

# **\$50 SALE**

# **HUGE** WINTER SHOE AND BOOT SALE!









before deciding to explore the

Mountain's attractions

on Monday.

SELECTED STYLES **ONLY \$50** 

THE SHOE VAULT M: 0400 477 818 / 35 Christie Street, Canungra







#### Delightful mountain cottage

#### 10 Orchis Drive, Tamborine Mountain

- Contemporary rustic feel to this cottage sets it apart from others
- 2 Living areas, modern kitchen & huge entertainment deck
- Separate studio or home office
- This home simply makes you smile on entry

#### **AGENTS:**

Mark Inwood 0407 292 036 Debra Opie 0409 210 362



\$549,000

# Property of the week

#### You need to see this view for yourself!

713-735 Main Western Road, Tamborine Mountain

- · Sweeping views, beautiful polished timber floors, high ceilings & large windows to capture the magnificence
- Double garage with workspace, underhouse storage
- Sprawling gardens with amply water to care for it

#### **AGENTS:**

SALE

Alison Rip 0419 700 428 Gerard Ellen 0409 454 545



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Mountain 5545 4000/ Tamborine 5543 6444



## OPEN HOMES - Sat 6th

9.45 - 10.30 148 Fenwick Road, Boyland 10 - 10.30 2 Kamet Court 10 - 10.30 14 Cayambe Court 10 - 10.30 45 Bateke Road 10 - 10.30 64 Kinabalu Drive 10 - 10.30 59 Appel St, Canungra 269 Macdonnell Road 11 - 11.30 713-735 Main Western Rd 11 - 11.30 11 - 11.30 45 Sequoia Drive 11 - 11.30 195 Fenwick Road, Boyland 11 - 11.30 u3 / 27-29 Capo Lane 11.15 - 12 154 Karen Crt, Tamborine 12 - 12.30 307 Long Road 12.30 - 1.15 41 Caryota Court 12.30-1.30 5 Tweed Heads Avenue 1 - 1.30 551 Mundoolun Connection Rd 1 - 1.30 15/5-15 Cook Road 1.15 - 1.45 127-129 Guanaba Road 1.45 -2.15 10 Orchis Drive 90 Munstervale Rd, Tamborine



🚐 2 🚄 2 🚍 2 🔀 3 acres

\$827,000

#### 2 Katoomba Cres, Tamborine Mountain

- Elevated large corner block
- Polished hardwood floors
- · Leadlight windows, leafy outlook

#### AGENTS:

Tamara Athique 0405 173 332



5 Tweed Heads Ave, Tamborine Mountain

📇 3 🚄 1 🚘 1 🔀 1,075 m²

- Enjoy all seasons in the enclosed sunroom
- · Private, solid build & Gold Coast views
- · 2 street frontages, internal access from garage & close to Gallery Walk



#### 42 Pacific Parade, Tamborine Mountain

📇 4 💜 2 🚘 2 🔀 933 m²

- · Round of Golf anyone? Just across the road
- Great home with separate entertainment pavillion, back to back kitchen & dining with raked ceiling...You will want to inspect!



53 Bateke Road, Tamborine Mountain

SALE

- Price reduced
- Great time to buy this home with swimming pool, spacious living & an enclosed large conservatory with floor to ceiling windows

**₹** 4 **₹** 2 **₹** 6 **₹** 4,181 m<sup>2</sup>



**AGENTS:** Paul 0419 249 271

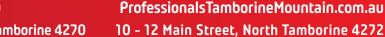








SALE



SALE

Ton 0424 591 012



# 'Smoke and mirrors' of SRRC Code of Conduct

Ever been "taken for a ride"? If you reside in the Scenic Rim you are currently on one.

Recently Division Two Councillor, Jeff McConnell, posted in his Facebook page, Councillor Comments, dated 30 May 2020.

An extract from that comment reads:

"Community Consultation:

Your first course of action for any issues that need Council attention is to call our wonderful Customer Service staff on 5540 5111 or email mail@scenicrim.qld. gov.au. I can then be contacted if you are not happy with the level of service that was provided. Just be aware that I cannot direct Council staff; in fact, I could face a Code of Conduct charge if I do. I forward your request/compliant to the appropriate General Manager and request a response. This can sometimes illicit a review of Council's actions."

Cr McConnell points out that should he direct a council staff member he could face a "code of conduct charge".

The fact that a councillor cannot direct a council staff member is correct and is part of the Local Government Act that is legislated in the Queensland Government. The law has been around a long time

This is where logic now stops and we of the Scenic Rim step off the platform on to the ultimate bureaucratic ride of a lifetime.

It is a requirement of The Local Government Act for a council authority to adopt a "Policy and Guideline for Acceptable Requests". It would appear our "Policy" has been written/constructed by a bureaucrat, not the elected councillors and not with Scenic Rim's "constituency" in mind.

Please take the time to review our "Council Policy and Guideline - Acceptable Requests" and see for yourself www.scenicrim.qld.gov.au/site-search/results/?q=council+policy+and+guide-

**lines+acceptable** - two separate documents - one the policy and the second the guidelines.

It is the poorest of leadership by the fact that this policy has been active for some years.

Its design suggests only the ability to "pull a councillor into line and give an officer the right to close the door on any matter of their choosing".

It is in "respect" not in "restriction" that is owed and afforded to the role of the public member whereby the public expects the member to discharge their duty.

The other and equally important issue that lies within the document is that all "power" is in the hands of two people: The Mayor and CEO.

It is the lack of leadership and the policy set from the top that has created the toxic culture referred to by the former Division One Councillor leading up to the last election.

This type of policy creates waste and inefficiency to the maximum.

How do we get off this "smoke and mirrors" ride? Simple, our elected councillors must call for a meeting to set a new set of guidelines that removes the "bureaucratic barrier" and allows for information flow and transparency of performance by council staff of constituents and rate payers issues.

Councillors must set in place a reporting process that is transparent and tables all issues lodged by the constituency.

The report would set out the following:

- Issue and detail
- Date of issue lodgement
- Action to be taken and costs related are being met within budget
- Outcome
- Details relating to outcome
- Constituents' level of satisfaction
- Date of closure

This would allow the councillor to be fully informed of every constituent issue and he or she would not have any need to unnecessarily chase council staff for information.

It would also lift the curtain on "staff capability and performance".

Lastly, it eliminates the threat of any review of a councillor's actions with regard to constituents' issues and the attendance to those issues.

I wonder how many referrals of a councillor's actions were made in the last term alone, wasting ratepayers' time and money?

The call to action is to contact your elected representative and ask them: "What the hell is going on and when are you going to fix it?".

"You are our elected representative not the unelected bureaucrat; this is the policy we want; when will you be delivering it?"

Let's eliminate the inefficiency and waste. Get in touch with your local representative today.

## Email address for your elected representative:

Division 1 - Councillor Derek Swanborough - derek.s@scenicrim.qld.gov.au

Division 2 - Councillor Jeff McConnell - jeff.m@scenicrim.qld.gov.au

Division 3 - Councillor Virginia West - virginia.w@scenicrim.qld.gov.au

Division 4 - Councillor Michael Enright - Michael.e@scenicrim.qld.gov.au

Division 5 - Councillor Marshall Chalk - marshall.c@scenicrim.qld.gov.au

Division 6 - Councillor Duncan McInnes OAM - Duncan.m@scenicrim.qld.gov.au

**TOM SHARP** 

# News Scenic News



@scanienaws

The paper to read, keep and share ...



#scenicnews

P.O. Box 118 North Tamborine QLD 4272 www.scenicnews.com.au ABN: 63 136 955 016

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info@scenicnews.com.au

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Scenic News is a free weekly newspaper delivered every Thursday to more than 7100 homes and businesses, covering Tamborine Mountain, Canungra, Tamborine, Boyland, Wongawallan and Cedar Creek.

Its first edition was published in 1958 and today it remains Australia's oldest continuously produced community newspaper.

**Scenic News** is committed to recording life, events and issues relevant to our community

and surrounding areas, in a colourful but accurate, objective and balanced manner.

It is printed on high-quality satin gloss paper, ensuring clearer and brighter ads and editorial content.

Our advertising stands out, but is still at the most competitive rates in our distribution area. An added bonus for our advertisers is that the scale and variety of our editorial content make *Scenic News* a 'must read' product, enhancing the value of their ads.

### A POSITIVE OF THE CORONAVIRUS IS UNINTERRUPTED ARTISTIC TIME

Local potter Nicci Parry-Jones, has found the positives in the isolation enforced by the coronavirus – it has given her the luxury of uninterrupted time to produce a body of works for an exhibition that has long been on her agenda.

The resulting exhibition, The Iso Tea-Time of the Soul (with apologies to Douglas Adams) is an exhibition of teapots and tea paraphernalia inspired by Steampunk and will be on exhibition at Under the Greenwood Tree from June 6 to July 2.

"I discovered Steampunk about 10 years ago in fashion and fell in love with the contrasting design elements. The word that best describes this movement is anachronistic: it happily unites mechanical objects, textiles, gauges, clocks, cogs in clothes, furniture, sculpture, and jewellery, so I thought, why not teapots?" says Nicci.

Nicci, who lives on Tamborine Mountain, has been working and experimenting with clay for more than 20 years, while also fulfilling roles as an arts administrator, an artist in residence in Malaysia and a tutor. She has also curated exhibitions for numerous venues.

Nicci has always had a fascination with teapots. The challenge of making a teapot has obvious appeal for a potter – you need to create four separately made pieces: the body, spout, lid and handle and put them together to make the teapot work.

The balancing of functionality and creativity is what makes it fun – there are almost infinite variations to explore. This exhibition puts on display the results of Nicci's skills, explorations, and love of Steampunk.

Coronavirus restrictions prevent an exhibition opening. However, Nicci will be in attendance on Saturday June 6 from 11am to 3pm to talk with people about her work. Normal social distancing rules apply.

The exhibits can also be viewed online on the Facebook site of Under the Greenwood Tree. Don't forget, the independent bookshop is now open 5 days 10 - 4. Closed Tuesdays and Thursdays. Orders are welcome. Call us on 0424 586 066.





Nicci Parry-Jones at work in her studio



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\* See in store for details

# Relationships

## THE SKILL OF LISTENING

We usually associate the term 'skilled communicator' with a public speaker. However, that's only one facet of communication. The often overlooked aspect to effective communication is the skill of listening. Without it, misunderstandings develop and relationships break down.

To be a good listener requires more than getting your ears cleaned out, though this may be helpful for some! Listening is much more than hearing. Listening is a conscious decision to give our attention to what is being said. Through listening we not only open our ears but also our minds and perhaps even our hearts as we foster meaningful relationships with those around us.

