce the fuel load and improve access to fire trails for firies if something does start, and if there's a grant available to help do that, the State should get on board and go for it."





SHARP COMMENT

TOM SHARP

Scenic Rim Council continues to remind us they provide so much more than roads, rates and rubbish because the community is ever demanding more from them.

Dear Council,

Who has demanded the removal of the Short Street Saleyards (pigs and calves) in Beaudesert and the installation of a new library that has been twice rejected by council?

Feel free to have your say and sign the petition to stop the removal of the Short Street Salevards via the link below:

https://www.change.org/p/scenic-rim-regional-council-save-the-beaudesert-pig-and-calf-saleyards

I raised last week that Council has provisioned for future borrowings of \$4.5 million for a new library – one that nobody wants and/or needs. In addition, there is an independent consultant's report (yes more export of our rate dollars) as recently as 2016 that knocks back the suggestion of a new library for Beaudesert.

That's right, Council is ignoring their own independent experts, along with the public, to forge ahead with millions of dollars of rate payers' money to build a new library that no one wants or needs and will do absolutely nothing by way of revitalising our region's capital; and will not add one iota of stimulus to its long-term economy.

Additional hangovers from the Budget include an allocation of nearly \$1 million worth of footpath to be built between Kinglsey Drive and Brooklands Drive along the Beaudesert-Nerang Road. Unless I am mistaken, this is a distance of less than 1km. By my estimations 1km of footpath should cost in the vicinity of \$200,000.00 at worst. Councillors, what is going on? How flawed is this budget?

Then there is the sudden acquisition of land at Lupton Road that is going to be acquired via borrowings to the tune of \$1.5 million with no plan, no budget, no valuation, or business case being presented. The first question I ask of councillors: Is this not a well-known flood plain area on the banks of the Logan River?

Capping things off was a Council release at the weekend titled "Customer Centricity Project Update – Sharing the research outcomes and progress towards a customer-centric organisation".

You will recall that a motion to have the survey results and final report released to the public was voted down by the Mayor along with Councillors West, Enright and McConnell.

How much does the report dated June 2020 prepared by consultancy group Customer Frame share in terms of factual information? Its findings are only 'summaries' suggesting it is not the original detailed report of the survey conducted by Customer Frame.

What is this council hiding? Where is the ethics, transparency and accountability? Are the summaries fact or a well sanitised fiction?

I wonder if the survey took the opportunity to ask constituents priorities with regard to council? If they did, they would have soon discovered it is roads, rates and rubbish.

Those travelling to Beaudesert from the east will note the continued absence of shoulders and the one-foot drop-off where shoulders once existed.

Remember, if you are suffering under decisions by a governing authority and that authority is not in any way affected by those decisions then you are not being governed, you are being ruled. The next question is who is the authority? Is it the unelected bureaucrat or our elected representatives?

Stay tuned next week as we continue to dig deeper than our shoulder-less roads and attempt to uncover what is hidden deep inside the "Farm Box".

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3

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4

Rainforest Restaurant & Lounge Bar Dine at our Restaurant in the Rainforest!

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6

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8

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Visitors welcome Your local on the Mountain: Full bar, Bistro, Gaming, Ubet, Keno, Fox Sports, regular live entertainment and bowls in a relaxed environment. 6-12 Beacon Road

(07) 5545 1308





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10



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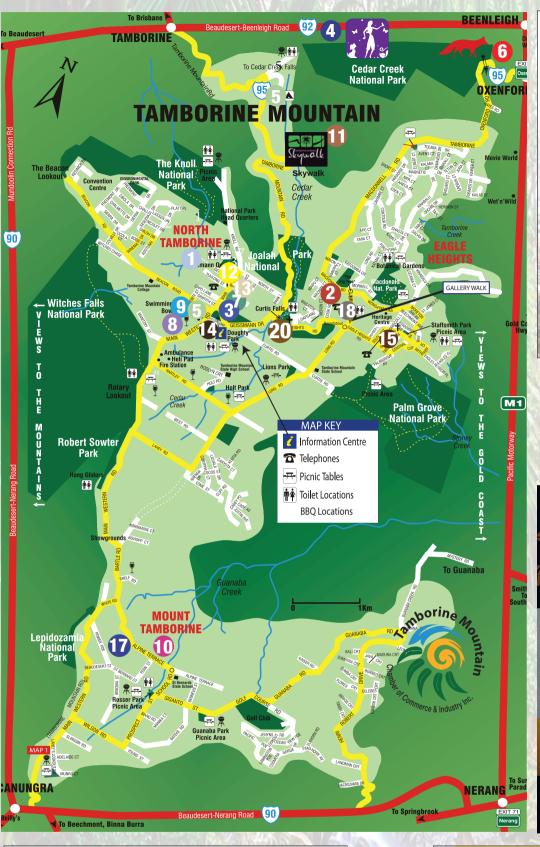
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LIFE UNDER THE SUN