Good listeners approach every conversation with curiosity. Curiosity assumes my perspective on this subject is limited and this person has something to contribute that could potentially broaden my vision. Listening is not only a gift we give others, it's a gift we give ourselves as our capacity for understanding is enlarged. Larry King famously said "I

remind myself every morning: Nothing I say this day will teach me anything. So if I'm going to learn, I must do it by listening."

Active listening entails inviting the speaker to tell you more. Minimal encouragers are the subtle actions which encourage the speaker.

These include: verbal cues such as 'yeah', 'really?', 'wow'; maintaining eye contact; an open body posture; gestures such as head nodding. Their presence mainly goes unnoticed but their absence kills conversation. Imagine talking to someone who sat with their arms crossed, looked away and said nothing to indicate they heard what you said. You would very quickly give up.

The barrier to effective listening is distraction. Countless distractions in our digital world vie for our attention, intruding into our conversations. Do you have friends who continually check their mobile phone during conversations? Their actions send a message that what you have to say is as not as important as their screens. These friendships are unlikely

to flourish. Another form of distraction is our internal dialogue.

This may be less obvious than physical distractions but its presence is always revealed in the listener's failure to respond. The internal dialogue might be about something the person has said that triggers a thought you get lost in; or instead of actually listening, you are formulating your reply. Skilled listeners have learnt to turn off the chatter in their mind while they engage in conversation.

Factors also impeding our ability to listen include anxiety and stress which keep us preoccupied with our worried thoughts. Another factor is personality type. If your disposition is to solve people's problems you may need to switch off the advice impulse in order to truly listen.

We can all improve our listening skills and reap the benefits of broadening our horizons, improving our relationships and giving others the valuable gift of being heard.

Linda Gray linda@relationshipsanctuary.com.au

# **Council** Notices

#### **PUBLIC NOTICES**

#### **ORDINARY MEETINGS**

Council has approved the use of The Centre Beaudesert as an alternative meeting location to its Chambers, in line with social distancing measures during COVID-19.

Council anticipates that the Ordinary Meetings, will be held at The Centre until further notice.

Although public access will not be permitted due to COVID-19, recordings of meetings will be made available on Council's website scenicrim.qld.gov.au/our-council/meetings-and-agendas which also lists the Ordinary Meeting dates for the remainder of 2020.

## CUSTOMER SERVICE AND ADMINISTRATION CENTRES

Scenic Rim Regional Council Customer Service and Administration Centres are now open between 8.30am and 4.30pm from Monday to Friday.

In line with the Queensland Government's social distancing guidelines a limited number of customers will be allowed in our Customer Service and Administration Centres at one time.

Beaudesert - max 5 people (8.30am - 4.30pm) Boonah - max 2 people (8.30am - 4.30pm) Tamborine Mountain - max 1 person (9am - 4.30pm)

You can still call 07 5540 5111 or non-urgent enquiries for winter. can be emailed to mail@scenicrim.qld.gov.au or posted to P0 Box 25 Beaudesert Qld 4285.

#### **COUNCIL'S ESSENTIAL SERVICES**

As at 29 May, the following Council services were

- the Customer Contact Call Centre, 24/7 for Council emergencies
- waste collection
- · waste transfer stations and landfill sites
- · road maintenance
- · compliance and parks maintenance
- business and community support
   licensing and parmit applications and
- licensing and permit applications, and
- building/plumbing and development approvals.

#### **COUNCIL'S FACILITIES**

Council's playgrounds, skateparks and barbecue facilities are open subject to the Queensland Government's roadmap to easing Queensland's restrictions, which means no more than 10 people at a gathering at these facilities at any one time.

Council's libraries are open for a 'click and collect' service only. (See under the Libraries heading for more information)

The following Council facilities remain closed:

- · Cultural centres
- · Camping grounds
- Community-leased facilities

Council's public swimming pools will remain closed for winter.

#### **ONE SCENIC RIM**

Visit www.scenicrim.qld.gov.au/onescenicrim to find out how you can show your pride in our region and support for local businesses.



#### ONLINE AT THE CENTRES

#### FREE ARTS DINNER ONLINE TUESDAY 30 JUNE 6.30pm - 8.30pm

#### PLACEMAKING AND FABRICATION

Features panel discussions, live streamed performances and online cooking segment by a local guest chef using fresh local produce.

## ABOVE & BELOW - EXHIBITION ONLINE Therese Flynn-Clarke & Mary Elizabeth Barron

View the online gallery until 15 July.

Council correspondence should be addressed to: Jon Gibbons, Chief Executive Officer, PO Box 25 | 82 Brisbane Street, Beaudesert QLD 4285 | Phone 07 5540 5111

# AT HOME ONLINE WORKSHOPS Patterns of My Days Opling Art Workshops with Thorses Elypp

 ${\tt Online} \ {\tt Art} \ {\tt Workshops} \ {\tt with} \ {\tt Therese} \ {\tt Flynn-Clarke}.$ 

#### **REGIONAL ARTS DEVELOPMENT FUND**

A grant could be available to help fund your next arts project to enrich the cultural life of our region. Information is available online at visit liveatthecentre.com.au

#### **LIBRARIES**

Scenic Rim Libraries are open for a 'click and collect' service ONLY.

- Ring your local branch to place an order or place your order online through the catalogue scenicrim.qld.gov.au/libraries
- · Limit of 10 items able to be picked up at one time.
- Any items previously placed on reserve (if available) can be picked up.
- Pick up hours are 9am to 3pm Monday Friday (Canungra 10am to 3pm) you must call your local branch to arrange a time to collect.

#### Please note, at this time:

- No photocopying, printing, or public computers
- No cash or payments can be taken
- Returns can still be placed in the after-hours chute

Branches: Beaudesert 07 5540 5142 Boonah 07 5463 3064 Canungra 07 5543 5791 Tamborine Mountain 07 5540 5473 Visit scenicrim.uld.gov.au/libraries

#### **COVID-19 INFORMATION**

Council Service

scenicrim.qld.gov.au/covid-19

disasterdashboard.scenicrim.qld.gov.au

Follow us on **Facebook**.

Queensland Health

13HEALTH (13 43 25 84) **covid19.qld.gov.au** 

**1**⊚⊙in

scenicrim ald gov au







### 12 Griffith Street, Tamborine Mountain Perfect in location & presentation

- Two living areas, open plan kitchen, spacious lounge
- · Slow combustion woodfire, ideal for Mountain weather
- Great undercover wrap-around verandah
- Lockup garage under house plus parking for other vehicles
- Pets on application, sorry no dogs

#### \$510 per week

#### **AGENTS:**

0429 001 013 Carli 0429 654 000 Cath 0474 315 000 Katy Monique 0429 004 840





### 31-33 Riemore Circuit, Tamborine Investment or lifestyle....or both!

Congratulations Todd, Vanessa, kids & of course furbaby. It is great when we see a family fall in love with a property and land, and see the process through to the end. The McGregor family are going to love having the space to play, swim and generally have a great time.

Interested in a current market report & value of your property? Call for a complimentary one!

#### **AGENTS:**

Mark Inwood 0407 292 036 Debra Opie 0409 210 362





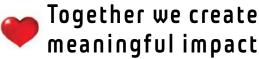


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Will heat up to 200m<sup>2</sup> with long burn times. A 3-speed Fan Control and Oak Finish Handles.



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Radiant & Convection Wood Heater

with up to 160m<sup>2</sup> of heating. Cook top Surface with a 3-speed fan



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The Kalora 600c

offers massive heating capacity

Up to 300m<sup>2</sup> of coverage and a huge firebox cavity for those overnight burns.



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The Kalora Fusion Wood Heater

Heats up to 200m² offering a separate bakers oven with a cooktop with removable hotplates



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Cheminee Chazelles C700L

Hailing all the way from France, it offers up to 250m<sup>2</sup> of heat. With a Heavy Duty Cast Iron Door and a 10-Year warranty.



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**Kalora Sorrento** 

**Gas Fireplace** 

1200mm wide with Logs, Pebbles and Glass Media and Black Trim. Standard Vertical or Horizontal Flue Kit included



MRRP \$ 6199

**NOW \$5249** 

Archer IS700

Perfect for existing Brick Chimneys as an Insert or New Application.

With Flexible Flue Options and an amazing Flame Pattern it will heat up to 120m<sup>2</sup>



# **MY PARENTS ARE BACK!**

My parents have played a big part in my children's lives. From the moment their grandchildren were born they spent at least two days a week with them. As a result, my children have a very special relationship with them, and they just adore being together.

It has been one of the biggest blessings in our life and it is a commitment that Bec and I will be eternally grateful for. Once Sarah and Owen both started school, my parents dropped their day on the Mountain to once a week. A day that is, every week, approached with great excitement and a great sense of relief. Often the last thing the kids say before dropping off to sleep with a contented smile is: "Aaaahhh, it's Grandma and Grandad day tomorrow." Such an amazing blessing for us all.

So, it was with disappointment (and a bit of sulking from me) that the decision was made for my parents to self-isolate for the past six weeks. Sure, we kept in contact via email and Zoom and Skype (not bad for parents who were born during and just after World War Two), but it wasn't the same. We missed each other tremendously.

But not anymore. Last week they resumed their weekly trip up to the Mountain. Such joy and excitement.

It had been a while since we had seen them face to face, and you know how, when that happens, you often think: "Oh man, Mum and Dad are looking old"?

I was expecting that. But I was wrong. In fact, they looked better than ever.

They were vibrant and well. They were obviously happy but were full of life. What a great joy it was to see them looking so alive.

So, what is their secret?

Movement. And staying connected.

Pure and simple. Every day they get up and go for a swim in Currumbin Creek. Even in the middle of winter they get up, pick up my Aunty and drive to the carpark at Currumbin Beach. Then they walk across the sand and swim. My grandparents did it every day (and they both lived to be in their 90s) and now my parents do it.

It is obvious that it works. And there is a great amount of research to support this.

According to recent studies, two of the most successful ways to minimise Alzheimer's disease, increase longevity, decrease mental deterioration, and decrease aged care admissions are to do regular aerobic exercise and to stay connected. At least 30 minutes of exercise a day and regularly catching up with friends and family. Not that hard to achieve.

If you are over 70, I encourage you to start getting out and about. Obviously, we need to still observe our COVID rules, but there is nothing stopping you from getting a small group of people together and exercising regularly.

If you find it hard to get started, give us a call at Physique. We have some amazing options to help you out like our Fit-for-Life classes or the development of specific, individualised exercise programs. We can work it out together.

Hopefully, like my parents, you too will find that the benefits are worth a little hard work.





## JON KRAUSE MP

**State Member for Scenic Rim** 

#### LET'S GET QUEENSLAND WORKING AGAIN

Many businesses are clinging on right now. All Queenslanders stepped up to flatten the curve on COVID-19, and now we must do everything possible to sustain the economy too.

Please support your local businesses wherever possible. Last week I met with several businesses on Tamborine Mountain about trading conditions during Stage One relaxation of COVID-19 restrictions. The greatest concern was the near impossibility of complying with all the rules about taking only 10 patrons (now 20) into a café/restaurant, while actually making any money at all from the trade.

It's a fair point to question why the New South Wales approach (where 50 patrons are now allowed in similar scenarios) and the Queensland approach are different. A "one size fits all" rule has put small cafes/restaurants and massive pubs, clubs and RSLs into the same category. It doesn't work, nor is it fair – I have said so publicly so authorities can adopt changes before it is too late for more enterprises.

I will keep on raising issues that members of the community suggest should change – sometimes they are adopted by the Queensland Government, sometimes not, but one that I did raise and has now been adopted by the Government is the removal of travel restrictions within Queensland. I welcome the Government's move to allow more patrons to dine in at cafes/restaurants – that is a step in the right direction, and it is common sense.



Government should be constantly reviewing the situation to see if more re-opening can occur – not monthly, or weekly, but every couple of days – because one thing is certain: our community, State and Nation need a mighty collective effort from all quarters of the economy as we emerge from COVID-19 restrictions.

#### **COMMUNITY ROAD SAFETY GRANTS OPEN NOW**

The 2020 round of the Community Road Safety Grants opened on Friday 29 May and will close on Friday 31 July. The grants provide an opportunity for not-for-profit organisations including schools, P&C / P&F groups, local governments, and community groups to put their road safety ideas into action. This year the grants offer up to \$20,000 to fund short term, small scale road safety education ideas across local Queensland communities.

More than \$15 million has now been allocated to community groups in the Scenic Rim Electorate through various grants since I was first elected as your representative in 2012.

We have many hardworking volunteers giving their time and energy to complete grant applications in the Scenic Rim and I commend them for the work they do. I encourage not-for-profit groups interested in this grant to apply. Grant applications close Friday 31 July 2020.

To apply for the program visit: www.qld.gov.au/transport/safety/road-safety/community-road-safety-grants For more information or to request a letter of support, contact my office via email scenicrim@parliament.qld.gov.au or phone (07) 5515 1100.

If there is anything I can do to assist you, please call, email, or send me an SMS 0401 634 488.



# SCOTT BUCHHOLZ Federal Member for Wright

Last week, the Prime Minister announced another step in our plan for recovery from the Coronavirus pandemic.

Job Maker is the Government's plan to generate economic prosperity for the next generation of Australians while ensuring we're able to support those that need help: our elderly, those with a disability and the vulnerable.

The economic recovery from the impacts of COVID-19 will be achieved through working together, through reform, through improving our productivity and skills, but importantly, through economic growth.

As we reset for growth, our Job Maker plan will be guided by principles that we have always believed in and ensure Australians can achieve what they aspire to achieve.

That means we will continue to be a nation that looks outward, while looking after our own. We'll continue to be open for business and to trade. Because, as businesses on Tamborine Mountain and across the electorate will tell you – we need to export our products and our services. Otherwise, these businesses would be in a poorer commercial position and that, as a result, means fewer jobs and less opportunity.

In making the most of opportunity — like the many generations before us — we must leverage on the very strengths of Australians. I see it every day in our region. Farmers finding new markets and developing niche products. During this pandemic we saw the emergence of a local farm box to sell local products to those outside the region.

We have seen businesses on Tamborine Mountain transition and develop new products from their existing capacity – making things such as hand sanitiser. That is a small insight into the modern and competitive advanced manufacturing sector we will have here in Australia.

Every single day this happens in our backyard. We're going to see more of this as our nation emerges from the pandemic, against a backdrop of drought and bushfire, to be better and stronger.

As a highly educated and well-skilled nation, our people, our workforce, our businesses, and our communities are much better prepared to thrive. And for those who have a go, to get a go.

While tax reform, deregulation and energy will be key components of the Government's agenda to deliver jobs, economic growth and ensure we rebound, this plan focuses on the Government's eagerness to have skills reform.

I look forward to working with local businesses, education providers and skills trainers, but importantly with workers on how we can deliver a stronger economy for all.

#### Grant is boost for Beaudesert

An \$8.4 million project that will revitalise Beaudesert's town centre and enable planning for an upgrade to Tamborine Mountain's Gallery Walk has the green light following the announcement of \$3.75 million in funding from the Queensland Government's Building our Regions program.

Scenic Rim Mayor Cr Greg Christensen said the heart of Beaudesert would be transformed into 'an engaging celebration of commerce, heritage and culture'.

"Traffic will be better managed with off street town centre car parking and parking for caravans and trailers, and stormwater and flood mitigation works will be undertaken," Cr Christensen said.

An amount of \$150,100 received for the Tamborine Mountain Gallery Walk pedestrian boulevard project would fund its business case to provide options for the Tamborine Mountain precinct to be evaluated.

Council is expected to contribute \$75,100 to help finalise the business case.



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# with the Scenic News

Nora and Matthew Jones established their stylish Canungra boutique, The Shoe Vault, in 2015, and since then it has become a popular destination for locals and tourists alike. Scenic News managed to pin Nora down for a chat last weekend following the first easing of the coronavirus restrictions.

# How long have you had your business in Canungra and were you from the local area originally?

I have been living in the Scenic Rim area my entire life. I was born the youngest of four children to Liam and Dawn O'Connell and grew up on a small farm at Park Ridge; we milked our own cows, raised goats, chickens, pigs and horses. My schooling was at Park Ridge primary; at that time all students were in one building. We also had a fabulous music teacher Mrs Gardner; and then I went to Beaudesert State High for secondary, where I met many of the Beaudesert and Canungra families that are still in the district.

I met the love of my life Matthew Jones at 'Beauy', who grew up in Rathdowney; we married in 1980 and have lived in the area ever since. We have built four homes over the years and have our sights set on building one more, hopefully with a wonderful view of Canungra. Our two daughters Kate and Nicole are now raising their families close by which is wonderful as I get to see my four gorgeous grandsons on a regular basis.

I also met my best friend Cheryl travelling on the Greyhound bus to Beaudesert; I met her my first day of school, saved her a seat each day, and we have remained lifelong friends. It was a bumpy, long, slow journey along the Mount Lindsay Highway back in those days, so we had plenty of time for chats and fun.

#### What attracted you to Canungra?

Matthew and I have always loved Canungra. It is such a glorious location nestled into the foothills of Lamington National Park and yet has a wonderful country town and welcoming community feel to it. We would often go for drives and dream about owning a little slice of heaven there. We loved taking our girls to the swimming hole out along the National Park Road, visiting O'Reilly's vineyards and enjoying the beautiful bush walks and camping grounds along Canungra Creek and the Albert River.



## How did you start your business The Shoe Vault?

In mid-2014 Matthew and I were enjoying a breakfast in Canungra when we spotted an antique store with a For Sale sign on it. Our interest was spiked by its great location and historic value to the town. The building, now about 80 years old, was originally used as a bank. To this day it has the scars on the floor from a robbery where the thieves cut up from underneath into the floor to remove the safe.

We purchased the building and settled on the idea of establishing a shoe store, opening in September of 2015. Although I had no experience in the retail shoe business, with a ton or hard work and a keen sense of my market base The Shoe Vault has gone from strength to strength. The success of the store has been largely built on the support from the Scenic Rim community and the vibrant tourist trade. I have really got to know many wonderful local identities as they come in on a regular basis, not just to check out our new stock lines which comes from all over the world, but also to pop in just for a 'natter'.

# How has the COVID-19 Pandemic affected your business?

Due to the government guidelines all businesses in Canungra township were heavily affected, especially due to the dramatic loss of tourists and day trippers into the town. The Shoe Vault closed for about four weeks from the beginning of April. I used the closure time to have the market area at the back of the store

renovated and then rolled up my sleeves and painted everything in sight.

I was very tentative about reopening; like everybody else I felt unsure about the ongoing impact to the town, my business, and the market shops. However, I have been delighted that my fears have been allayed and business is booming. Strong support from locals and a welcome return of day trippers has seen us bounce back from the edge of despair, although it is sad to see many other businesses still unable to reopen or experiencing very difficult days. I hope that the support we have encountered is extended to the whole business community as restrictions ease.

The Shoe Vault Market Place shops have all reopened and we are thrilled with the return of good trade. We currently have Paul with The Six Oakes coffee shop, The Retro Hub run by David and Chloe with wonderful memorabilia, and Drift In fashion and home décor with the fabulous Julie. Another very optimistic sign is soon we will be welcoming two new stores in the Market Place - an artisan collective and a gift wares store. It will be wonderful to see the vibrancy these stores bring to our Market Place.

#### **Final Word**

Money can't buy happiness but come to Canungra to experience a little slice of heaven and take home something beautiful and wonderful to remember your day - perhaps a new pair of fabulous shoes!



# Councillor's Comment

DEREK SWANBOROUGH

DIVISION 1

(These are my own personal views. I do not

purport to speak on behalf of Council. Decisions of Council are made only by majority vote, legislative authority or under authority delegated by Council.)

#### **COUNCIL RATES**

You may have been a bit confused in my last column when the tables in the rate analyses were published differently to my submitted article. You can find the original correct version on the Scenic News website and on my Facebook Tamborine Mountain REXIT page.

#### **GALLERY WALK PARKING**

I learned via a Mayoral media release last Wednesday that Council had been successful in obtaining part of the Queensland Government Building our Regions (BoR) funding for an \$8.4 million new library and town centre for Beaudesert. Tacked onto this was \$150,100 funding for a business case report for Tamborine Mountain's Gallery Walk upgrade. Council plans to top it up with an additional \$75,000.

I really don't know much about these plans and who is making these decisions and where their advice is coming from. The decision to do a business case to do this was made by the previous Council just prior to the election (I hope it's more than a business case, or it's a waste of funds.)

This is the third one in 20 years and the last one by SMEC in 2010 called for the Cook Road bypass, to make it a real gallery "Walk" without cars. Prior to that Brisbane City Design did a master plan that would have utilised the front parking spaces of all the shops with urban design enhancements.