We have all recently been dragged unwillingly into a new state of affairs regarding many aspects of daily life. Some good things have already come out of it but not enough to call for celebration.

Remember the words from that old song? 'a time to laugh, a time to weep, a time to dance, a time to mourn.' (Turn! Turn! Turn! The Byrds 1965, written by Peter Seeger 1959)

As you probably know. the words are from the book of Ecclesiastes in the Old Testament. There is a lot more reflection in Ecclesiastes on the meaninglessness of life when we live it 'under the sun'. What unfolds in the book is a view of life that does not look past the visible, material world but lives only for the moment.

The things we can get out of life are all conditioned by the passage of time. Our greatest dreams, whether work, family, wealth, power, accomplishment; they are all subject to the passage of time, they are all done 'under the sun' which itself passes each day and with that passing our lives grow shorter and our desire for more remains unsatisfied. Another verse from Ecclesiastes, 'He who loves money will not be satisfied with money', or another, 'the eye is not satisfied with seeing, nor the ear filled with hearing'.

The picture emerges that we are consumed with trying to grasp for life, a meaningful life, but we come up empty handed; what Ecclesiastes calls 'striving after wind'. This is the tension we live in. One verse says that God 'has put eternity into man's heart, yet so that he cannot find out what God has done from the beginning to the end.' This is not a cruel joke but an invitation to come to God in faith. We look at the world in all its beauty and horror. We try to make sense of it in some way.

Perhaps you focus on a small part of it and ignore the rest. Perhaps you say the world is God's dream, or nightmare. Or you long for some leader or country or technology to finally establish heaven on earth. But it doesn't come. You give up your ideals and aspirations, you lower your eyes and become 'another brick in the wall'.

But God has 'put eternity in our hearts'. He has done this so that we would look for him. The Apostle Paul spoke to a gathering of first century philosophers in Athens, God 'made from one man every nation of mankind ... that they should seek God, and perhaps feel their way toward him and find him. Yet he is actually not far from each one of us,' (Acts 17:26ff).

Life 'under the sun' is a little less attractive than it was several months ago. That's an invitation for us to seek God. 'But seek first the kingdom of God and his righteousness, and all these things will be added to you.' (Matthew 6:33)

Kim Dale Pastor

Advertisement

Kim Dale, Minister TM Presbyterian Church. kdale7@bigpond.com



One of the most famous dogs in film and television history was Rin Tin Tin, rescued from a severely damaged battlefield kennel in France during World War One by an American flyer, Corporal Lee Duncan, who nicknamed him 'Rinty'. The kennel had once supplied the Imperial German Army with German Shepherd dogs.

Rinty was saved as one of four puppies with his mother; they all died except for Rinty and Lee took him back to the United States as a puppy.

Realising how athletic, clever, and trainable the dog was, Lee tried to find film work for him. Rinty, as Rin

Tin Tin, became an immediate success, starting with silent movies and then going on to appear in 27 Hollywood films and gaining worldwide fame.

The immense popularity of his films contributed to the success of Warner Brothers studios. They had 18 trained standins to reduce any stress on their dog star and also provided a private chef who prepared daily lunches of tenderloin steak.

In 1929 Rin Tin Tin was nominated for best actor but was later pulled out of the



competition after it became apparent, based on the vote tally, that he would end up winning. The popularity of the German Shepherd dog greatly increased and there was a big demand for the breed which led to profitable breeding and eventually a difference between show line dogs and working line dogs, in appearance and temperament.