An amount of seed money exists in the current budget to start implementation and my fear is that it's not enough commitment to even make first base in any implementation, so may not get spent for years to come. If that were the case, then we are starting from scratch again. If the project is not fully delivered in the next four years this report will be destined again for the dustbin and be a complete folly.

#### **NOT THE MOUNTAIN'S TOP PRIORITY**

Personally, I believe that after listening to people over the last two decades, during the election campaign, and considering the Blueprint survey, that whilst a potential upgrade to Gallery Walk and parking is important to a number of groups and has plenty of merit like so many projects, it's not the number one priority for the larger majority of residents. They want signature bike/pedestrian paths along Main Western Road, from Witches Falls to the south end, the Long Road extension for fire safety and tourist traffic mitigation, a sustainable Sports Association for active recreations and junior sports, an indoor aquatic centre to replace a totally inadequate pool, and the list can go on.

#### **CAPITAL WORKS ALLOCATIONS INEQUITABLE**

Tamborine Mountain has a population of 8100 and is the largest centre in the Scenic Rim. It contributes the most rates of any division, but my impression

is that in the last eight years there has not been any consideration for equity in projects allocated for the Mountain. I am hopeful the new Council will change this. The data is there for all to see from the last Council meeting.

This year in a \$73 million capital budget, just \$2.7 million is allocated to Tamborine Mountain. As at 30 March 2020 just 42 per cent of work allocated had been completed - \$900,000 won't be spent as it relates to the Gallery Walk project as discussed earlier, and \$400,000 has been allocated to the TMSA where money won't be spent unless they get grant funding in future years for the clubhouse and master plan implementation. So, taking out all the work that won't be completed this year, my calculation shows that Tamborine Mountain will have \$1.16 million or just 1.58 per cent of the capital works budget spent in 2019/20. That is plainly unacceptable by any measure and why so many support going to Gold Coast.

#### **BIG SPEND MARKETING CAMPAIGN**

Last week Council launched a marketing branding and website around "One Scenic Rim". I have asked the question of Council, how can there ever be "One Scenic Rim" when there is such inequity and financial discrimination against the Mountain? Let us see what next year's budget holds.

My hope is that I will be reporting back to you positive news when the budget is finalised. One thing is for certain I will be keeping you informed on this topic.

Right now, I am talking mostly about Tamborine Mountain, but there are other divisions and localities that are similarly not being treated equitably and I am working to get rates and charges down, reduce waste and get spending prioritised into real on the ground outcomes that improve lifestyle and amenity for residents and their families, across the whole of the Scenic Rim.

# CANUNGRA URGED TO SAVE WATER

As we enter the winter dry season Urban Utilities is reminding Canungra residents to save water.

Medium-level water restrictions are still in place in Canungra and Urban Utilities spokesperson Michelle Cull said it was important to continue to be waterwise.

"Seqwater is monitoring flows in Canungra Creek, which have dropped recently.

"We will continue to work closely with Seqwater so we can keep residents updated about their local water supply if we progress further into drought."

Canungra residents were able to keep their usage below 100 litres per person per day over summer in an impressive response to water restrictions.

Ms Cull encouraged residents to aim to use less than 140 litres per person per day by looking for opportunities to save water around the home and garden.

"While it's important to maintain behaviours like washing hands regularly during the COVID-19 pandemic, there are lots of other ways to save water," she said.

"If you're staying at home and spending more time in the garden, please be mindful of your outdoor water use and remember to adhere to the medium-level restrictions.

"Other ways to save include fixing leaks, taking shorter showers, only doing full loads in the dishwasher and washing machine, and turning the tap off while you brush your teeth.

Canungra residents connected to the town supply can use their water meter to track how much water their household is using.





# Letters to the Editor

Readers are reminded that letters to the editor must show full name of writer for publication.

#### LONG ROAD OFFER HAS NEVER BEEN ACTED ON

I refer to the Letter to the Editor written by our former Councillor Nigel Waistell, regarding the extension of Long Road through to the Showgrounds and published in the 28th May edition of Scenic News.

In early 2010, I met with the then Minister for Main Roads, the Honourable Craig Wallace MP, and I raised the issue of a possible extension of Long Road. I followed that up several weeks later in a letter to the Minister on 14 May 2010, who responded to me in a letter dated 5 July 2010.

He offered to contribute half the cost of the construction of a gravel road for use in any major emergency on the land acquired by Council, where and when road traffic was blocked on Main Western Road, due to an emergency, such as a major fire or severe storm damage between Lahey Road and the showgrounds roundabout.

I gave a copy of the letter that I had received from Mr Wallace to the then Mayor, Councillor John Brent, but unfortunately Council did not take up his offer. In 2016, I emailed a copy of the letter to the newly elected Mayor, Councillor Greg Christensen, and again Council did not take up the offer, so on 20 November 2018, I wrote to the then Minister for Transport and Main Roads, the Honourable Mark Bailey MP, and enclosed a copy of Craig Wallace's letter to me of 5 July 2010.

His Chief of Staff, Mr. Tam Van Alphen, responded to me on 20 February 2019, indicating that the Department would consider the proposal within certain parameters to be put forward by the Scenic Rim Regional Council, as part of its contingency planning.

Whether or not we ever see an extension of Long Road through to the showgrounds, will entirely depend upon whether our Council is prepared to seriously consider the Department's offer.

John Penglis

# LONG ROAD EXTENSION EFFORTS APPLAUDED

Nigel Waistell is to be heartily applauded for his efforts towards implementing the Long Road extension. The present situation is an example of the Council's long neglect of the Tamborine Mountain community.

It is incredible that it is now 25 years since the need became obvious and I started the ball rolling during my term in Council. I left \$300,000 in reserve towards the project and that was a substantial sum in those days. I understand those funds went towards the construction of the roundabout at the showgrounds but at least it was a start

Some of the delay was excusable since originally there was not even a road reserve, but that land has since been acquired as conditions of land subdivision in the area. One not so obvious stumbling block was concern that the existing Long Road might require upgrading due to the increased traffic it would carry. Let it happen.

Changing the subject altogether, it seems there is a fallacy in the arguments raised to justify a shift to the Gold Coast. Comparing blocks of equal valuation can be misleading. What should be compared are the rates on blocks offering equivalent quality of life. Valuations don't necessarily reflect the latter.

**Phil Giffard** 

# TIME FOR START ON GALLERY WALK UPLIFT

Gallery Walk requires an uplift. This has been known for ages. So far there have been two studies in what could be done. Now is the time to get started.

What is the Council doing? They are going to do a third business case at a cost of \$75,100 to the ratepayer and \$150100 to the taxpayer through a State Government grant.

I would like to know what are the expectations of this business case which have not been answered in the previous two?

I am sure that Cr Swanborough will be demanding to know the same.

**Nigel Waistell** 

# SCARECROW FESTIVAL SEPTEMBER UPDATE

I would like to advise residents of the Scenic Rim on where we sit with the Tamborine Mountain Scarecrow Festival this year.

Is the festival still on? The answer is yes but in what format is still undecided. The Scarecrow Trail is definitely on and the dates are 11 to 20 September. Advertisements in papers, website and Facebook will

be appearing in early June, providing all the detail.

We hope to have a special guest on the Mountain who may open the festival and then provide an activity for families on Saturday 12 September. The lantern parade and other activities are subject to the lifting of COVID-19 restrictions. We have set a date of 1 August for a decision.

The talk of Scarecrow Town is who will be the winner this year? We can put smiles back on faces by putting scarecrows out on the trail and entering the competitions. We are sure that the Scarecrow Senior Poetry competition will be on and children can take part in their colouring-in and poetry competitions.

Entry is free and entry forms will be available at various locations around the Mountain and on our website for those off the Mountain who are coming to engage.

So, the message is: put huge coloured circles around 11 to 20 September on your calendars, get your planning hats on for making a scarecrow display or visiting the Mountain. If visiting, consider an overnight stay, enjoy our fabulous sunsets and visit some of our attractions.

The committee is keen to have a festival in whatever format is possible because it brings the community together and that is what we will need by September.

So, please plan on producing a scarecrow or visiting and staying on the Mountain and, if we can get the lantern parade and other activities up and running, we will do so.

Nigel Waistell Scarecrow Co-ordinator, Tamborine Mountain Chamber of Commerce



# **EAGLE HEIGHTS PHARMACY JOINS PHARMACIST ADVICE**

Eagle Heights Pharmacy has joined the Pharmacist Advice group of pharmacies following changes that it has been planning and implementing during the past few months.

"We are very excited to have joined the Pharmacist Advice group," said owners Jay and Adrienne Harvey.

"It is a specialist niche group of pharmacies which offers a focus on counselling customers on professional service and specific medication needs.

"We are looking forward to having their support to be able to help provide our community with the best in pharmacy healthcare.

"While our branding will have changed and our ability to better serve our customers will be enhanced, you will still see the same friendly faces in store."

With more than 90 stores nationally, the Pharmacist Advice group is expanding as the Australian population ages, and demand for medication counselling increases.

Eagle Heights Pharmacy's health rewards club will become Restore Rewards Club and for members to take full advantage of the benefits that come along with being in the club, including competitions and selected in store discounts, it is encouraging customers to sign up with their email address. They will automatically be rewarded with 100 bonus points when they do.

Despite the recently announced easing of some coronavirus restrictions, EFTPOS (card for payment) is still the preferred payment method in store, not cash.

With respect to possible coronavirus symptoms, please phone from home or from within your car so you can be helped safely.

Also, the pharmacy now has plenty of flu vaccines in stock and appointments can be made to have vaccinations in store.



Australians are being urged to get their flu vaccinations as soon as possible to reduce the risk of a dangerous double up of seasonal influenza and COVID-19. While the vaccine won't protect you against COVID-19, it will reduce your risk of influenza which kills hundreds of people every year and leads to thousands more hospitalisations.







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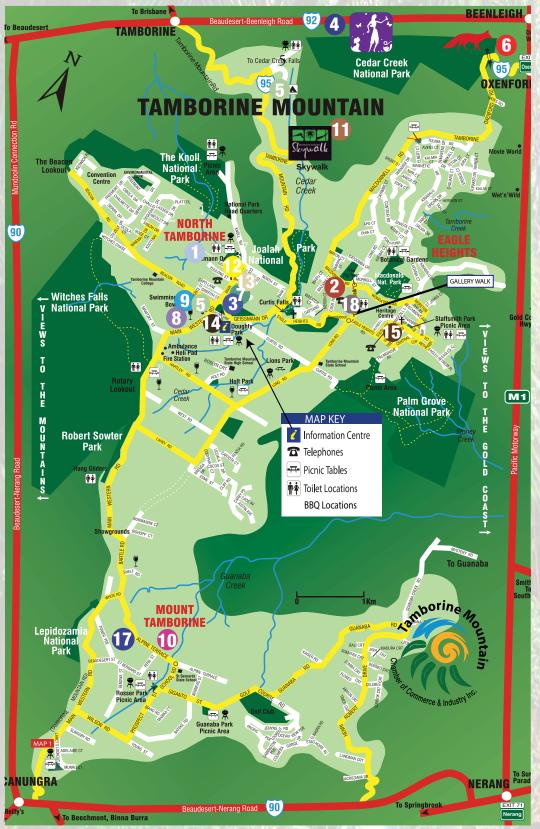
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# TRAVELLING PLACES

By Gina Storey

## TWO THINGS TO CELEBRATE

Twenty seven years ago on May 31 I opened Travelling Places - I had a small office in Eagle Heights with a licence to trade, a desk and a telephone.

When I opened the doors that day my very first customer booked an around the world trip and I thought how wonderful that this venture was going to work.

I had arrived from England two years earlier and although I had worked in the travel industry for many years I had never worked in a retail travel agency, so before opening on Tamborine Mountain I gained experience working at Traveland Australia Fair. It seems so long ago.

A year after opening I moved the office to Main Street, and we are still here today. With the support of the local community we have had a happy team of local staff and we have forged a lovely connection with our clients. It never ceases to amaze me how new people wander into the office all the time, having just moved here from near and far; in fact, we had two new bookings last week from new clients.

I thank you all for your support over the years and look forward to many more bookings to come.

The second celebration is that from Monday this week we can travel intrastate and stay away! How exciting to spread our wings again and it won't be long before state borders open. If you are planning a trip up north or out west, I would urge you to contact us to make the arrangements.

Most people are waiting for confirmation of a date for opening before they book so once the announcement is made that the borders are open there will be an influx of bookings from southerners heading north to catch the warm Queensland sunshine.



There are some great specials being released for holidays

in the Whitsundays, the wine district and the Darling Downs, the glittering Barrier Reef Islands, inland to Longreach and Winton or further north to the wilderness of the Cape. Journey to remote areas or venture north of the tropics and enjoy the winter warmth.

It is time to explore our own back yard and to support the locals running hotels, tour companies, sightseeing venues, restaurants and coffee shops. You will be welcomed with open arms as you venture throughout the state.

At Travelling Places during the lockdown, we have been researching new and interesting, as well as tried and tested, travel destinations throughout Australia. Do contact us as we would be delighted to arrange your next adventure.





#### BEREAVEMENT SUPPORT

The death of a beloved spouse or partner can be one of life's hardest journeys.

Maybe you've had this experience or know someone who is going through the grief of this loss and who you feel may benefit from some support.

Grieving the loss of someone we love is one of the most profound experiences of life. Our whole being - body, mind and spirit - responds to the stress of loss. Moving through the complex emotions and reactions that surface during this painful but normal human process takes time. The duration and intensity of grief depend on several factors that may be subject to change and that cannot be predicted or controlled.

Although no one can make grief disappear, tapping into support systems, identifying internal resources, recognising common responses to bereavement and intentionally tending to physical, emotional and spiritual needs can make living with the loss a bit less painful.

Tamborine Mountain Community Care Association was running groups for bereavement support with facilitator Didi Simons.

At this stage as groups are still not running, if you need individual support or for more information kindly contact TMCCA - 5545 4968 or Didi Simons - 0429 802 905.

Didi is studying chaplaincy this year and welcomes calls from anyone who needs a confidential, listening ear, free of charge if you'd like someone to talk to. We can talk on the phone, meet at your place or at TMCCA. No counselling, or religious advice given.

**TMCCA** 

### one small place on earth



#### **Australian Native Budworm**

Australian Native Budworm - Helicoverpa punctigera, garage, Eagle Heights.



Please note that I regret the mismatch between image and text in my previous article. This rather nondescript moth has the distinction of being the most widely distributed species of the hundreds in my Moths album. It is found in the Red Centre, the outback, the ranges, the coastal areas and throughout Tasmania. It has also invaded New Zealand. The moth's ubiquity reflects the hundred plus plants which the caterpillar eats. It is considered a pest for a variety of crops, including cotton, peas, tomatoes and maize. Lifespan of the moth was measured at 11 to 18 days in the laboratory. Wingspan is 4cm.

Treat yourself this winter to my book, 'One Small Place on Earth' with more than 300 images of Tamborine Mountain's flora and fauna, \$39.95 hard cover. Stocked by Under the Greenwood Tree, Piccabeen Bookshop, TM Skywalk, Tamborine Dreaming, the North Tamborine and Eagle Heights Post Offices and Canungra Books and Art.

**Peter Kuttner** 

# FALLING IN LOVE ON A WARM SUMMER'S DAY

By Alex Griffiths

Four years ago, I fell in love... with Australian native bees. It all started one warm summer's day as I was planting flowers with my gardening friends and my two beautiful boys who were being home-schooled at the time.

The birds were singing; yet the bees were ... not buzzing! So, we introduced a colony of native stingless bees (Tetragonula carbonaria) and I instantly fell in love: hook, line, and sinker. Naturally, I wanted to teach my children about them. However, there were no resources available, so I began creating my own. And there began my journey into the wonderful and magical world of Australian native bees.

When most people think of bees, they think of the honey bee (the European bee). But the honey bee is an imported species. The early settlers introduced the honey bee to Australia in about 1822 to ensure a good supply of honey.

to fall headlong into the wonderful world of native bees.

It's estimated that 75 per cent of our food crops benefit from insect pollination and crops that are reliant on bee pollination represent about 35 per cent of total food production. Given that Australia has a population of 25 million, and growing, food security is an important consideration.

The European bee has many vulnerabilities, such as the Varroa destructor, a parasitic mite that attacks honey bees and can decimate colonies. Australia is the only significant honeyproducing continent on Earth to not have the Varroa destructor, but some authorities believe it's only a matter of time. However, the honey bee is not the only efficient pollinator. Our native bees are very efficient at pollinating. Who's going to pollinate almonds and blueberries? Native bees, that's who.

> Of our more than 1600 species of native bee, only 12 species are stingless, social, honey-making bees. These are little black bees, also called bush bees, sweat bees, or sugarbag bees. They are approximately 4mm in size, and they live in a colony with one queen, up to 10 000 female worker bees, and 100 or so male bees (drones). The fact that they are stingless and non-allergenic makes them wonderful additions to schools, family backyards and community gardens. They make about one to 1.5kg of tangy honey each

Oddly, on a technicality, it cannot be commercially called "honey". The Food Standards Australia New Zealand definition of "honey" specifies that it must not contain more than 21 per cent moisture. However, native bee "honey" has approximately 26 per cent moisture, which is why it's more runny.

Whatever it is called, it's delicious: a little sweet, and a little tangy, like a lemon sweet and sour. It is very good over ice cream, or simply eaten by the spoonful. I mix it with turmeric for a double dose of goodness as its medicinal qualities are allegedly more potent than Manuka honey.

How lucky we are to live in this sub-tropical area given that stingless bees are found only in the warmest areas of Australia (Sydney and northwards, throughout Queensland, and northern areas of Northern Territory and Western Australia). The bees won't forage unless temperatures have reached at least 18deg C, meaning winter can reduce their foraging hours on top of the seasonal reduction in floral resources.





Little did they realise Australia had a very diverse range of native bees, some of which make honey. At last count we had more than 1660 species of native Australian bee and estimates suggest we may have between 2000 to 2500 species. I created Little Bee's Secret Garden, a native bee demonstration garden, to offer education on native bees and creating bee-friendly gardens. Prior to COVID -19, Little Bee's Secret Garden was generating guite a buzz in children's and adult's workshops on native bees, bee-friendly gardens, and DIY bee

Little Bee's Secret Garden is child-friendly the space is designed to be sensory, where children (and the young at heart) can look, smell, touch, and hear the beautiful sounds of a garden. They can crush herbs in their fingers, pick flowers if they want to. Children are natural born scientists and they are so engaged within the walls of Little Bee's Secret Garden, and this brings me great joy. To provide a space where imagination runs free, and where it seems magic can happen, fills my heart to know that I set that stage for them



Although our stingless bees are probably the most well-known, Australia has an even greater diversity of solitary bees. This means that they spend the bulk of their life cycle alone. Their size, appearance, habitat, and behaviours are very diverse. Some nest in the ground or in soft masonry between old bricks, some in pre-formed cavities, others like to chew their own holes into soft wood. Some bees nest in aggregations like a mother's group. Many do not live long enough to see their offspring emerge. Our solitary bees are so diverse it would take more than a page to even scratch the surface in describing them. Perhaps we'll save that for another edition of Scenic News.

Currumbin Bird Sanctuary.

Both the Gold Coast and Scenic Rim Councils occasionally offer free workshops with the experts on native bees. I have attended more than one – and the presenters are engaging and knowledgeable, my head was full to the brim and overflowing with all their fascinating information. Both Tim Heard's book "The Australian Native Bee Book" and Terry Houston's "A Guide to Native Bees of Australia" are fascinating and highly valuable resources. My copies of each are dog-eared and have loose binding from the hours I've pored over them.

To help the native bees in your area to thrive, there are a few things we all can do. Bees need to eat too, and bee food comes in the form of flowers (pollen is their source of protein and fats, and nectar is their source of carbohydrate) so plant to provide floral resources all year round. Bees also need shelter. This means reducing land clearing. And they also need us to stop using poisons that kill them. I love talking to others about how they can help the native bees in their area, so feel free to visit Little Bee's Secret Garden at 8 Kidston Street, Canungra for a chat, or visit www. littlebeessecretgarden.com for more ideas.

## A GOOD OLD WORD

'Providence' is one of those old-fashioned words that has fallen into disuse. At least one reason is because the God of providence has been eclipsed from our conceptual horizon.

That simply means we don't think much about God in our everyday lives in a way that has any impact on the way we live. But let's look at that word for a moment, up close.

'Providence' is made up of a couple of words, 'pro' (before, in front of) and 'video' (to see, to look at). These combine to indicate God's ability to foresee, to have foreknowledge, of events which from our perspective are yet to take place. This understanding of God's 'providence' has brought great security and comfort to countless people down through history as they have faced innumerable hardships and difficulties in life. However, for God to just see things coming from the future into our present is not all that helpful. The providence of God has been understood for millennia to refer to God's power and ability to provide ('pro-video' again) for his people.