The appearance comparisons are obvious when comparing old pictures with modern photos. The original German Shepherd dogs were bred for athletic ability, trainability, and strong nerves more than looks.

Originally, the German Shepherd dog was bred in 1899 by Max Von Stepanitz for herding, and protection – a versatile, medium to large breed that can be a great family pet or trained for the armed forces and security and in some cases, both. After World War Two, due to anti-German sentiment, the breed was called 'Alsatian' for a period of time, the word coming from Alsace – a region in eastern France, near Germany.

Pam Brandis Dip. Canine Prac.

Karen Keeling's tips on

BEAUTY & WELLNESS

GET TO KNOW GLYCOLIC ACID

If you experience issues around skin texture, or just want your

skin to look healthier and more radiant, get ready to meet your skin's new best friend - glycolic acid.



So, how does it work? Glycolic acid is a supercharged ingredient that boasts the smallest molecular structure of all alpha hydroxy acids, and in correct concentrations.

Glycolic acid works in breaking down the gluelike substance that holds together the dead skin cells or corneocytes on the skin surface, penetrating your skin, and promoting exfoliation of dead skin cells. By sloughing away these dead skin cells, a fresher, smoother, softer, hydrated skin surface is revealed.

Although the skin naturally sheds dead skin cells, this process slows down as you get older. The use of glycolic acid promotes and facilitates this exfoliating process, helping the skin renew itself. Skin not only becomes more efficient, it is better able to receive the benefits of topical skincare products.

If acne is a skin concern of yours, the shedding of the dead skin cells allows the natural flow of oils/sebum without clogging pores. It also deep cleans the skin, helps prevent acne scars, minimises the appearance of pore size and reduces the incidence of breakouts.

Key Benefits of glycolic acid are:

- Reduces fine lines and wrinkles
- Minimises appearance of pores
- · Fights acne
- · Removes dead skin cells
- Evens skin tone.

Our go-to glycolic products are from Australian brand La Clinica; they are an organic cosmeceutical which means active ingredients without any nasties. The glycolic acid used by La Clinica is derived from sugar cane. Naturally derived glycolic acid has been used over the years to refine skin texture and correct skin concerns to achieve a healthier looking, radiant appearance.

If you would like help with any skin concerns, please don't hesitate to contact us for a free consultation. Just give us a call on 5510 8999.

Karen Keeling Hope Island Beauty & Medispa 07 5510 8999

travelling places

With something for everyone...



TRAVELLING PLACES

By Gina Storey

In so many ways we are blessed to live in the Sunshine State and at this time of year where would you rather be? (Well maybe Europe next year). If we have to be confined to a region of the world then we are lucky to live in a destination the world travels to visit. So why not go and explore.

We have looked at the quirky and fun Savannahlander train that travels west from Cairns. Today I thought we could look at some of our wonderful coastal resorts.

As we head north, Fraser island is within a relatively short drive. Heritage listed as the world's largest sand island, September and October is a great time to visit. Take a package including three nights at the lovely Kingfisher Bay Resort with daily breakfast, a full day ranger guided eco tour including lunch, a whale watching tour including morning breakfast, national park fees and ferry transfers from Harvey Bay return – all this from \$399 per person.

Not far up the coast there's a great little stop near Bundaberg at Kellys Beach Resort – three nights from \$295 per person. Why not add on a full day trip to Lady Musgrave Island for \$229 per person?

Head north to the Town of 1770 and enjoy five nights in a one bedroom apartment at the 1770 Lagoons Central and Spa; included in the package is a full day LARC Paradise tour exploring the coastal region, the lighthouse, the sand dunes and stop for an included picnic lunch. This package from \$529 per person.

Head for the pier at Airlie Beach where you catch the ferry to Daydream Island; after a \$100 million upgrade this is a wonderful Whitsunday experience. A package including four nights in a superior pool view room, daily breakfast, a \$400 food and beverage credit, a guided living reef snorkel tour, a guided rainforest walk, return ferry transfers from Airlie Beach or Hamilton Island, a fish feeding show and more – this package from \$999 per person.