If you are a Christian you have experienced, seen firsthand, how God has provided for you. If you are not a Christian you have still experienced God's provision but maybe not recognised it for what it really is. In the last decade the word 'serendipity' has made its way into common conversation in some circles. It has to do with a pleasant set of circumstances that seem to come together by chance. But from a biblical perspective it is not chance, but God who orders and rules the world and the universe. He provides for the people on the earth even though we, to a great degree, do not recognise this provision. His provision is for all his creatures.

Jesus said that the rain falls on the just and the unjust. The Apostle Paul recognised this when he spoke to some first century pre-Christian idol worshippers (God) 'has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy.' (Acts 14:17)

It is a very simple thing really to see that there are greater powers at work than governments, technology, earth dynamics, and astrophysics. Behind all of these unimaginable mega-powers is one who holds it all together, directs it to a purposeful end, and expresses his kindness to his creatures along the way.

Perhaps you could use that old fashioned word again. Use it when you talk to God and give him thanks for his providence in the world and in your life. God is 'pro-video'. He sees your need before you do and provides for you as an expression of his kindness.

# Kim Dale Pastor

Advertisement

Kim Dale, Minister TM Presbyterian Church. kdale7@bigpond.com

#### YOUR GRANNY DIDN'T LIE!

Remember when your granny said she could predict a change in the weather by the aching in her joints? You should have paid more attention because it turns out she may have been right.

Robert Jamison, Professor at the Harvard Medical School, and his team found that two major factors led to arthritis sufferers having increased pain with changes in weather.

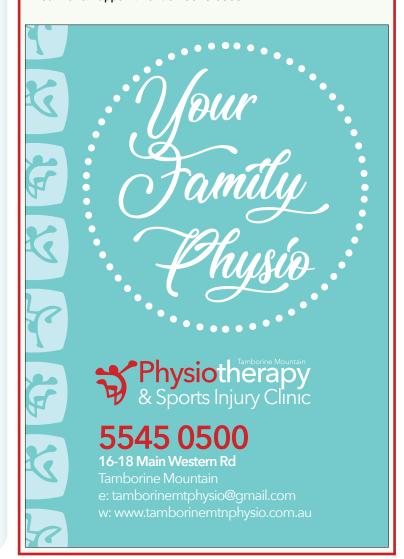
The first was that changes in weather could simultaneously bring changes in barometric pressure. When the pressure drops it can allow body tissues to expand and put more pressure on the nerves that control pain signals.

The second critical factor was that people became less active over the winter months and did not stick to their usual exercise regimes. This caused their joints to become stiffer with a corresponding increase in pain.

So, what can you do to reduce the risk of a flare up in your arthritis symptoms during winter?

Dressing warmly is the first easy step. Pay particular attention to your extremities and your head where most of your heat is lost. Next, and most importantly, keep exercising. Regular, moderate exercise can reduce joint pain and stiffness, build strong muscles to support the joints and increase flexibility and endurance.

Whilst we'll leave it to your granny to knit you a beanie, your family physios at Tamborine Mt Physiotherapy can assess your condition and tailor treatment and exercise programs specific to your needs. Don't let the pain of arthritis ruin your winter. Call for an appointment on 5545 0500



# WINE CHAT

# with Witches Falls Winery SAUVIGNON STIGMA

Despite being one of the world's most popular whites, there's a fairly heavy stigma surrounding sauvignon blanc. James Agnew, former chair of New South Wales Wine Strategy, once called it "the McDonalds of wine".



One-dimensional, overly acidic, angular, and too heavy on the passionfruit are just a few of the more common sauvignon-related complaints. In spite of this, Oyster Bay Sauvignon Blanc from Marlborough, New Zealand is Australia's number one best-selling white wine. So how can this be the case?

An indigenous grape from the Bordeaux region of France, the name Sauvignon Blanc translates to 'wild white'. Now planted in most of the major wine-producing regions in the world, flavour profiles can vary significantly depending on climate and terroir. Cool climate sauvs tend to produce a higher acidity, alongside 'greener' flavours of grass, herbs, capsicum, and nettles. Warmer climates often lead to more tropical flavours, such as passionfruit or kiwi.

Bright, punchy New Zealand sauvignon blancs came into Australia just as the world's love affair with chardonnay was crashing and burning. Australian chardonnay had become too big and too oily; a result of malolactic fermentation that affords the varietal that buttery quality. Oversaturation of this style, possibly exacerbated by Kath and Kim's 'cardonnay', led people towards a crisper, fruiter style that they found in sauvignon blanc.

Much like chardonnay, punchy, passionfruit-heavy sauvs may well become a victim of their own success. As is the case with most varieties, evolution is key, and present-day sauvignon blanc has evolved from its kiwi and passionfruit predecessor to a cleaner, fresher model. Stainless-steel fermented, our Provenance Sauvignon Blanc has achieved the perfect middle-ground. Delicate elderflower and citrus aromas are delightfully balanced by a soft palate of tangerine and marzipan. Our little splash of sunshine as the days get colder, this sauv could convert even the most stubborn of chardonnay drinkers. Easy-drinking and very approachable, the Provenance Sauvignon Blanc pairs exceptionally well with fresh seafood and light, tangy salad dishes.

You may notice that our sauvignon blanc is not from the Granite Belt this year. 'Provenance', as we have chosen to rename the range, implies a place of origin, or as we see it, the beginning of a new existence. Each hand-crafted, single-varietal bottle, appreciates and expresses the premium vineyards from which it was sourced - 2019 was a challenging year for the Australian wine industry. Drought had a significant impact upon harvest volumes, with the Granite Belt region suffering a reduction that saw less than five percent of expected yields make it to harvest. So that we might adequately account for such a significant deficit, we have had to seek additional sources of fruit in other premium wine regions. For the Provenance Sauvignon Blanc, we sourced fruit from South Australia.

So, forget every preconception of sauv you might have had. Whether you're a novice to the wonderful world of wine, or a seasoned and knowledgeable veteran, we urge you to give the Provenance Sauvignon Blanc a go. If you were a fan of its predecessor, Granite Belt Sauvignon Blanc, we can promise everything and more in its new baby sibling.

Cheers and stay safe, Imogen Mulcahy and the Witches Falls' Crew





# TAMBORINE MOUNTAIN MEDICAL PRACTICE

14 Main Western Road North Tamborine and Shop 1/17 Southport Avenue Eagle Heights

Phone: 07 5545 1222

www.tamborinemountainmedical.com.au online booking service available on this website

50 years of continuous service to the Tamborine Mountain community

Affiliated with three universities

#### COMPREHENSIVE HEALTH CARE SERVICE

#### **Opening Hours:**

Mon – Thurs 8.30 am – 6:15 pm Fri 8.30 am – 5 pm Sat 8.30 am – 12 noon Sun 8.30 am – 10.30 am

Dr Ann Bennett
Dr Leeann Carr-Brown
Dr Jan Zomerdijk
Dr Sanne Kreijkamp-Kaspers
Dr Henri Coombs
Dr Joe Gambin
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Dr Marije Dalebout
Dr Jardin Taha
Dr Ankur Bhatnagar
Dr Michael Hoy



Accredited by





## FORGIVENESS: THERE IS NOTHING LEFT TO DEFEND

We've lost track of how many weeks, eight or nine perhaps, that we have been doing online yoga. And although I've only seen one of my students in the flesh since the start of

COVID-19, it seems like nothing is different.

I see my students in class six times week: we laugh, we catch up, we do yoga and then we get on with our lives. Super-efficient, a beautifully sustainable option (no crazy mileage clocked up) and we have to thank modern technology.

Our new normal would have been unheard of five years ago. Let's hope this use of technology: linking businesses, groups, minds and creatives over space and time will be the new normal. No two hour daily commutes for the corporate worker, no mandatory professional conferences across the world (do it in your lounge, save jet fuel and hotel costs) and no huge high rises filled with workers (work from home, at least some of the time). It's a wonderful vision of the future, and perhaps one of the few good things to come out of COVID-19.

And this sense of freedom has flavoured our yoga this week. We've been working on the act of forgiveness. In yoga we see forgiveness as a journey, not a simple one- off action. It takes a lot of courage to step onto the path of forgiveness and is something that should be tackled in increments. I'm not talking about heinous crimes that require legal recourse and justice; I'm talking about all those burdens we as individuals carry around with us from childhood. People and memories that we allow to define us and sadden us.

The biggest obstacle most people face when trying to forgive is the idea that we, the forgiver, will be left short changed with lingering trauma and hurt. And that the person or situation we are forgiving just walks off into the sunset, with no recourse. This couldn't be further from the truth. Yes it's true, the perpetrator of the act seems to have got away with the crime and often they do. But what would happen if you saw the act of forgiveness as YOUR ticket to freedom?

Can you imagine a life where you were able to release all those memories, those acts that have left you hurt and broken and in the end, there is nothing left to defend? Whatever happened in the past no longer defines you. Yes, it helped shape you to a degree, but now has no hold over you. What's left? Space, light and choice.

You've moved on and are free to think and do whatever you want. You are driven by your core values and morality and you don't have to defend or explain anything. An unburdened YOU and a future of limitless choices.

#### Margot Wagner Yoga Under the Bodhi Tree

(Find and like articles similar to this on my Facebook Page: Yoga Under the Bodhi Tree)



with Nadia O'Carroll

## **SHUTTING DOWN**

Over the last few months in our society we have seen shutdowns and isolation implemented as strategies to avoid adverse situations. Many other species also have strategies, such as dormancy, to cope with adverse conditions.

In a state of dormancy growth, development, and physical activity are suspended as the metabolic rate decreases, body temperature drops and breathing slows.



Dormancy may occur on a regular basis such as every winter, or it may occur irregularly, as a response to conditions such as drought, lack of food and water. It can be short term or last for few days, a season or even many years.

The triggers for dormancy include external factors such as weather, lower atmospheric pressure and temperatures, humidity, water temperature, photoperiod (length of day), reduced food supplies or drought.

Internal factors also play a part in dormancy. Living organisms have body clocks - regular biochemical, physiological and



Hummingbird in torpor

behavioural processes that produce a pattern of Circadian (daily) biological rhythms and Circannual (annual) biological rhythms and these stimulate the start and end of dormancy.

Cryptobiosis is a more extreme state than dormancy in which all metabolic processes stop, creating a state of

suspended animation permitting an organism to live almost indefinitely until conditions improve.

There are a number of dormant states:

Hibernation - the endocrine system releases hormones to depress the metabolism. Body fat is utilised for energy and water is recycled from body fat in order to stay hydrated without drinking.

Estivation is a response to escape extreme hot, dry weather conditions. e.g. the Australian water holding frog, which burrows underground in the desert, where it can remain for up to 5 years.