Or if you are up near Cairns, enjoy a few days of Fitzroy Island; there is a turtle research centre based here and you can snorkel straight off the beach; return ferry transfers from Cairns and four nights from \$299 per person. A great way to experience the reef. Drive yourselves, fly or catch the train to Cairns and combine Fitzroy with the Atherton Tableland or Port Douglas.

If you feel like a really luxurious holiday, then look no further than Lizard Island. Situated on the Great Barrier Reef, this fabulous resort offers snorkelling with the turtles off the beach, walks up Cooks Look hill, take a tinnie and explore the island and its 24 powdery white beaches with a picnic lunch, or relax in your elegant accommodation. Included on the island are all meals and beverages during your stay, a stocked mini bar in your room, use of non-motorised water sports and the motorised dinghy, and a 30-minute couples massage.

The scenic flight from Cairns takes about 30 minutes and you fly over spectacular pristine reefs. A package including the return flights from Cairns, two nights and all meals and activities listed, costs from \$2839 per person or four nights from \$4868 per person.

All offers have conditions – the prices are per person with two sharing a room – if travelling solo then please ask for costs. Also, there are dates when the offers apply. This is just a sample of different coastal offers available.

Now is a great opportunity to support our local tourism operators and for you to explore our state while we have it almost to ourselves. Call Travelling Places for more ideas and offers on 5545 1600.

VISION IMPAIRED GET DISABILITY PARKING

Member for Scenic Rim Jon Krause has welcomed changes to the law that mean disability parking permits may now be issued to those who have impaired vision.

The Department of Transport and Main Roads is responsible for running Queensland's Disability Parking Permit Scheme and those who are issued with a permit can lawfully access designated parking spaces.

Mr Krause had been pushing for this change through various representations to ministers and the State Government, pointing out that residents in his electorate had experienced first-hand the difficulties of day-to-day life with a vision impairment.

"Current eligibility for a disability parking permit is based on an applicant's ability to walk. However, this falls short in helping those who

experience short or long-term vision impairment.

"A Tamborine
Mountain resident
from my electorate,
and well-known
advocate for
disability parking
access for
Queenslanders, Dr
John Vance, sadly
passed away last
year before these
changes to the law
were enacted.

"I had the opportunity to meet with Dr Vance and discussed with him the need for Queensland's Disability Parking Permit Scheme to include those who are visually impaired.

"Dr Vance, a compassionate advocate in his community, suffered from a hereditary condition that affected his eyesight.

"The LNP team listened to members of our community, including Dr Vance, and organisations representing vision impaired individuals, and their request to include those who have a vision impairment in the Disability Parking Permit Scheme. We pushed for this change to the eligibility criteria for a disability parking permit."

Under the new changes, individuals who are permanently blind will be eligible to apply for a permit. Individuals who have temporary blindness will also be eligible to apply provided their condition is of at least six months duration as certified by a doctor, ophthalmologist, or optometrist.

Mr Krause said that changes to the Bill would improve the lives of permanently and temporarily blind Queenslanders.



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| 2 | 8 | ____ | Sudoku - Medium



Today, for a change, a word puzzle. Place a different letter in each of the 26 empty white cells of the grid at right to make **TEN** common English words. Each letter of the alphabet is used exactly once.

The words read along the horizontal lines.

Puzzle ©Alex Bellos (The Guardian)

Answer at scenicnews.com.au on Friday

1		R	I		T		
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Cassoulet (Cass-oo-ley) is a French classic. It is a simple dish to cook, though the gentle cooking process delivers remarkable amounts of complexity and rich flavours that are well worth the wait.

The name cassoulet comes from the word cassole, referring to the traditional, conical clay pot in which it was cooked.

Originally the cassoulet was cooked in the hearth, or a bread baker's oven, using residual heat. The low heat allowed the beans to break down and all the flavour and fat of the meat to melt into the beans. For this dish I've used cooked canned cannellini beans for convenience.

Cannellini beans are commonly known as white kidney beans owing to their large kidney shape with squared edges. The pale creamy-white beans are derived from a common bean ancestor that originated in Peru. Cannellini beans are one of the most inexpensive high protein sources available in canned versions and pack a big protein punch. They are also high in fibre and they provide stable energy throughout the day due to the soluble fibre content. The energy is burnt slowly, leading to balanced blood sugar.

Researchers have found that diabetics who consumed more fibre were able to control their cholesterol levels. They emphasised that increasing fibre content had more beneficial effects than reducing sugars in the patients' diet.

Did you know that when Columbus' voyage came back with this magic white bean from the Americas and it was introduced to France and subsequently,





to the famous Catherine de Medici, Queen of France, she loved them so much that she personally, facilitated the importation of this new white bean. They then quickly started to be cultivated extensively throughout southwest France and led to this dish.

The first cassoulet is claimed by the city of Castelnaudary, which was under siege by the British during the Hundred Years War. The beleaguered townspeople gathered up the ingredients they could find and made a large stew to nourish and bolster their defenders. The meal was so hearty and fortifying that the soldiers handily dispelled the invaders, saving the city from occupation.

As with all tall tales there is probably some truth to it; to others the sanctity of cassoulet is taken so seriously that in France there is a brotherhood – the Grande Confrérie du Cassoulet – that defends the glory and quality of cassoulet in Castelnaudary, in part by conducting surprise taste tests of the cassoulets offered by local chefs. And there is an Académie Universelle du Cassoulet, whose members promote the cassoulet and its significant cultural heritage. Needless to say, the French take this dish very seriously.

INGREDIENTS

- 5 good quality fat sausages with high meat content
- 4 chicken thighs with skin on and bone in
- (400g) canned cannellini beans drained
- 1 tablespoon olive oil
- 250g bacon sliced
- 1 onion, peeled and thinly sliced
- 4 cloves garlic, peeled and finely chopped

- 1 tablespoon fresh thyme leaves, plus a few sprigs
- 2 tablespoons tomato purée
- 400g can of crushed tomato
- 200ml water
- 100g Panko breadcrumbs
- Sea salt and cracked black pepper

METHOD

Heat oven to 150°C

In a large flameproof casserole dish, heat the oil over a medium heat and brown the chicken thigh skin side down for 6 to 7 minutes until nice and crispy, then cook other side for 4 minutes and transfer to a plate

Now cook the sausages, turning them often as they need to be a deep golden brown colour on all sides – this will take 7 to 8 minutes; once done remove them to a plate, then add bacon to the casserole pan; cook, turning the heat up and moving it around until it's crispy at the edges.

Carefully using a slotted spoon, transfer the bacon to join the chicken and sausages.

Turn the heat down to medium, then add onion and garlic and fry until fragrant; add tomato puree and cook while stirring for 2 minutes.

Add crushed tomato, bacon, chicken, sausages and cannellini beans, thyme and water, and gently stir to combine and gently bring to the boil.

Put the lid on and cook in oven for 2 hours. Remove lid and sprinkle on breadcrumbs and then cook for another hour with the lid off.

Serve at the table in the casserole with crusty French bread.



SCENIC RIM LIBRARIES

We are opening for a limited service only due to COVID-19 restrictions to keep our community safe.

- Library browsing and borrowing of physical items is available between 10:00am and 4:00pm Monday to Friday only.
- Our 'Click and Collect' service is still available by appointment only between 9:00am and 10:00am.
- Please note, at this time:
- No photocopying, printing, scanning or public computers
- No cash or payments can be taken
- No seating available, no newspapers

Patrons will need sanitise hands as they enter and provide their library card number or details (as per government directives).

FRIENDS have purchased more seating outside the library for people to access wi-fi while the library is on limited services.



MONDAY -TOTS@10:30 via ZOOM

We begin with action songs & rhymes then read a picture book

story. 0 - 5 years. To join this session please phone 5540 5473 or email the library - library.t@scenicrim.qld.com.au



BEAMAFILM

Beamafilm is an independent movie streaming site created by filmmakers; distributors and video on demand specialists. Beamafilm is unique for its collection of signature Australian docos and indie features from around the world, many which are only available through beamafilm.

** Download the app and sign in with your library card **

KANOPY

Kanopy showcases more than 30,000 of the world's best films, including award-winning



documentaries, rare and hard-to-find titles, film festival favourites, indie and classic films, and world cinema with collections from Umbrella Entertainment, Madman Entertainment, Under the Milky Way, SND Films and thousands of independent filmmakers. Kanopy also showcases a great selection of children's movies.