Brumation applies to reptiles and amphibians. In warm climates they simply slow down and become lethargic when the temperatures fall, but in cold climates brumation is like true hibernation e.g. tortoises in Russia dig deep burrows and hibernate for months.

Torpor is short term dormancy to conserve energy e.g. hummingbirds have a high metabolic rate and a heart rate of 1200 beats per minute but when it is in torpor energy needs can drop by 95 per cent.



Any cook who has ever worked in a restaurant that makes its own soups and sauces knows the base of any good soup or sauce is the stock. In traditional kitchens in France the saucier was a god. Often the reputation of the restaurant depended on its ability to masterfully draw out flavours into water. Sounds simple, but to do it well is incredibly complex.

The smell of a slowly simmering pot of stock is greeting you when you first walk into the kitchen is marvellous.

Our love affair with this nutritious broth goes back to when our hunter-gatherer ancestors started making bone broth out of necessity. Throwing away parts of an animal was unthinkable. Successful hunts were so rare that every part of the animal – not just the muscle meat most people buy at the butcher today – was very precious.

From the hooves and bones to the guts and skin, hunter-gatherers mastered the art of making every part of the animal count. They ate everything they could.

It's not known when we first started making broth but there is evidence to suggest that Neanderthals were using hides filled with water as a pot, then adding hot stones to heat the liquid to break down food to consume as long as 200,000 years ago.

Either way we all can agree, humans have been using various vessels over the centuries to make broths and soups. The romantic childhood vision of witches making a brew in the cauldron





or the peasant of the Middle Ages making a meal over a fire with a pot over the fire is something we all can conjure up.

We must have been making these broths for so long for a reason, maybe because they have been shown to have amazing health benefits.

Bone broths are said to have anti-ageing properties because of the collagen, the building blocks of strong skin which also assists bone density from vital minerals including calcium, phosphorus and magnesium. Bone broth also supports your gut health as it is one of the best foods to consume for those suffering digestive issues, as it is rich in gelatin. Gelatin is essential for connective tissue function – it literally acts to heal and seal the gut, making this broth essential for those suffering chronic inflammation or leaky gut syndrome.

Did you know the word restaurant comes from the French word to restore? The first western restaurant served wealthy guests who no longer could chew their food; instead they were given this hearty broth made from roasted bones and vegetables.

Bone broth is also an anti-inflammatory as the long cooking time breaks down cartilage and tendons, releasing anti-inflammatory compounds, chondroitin sulphates and glucosamine, that are found in expensive supplements for arthritis and joint pain. These compounds keep your joints young and flexible.

With all these amazing benefits I thought I'd share with you my recipe for the perfect chicken broth which can

be used as a base for a soup or can be slurped just as it is, what we would call in a fancy restaurant a consommé.

#### **Chicken Broth**

- 1.5 kg chicken drumsticks
- 3 sticks of celery 2cm diced
- 1 large carrot 2cm diced
- 1 large brown onion sliced thinly
- 1 leek 1cm sliced
- 1 head of garlic cut in half length ways
- · 2 bay leaves
- · half bunch of thyme
- half bunch parsley stalks (leaves removed)
- 2.5 litres of cold water
- 1 tbs salt
- 1 tsp cracked pepper

#### Method:

Lightly coat chicken drumsticks in a bit of canola oil and roast in the oven at 220C for 45 minutes until deep golden.

In a pot large enough to hold all the ingredients fry the onion, garlic, carrot and celery on a medium heat until they are caramelised nicely, about 10 minutes. This is important as it releases the sugars and helps colour the broth.

Add thyme, parsley, salt, pepper, drumsticks and water.

Cook on a gentle rolling boil for 2 hrs. Skim any foam.

Strain into a large bowl.

You can remove the flesh from the drumsticks to either add to the soup or use for a sandwich.

#### **Dylan Gittoes**

## **CLASSIFIEDS**

A Pet & Homecare - Pets fed/watered at home. Dogs walked. Plants watered. Bins put out. Mail, papers collected. Ph Penny 5545 1178 P

Auto Art Signs - Vehicle Signs, Car, Truck, Boat Wrappings. Shopfronts, Light boxes, Banners. A-Frames. Digital Printing. Business Cards, Flyers. Design. Ph. Chris 0410 058 204 Long Term Mt Resident P

Bookshop & Art Gallery - Under the Greenwood Tree. Open 5 days 10 - 5. Closed Tuesday and Thursday Home deliveries 7 days. Book orders welcomed. 92 Main Western Rd Nth Tamb Ph.0424 586 066 P

Dog Clipping & Grooming Salon Professional for 40 years. Hydro \$20. Rhonda's DoGroom 0406 303 543. 45 Main St, Nth Tamb. P

**Gardening Mowing - Everything** outdoors. Contact Peter Jenyns, Simple Life Property Maintenance. Fully Insured. Long time Mountain Resident. Ph. 0423 090 781 P

Gardening, Mowing, Property Maintenance by friendly, reliable longterm mountain resident. No.I Property Maintenance. Call Phil 0476 257 045 P

**NDIS Registered for Social Support -**Housekeeping, Ironing, Shopping & Pet Care. Ph Helen for details on 0402 I I 6 580 P

**Mobile Hairdresser** - on Tamborine Mountain with 20+ year's experience. Phone Cathy 0414 701887 P

Music Lessons - Bass, guitar, piano. All ages. Have fun & online lessons available now. Ph Craig or text 0478 075 642 P

Welding, Fabrication - Stainless, carbon and aluminium. Rubbish removal and maintenance/ handyman work. Call or text for a free quote. George. D Lic no. 270664 Ph. 0434 330 699 P



YOGA UNDER THE BODHI TREE Due to the COVID-19 Pandemic we have moved to LIVE ONLINE YOGA CLASSES: Mon 9.30am. Tues 9.30am, Wed 9.30am, Wed 6pm, Sat 7.30am, Sat 9.30am. Text or email me: Margot 0428 137 391 or yogaunderthebodhitree@outlook.com. I will send you an email with a link. Very simple, very low tech. Come and join us! Hatha, Nada and Tantra Yoga. Contact: Margot Y.A (Australia) 0428 137 391. Transform your Life with Yoga.

#### **GRAPHICS & TUITION**

**GRAPHIC DESIGN/ILLUSTRATION SERVICE & TUTORING** 



GRAPHICS SERVICE: Business startup logos, business cards, letterheads, leaflets, stickers etc .... I can give you a complete quote for design and printing (all printing is done locally by Coomera Print Hub).

TUTORING: Learning the fundamentals of Adobe Illustrator and Photoshop. Helping with presentations, company branding, portfolios and print ready setup. Cost \$50 per hour (tutoring). For more information call Heather on 0415 549 522 or email heather.dale@patchworkdog.com. Visit www.patchworkdog.com to see examples of design work.

### WANTED

Tamborine Mountain Visitor Information Centre is looking for new volunteers to join the



A day a week or a day a month... This is the place to share your love and knowledge of the

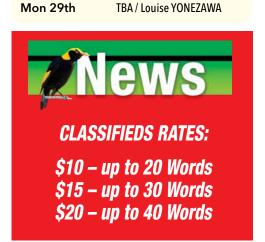
Mountain, and to meet some wonderful locals & happy tourists. Even if you can only give a few hours, we would love to meet you and have a chat.



Call Margie at the Visitor Information Centre on 07 5545 3200.

#### **MEALS ON WHEELS ROSTER**

Mon 1st Rob & Polly REED / Glenys KELLY Rob & Polly REED / Wed 3rd Jo TAYLOR Fri 5th Kathy COLES / Neil SMITH Mon 8th Kathy COLES / Anne CARRIGAN-HARRIP Wed 10th Rob & Polly REED / Anne CARRIGAN-HARRIP Fri 12th Deb GREENWOOD / Saime MALLQUI Mon 15th Stewart & Cassie VAN MAARSEVEEN / Karen & Kevin KING Wed 17th Karen SEXTON / Jo Taylor Fri 19th Harry O'NEILL / Glenys KELLY Mon 22nd Stewart & Cassie VAN MAARSEVEEN / Karen & Kevin KING Karen SEXTON / Wed 24th Louise PEARCE Fri 26th Lyn JONES / Saime MALLQUI





#### SIGNS

#### **GARAGE SALE SIGNS**

Stand out from the crowd with attractive, professional-looking signs for YOUR Garage Sale. (spike/stand included) Signs are free to use, but require a \$10 deposit per sign (refunded when you return them).

Please inquire on 5545 5000.

## **REGULAR MOUNTAIN ACTIVITIES**

**AQUA AEROBICS** Mon Wed Fri 7am, Tues and Thurs 6.00pm-7.00pm at the pool Phone 0417 775 203.

**BADMINTON** Social players, all levels. Mon 6.30pm to 8.30pm at the Vonda Youngman Community Centre (except Public Holidays).

**BOOK READERS GROUP** meets once a month, new members welcome. Enquiries at TM library.

**BOTANIC GARDENS** Forsythia Dr, Eagle Hts - Volunteers' working bee every Thurs morning 8-12. 0409 263 666

**CHRONIC FATIGUE FIBROMYALGIA** Support Group meets monthly Ph 5545 3134.

**CREATIVE ARTS SOCIAL BRIDGE** Wed at 12.30pm. For info contact John Noble, 5545 4022.

CROQUET @ MEMORIAL SPORTS CENTRE NORTH TAMBORINE, Mon & Thurs 8.30am. Let's play croquet.

**FILM CLUB AT THE ZAMIA.** Meets every third Sunday at 5.30pm for 6pm screening. Only \$10 annual fee to join which gives automatic membership to the Tamborine Mt Little Theatre group. All movies are free with membership. Films shown range from the classics to foreign and Australian made. Cabaret seating and the old sling back chairs make it a great evening of entertainment where you can bring along your own refreshments or a take away to enjoy during the film.

**FRIENDS OF TAMBORINE NATIONAL PARK:** meet on the first Saturday of the month (except Jan.) To find out where we will be working contact Len on 3355 7288 or 0428 335 572.

**FRIENDS OF TM LIBRARY** Quarterly booksales held, other volunteering opportunities available. Contact the library for further information 5540 5473.

**JOHN DICKSON CONSERVATION PARK:** working bees 1st Monday & 3rd Monday of each month. 8am. Ph: Elizabeth Russell 5545 3601.