TAMBORINE MOUNTAIN LIBRARY NEWS by Friends of Tamborine Mountain Library.





LIBRARY E-RESOURCES

Link from our website or download the app, and log in with your library card

Books, ebooks and magazines

- BorrowBox
- rbDigital
- National Geographic Virtual library
- Animalia

Movies (including kids)

- Beamafilm
- Kanopy

Learn new things - kids

- Encyclopedia Britannica
- Literacy Planet

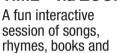
Learn new things - adults

- Transparent Language Online
- Universal Class

Brain teasers

- Clue Detective Puzzle Agency
- Good Reading the magazine for book lovers

BABY RHYME TIME - via ZOOM





movement to foster your child's love of language. Suitable for parents/caregivers with babies to children under three. Fridays 9:30 - 10:15

To join this session please phone 5540 5473 or email the library - library.t@scenicrim.qld.com.au





Our Book Choice

Sweatshop Women

Vol 1 2019 Vol 2 2020

Sweatshop Women is an exciting and contemporary collection of prose and poetry written by women from Indigenous, migrant and refugee backgrounds.

In the first volume of this urgent new series, the diverse women of Western Sydney reclaim their stories of love, faith, home and history.

In the second volume, Australia's most urgent new voices return to reclaim their stories of culture, sovereignty and diaspora.

An initiative of Sweatshop: Western Sydney Literacy Movement

CLASSIFIEDS

A Pet & Homecare - Pets fed/watered at home. Dogs walked. Plants watered. Bins put out. Mail, papers collected. Ph Penny 5545 1178 P

Auto Art Signs - Vehicle Signs, Car, Truck, Boat Wrappings. Shopfronts, Light boxes, Banners, A-Frames, Digital Printing. Business Cards, Flyers. Design. Ph. Chris 0410 058 204 Long Term Mt Resident P

Bookshop & Art Gallery - Under the Greenwood Tree. Open 5 days 10 - 5. Closed Tuesday and Thursday Home deliveries 7 days. Book orders welcomed. 92 Main Western Rd Nth Tamb Ph.0424 586 066 P

Dog Clipping & Grooming Salon Professional for 40 years. Hydro \$20. Rhonda's DoGroom 0406 303 543. 45 Main St, Nth Tamb. P

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GRAPHICS & TUITION

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TUTORING: Learn the fundamentals of Adobe Illustrator and Photoshop. Helping with presentations, portfolios, print setup etc.

COST: \$50 per hr. For more info Call Heather on 0415 549 522 or email heather.dale@patchworkdog.com Examples on www.patchworkdog.com.



Gardening Mowing - Everything outdoors. Contact Peter Jenyns, Simple Life Property Maintenance. Fully Insured. Long time Mountain Resident. Ph. 0423 090 781 P

Gardening, Mowing, Property Maintenance by friendly, reliable longterm mountain resident, No.I Property Maintenance. Call Phil 0476 257 045 P

NDIS Registered for Social Support -Housekeeping, Ironing, Shopping & Pet Care. Ph Helen for details on 0402 I I 6 580 P

Mobile Hairdresser - on Tamborine Mountain with 20+ year's experience. Phone Cathy 0414 701887 P

Music Lessons - Bass, guitar, piano. All ages. Have fun & online lessons available now. Ph Craig or text 0478 075 642 P

Welding, Fabrication - Stainless, carbon and aluminium. Rubbish removal and maintenance/ handyman work. Call or text for a free quote. George. D Lic no. 270664 Ph. 0434 330 699 P



GARAGE SALE SIGNS

Stand out from the crowd with attractive, professional-looking signs for YOUR Garage Sale. (spike/stand included) Signs are free to use, but require a \$10 deposit per sign (refunded when you return them).

Please inquire on 5545 5000.

SCENIC NEWS STILL THE BEST AND THE WIDEST READ...

Scenic News, Australia's oldest continuously produced community newspaper, remains the foremost printed publication to be home delivered every week at Tamborine Mountain, Canungra, Tamborine, Boyland, and Cedar Creek.

In addition, multiple copies of Scenic News are distributed to a wide range of business, tourism, hospitality and accommodation outlets in these locations, as well as in Beaudesert.

Scenic News continues to provide an unsurpassed coverage of local news, featuring business, government, events, education and the arts. Complementing this is a range of popular and informative lifestyle columns from our contributing writers.



Yoga Under the Bodhi Tree - LIVE YOGA CLASSES: Mon 9.30am Moriarty CC, Canungra. Tues and Sat 9.30am Zamia Theatre, Main Rd. Tamborine Mountain. ONLINE YOGA CLASSES: Wed 9.30am. Wed 6pm. Sat 7.00am. For Online Classes text or email me: Margot 0428 137 391 or yogaunderthebodhitree@outlook.com. I will send you an email with a link. Very simple, very low tech. Come and join us! Hatha, Nada and Tantra Yoga. Contact: Margot Y.A (Australia) 0428 137 391. Transform your Life with Yoga.

WANTED

Tamborine Mountain Visitor Information Centre is looking for new volunteers to join the team.



A day a week or a day a month... This is the place to share your love and knowledge of the Mountain, and to meet some wonderful locals &



happy tourists. Even if you can only give a few hours, we would love to meet you and have a chat.

Call Margie at the Visitor Information Centre on 07 5545 3200.



REGULAR MOUNTAIN ACTIVITIES

AOUA AEROBICS Mon Wed Fri 7am. Tues and Thurs 6.00pm-7.00pm at the pool Phone 0417 775 203.

BADMINTON Social players, all levels, Mon 6.30pm to 8.30pm at the Vonda Youngman Community Centre (except Public Holidays).

BOOK READERS GROUP meets once a month, new members welcome. Enquiries at TM library.

BOTANIC GARDENS Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

CHRONIC FATIGUE FIBROMYALGIA Support Group meets monthly Ph 5545 3134.

CREATIVE ARTS SOCIAL BRIDGE Wed at 12.30pm. For info contact John Noble, 5545 4022.

CROQUET @ MEMORIAL SPORTS CENTRE NORTH TAMBORINE, Mon &Thurs 8.30am. Let's play croquet.

FILM CLUB AT THE ZAMIA. Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

FRIENDS OF TAMBORINE NATIONAL PARK: meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

FRIENDS OF TM LIBRARY Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

JOHN DICKSON CONSERVATION PARK: working bees 1st Monday & 3rd Monday of each month. 8am. Ph: Elizabeth Russell 5545 3601.

JUST DRUM DRUMMING CIRCLE: Held each Saturday from 6pm. Experience is not required. Spare drums are available. We welcome everyone to join us. On the lawn at Eagle Thai Restaurant,10 Macdonnell Road Tamborine Mountain. https://tinyurl.com/y97o5vle

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

MEDITATION: Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

MEDITATION: (World Community of Christian Meditation). Ecumenical, Tuesdays 8am, St Georges Anglican Church. cnr Dapsang Dr & Eagle Heights Rd. All welcome. 5545 2919.

MOVIES ON THE MOUNTAIN: Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

RELAXED MIND TAI CHI: Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744

SINGING 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacapellatamborine@gmail.com

TAI CHI Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

TAMBORINE MOUNTAIN COMMUNITY CARE

ASSOCIATION: Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon - Fri 8:30 am - 4:30 pm. Volunteers welcome. Contact - 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

TAMBORINE MOUNTAIN GOSPEL CHOIR rehearses weekly at the Presbyterian Church, 34 Main Street, North Tamborine. Enquiries please contact Julie Eotvos on 0458 005 989. New members welcome.

TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS), a group of enthusiastic gardeners, meets on the last Saturday of each month. Mrs Sue Morris 5545 0102.

TANGO CLASSES Every Wednesday evening at The Zamia Theatre. Beginner class 6.30-7.30pm, followed by tango practice 7.30-8.30pm. Cost is \$15pp including practice plus tea/coffee. Inquiries call Jenny 0466 313 648

TM ARTS COLLECTIVE: Meetings are usually held at 7.00 pm on the first Wednesday of the month at a designated location (call 5545 0043 for details). We always welcome visitors and enquiries from new artists and artisans. We stand for a stronger arts community on the Mountain, and continue to lobby for a local community gallery and arts hub. The Collective benefits from our association with the Brisbane Visual Arts Community (BVAC) and members participate in Brisbane and local arts events.