JUST DRUM DRUMMING CIRCLE: Held each Saturday from 6pm. Experience is not required. Spare drums are available. We welcome everyone to join us. On the lawn at Eagle Thai Restaurant,10 Macdonnell Road Tamborine Mountain. https://tinyurl.com/y97o5vle

MARTIAL ARTS: Kyokushin Karate and Brazilian Jiu-Jitsu. Bully Busters, Self Defence, Discipline. Tamborine Mountain Showgrounds Tues & Friday 5.00pm and Saturday 9.30am Contact Cameron: 0433 633 775

**MEDITATION:** Tuesdays 7pm – New Thought, New Life Centre 5545 3700.

**MEDITATION**: (World Community of Christian Meditation). Ecumenical. Tuesdays 8am. St Georges Anglican Church, cnr Dapsang Dr & Eagle Heights Rd. All welcome. 5545 2919.

**MOVIES ON THE MOUNTAIN:** Regular screenings of latest releases at the Zamia Theatre. Ph 5545 3517.

**RELAXED MIND TAI CHI:** Mindfulness in motion, Mondays & Fridays 9.30am, Botanic Gardens. Bookings essential. Phone 0420 349 744.

**SINGING** 4-part Acappella singing for women of all ages. If you love singing, come and join us. 1st and 3rd Thursdays of the month. Knoll Road, North Tamborine. Ph Dianne 0413 339 821 or email bellaacapellatamborine@gmail.com

**TAI CHI** Tues mornings, Thurs evenings 110 Eagle Hts Rd, Eagle Hts. Phone Gai Wanless 5545 2409.

#### TAMBORINE MOUNTAIN COMMUNITY CARE

**ASSOCIATION:** Service Provider for first - level aged care. Transport to medical appointments, Domestic Assistance, Home Maintenance, Social Support Individual & Group, Podiatry and Computer classes. Open: Mon – Fri 8:30 am – 4:30 pm. Volunteers welcome. Contact – 5545 4968 Address: 42, Southport Avenue, Tamborine Mountain, Qld.

**TAMBORINE MOUNTAIN COUNTRY WOMEN'S ASSOCIATION** Meets 1st Tuesday of every month at 10am at the TM Showgrounds. Email tmqcwa@gmail.com or phone 0466 651 867 for more info. All welcome.

**TAMBORINE MOUNTAIN GOSPEL CHOIR** rehearses weekly at the Presbyterian Church, 34 Main Street, North Tamborine. Enquiries please contact Julie Eotvos on 0458 005 989. New members welcome.

**TAMBORINE SUSTAINABLE GARDENERS SOC (TSGS)**, a group of enthusiastic gardeners, meets on the last

Saturday of each month. Mrs Sue Morris 5545 0102.

**TANGO CLASSES** Every Wednesday evening at The Zamia Theatre. Beginner class 6.30-7.30pm, followed by tango practice 7.30-8.30pm. Cost is \$15pp including practice plus tea/coffee. Inquiries call Jenny 0466 313 648

**TM ARTS COLLECTIVE:** General and Committee Meetings are held on alternate months on the first Wednesday of the month at 7 pm. The General Meetings are held at the Showground. Enquiries and new members are welcome. Call 55450043 or 55451618. The Collective benefits from our association with the Brisbane Visual Arts Community (BVAC), and stands for a stronger arts community and voice on the Mountain.

**TM BOWLS CLUB** – Friday social 1pm winter & 2pm summer; Sunday Scroungers 10.00am-12.00 noon; barefoot bowls & otherwise by arrangement. Competitions for members as notified. Free coaching, new members always welcome. Enquiries: 5545 1308.

**TM BRIDGE CLUB** meets each Monday at 5.45pm, Wednesday at 1.15pm, Thursday at 12.45pm and in an Assisted Play session on Friday at 12.45pm for those wishing to learn more in a social environment at the Tamborine Mountain Sports Complex, 400 Long Road.

**TM CHAMBER OF COMMERCE:** 2nd Wed. of month. Phone 5545 0944 Email: info@tamborinemountainchamber.com.au

**TM COMMUNITY KINDERGARTEN ASSOC** meets 2nd Wednesday of the month at the kindergarten 23 Coleman Square, North Tamborine at 7.15pm.

TM CREATIVE ARTS: Schedule of Activities MONDAY 9.00am-12.00 noon Patchwork, Quilting, Mahjong. 1.00pm-4.00pm Painting (Tutor fee) 1.15pm-4.15pm Creative Writing (1st, 3rd, 5th Monday of Month) 6.00pm-9.00pm Mens' Group 7.00pm-9.00pm Sculpture & Pottery TUESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery 9.30am-12.30pm Life Drawing (Model fee) WEDNESDAY 9.00am-12.00 noon General Craft, Sculpture & Pottery, Spinning & Weaving, Embroidery (1st Wed of Month), Machine Sewing (last Wed of Month). 12.30pm-4.30pm Bridge THURSDAY 9.00am-12.00 noon Sculpture & Pottery, Botanical Drawing 9.00am-1.00pm Weaving (1st & 5th Thursday of month) 1.00pm-4.00pm Wearable Art, (Felting Dyeing etc) FRIDAY 9.00am-12.00 noon Wood Artisans, Sculpture & Pottery, 1.00pm-4.00pm Mahjong SATURDAY 1.00pm-4.00pm Yarners

**TM FAMILY HISTORY GROUP** Meetings held 1st Sunday each month (excl. January) at TM Historical Soc, Wongawallan Rd, Eagle Heights, 3–5 pm approx. Please contact Robina on 0417 749 156.

**TM GARDEN CLUB:** Vonda Youngman Community Centre, Main Street, North Tamborine. Feb - Nov, 2nd Tuesday 9.30. Bring a mug for morning tea. Enjoy: Guest speaker, plant sales, borrowing library books, raffle, plant problem solving and meeting fellow gardeners. New members and visitors most welcome.

**TM GOLF CLUB** is open 7 days a week for golf. Ladies play on Tuesdays, Veterans play on Wednesdays and the main competition is on Saturday. Happy hour social event on Friday evenings from 5 pm. Coaching is available by Andrew Revie the club professional. Contact 5545 1788. Happy golfing!

**TM HISTORICAL SOCIETY** – Member working bee & morning tea every Tuesday mornings. New members always welcome. Please contact Phil Paley 5545 4962 or Muriel Shephard 5545 0481 for further details.

**TM LANDCARE:** Volunteering Opportunities: Forest Regeneration Work - 5545 2052 for details, or helping at the Picabeen Bookshop - 5545 1847 during office hours for details.

**TMLETS:** Join at Community Exchange System http://www.ces.org.za . Enq. 5545 3776.

**TM LIONS CLUB** Admin meeting held on the 2nd Tuesday and dinner meeting on the 4th Tuesday of the month. For more information please phone 5545 2120 or visit website tamborinemountain.qld. lions.org.au/

**TM LITTLE THEATRE:** Meetings held 1st Tuesday of month at 7.30pm at the Zamia Theatre. Regular plays, play readings & social events, movie club events. New members welcome. Cath Buckley President 5545 2236.

**TM LOCAL PRODUCERS ASSOC.** sell local produce every Sunday at the TM Showgrounds from 7am - 12noon Phone 5545 1527.

**TM MASONIC LODGE:** Meets first Thursday each month, except December. Masonic Centre, 10 Knoll Road, North Tamborine. Contact 3273 3313.

**TM MEN'S SHED:** Our workshop at 88 Beacon Rd (behind the tennis courts) is open each Tuesday and Thursday from 8.30am to 1.00pm. New members are welcome. To find out more, drop in for morning tea and a chat or call Steve Pinder (President) on 5545 3081

**TM NATURAL HISTORY ASSOCIATION:** Birdwatchers meet 1st Wednesday of month at 4pm at the Historical Society, 53 Wongawallen Rd, Eagle Heights; the monthly walk is on 2nd Wednesday of month. For further information call 5545 0995. Bushwalkers walk on 2nd & 4th Saturday of month. For further information call 5545 0140 or 0419 314 442. www.naturalhistory.org.au.

TM NETBALL CLUB. Contact Tracey 0438 575 662.

**TM ORCHESTRA** rehearses from 7pm to 9 pm every Wednesday during school term time. The venue is St George's Anglican Church, Dapsang Drive. New players always welcome. For more information, phone Tricia on 0415 487 581. Check us out on our website www.tamborinemountainorchestra.com; or find us on Facebook.

TM PRESBYTERIAN CHURCH 34 Main St, North Tamborine www.tambopc.org.au Tamborine Mountain Presbyterian Church Notice Out of care and concern for the health and well being of members of our church family, as well as the community around us, we have suspended our church services until further notice. Pastor Dale see www.tambopc.org.au for details. Enquiries dave.mugridge@tambopc.org.au

#### TAMBORINE MOUNTAIN COMBINED PROBUS CLUB

Fun meeting of this new social club for retirees and semiretirees. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine on 1st April from 10am. Contact Brian Gilmore M: 0411 260 054 E: briangilmore@ optusnet.com.au OR Rob Neary M: 0477 645 645 E: rob. neary@outlook.com

**TAMBORINE MOUNTAIN PROBUS CLUB INC (MEN'S CLUB)** Join like-minded retired nor semi-retired men for fun activities. At the Vonda Youngman Community Centre, 2-4 Knoll Road, North Tamborine each 3rd Wednesday of the month from 10am. Contact Harvey Ruglen M: 0490 066 385

**TM PROGRESS ASSOCIATION:** 1st Tuesday in month. 7.30pm Heritage Centre Wongawallan Rd

**TM RSL** Sub Branch meets at the RSL rooms underneath the Bowls Club; details are available by phoning 5545 2030.

**TM RUGBY:** Training Monday and Thursday 3.45pm-5pm at TMSA, Long Road. Please call John Knight 0400 554 555 or Adam Clarke 0413 214 066 – Facebook: Tamborine Mountain Rugby

**TM TENNIS CLUB:** Social tennis from 6.30pm Wed and 3.00pm Sun. Doubles comp from 6.30pm Mon. Ladies from 8.00am Fri. 88 Beacon Rd North Tamborine. Contact Henry Rich on 0477 775 671 or 5545 3547

**TM WRITERS GROUP:** Meets every 1st & 3rd Mon of month, 1.30–3.30pm at Creative Arts Centre, Eagle Heights. Call Patricia on 5545 3403 for details.

**UNIVERSITY OF THE THIRD AGE (U3A).** An association for retirees and those preparing for retirement. Learn, teach, socialise. For more info call Delle on 0413 084 571 or access our website www.u3atamborinemountain.com

**ZUMBA GOLD:** Zumba Gold: dance fitness classes for deconditioned participants and active older adults. Mondays and Thursdays 9.30am at the Zamia. Petra Hunter 0414 505 014 – TamborineMountainZumba@gmail.com

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