TM BOWLS CLUB - Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon; barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

TM BRIDGE CLUB meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm and in an Assisted Play session on Friday at 12.45pm for those wishing to learn more in a social environment at the Tamborine Mountain Sports Complex, 400 Long Road.

TM CHAMBER OF COMMERCE: 2nd Wed. of month. Phone 5545 0944 Email: info@tamborinemountainchamber.com.au

TM COMMUNITY KINDERGARTEN ASSOC meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities MONDAY 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st,3rd,5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture &Pottery TUESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) WEDNESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). 12.30pm-4.30pm Bridge THURSDAY 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) FRIDAY 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong SATURDAY 1.00pm-4.00pm Yarners

TM FAMILY HISTORY GROUP Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Robina on 0417 749 156.

TM GARDEN CLUB: Vonda Youngman Community Centre, Main Street, North Tamborine, Feb - Nov. 2nd Tuesday 9.30. Bring a mug for morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome.

TM GOLF CLUB is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

TM HISTORICAL SOCIETY - Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

TM LANDCARE: Volunteering Opportunities: Forest Regeneration Work - 5545 2052 for details, or helping at the Picabeen Bookshop - 5545 1847 during office hours

TMLETS: Join at Community Exchange System http://www. ces.org.za . Enq. 5545 3776.

TM LIONS CLUB Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld. lions.org.au/

TM LITTLE THEATRE: Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President 5545 2236.

TM LOCAL PRODUCÉRS ASSOC. sell local produce every Sunday at the TM Showgrounds from 7am - 12noon Phone 5545 1527.

TM MASONIC LODGE: Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

TM MEN'S SHED: Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday and Thursday from 8.30am to 1.00pm. New members are welcome. To find out more, drop in for morning tea and a chat or call Steve Pinder (President) on 5545 3081

TM NATURAL HISTORY ASSOCIATION: Birdwatchers meet 1st Wednesday of month at 4pm at the Historical Society, 53 Wongawallen Rd, Eagle Heights; the monthly walk is on 2nd Wednesday of month. For further information call 5545 0995. Bushwalkers walk on 2nd & 4th Saturday of month. For further information call 5545 0140 or 0419 314 442. www.naturalhistory.org.au.

TM NETBALL CLUB. Contact Tracey 0438 575 662.

TM ORCHESTRA rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is St George's Anglican Church, Dapsang Drive. New players always welcome. For more information, phone Tricia on 0415 487 581. Check us out on our website www.tamborinemountainorchestra.com; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine www.tambopc.org.au Tamborine Mountain Presbyterian Church Notice Out of care and concern for the health and well being of members of our church family, as well as the community around us, we have suspended our church services until further notice. Pastor Dale see www.tambopc.org.au for details. Enquiries dave.mugridge@tambopc.org.au

TAMBORINE MOUNTAIN COMBINED PROBUS CLUB Fun meeting of this new social club for retirees and semiretirees. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 1st April from 10am. Contact Brian Gilmore M: 0411 260 054 E: briangilmore@ optusnet.com.au OR Rob Neary M: 0477 645 645

E: rob.neary@outlook.com

M: 0490 066 385

TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB) Join like-minded retired nor semi-retired men for fun activities. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine each 3rd Wednesday of the month from 10am. Contact Harvey Ruglen

TM PROGRESS ASSOCIATION: 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

TM RSL Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning 5545 2030.

TM RUGBY: Training Monday and Thursday 3.45pm-5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 - Facebook: Tamborine Mountain Rugby

TM TENNIS CLUB: Social tennis from 6.30pm Wed and 3.00pm Sun. Doubles comp from 6.30pm Mon. Ladies from 8.00am Fri. 88 Beacon Rd North Tamborine. Contact Henry Rich on 0477 775 671 or 5545 3547

TM WRITERS GROUP: Meets every 1st & 3rd Mon of month, 1.30-3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

UNIVERSITY OF THE THIRD AGE (U3A). An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info call Delle on 0413 084 571 or access our website www.u3atamborinemountain.com

ZUMBA GOLD: Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 - TamborineMountainZumba@gmail.com







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Mark Inwood	0407 292 036	Debra Opie	0409 210 362



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